

Bennett to leave CHF

CONSUMERS Health Forum ceo Carol Bennett yesterday announced her resignation after five years leading the organisation.

"I believe the time has come for me to move to fresh challenges," she said, in a statement which added that during her tenure the Consumers Health Forum "has cemented its position as Australia's pre-eminent advocate for health consumers".

Society of Hospital Pharmacists of Australia president Sue Kirsasaid that Bennett had been an inspirational leader, with SHPA looking forward to continuing its productive relationship with the CHF.

And the Pharmacy Guild also wished her well, saying it looks forward to working with whomever is chosen as CHF's incoming ceo for the benefit of all Australian health care consumers.

TGA probing supplements

THE Therapeutic Goods Administration has confirmed details of a comprehensive review of the safety of therapeutic products which contain both caffeine and oxedrine.

The compounds are found in a range of health products currently available in Australia, variously marketed as energy supplements, appetite suppressants and weight

loss products.

According to a statement issued yesterday, "the TGA is aware that some of these products are used and marketed as recreational stimulants," with the probe launched after reports of adverse events after consumption of products containing the substances.

One of the reports involves teenagers experiencing serious cardiovascular toxicity "after using such a product in combination with alcohol and additional caffeine from an energy drink".

Health professionals are being advised to tell patients to moderate their caffeine intake, and avoid products containing both caffeine and oxedrine along with alcohol.

Patients with heart conditions or high blood pressure may be at increased risk of serious adverse events, the TGA said.

Pharmacy tax claims

A UK charity has accused British pharmacy giant Alliance Boots of avoiding more than £1.1 billion (A\$1.8b) in tax since 2008.

The claims relate to alleged "corporate profit shifting" which occurred after the company was privatised in 2007.

A report from anti-poverty group War on Want and British trade union Unite says that after being delisted from the London Stock Exchange the new owners loaded up the firm with loans from affiliated companies in low-tax jurisdictions.

This in turn saw the company's former profits turn into tax losses, the report claims.

Alliance Boots, which is 45% owed by US pharmacy group Walgreens, denied any wrongdoing, saying it organises its tax affairs "strictly in compliance with all applicable law".

SA PSA Fellowships

TWO eminent South Australian pharmacists were awarded PSA Fellowships earlier this week, as part of the SA/NT Branch President's Reception and Dinner.

Peter Halsted, who's Professions Adviser at the AHPRA and general manager of the Pharmacy Regulation Authority of SA was honoured for his extensive career as a practising pharmacist since 1980 and an accredited pharmacist since 1988.

And Emeritus Professor **Andrew Gilbert** recently retired as the director, Quality Use of Medicines and Pharmacy Research Centre at the University of SA, and was also director of the National Veterans' Medicines Advice and Therapeutics Education Service.

Good news for HER2+

TWO new targeted treatments are now approved by the Therapeutic Goods Administration (TGA) for patients with HER2-positive breast cancer and headline the start of Breast Cancer Awareness Month.

Sydney oncologist Professor Fran Boyle has welcomed the approval of the new therapies.

"The approval of pertuzumab and trastuzumab emtansine is the result of years of research into the HER2 pathway and is an advance for treatment of this faster growing form of breast cancer, which has in the past been associated with poor prognosis," she said.

US pharmacy honour

THE National Community Pharmacists Association (NCPA) has named Ed Horton, owner of Tanglewood Pharmacy and Medical Supplies in Stephenville, Texas as the 2013 NCPA Independent Pharmacist of the Year.

Horton has an enviable record as he was voted best pharmacist in 2002 by readers of the *Stephenville Empire Tribune* and his pharmacy was voted best in Erath county every year since 1997.

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Special deals are available for purchase to 31 Oct - for details see **page four** of today's **PD**.

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Guy Ewing

Owner of Barossa Chemplus Pharmacy

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Air pollution alert - EU

A new report, 'Air quality in Europe – 2013 report' has identified a significant concern around the impact of falling air quality on European Union residents' health.

According to the report, around 90 % of city dwellers in the European Union (EU) are exposed to one of the most damaging air pollutants at levels deemed harmful to health by the World Health Organization (WHO).

Vehicles, industry, agriculture and homes are contributing to air pollution in Europe, which is now at unacceptable levels.

Hans Bruyninckx, EEA Executive Director, said: "Air pollution is causing damage to human health and ecosystems. Large parts of the population do not live in a healthy environment, according to current standards."

Oz CM's high quality - ASMI

THE Australian Self Medication Industry has reassured consumers that they can have confidence in the quality and safety of complementary medicines (herbal medicines, nutritional and dietary supplements) that are legally sold in Australia.

