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## Vaccine tender

THE Department of Health is calling for tenders to provide measles, mumps, rubella and/or varicella vaccine/s to the National Immunisation Program.

For details see [www.tenders.gov.au](http://www.tenders.gov.au).

## New GPET CEO

MEGAN Cahill has been appointed as the new Chief Executive Officer of General Practice Education and Training. Cahill, who comes to the role with 20 years experience in the health sector, will replace Erich Janssen, who is stepping down after six years as GPET's CEO.

MEANWHILE the Minister for Health Tanya Plibersek also confirmed that Dr Tony Sherbon has been appointed as the permanent CEO of the Independent Hospital Pricing Authority.

Dr Sherbon has been acting CEO since December 2011 when IHPA was established under the National Health Reform Act 2011.

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### CONTACT:

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## The cost of eating disorders

UP to 1,828 people will die of an eating disorder this year, according to a new report.

Commissioned by the Butterfly Foundation, the *Paying the Price* report looked at the prevalence, financial costs and impact of eating disorders in Australia, based on national and international statistics, as well as a survey.

According to the report, there are more than 913,000 people in Australia with an eating disorder, (around 4% of the population).

Of these, 3% have anorexia nervosa, 12% have bulimia nervosa, 47% suffer binge eating disorder and 38% have 'other eating disorders'.

Females comprise around 64% of the total.

Looking at the financial side of the issue, the report found that health system expenditure for eating disorders sits at around \$99.9 million in 2012, whilst the productivity impacts of eating disorders were estimated as \$15.1 billion.

Overall the "burden of disease" from eating disorders is estimated at \$52.6 billion, a figure which was calculated by multiplying the years of healthy life lost by the value of a statistical life year.

In terms of length of disease state, the report found that eating disorders have a lengthy duration of around 15 years.

Meanwhile the report also noted that mortality rates are almost twice as high (than the annual death rate) for people with eating disorders and 5.86 times higher for people with anorexia, compared to those without the conditions.

Researchers also noted that illicit drug use and alcohol abuse is also significantly higher amongst those with an eating disorder, whilst long term complications of anorexia and 'eating disorder not otherwise specified' include kidney failure, heart failure, osteoporosis and infertility.

Adult growth and development can also be inhibited if anorexia is experienced as a child, or young adolescent, whilst bulimia is linked to dental, gum and other mouth problems.

In terms of binge eating disorder, researchers found that one of its main comorbidities is obesity, with estimates that almost 44% of sufferers have a history of severe obesity.

In addition, researchers found that about one in ten individuals with anorexia do not live a further ten years after the onset of the disorder, and that of these deaths 20% are suicides.

Moving towards a brighter future for sufferers, the report recommends including eating disorder questions be added to the Australian Health Survey in order to ensure the collection of better information in relation to tracking relevance, mortality and health system costs; as well as the inclusion of binge eating disorder as a condition in the International Classification of Primary Care.

Other recommendations include the addition of eating disorders in welfare data; an increase in Medicare psychology coverage and/or Partners in recovery (Pir) referral; as well as an increase private health insurance coverage.

Treatment recommendations in the report include making eating disorders a priority for Medicare Locals.

"Relative to prevalence, there appears a lack of focus on treatment for eating disorders across acute and community care settings," the report said.

"The reports from survey participants of not being able to access appropriate treatment when needed are harrowing," the report added.

## Zytiga US expansion

THE US Food and Drug Administration has expanded the approved use of Zytiga (abiraterone acetate) to treat men with late-stage (metastatic) castration-resistant prostate cancer prior to receiving chemotherapy.

The FDA initially approved Zytiga in April 2011 for use in patients whose prostate cancer progressed after treatment with docetaxel, a chemotherapy drug.

Zytiga is a pill that decreases the production of male sex hormone testosterone.

In Australia, the drug was approved in June this year, for use in combination with prednisone or prednisolone in patients with metastatic castrate-resistant prostate cancer who have received prior chemotherapy containing a taxane (PD 12 June).

## WIN A HAIR REMOVAL PACK



This week PD is giving five lucky readers the chance to win Dare to be Bare Bikini Ready Pack by Andrea Hair Removal, valued at \$66.80 each.

Time to peel off your winter clothes! A smooth set of legs, underarms and a flawless bikini line are essential for the warmer weather. Get bikini-ready in a flash with Andrea Hair Removal products for use in the comfort and privacy of your own home.

For your chance to win, be the first person to send in the correct answer to the question below to:

[comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)

**What Brand Slogan is on all Andrea Products?**

Congratulations to yesterday's lucky winner, Linda Luczak from Cranebrook General Practice.

