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Monday 22 Jun 2015

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Friday comp winner

CONGRATULATIONS to Merril Wenlock from API, the winner of Friday's Milky Foot prize.

This week *Pharmacy Daily* and **Aromababy** are offering readers a gift pack starting today with NSW and ACT readers.

See page two for details.

At-home dialysis

TWO Queenslanders from the Biomedical Technology Services in Mackay have been awarded the Customers First Award for their work supporting dialysis patients by installing personalised home dialysis systems in patients' homes.

Peter Faltinsky and Matt Woodland said no two installations were the same and each required face-to-face interactions with patients to ensure they implement the right solution.

FDA strikes at fake drugs

IN WHAT has become an annual crackdown on the trafficking of illegal and counterfeit drugs (PD 26 May 14), the US Food and Drug Administration (FDA) has again collaborated with international regulatory and law enforcement agencies to take action last week against more than 1,050 websites that illegally sell potentially dangerous, unapproved prescription medicines and medical devices to consumers.

The action occurred as part of the Eighth Annual International Internet Week of Action, a global cooperative effort titled 'Operation Pangea VIII', led by INTERPOL, and resulted in 156 arrests worldwide, the FDA said.

Products originating from India, China, Hong Kong and Singapore were seized and included antidepressants, hormone replacement therapies, sleep aids, drugs to treat erectile dysfunction, and anticholesterol medications.

Devices included so-called colon-care products and dermal fillers such as "Dermafil hyaluronic acid dermal filler" and "Teosyal hyaluronic acid dermal filler" the agency reported.

The FDA also provides consumers with information to identify an illegal pharmacy website and advice on how to find a safe online pharmacy through 'BeSafeRx: Know Your Online Pharmacy' - CLICK HERE for access.

The UK Medicines and Healthcare Products Regulatory Agency (MHRA) announced a haul of £15.8 million worth of counterfeit and unlicensed medicines and devices have been seized in the UK as part of the global operation which in total inspected more than 150,000 packages.

These contained potentially harmful slimming pills, erectile dysfunction tablets, anaemia tablets and narcolepsy tablets, as well as unlicensed foreign medicines and fake condoms MHRA said

Julu.

THE Therapeutic Goods
Administration (TGA) Prescribing
Medicines in Pregnancy database
has been updated to include
ledipasvir and asunaprevir.

Meds in pregnancy

Existing database entries clonazepam and carmustine have been ammended.

CLICK HERE for details.

Women's heart health

CENTRAL to the Heart
Foundation's annual 'Go Red for
Women' campaign this year, the
charity has issued an alert to
health professionals and women
everywhere to take women's heart
health seriously.

National Heart Foundation spokesperson on women's health, Julie Anne Mitchell said it's a sad fact that every hour of every day we lose a woman to heart disease.

"Many people think that heart disease is an old man's disease, but the fact is heart disease doesn't discriminate; it affects all ages, men and women," she said.

"As a percentage, heart disease takes roughly the same amount of lives of both men (14 per cent) and women (12 per cent)," and yet "total healthcare expenditure on women with heart disease was less than half of that spent on men."

To support the Go Red for Women campaign **CLICK HERE**.

New anti-malarial Rx

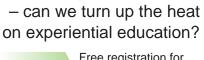
A NEW compound which could treat malaria while protecting people from the disease and preventing its spread, all in a single dose, has been developed by researchers at Dundee University in Scotland, with the details published in Nature.

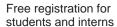
Preliminarily named DDD107498, the compound came out of the university's Drug Discovery Unit and the Medicines for Malaria Venture.

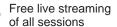
The drug opens a new breed of anti-malarial that could apply to many parasites, the authors said.

CLICK HERE for the abstract.

The secret ingredient







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Pharmacy

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Welcome to PD's weekly comment feature. This week's contributor is Teresa Hooper, Partner at JR Pharmacy.



Taking stock of performance

WELL it is stocktake time of year again and while tax may be a driver it is much more important to focus on the integrity of your results by ensuring you reconcile any differences with your POS.

Adopting this attitude and incorporating regular stocktakes with generally more than offset any wage costs.

