

Weight loss regulation

THE government's Preventative Health Taskforce may call for the weight loss industry to be regulated according to a story by Sue Dunley on the front page of today's Sydney *Daily Telegraph* newspaper.

The report said that "while weight-loss and pharmacy meal replacement programs were popular, there was limited data to show they are actually effective."

The Guild is understood to be in favour of requiring weight loss products to be evidence-based, with Gold Cross products endorsing Xenical (orlistat) and some pharmacy programs being given the OK by the CHOICE review earlier this year (**PD** 04 Feb).

PSA website warning

THE Pharmaceutical Society of Australia has advised that due to maintenance, all parts of its website requiring login will be unavailable for 24 hours 4pm AEST nex Mon.

Bigger packs of Voltaren?

THE National Drugs and Poisons Schedule Committee is inviting public submissions on a number of issues to be considered at its next meeting in Oct, including a proposal to increase the pack size limit for S2 diclofenac (Voltaren) from 20 to 100 dosage units.

The NDPSC pre-meeting gazette notice also reveals that the committee will consider rescheduling oral famciclovir (Famvir) from S4 to S3 when used for the treatment of cold sores.

The famciclovir rescheduling will also consider inclusion of the medication in Appendix H to allow consumer advertising.

Other items to be considered include amending the S3 entry for magnesium sulfate to exempt preparations containing 1.5g or less per recommended daily dose from scheduling.

The committee will also consider

a specific listing in Schedule 4 for abortion drug mifepristone, as well as possible inclusion in Appendix D.

The agenda also includes the consideration of rescheduling of oral preparations containing 10mg or less of montelukast (Singulair) for the treatment of seasonal allergic rhinitis from S4 to S3.

The committee will also consider the scheduling of cannabis extract nabiximols (Sativex), including a proposed new S8 entry for buccal spray preparations for human use.

There's also a proposal to amend the scheduling of Vitamin D preparations containing 25-125ug per recommended daily dose from S4 to S3, and to also include them in Appendix H.

Sunscreens safe

THE Therapeutic Goods Administration has released a new fact sheet on sunscreens, following a review earlier this year in relation to the use of nanoparticulate zinc oxide and titanium dioxide.

The review concluded that the current weight of evidence suggests that the nanoparticles do not reach viable skin cells, and therefore don't cause adverse effects.

Because of the review, the TGA said it's not requiring any specific warnings about nanoparticles to be placed on labels of sunscreens.

To date mandatory labelling of nanoparticles in sunscreens hasn't been introduced anywhere.

CSU social weekend

THE Charles Sturt University Pharmacy Foundation will hold its 'Pharmacy Social Weekend' in Wagga Wagga 06-08 Nov 09.

Activities include a leisurely round of golf on the Friday, a tour of the university's winery and cheese factory and the Pharmacy Foundation Dinner on Sat night.

On Sunday there will be a series of CPE lectures and the annual City v Country Pharmacy Cricket Challenge - details 02 6338 4680.

Inulin, not insulin

THE Food Standards Code was amended in Jan this year (**PD** yesterday) to provide regulatory clarity and express permission for oligosaccharide mixtures (inulin derived substances and galacto-oligosaccharides.), as present in Nutricia's Karicare Gold+ formulas, to be used in foods.

Chemsave

One of the 7 reasons why Chemsave is the CLEAR CHOICE for ALL pharmacies!

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CSL swine flu boost

CSL Limited today reported a net profit of \$1.15 billion, up 63% on last year - and expects to do even better in 2009/10 due to sales of influenza A (H1N1) vaccine, which MD Brian McNamee forecast could amount to as much as \$300m.

This year's profit was boosted by a \$156m foreign exchange gain, as well \$300m of revenue related to cervical cancer vaccine Gardasil.

Ramadan advice

THE Royal Pharmaceutical Society of Great Britain has urged Muslims taking medication, and who are fasting during daylight hours during the religious festival of Ramadan, "to seek advice from pharmacists on how to manage medicine intake effectively and safely in the interests of their health."

Ramadan starts this Fri and ends Sat 19 Sep, with the Society saying just a few minutes discussion with a pharmacist can help ensure medications are taken effectively.

FIGHT BRITTLE NAILS WITH PHYTONAIL

CONGRATULATIONS to Alex Deaconos from Johnston Rorke Chartered Accountants, who was yesterday's lucky winner. Alex was the first **PD** reader to tell us that PhytoNail is to be used twice per day.



If your nails are thickened and brittle with a whitish appearance this may indicate a fungal infection.

PhytoNail is a new way to treat infected nails or toenails.

Each day this week, **Pharmacy Daily** is giving readers the chance to win a PhytoNail pen, valued at \$79.95 each.

Unlike creams or ointments, its formula rapidly penetrates the nail to the very source of the infection. As a result the appearance of nasty-looking nails is improved.

PhytoNail is quick, convenient and easy-to-use. It comes as a handy pen applicator so you can use it anytime, anywhere.

