

### Junior drug ed needed

**SPORTS** Medicine Australia (SMA) has called for more funding and support of drug education programs in sports clubs, following Griffith University research which found children as young as 12 were using performance enhancing drugs during sport.

The research said that about 5% of junior athletes had been offered such drugs with 4% admitted to using them.

Junior athletes thought about one third of all elite athletes used banned drugs, it said.

SMA ceo Nello Marino said children needed to have the right information to make informed choices about what they were ingesting and its risks.

Barriers to delivering education at club level included that clubs did not know where to start and sports medicine professionals could help by bridging the knowledge gap and encouraging collaboration between club officials, parents and athletes, he said.

### HIV kits to have support info

**THE** Therapeutic Goods Administration (TGA) has confirmed that the projected self-testing HIV kits, approved for supply to the public (PD 09 Jul), will have support and counselling information included.

A TGA spokeswoman said the tests would be expected to be supplied with clear, easy to use instructions on how to use the test correctly and interpret results.

"It is expected that instructional material provided with a test would also include information on how to access appropriate support services such as counselling and follow-up medical consultation."

She said it was expected the tests would be available through various channels, including pharmacies.

In a Facts and Questions published yesterday, the TGA said self-tests would also be expected to have information that positive results from a self-test required

confirmatory laboratory testing as false positive results could occur.

The Royal Australian College of General Practitioners has previously said it was alarmed about the move to allow supply of the kits, given the possibility of patient distress at a false positive result without appropriate support and information (PD 10 Jul).

The TGA said there was a number of options for how support services would be provided in Australia but "the specific details and approach would be addressed within a commercial supplier's proposal to TGA."

IVD Australia spokesperson Peter Harman said it had not been made clear from the department what information would be required from manufacturers.

Other testing kits, such as the Alere HIV-1/2, required the manufacturer to provide training and support services, he said.

IVD supported the supply of self-testing kits but believed they should come with a 24 hour counselling service provided by the Department, he said.

Harman said he would expect the public would not see kits available for at least six months, given the process to list on the ARTG.

To read the FAQs, [CLICK HERE](#).

### LDL risk guidelines confusion addressed

**CONFUSION** from multiple and sometimes conflicting guidelines has been identified as a contributor to suboptimal management of LDL-related risk in the USA, according to new research published in the *Journal of the American College of Cardiology*.

[CLICK HERE](#) to access the abstract with comparative charts.

### TGA ticks Anoro Ellipta

**GLAXOSMITHKLINE'S** Anoro Ellipta (umeclidinium/vilanterol) has now been approved for marketing in Australia by the Therapeutic Goods Administration (TGA) as a maintenance bronchodilator treatment to relieve symptoms in Australian adult patients with chronic obstructive pulmonary disease (COPD).

### New training portal

**THE** Wagner supplements brand has launched a new training portal that can be accessed through the Wagner website.

It gives pharmacists and pharmacy assistants access to product training modules and FAQs. To register, [CLICK HERE](#).

### UltraBiotic ad test

**FIT-BIOCEUTICALS'** advertisements for UltraBiotic Pregnancy Care have come under fire from a complaint to the Therapeutic Goods Administration's Complaints Resolution Panel.

All issues raised were found to be justified, requiring FIT-Bioceuticals to publish retractions, withdraw representations and withdraw the advertising including those on Facebook.

[CLICK HERE](#) to see the finding and download related documents.

### Cipla head to leave

**CIPLA** Australia and NZ head Oskar Hakansson will leave the company on 21 Jul, with Wayne McMillen taking on an interim role as Officer in Charge until a permanent replacement is found.

### Norovirus webinar

**A FREE** Australian Pharmacy Council-endorsed pharmacist webinar focusing on the pathogenesis of norovirus, treatment of norovirus symptoms and preventative measures is being provided by Hydration Pharmaceuticals Trust.

To be held 14 Jul and 11 Aug from 7 pm AEST, the activity is accredited by APC for 0.75 hours of Group 2 CPD or 1.5 Group 2 CPD credits in total.

Ring 03 8629 2990 to book.



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#### Jobs of the Week

- **Pharmacist Manager** - North Coast, QLD (Job# 2010598)  
Shiny new pharmacy business, excellent restaurants and laid back lifestyle.
- **Pharmacist Manager** - Melbourne, VIC (Job# 2010659)  
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- **Pharmacist in charge** - New England, NSW (Job# 2010548)  
Small, rural country town - 5.5 days - all levels of experience considered.

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### New super guarantee

**THE** Australian Taxation Office (ATO) has reminded employers they need to increase the compulsory minimum super payments they make on behalf of eligible employees.

ATO Assistant Commissioner Emma Haines said the super guarantee rate increased from 9.25% to 9.5% on 01 Jul this year.

Small businesses are encouraged to use the ATO's free Small Business Superannuation Clearing House service to help meet their super guarantee obligations.

"If you have 19 employees or fewer, you can use this free service to pay your super contributions in one transaction."

[CLICK HERE](#) to read ATO's super guide.

