

QLD pharmacist suspended

A QUEENSLAND pharmacist is facing the Health Practitioners Tribunal for several alleged breaches of professional conduct.

Alistair Moodliar allegedly dispensed controlled and restricted medicines, on suspect prescriptions or without prescriptions, to 334 people in 2006.

He has been suspended since May under Section 59 of the Health Practitioners Act by the Pharmacy Board of Queensland.

It is also alleged that Moodliar deleted more than 1,000 records from the dispensing data of the Gold Coast pharmacy where he worked in an attempt to mislead authorities.

Drinking worse than drugs

BINGE drinking has become a bigger problem than drug abuse, according to doctors in Victoria, but mental health and obesity are still their two biggest health concerns.

Almost 1,800 doctors answered a *Herald Sun* poll to rate the state's health system.

They clearly identified mental health and obesity as the two areas most in need of greater attention, each attracting 27% of the vote.

Their next biggest concern was chronic illness (21%).

Over half of Victoria's doctors believe binge drinking is a bigger worry than drug abuse, calling for a radical overhaul of liquor licensing to improve public health.

They said the public had to take personal responsibility for many of the rising health threats.



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FOSAMAX PLUS on PBS

AUSTRALIANS suffering from osteoporosis will now have access to a new strength treatment, FOSAMAX PLUS, which will be available on the Pharmaceutical Benefits Scheme from 1 August.

FOSAMAX PLUS is the only osteoporosis treatment to combine alendronate with Osteoporosis Australia's recommended 5600IU weekly dose of Vitamin D.

Alendronate provides proven fracture protection at the hip and spine, and according to Professor Philip Sambrook from the University of Sydney the new drug provides clinically important benefits for patients with osteoporosis.

"A recent meta-analysis of five randomised clinical trials showed oral vitamin D supplementation between 700 to 800IU per day (approximately 5600IU per week)

PA NSW finalist

THE Pharmacy Guild (NSW Branch) has advised that judging for the Pharmacy Assistant NSW/ACT finalist will take place at their office on Fri 29 Aug.

The winner will be announced at the awards dinner that evening and at the NSW Pharmacy Assistant Conference Sat 30 Aug.

For tickets to these events see www.pharmacy.guild.org.au/nsw or email events@nsw.org.au.

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appeared to reduce the risk of hip and any nonvertebral fractures by approximately 25%", he said.

Almost two million Australians suffer with osteoporosis and require vitamin D supplementation.

"Providing adequate levels of vitamin D along with the patients osteoporosis treatment may help more people get the right intake", Professor Sambrook said.

Allergy sufferers at risk

MANY Australians who suffer severe allergic reactions may be placing themselves at risk by not carrying emergency medication with them, according to the Pfizer Australia Health Report.

The research says 7% of allergy sufferers experience anaphylaxis, and fewer than half of them carry emergency medication or have an anaphylaxis action plan.

Skewer hold-up

TWO men armed with a "pointy" metal object, possibly a skewer, robbed an Adelaide pharmacy on Monday night.

They entered the Holden Hill pharmacy about 9pm and demanded drugs from the staff.

The men, one wearing a mask, escaped with cash and a quantity of medicines.

Police are seeking information from the public.

RGH Pharmacy

Due to popular demand the
RGH Pharmacy
Anticoagulation Handbook
is now available to the
pharmacy industry across Australia.

The handbook gives patients important information about warfarin treatment and has a chart to record INR results.

Repatriation General Hospital is making it available for purchase for \$2.80 per booklet, reduced to \$2.40 for PSA and SHPA members.

More information
chris.alderman@rgh.sa.gov.au



Salt labelling issues

AUSTRALIANS are concerned about how much salt they consume but most have no idea how to work out the sodium content in foods, a survey shows.

Public health researchers are calling for an overhaul of Australia's food labelling system in light of findings that most shoppers are confused by the nutrition information panels.

The survey of more than 1,000 people showed that 75% were worried about the amount of salt in their diet.

Less than a quarter said they checked labels for salt content.

Win Designer Sunglasses!



CONGRATULATIONS to Melissa Hooper of Webstercare who was the first subscriber yesterday to name six prestige brands available in the sunglasses including *Armani, Bvlgari, Chanel, Christian Dior, Dolce & Gabbana and Versace*.

Each day this week *Pharmacy Daily* is giving you the chance to win stylish sunglasses from Designer Brands, courtesy of **Total Beauty Network**.

The range of sunglasses includes 14 famous best-selling Designer ranges, which are available at a fraction of the Designer price.

Plus, all sunglasses come with a micro fibre soft sunglasses pouch and absorb 100% of harmful UV rays.

To win, send your answer to the below question to:

comp@pharmacydaily.com.au.

What is the price of the sunglasses?

The first person to answer correctly each day will win.

HINT: Go to www.tbn.com.au each day and click on the Designer Brands logo at the top of the page.



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Puff the magic blush-on

Australis' new Powder Puff Blush contains light-reflecting minerals and ginseng to energise the skin for a luminous and awakening effect. Soothing chamomile calms and moisturises the skin and a handy built-in mirror and applicator, makes it one of the most convenient blusher for touch-ups on the go.

RRP: \$11.95

Stockist: Creative Brands

Tel: 1300 650 981



Slimmer silhouette in three ways

Pantyzone underwear works on seven zones from hips to thighs to slim and trim instantly. It is worn in place of regular underwear to redesign unwanted curves, tone skin with essential oils from millions of microcapsules and massage hips with its lycra leg care fibre which also activates micro massages.

RRP: \$29.90

Stockist: Trimex

Tel: (02) 9315 9472

Energising force

The latest fragrance from Boss is subtle, sophisticated and fresh. Boss Pure captures the sensuality and emotion of a man united with the unstoppable power of water. Fragrance notes contain a citrus floral blend with a woody base.

RRP: \$89 - \$117

Stockist: Cosmax Prestige Brands

Tel: (02) 9695 5678



Pucker up with fruity butter

Yes to Carrots C Me Smile Lip Butter hydrates, conditions and soothes to give soft, kissable lips all year around. Available in five flavours, the lip butters are filled with organic nutrient-rich fruits and essential oils like, carrot, orange, melon, coconut, olive sunflower and shea butter.

RRP: \$5.95

Stockist: Key Sun Laboratories

Tel: (02) 9905 7300

Snore less sleep more

Offer your customers a clinically proven treatment for snoring with Asonor Snoring Relief 30ml. Asonor uses a patented formula to lubricate and soften the soft tissue structures and lightly tightens the musculature of the throat to significantly reduce or stop snoring. One bottle provides around 25 days treatment.

RRP: \$21.95

Stockist: SASMAR

Tel: 1800 727 459



DISPENSARY CORNER

HERE'S one way to get out of work!

A farmer in China accidentally knocked himself out with a strong animal anaesthetic he was meant to be using to tranquilise deer.

The man was harvesting the deers antlers for use in traditional Chinese medicine when he used his hand to wipe the needle dry, pricking the skin and absorbing some of the anaesthetic.

In seconds he was unconscious, and the man reportedly woke up 11 hours later in intensive care.

Doctors said the drugs were strong enough to knock out an elephant in less than a minute.

NOW that's a bit cheeky!

Police were 'bummed' by a recent mass 'mooning' event held at Laguna Niguel, California.

The longstanding annual event, known as the Mooning Amtrak, started 29 years ago as a pub dare, and this year attracted 8000 participants who were all keen to bare their backsides to passing trains.

It was the first time the event has been shut down by police, with claims that some mooners were revealing more than just their derriere.



The mass mooning

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