Here are some tips to ensure it can be as accurate as humanly possible:-

- 1. Ensure all bonus stock has been accounted for in the POS prior to the count
- 2. Where there are any outstanding credits owing to you, keep a list of these and provide them to your accountant
- 3. Once the stock is counted ensure that this information is transferred in a timely manner to
- 4. Do not count lay-by stock as it is already sold
- 5. Mark all invoices that you receive post the stock count to ensure they are receipted as stock on hand correctly.
- 6. Conduct a few test counts with new staff prior to the actual count
- 7. Do not change the store layouts close to the stocktake, to avoid the stock not being counted

Lastly, but most importantly, keep the record of the stocktake safe outside the POS.

FDA REMS website

THE US Food and Drug Administration (FDA) has created a website explaining the Risk **Evaluation and Mitigation Strategies** (REMS), which are the controls that police the use for the most dangerous drugs approved for use in the country.

REMS are usually approved by FDA at the time of a drug's approval, and are required when "safety measures are needed beyond the professional labeling to ensure that a drug's benefits outweigh its risks," the FDA said.

CLICK HERE for the REMS site.

Child opioid overdose

OPIOID prescriptions for infants and children aged up to 36 months routinely contain potential overdose quantities according to work out of the Medical University of South Carolina and published in Clinical Pediatrics.

Medicaid prescription data from an 11 year period was examined to find that from 59,536 prescriptions to this age group, 2.7% contained potential overdose quantities and the average exess amount dispensed was 48% above what was expected.

CLICK HERE to access the study.

Medication transition

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PATIENTS being transitioned to and from hospital care are at high risk of suffering from medication errors ranging from minor discrepancies through to actual patient harm, according to a review article published in the Cleveland Clinic Journal of Medicine.

The article recommends a systematic routine for medication reconciliation to minimize errors, thereby preventing adverse drug events and improving patient

These transition moments are also highlighted as opportunities to address other medication-related problems, such as adherence, drug interactions, and clinical appropriateness, the authors said.

The article summarises the sort of preventable errors that occur.

CLICK HERE for the article.

'Miracle Mineral' alert

MIRACLE Mineral Solution products are being sold in New Zealand but are not approved medicines, Medsafe says.

They contain sodium chlorite, and industrial bleach and there is no evidence they are effective against pathogens in the body when the product is ingested, the agency said.

POTY winners share

PHARMACY of the Year 2015 winners will share their experiences in a 90-minute discussion in what has always been one of the most highly rated Pharmacy Business Network sessions - CLICK HERE.



HUMAN breast-milk fad risk. While breast milk has naturally been promoted as optimal for infant nutrition, it has now become an online purchasing fad among BodyBuilding, Palaeo and other fitness communities, fetishists and chronic disease sufferers, according to an article published in the Journal of the Royal Society of Medicine.

In the UK, breast milk ice cream is for sale while in the USA, a lollypop company sells a breast milk-flavoured sweet, said the authors.

Mostly though, the milk is sold to adults in its raw state and sellers can advertise with claims of benefits for the immune system, erectile dysfunction, nutrition and muscle-building.

The risks of drinking raw human milk are multiple the authors document: 93% of samples contained bacteria and 74% contain gram-negative bacteria, even infectious diseases, including cytomegalovirus, hepatitis B and C, HIV-1/2, HTLV-I&II and syphilis. **CLICK HERE** for the article.

COCAINE mammary implants. Still on the mother's milk theme, a 22 year-old Honduran woman was found to be carrying 1.5kg of liquid cocaine in her breast implants when she was arrested at the airport in Colombia's capital Bogota last week, reports Yahoo! News.

Implanted in West Columbia, the procedure apparently resulted not only in arrest, but also infection.

WIN WITH AROMABA

This week *Pharmacy Daily* and **Aromababy** are giving away a gift pack each day, including Bath Gel, Pure Hair Cleanse, Nappy Cream and natural healer Barrier Balm, valued at \$50.

Celebrating 20 years, Aromababy is Australia's first natural and organic baby skincare brand to use research as a guide in providing effective and safe formulations. Used in select hospitals and suitable for eczema and sensitive skin, Aromababy is well known as an affordable, pharmacy-focused alterative to mass produced baby care.



To win be the first from **NSW** or **ACT** to send the correct answer to the following question to comp@pharmacydaily.com.au

Is Aromababy a suitable alternative for babies with eczema?

Check here tomorrow for today's winner.

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