

Lucrin is back

ABBVIE has announced supplies of three-month and four-month Lucrin Depot pre-filled dual-chamber syringe (leuporelin acetate) will be available through normal channels from 24 January 2013.

The news follows the announcement of a brief stock shortage last month.

Lucrin Depot is an androgen deprivation therapy (ADT) indicated for the palliative treatment of metastatic or locally extensive prostate cancer (Stages C and D).

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Guild enters lunch debate

THE Pharmacy Guild of Australia has stepped into the ring with APESMA over pharmacist lunch breaks, saying that there are certain occasions when a pharmacist may be required to remain at the workplace during their lunch time.

The Guild was responding to comments made yesterday by pharmacist union APESMA which called for the Fair Work Ombudsman, in his audit of pharmacies, to ensure pharmacists get their lunch breaks, following an APESMA survey which revealed 62% of Australian community pharmacists are routinely forced to work through their lunch breaks.

According to the Guild the Pharmacy Industry Award 2010 has a provision for an on-premise meal allowance.

"The allowance recognises the regulatory reality that a community pharmacy must have a pharmacist present at all times to remain open," the Guild said in a statement.

"The Award recognises that there will inevitably be situations where a sole pharmacist on their meal break is restricted to the pharmacy, and may be required to dispense scheduled medicines during their rostered break.

"The alternative is shut the pharmacy for the duration of the lunch break, which would disadvantage the general public," the Guild added.

Further supporting its case, the Guild cited other healthcare occupations where lunch breaks

had to be taken in the workplace.

"Nurses for example - that must remain at the workplace during their lunch break in order to ensure the safety of patients," the Guild said.

Meanwhile, in relation to the on premise allowance, the Guild said that there are circumstances where under the Award the allowance can be absorbed into individual flexibility agreements, annualised salary, or over-award payments.

"In those circumstances, the allowance is not payable under the Award," the Guild said.

"The Pharmacy Guild supports full compliance with the terms and conditions of the Award.

"As usual, APESMA has chosen to distort the facts," the Guild added.

Free nutrition training

PHARMACY assistants can now access two brand new interactive learning modules courtesy of Pfizer Nutrition.

The modules are part of Pfizer Nutrition's online training program, and are designed to provide community pharmacy assistants with a more comprehensive understanding of infant and toddler nutrition.

The online training program is completely free of charge, and is delivered in a flexible way, meaning that pharmacy assistants can complete it at a time that is convenient to them.

See www.pharmacyclub.com.au.

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App for anxiety

SANE Australia has developed a new app for iPad and iPhone to help Australians with an anxiety disorder.

The app provides essential information plus advice on how to manage symptoms from people who've 'been there' and share the techniques they've discovered.

CLICK HERE for details.

WIN YOU ME & EVERYBODY PACK



This week we are giving five lucky readers the chance to win a You, Me and Everybody prize pack from **Symbion Consumer Products**.

Each prize pack is worth \$115 and contains: Derma Karma Arnica Cream, Shady Lady Moisturiser, Helping Hands Wash, Saving Face Serum, Saving Face Toner, Saving Face Moisturiser, Cool it Aloe Vera Gel; and Pucker Up Paw Paw (not pictured).

To win, simply be the first person to send the correct answer to the daily question below to: comp@pharmacydaily.com.au.

Hint! Visit

www.youmeandeverybody.com.au.

*Name the ingredients in
the Pucker Up Paw Paw
Lip Balm*

Congratulations to yesterday's lucky winner, **Sigrid Hamacher** from **Actegy Health**.

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Health, Beauty and New Products

Welcome to our weekly feature with all the latest health, beauty and new products for pharmacy!

Suppliers wanting to promote products in this feature should email advertising@pharmacydaily.com.au.

Want a product full of promise?