## Pharmacies for Sale

### South Brisbane - QLD (#1527)

Start up pharmacy with enormous potential. Situated in a small shopping centre in a bayside growth area. Everything is now in place. READY for an owner/operator with an attitude to grow this pharmacy to its full potential. Permanent doctor now in the centre with another to come

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### Eastern Suburbs of Sydney - NSW (#1542)

A long established family business in a very upmarket area with turnover of \$9.5M.

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## Health, Beauty and New Products

Welcome to our weekly feature with all the latest health, beauty and new products for pharmacy!

Suppliers wanting to promote products in this feature should email [advertising@pharmacydaily.com.au](mailto:advertising@pharmacydaily.com.au).

### Cleanse yourself over Christmas

**BioCeuticals Aminoplex Cleanse** is crafted from low-allergenic rice protein powder, and features 20g of protein per serve (from whole brown rice). The formula also contains nutrient-packed spirulina, broccoli sprout powder and cracked chlorella, as well as dandelion root and globe artichoke. The product is flavoured with natural watermelon powder for a refreshing fruity taste, and is ideal for vegetarians and vegans. Overall the product, taken once or twice daily, works to help support the body through the process of cleansing.

RRP: \$58.39 (616g)

Stockist: 1300 650 455

Website: [www.bioceuticals.com.au](http://www.bioceuticals.com.au)



## DISPENSARY CORNER

### STRONG bones.

The world's number one male tennis player, Novak Djokovic, is already a picture of health, but an unusual purchase he has made recently may just ensure his bone health for the foreseeable future.

The purchase involves the entire world's supply of donkey cheese.

Yes Djokovic has bought every last scrap of donkey cheese produced on the planet, at a cool \$1550 a kilo (25 litres of donkey milk makes a kilo of the white crumbly cheese).

Whilst it is unknown how many kilos an entire world's supply is, what is known is that the cheese is only produced by one farm (an hour west of Belgrade) with 130 Balkan donkeys.

According to reports, Djokovic is planning on using the cheese in a new chain of restaurants that he is opening.

### OVERCOMING injury.

A 21-year old woman, Labonya Siddiqui, has overcome adversity to become the face of fashion house Next.

Siddiqui bears the scars from burns she acquired when a paraffin lamp exploded on her when she was just eight years old.

Following the accident, she was in a coma for five days, and then spent months in intensive care, undergoing several operations.

And if that was not enough, when she came out of hospital she faced post-traumatic stress disorder and bullying.

For 12 years afterwards Siddiqui covered her scars with makeup, and it was not until recently that a friend encouraged her to ditch the cover and "show her true face".

Shortly afterwards, she was awarded the modelling contract.

"I hope when other people like me see my work they will find their own confidence and strength so that they will be just as comfortable being themselves as I am with my scars," she said.

Aside from modelling Siddiqui also studies chemistry at Bradford University.



### Animals take the temperature this summer

**Dreambaby Room & Bath Thermometers** are made from BPA free and phthalate safe durable waterproof rubber material and are available in two fun animal designs - a floating green crocodile and a bright yellow duck with the temperature display clearly visible on their body. The thermometers turn on automatically in water and can also be turned on manually to check room temperatures, whilst a large display window means that temperatures are always easy to read. The product also rechecks the temperature every 10 seconds to ensure the temp remains consistently safe.

RRP: \$17.95

Stockist: (09) 274 87882

Website: [www.dreambaby.com.au](http://www.dreambaby.com.au)

### Get yourself some Executive Energy

**Nature's Own Executive Performance** is a high potency stress and energy formula in a one-a-day tablet formula. The product is designed to assist with energy levels and to help support the nervous system during times of stress. It also supports healthy brain function including concentration, memory and maintenance of normal mood. The formula contains B Vitamins for energy production, including niacin which is also essential for the normal functioning of the brain and nervous system, and thiamine which also plays a role in the maintenance of mood.

RRP: \$13.95 (30 tablets)

Stockist: 1800 451 453

Website: [www.naturesown.com.au](http://www.naturesown.com.au)



### Mimijumi baby bottle for hungry tots

The **Mimijumi baby bottle** has been designed using 100% medical grade silicone, replicating the skins texture of a mother's breast, all the way down to the pores, creating a natural feeding and latching experience. The design of the mimijumi bottles is based on the psychological dynamics of feeding and soothing items as transitional objects, keeping in mind the natural bonding experience of infants with their parents. Free of BPA and phthalates, the nylon bottle is easy to clean and has a wide mouth for easy filling, a screw on one piece nipple, and a non-slip base.

RRP: \$24.99 (Not so Hungry Bottle 120ml), \$26.99 (Very Hungry bottle 240ml)

Stockist: 02 8957 4338

Website: [www.mimijumi.com.au](http://www.mimijumi.com.au)