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INNER HEALTH PLUS

Wednesday 21 Oct 2015

Today's issue of PD

PHARMACYDAILY.COM.AU

New pharmacist reproof

Pharmacy Daily today has two pages of news, plus a full page from PARA'KITO.

Oprah buys 10% stake in Weight Watchers

US television giant Oprah Winfrey has purchased a whopping 6.4 million shares in Weight Watchers, or about 10% of the company.

Proving the irresistible power of celebrity, the move saw the company's shares more than double to US\$13.92 in one day - netting her a personal gain of around US\$70 million.

Although the share price has been declining for some years, it appears investors are betting that Winfrey's involvement with the brand signals a marketing push which could reinvigorate the operation.

Winfrey's personal fortune is estimated to be over US\$3 billion.

\$43m dementia budget

MINISTER for Health Sussan Ley and Minister for Education and Training Senator Simon Birmingham announced fellowships for 76 researchers amounting to \$43m in a bid to find a cure for dementia.

Ley said dementia was Australia's second leading cause of death and currently around 1.2 million Australians were involved in the care of someone with the disease. with the debilitating condition predicted to grow from 330,000 to over a million people by 2055.

A CANBERRA pharmacist who made a dispensing error just a month after being registered in 2012 has been reprimanded by the ACT Civil and Administrative Tribunal for unprofessional conduct following an incident in the Phillip Chemist Warehouse store.

Mandy Wang was found responsible for the accidental dispensing of Lanoxin (digoxin) 250mcg one bd instead of Lasix (frusemide) 250mg one bd as the prescription defined.

A high workload in the busy store was blamed as part of the problem, when the script which was laid out in the waiting area by one of the four dispensary technicians on duty at the time along with Wang and another registered pharmacist.

The patient concerned, who had chronic kidney failure from the age of three weeks and had had a kidney transplant in 2002, was consequently administered four times the normal dose of digoxin for a patient with renal impairment, resulting in severe toxicity with vomiting and diarrhoea.

The patient had ongoing problems

RGH E-Bulletin

"HOW common is flucloxacillininduced cholestatic hepatitis?" is the question posed by the RGH Pharmacy E-Bulletin this week. The bulletin covers the incidence,

implications and management of the condition - CLICK HERE.

Wake up to new Skin

This week Pharmacy Daily and Plunketts are giving away a John Plunkett gift pack each day including Glyco Peel and Crème Cleanser.

Wake up to radiant, smooth and glowing skin with John Plunkett Glyco Peel. Glycolics gently dissolve dull, damaged skin cells, without visible peeling, revealing brighter, clearer new skin with reduced lines, surface discolouration and visibly refined pores. Special 5-minute Facial pack consists of Glyco Peel and a trial tube of Collagen Lift Moisturiser which contains Matrixyl 3000 and Hyaluronic spheres to firm, plump and smooth your skin. Australian owned and made.



To win, be the first from WA to send the correct answer to comp@pharmacydaily.com.au

In which country are John Plunkett Cosmeceuticals made? Hint: visit www.johnplunkett.com.au Congratulations to yesterday's winner, Emily Keleher from Good Price Pharmacy.

from the medication including two weeks of sick leave from work.

Wang, who has repeatedly expressed remorse, said at the hearing that the mistake could have been prevented had "more rigorous dispensing procedures" been implemented at the pharmacy. The Pharmacy Board has ordered that Wang complete the Ethics and Dispensing in Pharmacy Practice course from the Pharmaceutical Society of Australia within nine months of the order.

Although the incident happened over three years ago the hearing was only concluded this week.

Opt-out PCEHR by 2017

WITH the passing of the optout PCEHR bill through the lower house, Australians may find themselves needing to opt-out of the Personally Controlled Electronic Health Record (PCEHR) rather than opting in by 2017.

Apart from checking on privacy elements of the legislation, the Labor opposition has indicated it will not block the passage of the bill in the upper house.

Uptake of the system currently based on an opt-in system has been slow, with only around 10% of Australians, or 2.4m, registered for a PCEHR as of 28 Aug, and only 55,000 shared health summaries in the system (PD 17 Sep 15).

MEANWHILE the New Zealand government has announced plans to build a single, national electronic health record (EHR) for all of its citizens, with a base platform to be up and running within three years, according to a PULSE+IT report.

All hospital and specialist services will also be measured against the HIMSS electronic medical record adoption model (EMRAM), and the system will include immunisations and health screening programs, the report said.

FDA ticks Coagadex

THE US Food and Drug Administration (FDA) has approved Coagadex, Coagulation Factor X (Human), for hereditary Factor X (10) deficiency.

Guild intern award

THE Pharmacy Guild Academy has opened entries for the Guild Intern of the Year 2015 award.

The accolade provides recognition to interns registered with the Guild Intern Training Program who "best demonstrate excellence in delivering patient-centred care and improving community health".

Key areas of focus include patient-centred practice; improving community health; innovative pharmacy practice; integrity, honesty and professionalism; and teamwork, communication and reliability.

