Pharmacy Travel Health

FeelGood

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US expiry fine

MAJOR US pharmacy chain CVS has been fined about \$1 million for selling out-of-date medicines and baby formula in New York.

The prosecution follows an audit by local law enforcement officials, who say investigators were able to buy expired goods in more than 60% of the stores they canvassed across the state.

According to CVS, the company is totally committed to keeping outof-date products off the shelves.

The out of court settlement doesn't include admission of liability.

WIN A MINERAL PURITY FOUNDATION



THIS week Australis has teamed up with **Pharmacy**

Daily, giving readers the chance to win

the new Australis Mineral Purity Powder Foundation.

For your chance to win your own Foundation today, simply send through the correct answer to the following question:

What is the foundation free from for no skin irritations?

Email your answer to:

The first correct entry received each day will win!

CONGRATULATIONS to Lyn **Banner** from National Pharmacies, who was yesterday's lucky winner

New OCPP refresher rules Parkinson's trials

THE Quality Care Pharmacy Program has introduced new requirements for ongoing training for all pharmacy assistants who are involved in the supply of Pharmacy Medicines and Pharmacist Only Medicines.

The Pharmacy Guild said the new requirements are designed to ensure "ongoing and responsible health care information from community pharmacy."

From 01 Apr 2010 QCPP assessments will require pharmacy and dispensary assistants to demonstrate that a minimum of three hours of training have been completed for each year after the initial training.

Guild President Kos Sclavos said the response to assistant training had been very positive so far, with more than 22,000 pharmacy and dispensary assistants from around Australia completing the initial QCPP training requirements.

"This rate of uptake by pharmacies will ensure that

Telfast sneeze survey

TELFAST this morning released the results of a new "Sneeze Survey" undertaken for the hayfever season by Galaxy Research.

The survey found that sneezing in 80% of adults is set off by hayfever, flowers, pollen and dust - but interestingly 18% of those surveyed also claiming that the sun can also set their sneezing off.

Loud sneezes were ranked as the most satisfying - particularly by women (52%) when compared to men at 34%.

Only 10% of those surveyed used the government-recommended 'sneeze into elbow' method.

customers are provided with accurate health care information and advice," he said.

The new training requirement is flexible and can be conducted instore by senior members of the pharmacy team.

Alternatively approved courses can be provided by pharmaceutical companies, health groups or Registered Training Organisations as long as the refresher training content is related to Pharmacy Medicines and Pharmacist Only Medicines.

The QCPP is encouraging all interested manufacturers and other groups to contact the Guild to start the refresher training approval

More info at www.qcpp.com.

UK pharmacy inquiry

A NEW inquiry has been launched in the UK by the Royal College of General Practitioners and the Royal Pharmaceutical Society of Great Britain, aiming to find ways that doctors and pharmacists can work together.

The inquiry will look at current barriers to "integrated working", arrangement which could be put in place to facilitate more effective primary care collaboration, and the potential benefits to patients.

RPSGP President Steve Curton, said the move "is the start of an initiative that enables both professions to deliver real improvements in primary healthcare."

A final report is expected by Feb, "to inform and shape the public debate around how future primary healthcare services can be delivered more effectively."

THE Michael J. Fox foundation has awarded about US\$2.2m in funding to four research teams working on Parkinson's disease, at universities in Sweden and the US.

The foundation has so far funded more than US\$157 million in research for the condition.

Hypertension dismissal

A NEW on-line registry has been set up by the Australian Lung Foundation, to monitor the incidence and prevalence of lung conditions in Australia and provide sufferers and medical practitioners with the latest up-to-date info.

Pulmonary Hypertension is caused by high blood pressure in the lungs and symptoms incl dizzy spells, chest pain, breathlessness, fatigue and fainting and can result in total heart failure.

The condition is often dismissed as a less serious one and currently effects around 1000 Aussies, but experts are saying the number of undiagnosed cases could more than double this figure,- to access the site www.arnold.org.au.