The statement was a response to a study recently published in *BMC Medicine* identifying some herbal medicines available in North America that contain ingredients that could pose health risks.

"Two-thirds of all Australians use complementary medicines regularly to optimise their health and wellbeing and to address a range of chronic conditions, with popular examples being fish oil, St John's Wort and glucosamine," said ASMI Regulatory and Scientific Affairs

Director, Steve Scarff.

"Consumers can be assured that the Australian complementary medicines industry is one of the most tightly regulated in the world, with all products subject to stringent regulations relative to their risk profile," he said.

"Unlike many other countries in the world, Australia ensures that complementary medicines are manufactured safely and only contain approved, safe ingredients."

Scarff went on to explain that Australia has a two-tiered system for the regulation of medicines, including complementary medicines.

Prior to sale, supply or use, higher risk medicines must be 'Registered' on the Australian Register of Therapeutic Goods (ARTG), which involves individually evaluating the quality, safety and effectiveness of the product.

Lower risk medicines containing pre-approved, low-risk ingredients and that make limited claims can be 'Listed' on the ARTG.

"When a consumer purchases any approved complementary medicine in Australia, they can have confidence that the ingredients listed on the label are, without doubt, contained in the product.

Unfortunately, it's a very different picture in many other countries.

"This is why Australians are advised not to order medicines, including dietary supplements and herbal preparations, over the internet unless they know exactly what is in the preparation and have checked the legal requirements for importation and use in Australia."

Unlike in Australia, there are currently no legal standards for authentication of herbal products in the United States, which has contributed to an environment of unethical activities, ASMI said.

Good Price founder honoured with YBPY

GOOD Price Pharmacy Warehouse chain founder Anthony Yap was named the Brisbane Times *Young Business Person of the Year* at the 2013 Lord Mayor's Business Awards at Brisbane City Hall last week.

"The awards celebrate the achievements and contribution made by our business community and individuals like Anthony Yap to Brisbane's \$135 billion economy," said Lord Mayor Graham Quirk.

Yap, who is now aged 34, began with his first pharmacy at the age of 23 years.

He purchased the pharmacy with Hahn Luu in 2001 with just \$50,000 of savings and a bank loan and in 2003 created the Good Price Pharmacy warehouse brand, marrying low prices with a broad product range.

"Anthony is a Brisbane success story – he studied pharmacy at University of Queensland, learnt the retail side of the business, had great vision from a very young age and he's continued to develop his outstanding business model," Councillor Quirk said.

Mr Yap said his business strategy focussed on passion, perseverance and people.

"I am extremely excited and honoured to win the award as it recognises all the hard work the team at Good Price Pharmacy Warehouse have put in over the last 12 years to make our brand what it is today," Mr Yap said.

"Their shared passion and vision has helped Good Price Pharmacy develop from just one store and one full time employee in 2001 to over 40 stores, across six states and more than 700 employees," he said.

This year's Brisbane Lord Mayor's Business awards attracted a record number of entries.

WIN A NATURAL INSTINCT PACK

Every day this week **Pharmacy Daily** is giving one lucky reader the chance to win a **Natural Instinct** Pack, including shampoo, conditioner, body wash, body lotion and a moisturiser.



So natural you could grow it.

Natural Instinct is bringing a range of affordable face, hair, body and baby care that are made with carefully selected natural ingredients. These Australian-made products are formulated with the finest plant-derived ingredients, free from any potentially harmful chemicals and toxins.

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What is the RRP of the Natural Instinct body wash in 500ml?

Hint! Visit www.dermaenaturalskincare.com.au

Congratulations to yesterday's lucky winner, **Alice Tucker** from **Cooee Bay Pharmacy**.



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Health, Beauty and New Products

Welcome to our weekly feature with all the latest health, beauty and new products for pharmacy!

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

Nature's Own steps into spring with rejuvenating vitamins

Spring is sprung. It's that time of year where we emerge from winter hibernation ready to rejuvenate and to cleanse our bodies of bad habits and unhealthy toxins. Celebrating the start of spring, Nature's Own has expanded its range of vitamins to help put a spring back into our step. New products include **Digestive Ease** containing Bromelain and Ginger, High Potency **Muscle Relief** with Magnesium Powder and CoQ10; and **Stress & Stamina** Rhodiola Complex.

Stockist: Major pharmaceutical wholesalers

RRP: \$19.95 (Stress); \$27.95 (Digestive); \$41.95 (Muscle).