Philosophy's Full Of Promise Treatment Duo is a morning and evening regime which has been created to follow the skin's natural rhythms. The container contains two separate serums, a daytime serum on one end and a nighttime serum at the other end. The daytime serum contains peptides and extracts of rye seed and kigelia, a rare bio-active fruit which is said to work together to tighten and lift skin, whilst the nighttime serum combines a blend of kigelia with Philosophy's exclusive retinoid to plump out skin, support natural collagen and address multiple signs of aging.

RRP: \$75.00

Stockist: 1800 812 663

Website: www.philosophyskincare.com.au



DISPENSARY CORNER

STUCK in the middle.

A US woman found herself the centre of an emergency situation after she slipped and fell from the top of a two-storey building and got wedged between it and the building beside it.

The woman had been out for a cigarette when she lost her footing, and in a strike of supreme luck, got wedged between the buildings one metre before she would have smashed into the ground.

It took firefighters four hours to free the woman.

During the rescue firefighters provided a heater for the woman in the near freezing conditions, then installed braces to support her before dropping in an airbag to slightly spread the walls. Next the firefighters cut a window in the wall of one building and helped soak the woman in slippery suds before helping to pull her out of the wall.

The woman was then taken to hospital with minor injuries.

DEADLY turns to beauty.

A jeweller, Jessica Mindich, in the US state of New Jersey is doing her bit to help get guns and bullets off the street and keeping people alive and gun-shot injury free, by turning bullets into jewellery.

Described as "a series of pieces that embody the gun's transformation from a destructive weapon to a powerful symbol of renewal", the jewellery is made from guns and bullets recovered during the Newark Police Department's buyback program, including steel bangles and cuffs.

A portion of the proceeds from the sale of the items then goes to fund the gun buy-back amnesty programs.

Thus far, the jewellery has fetched around US\$20,000 for the amnesty programs, with modest Mindich telling media that "everybody has the power to do something little, something small to make a difference".



Advance your nightly repair routine

Hailed as a super-potent, fast-penetrating repair serum, **Estee Lauder's new Advanced Night Repair Eye Serum Infusion** features all the repair benefits of Advanced Night Repair, but is made specifically for the delicate eye area in a new lightweight, refreshing texture. The serum is formulated with "advanced repair technology" shown to significantly inhibit ozone damage after exposure to high level of ozone (pollution and UV rays). According to the company, users can expect a "dramatic" reduction of every key visible sign of ageing, including fine lines, wrinkles, puffiness, dark circles, dryness and uneven skintone. Boasting over twenty patents worldwide, this serum is also designed to hydrate the delicate eye area.

RRP: \$95.00

Stockist: 1800 061 326

Website: www.esteeauder.com.au

Get Absolution for your dry skin

Absolution's Absolution La Baume is a dry skin and lip balm which is made from certified organic marula, perilla and calendula. Providing instant relief from dry, chapped, cracked and uncomfortable skin, the formula also contains over 14 natural oils, as well as beeswax and shea butter, and is designed to create a barrier against external aggressions, as well as to hydrate, repair and soothe. The balm is perfect for dry skin on the lips, cheeks, nose, face and hands.

RRP: \$19.50

Stockist: 0417 208 437

Website: www.skinhealthinnovations.com.au



Enjoy 5 in 1 for your eyes

First Aid Beauty 5 in 1 Eye Cream is said to help prevent and reduce the appearance of fine lines and wrinkles, whilst working to improve skin radiance, correct uneven skin tone, nourish, moisturise and soothe and combat free radicals. Key ingredients in the cream include homeostatin and retinyl palmitate (to reduce wrinkles), alpha arbutin and niacinamide (to brighten skin), dimethicone and glycerin (to nourish skin), bisabolol (to soothe skin), and FAB Antioxidant Booster (to tackle free radicals). The cream does not contain any harsh chemicals, parabens, or colourants and is safe for sensitive skin.

RRP: \$34.95

Stockist: 07 5630 1560

Website: www.firstaidbeauty.com