Stealth smart bomb

US CLINICAL trials are set to commence at the beginning of next year utalising new nanotechnology to attack tumour cells in what researchers are calling a 'stealth smart bomb' style.

Targeted to attack the cancerous cells and avoid the bodies immune system, the nanoparticles are said to provide stronger doses of medication to the patient whilst cancelling out many of the sideeffects of conventional treatments.

If successful, the drug could be on the market within the next five years.

Helping tightwads become

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Health, Beauty and New Products

Welcome to our weekly feature with all the latest health, beauty and new products for pharmacy!

Suppliers wanting to promote products in this feature should email advertising@pharmacydaily.com.au.

DISPENSARY CORNER

A CHINESE man is supplementing his income and helping clients with their mental health by renting himself out as a "punching bag" for women who need some stress relief.

Gym coach Xiao Lin said his new venture "fits in well with my day job. By being a punching-bag for women I can make some money and also practice my selfdefence skills and work on my fitness at the same time."

He charges about \$20 for 30 minutes during which clients have free rein to beat him up - and already has two customers.

"The first woman was about 25 years old. She paid for half an hour but soon got tired and spent the rest of her time just chatting to me," he said.

"The second client also only lasted a few minutes but they both looked much happier afterwards. It does people good to let off some steam."

AN IMAGINATIVE Polish man claims his pet dog saved his life after he suffered a heart attack.

50-year-old Piotr Wagner said he experienced "agonising chest pains" while watching TV in his family home - but then his twoyear-old Jack Russel turned a "heart-shaped patch" on her backside towards her master.

"I felt the pain melt away," he told doctors, adding that "I want everyone to know about my bighearted dog."

MYLANTA needed here.

World Eating Champion, Joey Chestnut, has won the first ever World Masters Meatball Eating Championship in Las Vegas.

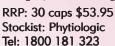
During the event last weekend he gobbled down fifty huge meatballs - weighing more than 3kg - in just ten minutes.

Chestnut won \$1500 for the feat which continues his illustrious career of competitive eating, in which he's held titles for hotdogs, pizza and chicken wings.

Second place in the comp was taken by Pat "Deep Dish" Bertoletti, who ate 49 meatballs.

Stay younger longer.

Anthogenol is a naturally derived supplement based on the isolation of OPC's (Oligomeric Proanthocyanadins). OPC's are concentrated in the woody parts of plants eq. seeds, bark. They have a powerful antioxidant effect at a cellular level protecting from free radicals. One of the health benefits is protecting against the breakdown of skin collagen, thus reducing the visible signs of ageing.







Summer protection for lips

Carmex lip balm is introducing a Lip Balm Click Stick, based on the classic Carmex combination of menthol and camphor in a soothing base of cocoa butter and waxes. Not only do the sticks have great moisturising ability but also sun protection with SPF 15. Available in three flavours Original, Cherry and Strawberry.

RRP: \$5.99

Stockists: All wholesalers

Ready for the tennis!

Evian Facial Spray is being released as a limited edition Australian Open version. Perfect for setting makeup or as refresher throughout the day, either at the tennis or anywhere on a hot summers day.

RRP: \$11.95 for 50ml Stockists: Trimex Tel: (02) 9663 4277



Illumination

Give skin a radiant and luminous look with All About Glo Illuminating Brushes. Available in a Maxi or Mini size the all-in-one mineral highlighter and brush gives skin a holiday glow. In two shades Pearlescent suited to fairer skins and Iridescent for all skin tones. Contains pure minerals with UV protection.

RRP: Mini \$17.95, Maxi \$29.95 Stockists: Creative Brands Tel: 1300 650 981

All natural skin care for men.

Skin care brand A'kin has introduced a new range of grooming products specifically designed for men's skin and hair. A'kin PureMAN has 5 products in its range, all containing only natural ingredients. Research has shown that mens skin is different to womens. It is more oily, irritable due the effects of shaving and dehydrates easily. The range includes a Hair and Body wash, Face wash, After shave Balm and Moisturiser.

RRP: from \$14.95 Stockists: Purist Tel: 1800 631 283

