

Friday 11 Oct 2013

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#### **Pharmacists' Support**

**DURING** Mental Health Week pharmacists are being reminded to consider their own health and wellbeing above those of their patients for whom they care every day.

Recent research from the University of Sydney showed that 44% of pharmacists were at risk of psychological morbidity.

John Coppock, President of The Pharmacists' Support Service (PSS) says the service offers anonymous discreet support from trained pharmacist counsellors on 1300 244 910 between 8.00 am and 11.00 pm (EST) 365 days a year.

Coppock recommends that "all pharmacists should take steps to reduce stress levels by paying attention to their own well-being in order to ensure they are able to continue to provide an excellent service to the communities they serve."

A series of practical tips together with other useful resources for pharmacists are available for viewing on the PSS website at supportforpharmacists.org.au.

#### SHPA symposium

THE NSW branch of the Society of Hospital Pharmacists of Australia has announced a new "leadership symposium" which will focus on expanding personal influence and negotiation skills.

Two speakers have been booked for the event: Philip Pogson from The Leading Partnership, and Brad Rilatt of The Leadership Resource.

The symposium will be held at Sydney University on Sat 09 Nov -**CLICK HERE** to register.

# No TGA appeal on Di-Gesic

**THE** Therapeutic Goods Administration has confirmed that it will not be appealing the decision of the Administrative Appeals Tribunal which allowed the continued sale of medications containing dextropropoxyphene in Australia (PD 09 Apr, 16 Sep).

In an update yesterday the TGA said that any appeal would have been limited to questions of law, rather than the scientific or medical merits of the decision.

It would have also delayed the implementation of the conditions imposed by the AAT designed to ensure the safe use of Di-Gesic and Doloxene.

"The TGA believes safeguards that the AAT found were necessary to ensure the safe use of these products through the imposition of these conditions should be in place as soon as possible," the TGA said.

The special conditions on the supply of dextropropoxyphene came into effect yesterday, meaning that sponsor Aspen Australia now has until 24 Oct to lodge an application to vary the Product Information documents for Di-Gesic and Doloxene.

#### **Nizoral discontinued**

JANSSEN-CILAG will deregister ketoconazol (Nizoral) 200mg tablets concerns over liver injury.

with recent EU moves (PD 29 Jul).

and shampoo) aren't affected.

Then within 30 days of the PI changes being approved by the TGA the sponsor is required to write to doctors, dentists and pharmacies to provide further information about the conditions.

The company will also advise when to start using the new Prescriber Confirmation Form. which must be correctly completed by doctors or dentists before pharmacists are permitted to dispense the products.

The new arrangements will also require pharmacists to provide a Patient Information Sheet.

#### **World Arthritis Day**

**NEW** research undertaken by the Social Policy Research Centre at the University of New South Wales and released for World Arthritis Day (tomorrow 12 October) highlights the enormous but often silent disability burden of arthritis and highlights the need to recognise that arthritis can be a disability as well as a medical condition.

"The research explores people's experiences of living with arthritis and preliminary results highlight the frustration that many people with arthritis, especially those with autoimmune forms, feel when people dismiss their condition because they think it is just due to old age," said Consumer Director of Arthritis Australia, Wendy Favorito.

The next stage of the research involves a survey of sufferers and carers - you can access the survey by ringing Charlotte Smedley on (02) 9385 7800.

#### **MDFA & DA prioritising**

**THE** Macular Disease Foundation Australia and Diabetes Australia are encouraging Australians to prioritise eye checks to ensure early diagnosis subsequent to a new report, Out of sight - A report into diabetic eye disease in Australia.

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and discontinue supply of oral effective from 01 Dec due to

The move brings Australia in line

Topical ketoconazol (Nizoral cream

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#### Jobs of the Week

- Hospital Pharmacy Manager Gold Coast, QLD (Job# 2010145) Manage private hospital pharmacy including staff, financials, clinical \$100K
- Pharmacist in Charge Melbourne South East, VIC (Job# 2010123) P/t, 30 hours/week, PIC for a small-medium store with a great employer.
- Pharmacist/PIC- Port Stephens, NSW (Job# 2010143) F/time or P/time 38hrs/wk or less as desired to fit in with lifestyle choices.

