



Diabetes self manage

A "QUASI-EXPERIMENTAL" study looking at the effects of a context-adapted diabetes self-management education and support project in the Philippines on self-management practices of people with diabetes found that such a project in resource-constrained settings, making use of human resources, might improve self management practices.

It looked at 203 people with type 2 diabetes mellitus.

CLICK HERE to read the study.

Oxycodone treatment up

THERE has been a "considerable increase" in the number of episodes of people receiving treatment for their own drug use where oxycodone was the principal drug of concern, according to a report by the Australian Institute of Health and Welfare (AIHW).

The report found that from 2008-09 to 2012-13, while the proportion of episodes with licit opioids as a principal drug of concern had remained relatively stable at about 5%, episodes with oxycodone had increased from 305 to 1,140.

This had coincided with a decrease in the proportion of episodes with morphine or methadone as a drug of concern.

However an AIHW spokesperson said there was no analysis available as to whether this was a user shift.

National Drug and Alcohol Research Centre researcher Professor Louisa Degenhardt said the AIHW report was not a complete picture for opioid

dependence as, as mentioned in the report, data for many drug replacement therapies was not included.

The Illicit Drug Reporting System National Report 2013 found from 2012-13, those reporting injecting oxycodone most often in the last month rose slightly from 4% to 5%.

Oxycodone comprised the third highest proportion of treatment episodes where licit opioids were the principal drug of concern at 16%, after morphine at 27% and methadone at 25%, AIHW said.

This had grown from 5% in 2008-09, as had oxycodone prescriptions in the last decade, with an increase of about 152% from 2002-03 to 2007-08, the report found.

Alcohol (41%), cannabis (24%), amphetamines (14%) and heroin (8%) were the most common principal drugs of concern.

There were 108,910 clients receiving treatment from 714 agencies - **CLICK HERE** for more.

Orthocell lists on ASX

AUSTRALIAN regenerative medicine company Orthocell has listed on the Australian Securities Exchange (ASX) with ticker OCC.

The company said it listed after raising \$8m in an oversubscribed initial public offering, which would be used, among other things, to prepare for regulatory approvals of its stem cell therapy used to repair damaged tendons and ligaments, Ortho-ATI, in its first international market, either Europe or Japan.

For more, **CLICK HERE**.

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What are the three variants available?

Congratulations to yesterday's winner **Simonne Cramer** from **Scaffidi Group**.

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EMA ups generics co-operation

THE European Medicines Agency (EMA) has said the EU's decentralised system is being used as a model to accelerate assessment of generic medicines applications in the International Generic Drug Regulators Pilot (IGDRP).

Australia is involved in the first phase of this pilot project.

The decentralised procedure meant assessment reports would be shared in real time with collaborating regulatory bodies upon request from a generic company, the EMA said.

Sharing assessments would reinforce collaboration between regulatory authorities globally and should enable medicines to be authorised in different areas in a coordinated way at about the same time, the EMA said.

New Zealand was a member of the IGDRP and might decide to take part at a later stage, the EMA said.

To read more, **CLICK HERE**.

Apotex patent case

THE Federal Court has ruled that Apotex and Generic Partners Pty Ltd provide "further and better" particulars with regards to its application to file a second further amended statement asserting the invalidity of the patent for isobutylgaba for treatment of pain.

In the case Apotex Pty Ltd v Warner-Lambert Company LLC, Justice Nicholas said Apotex's clarifications should include the distinction between acute and chronic pain and what "unacceptably high doses" meant in the context of a section of Apotex's statement which said the "Racemate is ... ineffective in the treatment of any pain condition except at unacceptably high doses."

For more, **CLICK HERE**.

Guild on rural pharm

THE Pharmacy Guild of Australia has released a video highlighting the role of regional, rural and remote community pharmacies in providing healthcare - **CLICK HERE**.



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RACGP slams Code

THE Royal Australian College of General Practitioners (RACGP) has slammed Medicines Australia's 18th Code of Conduct in its submission to the Australian Competition and Consumer Commission.

The RACGP said the deliberations and recommendations of the Transparency Working Group (TWG) had been ignored and recommended that the Code not be authorised.

The RACGP said transparency amendments did not actually provide transparency and that Medicines Australia had ignored consultation and had offered a document "fundamentally different" to that developed by the TWG.

One of the issues included the threshold of \$120 which would "clearly fail" to capture the majority of transfers of value, RACGP said.

While the Code did contain many features to enhance the public good, the proposed amendments would not enhance transparency, it said - **CLICK HERE** for more.

