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# Is Australia better off?

PATIENTS would be worse off if Australia adopted a New Zealandstyle access to medicines policy, according to Medicines Australia Chief Executive Dr Brendan Shaw. Responding to a report on

pharmaceutical prices published this week by the Grattan Institute (PD yest) Shaw said proposals to cap spending on the Pharmaceutical Benefits Scheme would limit patient's access to medicines.

"If you want a how-to guide for turning your health system into that a third-word country, this report would be it," Shaw said.

"Capping the PBS would kill consumer access to new therapies as the experience in New Zealand proves.

"It undermines the fundamental principal of universal and affordable access to medicines that underpins the Pharmaceutical Benefits Scheme and has done for 60 years," he added.

Shaw also went on to say that "Anyone who wants to emulate the New Zealand model of medicines policy should remember that New Zealanders have access to less than half the number of new medicines that Australians have and that New Zealand is stone motherless last in

the OECD access to medicines

rankings". "So much so that when New

Zealanders can't access a variety of new medicines in their country they come over here," he said.

**MEANWHILE** the Generic Medicines Industry Association also got in on the act, calling the report's concerns that the Australian Government is paying more than NZ for some generic medicines "unfounded".

"These concerns are unfounded as the market-based price disclosure policy ensures that the government benefits from the competitive generic medicines sector in Australia," GMiA said.

Speaking in the wake of the report, CEO of GMiA Kate Lynch said that reforms to the PBS introduced in 2010 are currently delivering savings to the public of \$1.9 billion over four years.

"The PBS is already subject to complex policy reforms," Lynch said.

"For the sake of patients and ensuring a secure and consistent chain of supply, we need to get those reforms bedded down first before embarking on any more policy change," she added.

#### Venom handbook

larketing

**BIOCSL** today released A Clinician's Guide to Australian Venomous Bites and Stings: incorporating the updated CSL Antivenom Handbook.

The handbook is designed to provide detailed info for healthcare professionals to help them quickly assess the best treatment path for an envenomed patient.

#### Lung cancer awareness

THE Cancer Institute NSW and the Minister for Health and Minister for Medical Research, Jillian Skinner have announced a new lung cancer public education campaign.

Titled Listen Out for Lung Cancer, the campaign encourages people across NSW to listen out for the symptoms of lung cancer among their family, friends, community and colleagues.

The main campaign message is that if people have key lung cancer symptoms, they should see their doctor, irrespective of whether they smoke or not.

The three key symptoms of lung cancer the campaign encourages people to listen out for include: persistent cough (lasting longer than 3 weeks), a change in cough, and coughing up blood.

See www.cancerinstitute.org.au.

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### Largest facility in Brissie

THIS week APHS Packaging will open the doors to one of the largest and most sophisticated DAA manufacturing facilities in the world. Located in Brisbane and

measuring 1985m<sup>2</sup>, the cleanroom manufacturing facility is believed to be one of the biggest of its kind, and came to being with a \$6 million pricetag.

The facility has the capacity to deliver 1.8 million sachets every week into community pharmacies across Australia, and employs some of the industry's most cutting-edge technology, including a Tablet Inspection System (TIS), designed to identify sachet errors via a digital image before any medication is released to a customer.

"Our new TGA-licenced facility gives us the capacity to continue to meet the ever growing demand for accurate and quality medication sachets, now and well into the future," said Cathie Reid, APHS Packaging CEO.



View of a drug packaging suite at the facility

HEART disease is still the number one killer of Australian men and women, according to new figures released by the Australian Bureau of Statistics.

The report, *Causes of Death in Australia*, found that despite being the number one killer, deaths from heart disease have fallen steadily since 2002.

According to the numbers there were 21,513 deaths from heart disease in 2011, with heart disease accounting for 15% of all deaths in 2011 compared to 19% of all deaths in 2002.

"Heart disease has remained the leading cause of death in Australia over the last ten years and continued to be the leading cause in 2011," said James Eynstone-Hinkins, Director of the Health and Vitals Statistics Unit.

Meanwhile, there were 9,864 deaths caused by dementia and Alzheimer's disease in 2011, comprising 7% of all deaths, the majority of which occurred in people aged 75 or over.

Another big killer was lung cancer, which was found to have made up 6% of all deaths and 19% of all deaths from cancer - making it the fourth leading cause of death for Australians in 2011, whilst prostate

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## The top Australian killers

cancer was the fifth most common cause of death for men.

Among women, breast cancer was found to be the sixth most common cause of death.

There were also 1,530 deaths from falls among people aged over 75 last year (with women accounting for 57% of these deaths).

#### Arthritis assistance

THIS week millions of Australians battling with osteoarthritis and joint pain will benefit from the launch of a world first, easy-to-use website which offers people a chance to gain control over their pain, MyJointPain.org.au.

Launched as part of Arthritis Awareness Week (17 - 23 March), the website offers three major support functions.

Firstly, the user will answer questions about their situation, they then receive a summary of their risk of hip or knee osteoarthritis along with management options for osteoarthritis in any joint.

In addition users will receive regular updates and ongoing support to keep them on track with managing their joint pain.

## Prostate recruits

AUSTRALIAN hospitals are recruiting men aged over 50 into a unique global clinical trial that aims to assess the impact on sexual function of medicines used to reduce the size of the prostate.

Australia is the only country outside of the EU in the study.

"We are very keen to look at whether treating enlarged prostates with specific medicines might lead to improvements or decreases in sexual function. We've got an open mind about the outcomes," said urologist Associate Professor Henry Woo, who is leading the study from the Sydney Adventist Hospital in Sydney.

The researchers are looking for men aged 50 or over who may be experiencing trouble with their "waterwork" (because this is a key sign of an enlarged prostate).

Not fully emptying the bladder, needing to go to the toilet very regularly, straining at the start of urination, having a weak stream or waking up regularly at night to pass urine are all symptoms of an enlarged prostate.

The study has been approved by a Research Ethics Committee, info is kept confidential, and travel expenses can be reimbursed. Call 1800 800 285 for details.



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NPSA in a statement.

"We are also looking for any examples of when your wholesaler went beyond the normal requirements to get medications to you," NPSA added.

NPSA will be recording these video interviews with participating pharmacists at the Gold Coast **Convention Centre in Meeting** Room 1 during the following times: Thursday 21 March from 2.30pm -4.30pm; and Friday 22 March from 10am - 12noon.

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