

## New heart drug

A NEW drug designed to prevent chest pains in heart patients has shown promising results in animal studies, say scientists.

In *British Journal of Pharmacology*, French researchers show that the novel compound F15845 has anti-angina activity and can protect heart cells from damage without unwanted side effects.

It works by blocking excess influxes of sodium into heart cells through 'gate' proteins called sodium channels.

"It's completely different from other anti-angina drugs which directly interact with the function of the heart," said lead author of the study, Bruno Le Grand from the Centre de Recherche Pierre Fabre.

## Pharmacy supports charity

THE pharmacy industry is going into bat for breast cancer with a special auction for the McGrath Foundation.

At the Pharmacy Cricket Trophy Presentation dinner, to be held in Adelaide on Saturday 24 January, two framed and autographed memorabilia photos of bowler Glenn McGrath will be auctioned.

The proceeds of the auction will be donated to the McGrath Foundation, which provides funding for breast care nurses around Australia.

The Foundation was co-founded by Glenn (pictured) and his late wife Jane after her diagnosis and initial recovery from breast cancer. On Monday, Jane McGrath Day



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## ACPPM conference

THE annual conference of the Australian College of Pharmacy Practice and Management will be held at Yarra Valley on 4-8 March.

Professor Neville Norman, one of Australia's foremost economists, will present *Australia in uncertain times: What's ahead in 2009-2010*.

Other key speakers will include Professor Lesley White, professor of pharmacy management at UNSW, Katherine Doric, of the Nielsen Company, Guild president Kos Sclavos, pharmacy accountant Peter Saccasan, and the College's Trevor Clarkin & John Chapman.

## Pyramid spiced up

HERBS and spices have now been added to the international food pyramid.

According to the updated pyramid, every meal should be based on plant foods including fruits, vegetables, grains, beans, seeds, nuts, herbs and spices, and olive oil.

Australian dietitian Karen Inge applauded the decision.

"Research shows that using herbs and spices in your cooking is an excellent way to boost your daily antioxidant intake, helping to build your body's defences, boost your immune system and maximise your wellbeing," said dietitian Inge.

## Keeping it in the community



MARLIN Coast Amcal recently celebrated Christmas with their customers at a special VIP night.

The evening, in addition to decking the halls with holiday holly, was designed as a thank-you to their loyal customers for nearly 15 years of support.

Situated in a medical centre, the busy pharmacy also manages a specialty Sleep Apnoea department which draws patients from near and far - keeping the team on their toes.

Speaking with *Pharmacy Daily*, Noelene Morris, of Marlin Coast Amcal, said that with the threat of de-regularization looming, their 2009 goal is to give customers the very best care they can by giving it all they've got, and keeping 'community pharmacy' in their community.

Pictured above from left is Donna, Sam, Wendy, Braedon, Noelene, Karen, Phil, Nathan, Alyce, Jade and Laura and front row is Carmen and Cheryl.



Pictured above: Glenn and the late Jane McGrath.

## Progen meeting

THE Progen Shareholders Group has announced plans to hold a stockholders' meeting aimed at unseating the Progen Pharmaceuticals board.

The group, which is seeking to remove all directors except John Lee, will hold the meeting tomorrow.

## Daiichi losses

DAIICHI Sankyo is expected to announce a net loss of about ¥200 billion (approx \$A3 billion), its first ever net loss, for the year ending in March, according to the *Nikkei*.

The Japanese drug manufacturer's ¥300 billion (\$A4.6 billion) in losses was caused by the fall in the stock price of its Indian unit, Ranbaxy Laboratories Ltd.



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Bring out the inner artist with Manicare's cosmetics brushes to create a flawless make-up base. Whether your customer is a beauty beginner or an expert looking for a comprehensive range of brushes, this range is sure to please with more than 50 products that have high-quality natural bristles and stylish wooden handles.

RRP: \$3.95 - \$34.95

Stockist: McPhersons

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### DISPENSARY CORNER

HELP! In urgent need of remedy.

A rock singer from Lincoln who has been suffering with a bout of hiccups for the last 22 months says his career is ruined.

Hiccupping every two seconds, Christopher Sands says he's tried all the traditional remedies including unconventional treatments, but to no avail.

"The one thing that worked for an hour was eating a teaspoon of peanut butter...but then they came back again", said Sands.

Doctors have not been able to diagnose Chris's condition, however he is expected to have surgery on his stomach valve to stop him bringing up his food.

WHY not try a heater next time?

Police were called out to a home in China after a woman's boyfriend refused to warm up her cold feet.

When the police officer arrived the boyfriend told him "She put her cold legs on my belly, giving me a stomach cramp."

The officer eventually persuaded the boyfriend that it was a man's job to warm his girlfriend's feet.

SO the New Years resolution was to lose weight?

Well according to Valerie Orsoni, French Celebrity Coach and media personality, "lemon juice is so yesterday".

So what does she recommend to replace a tasty lemon on an empty stomach? - Soba Cha Monk Tea of course! (grilled buckwheat seeds infused for five minutes).

But wait there's more, Orsoni also recommends some junk food, and yes this is the best diet since the cabbage soup fad.



### Black is back

The popular L'Oréal Paris Casting Crème Gloss range has added the Glossy Blacks Collection featuring new multi-tone shades. Dark Chocolate 323 and Black Cherry 360 are brand new shades, while Ebony Black 200 is the original black with pure shine, and Blue Black 210 is a deep black which shimmers blue. These ammonia-free colours, which cover greys by up to 70%, also offer a shine-booster treatment in the gloss-finish colouring conditioner.

RRP: \$15.95

Stockist: L'Oréal Paris

Tel: 1300 659 359

### Vibrating mascara

Ladies, rev your lashes! Estée Lauder's TurboLash All Effects Motion Mascara is the world's first power-performing, vibrating mascara that delivers all effects - volume, length, definition, separation and curl - all in one. The battery-powered micropulsing effect allows the brush to penetrate deep into the lash bed and comb through lashes more quickly and effectively.

RRP: \$62

Stockist: Estée Lauder

Tel: 1800 061 326



### Modern male icon

Gucci by Gucci Pour Homme is a modernised woody chypre - sensual, elegant and masculine. The top notes and heart of the fragrance bring together smooth masculine florals, intensifying into a leathery accord, which sit elegantly in woody notes of patchouli, cedarwood and amyris.

RRP: \$91 - \$119

Stockist: Cosmax Prestige

Tel: (02) 9695 5678

### Ending enamel erosion

Colgate Sensitive Enamel Protect helps to protect teeth from enamel erosion, or the loss of tooth tissue, often caused by exposure to acidic food and drink. While soft drinks and sugary foods are the main culprits, coffee, citrus fruits, herbal teas and energy drinks can also erode enamel.

RRP: \$7.99

Stockist: Colgate Palmolive

Tel: 1800 802 307



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