Privatising PBS & pensioners

FAIR go for Pensioners NSW has said the Government's market testing of the privatisation of the Pharmaceutical Benefits Scheme, Medicare and Department of Veterans' Affairs system (**PD 08 Aug**) could cost thousands of jobs.

Spokesperson Fred Krausert said the plan should send a warning to the community that the Abbott Government was "determined to bring in a US-style private medical scheme and get rid of the public funded universal health scheme that serves the community so well."

Krausert said the community needed to defend universal healthcare and reject the plan to privatise essential services.

Minister for Health Peter Dutton has previously said that the private sector might be able to provide a better service at a lower cost and that, if so, patients, doctors and the Government would reap the "benefits and savings"; responses to the proposal are due by 22 Aug.



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Health, Beauty and New Products

Welcome to our weekly feature with all the latest health, beauty and new products for pharmacy!

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

Marc Jacobs Daisy Dream fragrance

Light and Airy, **Marc Jacobs Daisy Dream** is both floral and fruity. The fragrance captivates with delectable top notes of blackberry, fresh grapefruit and succulent pear. The heart imparts a rich feminine jasmine, notes of lychee and blue wisteria. Elegantly crafted, the curved shoulders of the bottle are dressed with a sweetly embellished daisy detail that creates an airy lace-like effect, while the clear glass reveals the sky blue hue of the fragrance.

Stockist: 1800 812 663

RRP: \$60 for 30ml, \$90 for 50ml, \$120 for 100ml

Website: www.cotyinc.com



DISPENSARY CORNER

YOU weren't here, so...

If you're getting a parcel delivered, don't leave the pharmacy unattended, lest you find your packages on the roof.

Benjamin Ward in the UK came home to find a note from couriers myHermes which read 'Today I called to deliver your 1 parcel(s), it was left: stuck on roof - sorry!', *The Argus* reported.

Sure enough, the parcel was on the roof.

So Ward did the only sensible thing in this day and age, and got on Twitter (you can find his tweet at @benjamin1980) and the company promptly apologised and sent the offending courier back to Ward's house...with a ladder (awkward), according to the company's replies on Twitter.

PHARMACY love.

Speaking of Twitter, if you're a starry eyed pharmacist with a penchant for writing, maybe check out @moreloveletters.

It encourages and details people writing anonymous love letters to strangers and leaving them in various places to add a little cheer to the world.

Letters have been found in a bookshop in Utrecht, a corner of the Edinburgh Fringe Festival and among the pineapples at the local organic shop - so your pharmacy could be next!

It's a neat idea alright, but what about mysterious chocolate bars left for strangers in need of a lift to their day?

Nutri-Define Superior Retexturising Facial Serum

Jurlique Nutri-Define Superior Retexturising Facial Serum is a serum that helps to reduce the visible signs of ageing for a more radiant complexion. The serum features biosomes technology, which contains five anti-ageing extracts including horseradish to improve skin elasticity; mulberry root to help brighten dull and discoloured skin; rosemary leaf extract; glycogen; and peppermint leaf extract to revitalise dull skin and improve skin texture. The serum also contains ginseng root extract to help smooth and tone and licorice root extract to brighten and soften, leaving the skin feeling redefined and re-energised.

Stockist: 02 9333 7600

RRP: \$145

Website: www.jurlique.com.au



Protect baby with Curash Gentle Antibacterial Wipes and Curash Protect Wipes

Curash Gentle Antibacterial Wipes are wipes that kill 99.9% of germs. The wipes are dermatologically tested, alcohol-free and approved for infants, toddlers and children. **Curash**

Protect Baby Wipes 80 pack are baby wipes enriched with vitamin

E and sorbolene that gently cleanse and moisturise the

skin. The wipes are lightly scented, clinically tested, soap and alcohol free, pH balanced and hypoallergenic.

Stockist: 1800 222 099

RRP: \$4.49 Antibacterial, \$5.99 Protect

Website: www.curash.com.au



The essie encrusted nail polish collection

essie encrusted collection is a limited edition nail polish collection that features caviar-like beads, hyper-reflective glitters and the finest holographic materials. The nail polish collection ranges from molten metals to semi-precious stone-coloured shades and is available in belugaria, hors d'oeuvres, ignite the night, lots of lux, peak of chic, and silver platter. Stunning, striking, outstanding, irresistible and lustfully sought after, the essie range is the one VIP product to add to your beauty list this season.

Stockists: 1300 369 327

RRP: \$16.95

Website: www.essiecolours.com.au



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