Website: www.naturesown.com.au



Clean out your cabinet

TODAY is "Clean Out Your Medicine Cabinet Day," with NPS urging consumers to rid homes, cars and offices of unwanted, unnecessary and potentially harmful out-of-date medicines.

Be MedicineWise Week ambassador John D'Arcy says medicines that are no longer needed should also be ditched, advising the use of the CLEAN acronym:

- Collect all medicines
- Look at the expiry date
- Exclude those that are out of date
- Arrange to have them disposed of by a pharmacy; and
- Note medicines to keep track of them on an NPS Medicines List.

Hydralyte launches effervescent value packs

Hydralyte Effervescent are the fastest growing products in the Australian pharmacy rehydration category. Meeting growing demand for the effervescent electrolyte products Hydralyte is offering customers more value with the launch of these all new twin packs, available in Orange as well as Apple Blackcurrant flavours. Also new from Hydralyte is the highly convenient and portable tube packaging, perfect for travel and on the go.



The Hydralyte brand continues to be highly profitable, TV advertised, Australian owned and pharmacy only.

Stockist: 03 8629 2929

RRP: \$23.99

Website: www.hydralyte.com

Merry Christmas with Orly's festive gift collection

Give the gift of perfectly polished paws this Christmas with **Orly Professional Nail Care**. Featuring a kit for the nail care devotee or two gift sets with this season's hottest colours, Orly has your Christmas gift needs all wrapped up. A statement gift for the nail enthusiast and the perfect party season companion is Orly smartGELS. The complete system offers a salon-quality gel manicure from the comfort of your own home. The revolutionary smartGELS system includes a 39 bulb LED light with a timer for extra fast curing, a starter kit and 20 smartGELS colours.

Stockist: 1300 769 355

RRP: \$99.95 LED, \$79.95 Starter Kit, \$23.95 colours

Website: www.orlybeauty.com.au



Gaia natural baby conditioning detangler - beach hair sorted

Family holiday snaps are memories for a lifetime. But a case of 'bird's nest' hair or a stubborn 'cowlick' can keep you from getting reprints for the grandparents or enlarging them for your wall. Finally, the stress-free solution to taming your wild child's hair - **GAIA Natural Baby Conditioning Detangler** - now comes in a handy 200ml spray pack! Ideal for use on freshly-washed hair to condition and assist in combing, it's perfect for those first-day pigtails & plaits, or on dry hair to loosen knots and tangles. This light-weight spray-in formula is extremely gentle on little scalps, leaving hair shiny soft and manageable.

Stockists: Major pharmaceutical wholesalers

RRP: \$9.99

Website: www.gaiaskinnaturals.com



DISPENSARY CORNER

THIS is one way to get your daily nutritional requirements.

The newly appointed president of Britain's Royal Society for the Protection of Birds (RSPB) is urging people to follow her example by eating roadkill.

BBC broadcaster Miranda Krestovnikoff was elected by members of the wildlife charity, and says there's nothing wrong with getting meat from the side of the road rather than the butcher.

According to the UK *Daily Telegraph* Krestovnikoff recently hosted a dinner party where dishes included fried rat with garlic and soy sauce, badger chasseur with tomato sauce, and fox sauteed in garlic.

"It's lean, healthy, organic, free, guilt-free and as fresh as fresh can be," she said.

AND while we're on the subject, a 72-year-old man who got lost in a huge forest in northwestern California has survived 18 days in the wilderness and was in fact in quite good condition when he was rescued.

Gene Naflor said he survived by covering himself with leaves to stay warm, as well as eating some of the local wildlife including squirrels, berries, algae, lizards and a snake.

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Percutane Sports Cream 75g (RRP \$21.99)	385832	374628	306145	097832	75g	Buy 12+ asstd units	12.5%	

Product Description	API	Symbion	CHS	Size	Deal	Discount	Units Ordered
Percutane Pain Relief Pre-pack counter unit 25g (x 8 units) (RRP per SKU \$7.99)	385808	374636	306160	25g	Buy 1 pk 8 units	20%	
Percutane Sports Cream Pre-pack counter unit 25g (x 8 units) (RRP per SKU \$7.99)	385794	374644	306155	25g	Buy 2+ pk 8 units	25%	

Always read the label. If symptoms persist, consult your healthcare professional. Do not use on children under six years. Do not apply to broken or irritated skin. Avoid contact with eyes, lips or other sensitive body areas. Avoid use under heat pad or thermal support. Cold sponge to reduce warmth if necessary. Contains sodium benzoate, hydroxybenzoates and diazolidinylurea.

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