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## Events Calendar

**WELCOME** to *Pharmacy Daily's* events calendar, opportunities to earn CPE and CPD points.

If you have an upcoming event you'd like us to feature, email [info@pharmacydaily.com.au](mailto:info@pharmacydaily.com.au).

**19-20 Jul:** Tasmanian Clinical Weekend; Hobart; see: [www.psa.org.au](http://www.psa.org.au)

**19-21 Jul:** Pharmacy Re-Entry Course "Refresher Training for Community Pharmacy"; Sydney; see: [www.psa.org.au](http://www.psa.org.au)

**22-23 Jul:** Pharmacy "Essential Financial Skills"; Sydney; see: [www.fmrcbusdev.com.au](http://www.fmrcbusdev.com.au)

**25-26 Jul:** Blackmores Institute Symposium: Integrating Natural Medicine Into Community Pharmacy - An Evidence-Based Approach; Sydney; more at: [www.blackmoresinstitute.com.au](http://www.blackmoresinstitute.com.au)

**26-27 Jul:** Medication Review Skills in Primary Care; Sydney; more at: [www.shpa.org.au](http://www.shpa.org.au)

**27 Jul:** Medicines Update 2014; Melbourne; more details at: [www.psa.org.au](http://www.psa.org.au)

**30 Jul:** Advanced Clinical Education Cardiovascular Seminar; Sydney; more at: [www.psa.org.au](http://www.psa.org.au)

**30 Jul-1 Aug:** The Pharmacy Management Conference; Surfers Paradise; more at: [www.pharmacyconference.com.au/](http://www.pharmacyconference.com.au/)

**9-10 Aug:** The Great Victorian Railway Tour; Melbourne; details: [www.psa.org.au](http://www.psa.org.au)

**10 Aug:** Managing Drug Interactions Seminar; Sydney; more at: [www.pharmeducation.com.au](http://www.pharmeducation.com.au)

**10 Aug:** Medicines Update 2014; Echuca; more details at: [www.psa.org.au](http://www.psa.org.au)

**11-14 Aug:** Health Informatics Conference 2014; Melbourne; more at: [www.hisa.org.au](http://www.hisa.org.au)

## 3 in 5 Aussies overweight

ROY Morgan Research's latest State of the Nation Spotlight on Health has found that around three in five Australian adults, or 11m, are overweight.

This was equal to a combined total of more than 180,000 tonnes of extra weight, up from 150,000 in 2008, Roy Morgan Research said.

The research used the Alere Wellness Index which has seven subindices including smoking, nutrition, medical and BMI health.

BMI and psych health had declined since the report was first launched in 2007, with those reporting anxiety increasing by about 6% to 15.6% in the 12 months to March, it said.

Anxiety had overtaken depression as the second most common mental health issue in Australia, Roy Morgan said.

Most Australians said they felt well or in good health, at 81%, but the wellness of the nation was "patchy", with not everyone feeling equally well, which correlated with age, gender and socioeconomic status, Roy Morgan Research ceo Michele Levine said.

The report found that of all illnesses, chronic fatigue syndrome had the most common adverse effect on overall wellbeing, with 62% of sufferers saying they didn't feel in good health.

The report found that the average

Australian suffers from 11 illnesses or conditions in an average year, relatively unchanged since 2008.

Just under half of Australians had private health insurance, a number which was growing, as was the population, Levine said.

The report uses data from the Single Source survey of more than 50,000 Australians annually.

## NPS on competition

**WHILE** opportunities exist for greater competition in the health sector which could streamline areas where there are gaps and inefficiencies, it would be important not to introduce unintended consequences such as duplication of services, NPS MedicineWise ceo Dr Lynn Weekes said.

Weekes was responding to a request for comment from the Competition Policy Review Secretariat seeking input on their latest review, adding that such duplications might have adverse effects on health outcomes and make the system more difficult for health consumers and clinicians to navigate.

One way to improve the competitiveness of social services was through better measurement of outcomes and identification of efficient practice, she said.

**CLICK HERE** to read the letter.



## DISPENSARY CORNER

**A ONE** pot shop.

Washington state has apparently issued the first retail marijuana licenses this week, meaning shops planning to sell cannabis to adults over 21 will be doing so legally.

Reportedly, officials expect to have more than 300 pot shops across the state, *Sapa-AP* reported.

At recreational marijuana shop Cannabis City, owner James Lathrop said he planned to open his store on Tuesday at noon, saying "Know your audience: We're talking stoners here", the publication reported.

Prices on the first day of sales were expected to reach \$25 a gram or higher, the publication reported.

**SOMETHING** here.

If, in the course of your pharmacy exams, you panicked and ended up writing 'fish' for every answer, you might sympathise with the entrants of the *Times Higher Education* magazine's yearly exam mess ups competition.

Worthy mentions went to one student who said Hitler's role in World War II was "often overlooked", to the student who submitted an accidentally expletive laden paper on the ozone layer when he misspelled 'aerosols' and to the student who said animal intelligence could be demonstrated by octopi, which were known to predict World Cup matches, the *Telegraph* reported.

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## Win a derma e® pack

This week *Pharmacy Daily* is giving five readers the chance to win a derma e® Pack.

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