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# **Events Calendar**

**WELCOME** to *Pharmacy Daily*'s events calendar, opportunities to earn CPE and CPD points.

If you have an upcoming event you'd like us to feature, email info@pharmacydaily.com.au.

- **11-13 Oct:** Pharmacy Australia Congress in Brisbane details www.psa.org.au/pac.
- 17-19 Oct: Pharmacy Assistant
  National Conference, Gold
  Coast visit
  www.pharmacyassistants.com.
- 19-20 Oct: Medication Management Review; St Leonards, details at www.psa.org.au.
- 23-26 Oct: DenTech China 2013 ;Shanghai World Expo Exhibition and Convention Center, China; more info at: www.dentech.com.cn
- **30 Oct:** Medici Capital Pharmacy Ownership Ready Series seminar, Sydney - to register call 03 9853 7933.
- 14 Nov: 2013 ASMI AGM, Conference & Awards - see www.asmi.com.au
- **16-17 Nov:** NSW Pharmacy in focus, Newcastle; visit www.psa.org.au.
- **21-23 Feb 2014:** CPD by the SEA NSW Convention; see www.cpdbythesea.com.au

# NZ pharmacy income up

**THE** community pharmacy sector is growing in New Zealand, with figures released this morning showing an increase both in pharmacy numbers as well as in their overall income.

In New Zealand there's a new Community Pharmacy Services Agreement which sets out a "patient centred" funding model rather than the previous reimbursement based on dispensing of prescriptions.

Launched last year, the new arrangements are being phased in over a three year period, with progress monitored by the Community Pharmacy Services Governance Group (CPSGG).

Provisional analysis for Jul-Apr shows that there was a 1.9% increase in service fee income this year, as well as a 1% growth

#### **Asthmatics air alert**

WITH most of NSW on high or extreme fire alert and temperatures set to tip 40°C for the rest of this week, Asthma Foundation NSW is warning the over 700,000 people who live with asthma in the state to be on the alert for high pollution levels and bushfires.

Asthma Foundation NSW ceo Michele Goldman said the one in ten people who live with asthma should be aware that sudden rises in temperatures, wood smoke from bushfires or high levels of other air pollutants could make asthma symptoms worse and trigger a potentially fatal attack.

See asthmafoundation.org.au.

in pharmacy numbers which rose from 947 to 957 over the twelve months to 01 Jul 2013.

"We want to understand the impact the implementation of the new service and funding model, lower drug costs and factors related to market forces is having at both a national and individual level," said Kevin Snee, Chair of the CPSGG.

He said that today's figures showed that service fee income growth is in line with other areas of the health sector, "and that the current funding structure is not discouraging pharmacists from entering the pharmacy market".

The Community Pharmacy Services Agreement introduced a market share model with a fixed funding pool, which amounted to NZ\$370.5 million in 2012/13.

This year the pool increases to \$373.8m, with adjustments for cost pressures.

The pool is guaranteed to be paid out to pharmacies each year, with the final adjustment being paid next month once all 2012/13 claims have been submitted.



# DISPENSARY CORNER

FRESH vanilla perfume anyone? Castoreum is an anal secretion beavers use to mark their territories, but it also happens to smell like vanilla.

According to a recent *National Geographic* story, although the substance is non toxic, because of the castor sac's proximity to the anal glands, it often contains anal secretions and urine.

The US FDA calls the beaver goo a "generally safe" additive for food and early last century scientists regularly put it into foods labelling it as "natural flavouring".

However nowadays there are tighter regulations and alternative products so vanilla flavouring is no longer based on the beavers.

Because it is tricky to "milk" a beaver's castor sac, the product is not available to the mass market, but dried sacs can be harvested from dead beavers and fetch up to \$60 each.

## WIN A DB ULTIMATE PRIZE PACK



This week *Pharmacy Daily* is giving five lucky readers the chance to win a Designer Brands Ultimate prize pack, valued at \$50 each.

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To win, simply be the first person to send in the correct answer to the question below to: **comp@pharmacydaily.com.au**.



# How many foundation colours are there in Natural Ground Minerals?

Congratulations to yesterdays winner Felicia Woong from Pikes D&N

**Pharmacy.** The correct answer was '3'.

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