For your chance to win a PhytoNail pen, email through the correct answer to the following question below:

How many single applications does each PhytoNail pen contain?

Email your answer to: comp@pharmacydaily.com.au.

The first correct entry received will win!

Hint: For more information visit

www.biorevive.com.

Use as directed. Always read the label.

Consult your healthcare practitioner if symptoms persist.

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Health, Beauty and New Products

Welcome to our weekly feature with all the latest health, beauty and new products for pharmacy!

Suppliers wanting to promote products in this feature should email advertising@pharmacydaily.com.au.

Sleep soundly without snoring...

Clinical and sports mouthguard specialists, Powrgard Australia, are pleased to announce the latest innovation in snoring-relief technology: the TMJ-MBV Appliance. Designed especially for the mouth-breather, the silicon TMJ-MBV features four large holes and unique "air spring core" to gently draw the lower jaw forward, thus opening up the bite to increase airway space, effectively limiting the effects of snoring. Carefully constructed with high-sides to ensure a snug fit for maximum comfort when sleeping and available in both regular (7mm) and large (11mm) sizes, with the TMJ-MBV Appliance you'll sleep soundly without snoring.

Stockist: Powrgard Australia

Tel: 1800 778 999 Web: www.tmjsystem.com; www.powrgardsports.com



A treat for your feet!

Give your feet the ultimate treat with Clarins' new, rich, non-greasy Foot Beauty Treatment Cream. Specially formulated using active ingredients including cashew nut oil, shea butter, arnica, myrrh, thyme and laponite powder, this nourishing foot balm softens and soothes dry and damaged skin, repairs rough callouses and strengthens toenails while relieving fatigue so your feet look and feel renewed, revitalised and ready to run again.

RRP: \$40 (125ml)

Stockists: Trimex Pty Ltd, Clarins

Tel: (02) 9663 4277 Web: www.clarins.com



Fanciful fragrance infusion...

Introducing the debut Eau de Parfum from Prada's latest Ephemeral Infusion Collection: the limited edition Infusion de Fleur d'Oranger. Developed using a combination of traditional artisan infusion and contemporary perfumery techniques, the fresh fruity fragrance explores nature-based scents through a range of organic ingredients including orange blossom, neroli, mandarin oil, jasmine and tuberose. This light yet luxurious perfume is available from 24 Aug.

RRP: \$125 (50ml)

Stockists: Trimex Pty Ltd, Prada boutiques

Tel: (02) 9663 4277



Blast away bad breath

Enjoy that freshly-brushed feeling around the clock with the alcohol-free Breath Spray from Ultrafresh. Compact to slip into your pocket or bag, each bottle provides up to 100 blasts of the delightfully minty anti-bacterial formula, instantly eliminating the germs that cause bad breath and leaving a long-lasting cool and clean sensation in your mouth.

RRP: \$3.99 (12ml)

Stockist: Church & Dwight

Tel: 1800 222 099 Web: www.churchdwight.com.au



Stop the clock - I want to get off

FreezeFrame with INHIBOX is the world's first instant alternative to botox, providing effective results both immediately and in the long term. Through a new and exclusive combination of powerful peptides and the recently-discovered complex known as INHIBOX, freezeFrame is scientifically proven to stop the appearance of wrinkles upon application and last for hours, while also visibly reducing facial and expression lines by more than 60 per cent within 28 days with regular usage.

RRP: \$89 (10ml)

Stockist: Self Care Corporation Pty Ltd

Tel: 1800 662 686 Web: www.freeze-frame.com.au



DISPENSARY CORNER



BORDER officials in Spain have arrested a traveller after becoming suspicious about his big backside.

Officers at Barcelona Airport forced the man to strip, and found he was wearing specially made shorts with scores of tiny pockets - containing more than six kilograms of cocaine.

A spokesman said investigators were determined to get to the bottom of it as they noticed the man waddling through the airport.

"He wasn't a big man but he has a very bulky rear end and was walking very strangely.

"Then we saw that whenever he sat down it was like he was sitting on eggshells. His backside and his legs looked like they belonged to a weightlifter," he said.

READY, set, dye!

China is claiming a new world record, after a mass dyeing effort at Shanghai University.

A total of 500 greying middle-aged and elderly people gathered in a hall, and competed to see who could dye their hair black the fastest.

The quickest dyer took just one minute, while the slowest took nine minutes and one second to complete the task.

The record was reportedly carefully validated by China's Record Office and the Shanghai Institute of Measurement and Testing Technology.

LET'S hope nothing like this happens during the upcoming Pharmacy Snow Business conference (**TD** Fri), which takes place at Mount Buller from 30 Aug-03 Sep.

A naked 21-year-old man last night survived a frozen fall in the Victorian skifields.

An ABC report said the man fell 80 metres down a snowy embankment at Hotham Heights, with his rapid descent fortunately broken when he slammed into some trees.

A police spokesperson said the incident was "a reminder that snow and alcohol do not mix."