Nominations close on 15 Jan 2016, with finalists to be announced in Feb before the winner is revealed at APP2016 on the Gold Coast, 17-20 Mar.

MIMS Australia is supporting the prize of a \$4,000 educational scholarship - for more information see guild.org.au/academy/interns.

MA interim chairman

WES Cook, md of Boehringer Ingelheim Australia, has been selected as the interim-Chairman of Medicines Australia (MA) at the first meeting of the new Board of **Directors following the Medicines** Australia Annual General Meeting in Sydney yesterday.

The decision to appoint a temporary Chairman follows the retirement of Dr Martin Cross and will allow the Board to conduct a thorough process to appoint a permanent replacement, the peak pharmaceutical industry body said in a release.

MA ceo Tim James said, "Wes is a well-known member of the innovative medicines industry and has been a Board Member of Medicines Australia since 2012.

"As interim-Chairman, Wes will continue to be a strong, effective advocate for our members and the industry

"I would also like to congratulate all Medicines Australia Board Members who were selected following the recently conducted members ballot."

The new Board was also announced at today's AGM and will serve until Oct 2017.

Pharmacy PHARMACYDAILY.COM.AU Wednesday 21 Oct 2015

EXPANDING NATIONALLY

For more information or to book a confidential meeting contact Feras Karem on 0414 653 803 or feras@pharmacy4less.com.au

PHARMACY

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Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

New Nozohaem – the gel that stops nosebleeds

Consumer healthcare company Luminarie has introduced Nozohaem, calling it the gel that stops nosebleeds. Available as a pack of 4x5ml individual use tubes, Nozohaem provides a quick and easy solution for the estimated 1.6 million Australians who suffer from regular nosebleeds. The tube of gel is applied directly to the bleeding nostril to help stop the bleed and aid in the clotting and repair of the burst blood vessel. Nozohaem can be used by children and pregnant/breastfeeding women, the company says.

Stockist: Symbion PDE 222275 RRP: \$24.99 Website: www.nonosebleed.com

Stops nosebleeds in moments

Nozohaem



Women's D-Stress from Blackmores

Blackmores Women's D-Stress is designed to help balance the body systems that respond to stress. It contains the herb Withania somnifera, traditionally used in Ayurvedic medicine as a restorative tonic for emotional exhaustion associated with stress. It provides nutrients that are in high demand during times of stress, the company says.

Stockist: 1800 803 760 RRP: \$29.99 for 60 tabs Website: www.blackmores.com.au

It's Christmas - the ulta3 nail polish Candy Cane is back

Back by popular demand, the ulta3 Candy Cane is the perfect Christmas treat - with zero calories. The ulta3 Candy Cane includes all the must-have nail polish colours for summer and the party season - lacy daisy, bright me, cherry taffeta, radiant orchid, over the rainbow, candy mohair, soft hydrangea, gossip, scarlet, show stopper. The ulta3 Candy Cane is an ideal gift or Christmas tree decoration!

Stockist: 1800 181 040 RRP: \$14.95 Website: www.heatgroup.com.au





New RosehipPLUS Organic Daily Cream Cleanser

RosehipPLUS Organic Daily Cream Cleanser is blended with pure RosehipPLUS Rosehip Oil. It gently removes make-up and impurities and contains jojoba and sea buckthorn to help maintain the skin's perfect moisture balance and radiance while dissolving the day's pollutants without irritating the skin and leaving it feeling soft and perfectly refreshed. The product is Australian Certified Organic and PETA approved.

the newsletter no liability can be accepted for errors or omissions. Information is published in good faith to stimulate independent investigation of the matters canvassed. Responsibility for editorial comment is taken by Bruce Piper.

Stockist: 1800 851 888 **RRP:** \$16.95 Website: www.rosehipplus.com.au

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GLOW-IN-THE-DARK forensics. Now you can protect your pharmacy assets with the latest

glow-in-the-dark technology. A CSIRO scientist who had his home broken into has developed a new crime scene identification technique to help fingerprint criminals, the company has revealed.

By adding a drop of liquid containing crystals to surfaces, investigators using a UV light are able to see invisible fingerprints "glow" in about 30 seconds.

The strong luminescent effect creates greater contrast between the latent print and surface enabling higher resolution images to be taken for easier and more precise analyses.

The work by CSIRO materials scientist Dr Kang Liang was published in Advanced Materials. CLICK HERE for the research.

A NEW ZEALAND man who's quite used to keeping alcohol at arms length has won a "beer stein holding competition".

The recovering alcoholic actually hasn't touched the stuff for 18 years, but took part in the contest after a friend invited him out for dinner in New Plymouth.

The challenge involved holding a full stein of beer above shoulder height with his arm straight, and he managed it for seven minutes.

Although Adam Hope's impromptu entry in the contest meant he didn't have time to do any training, he said his experience when he was a drinker had put him in good stead.

"I think I did all my training for it two decades ago," he said.

Ironically Hope won tickets to an Oktoberfest function, and said he would be giving them away to a friend because "I would have got a bit brassed off at all the drunks".

Pharmacy

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