



J&J pays \$70m for SE

JOHNSON & Johnson's Janssen Pharmaceuticals has been ordered by a Pennsylvania court to pay US\$70m in damages to a young man who developed size 46DD breasts after taking the company's antipsychotic drug risperidone.

The court found J&J "intentionally falsified, destroyed, or concealed records" to hide the side effect.

CLICK HERE for the *BMJ* abstract.

Urgent prevention call

THERE is an urgent need for the government to invest in a national skin cancer awareness and prevention campaign before the healthcare burden becomes unsustainable, Cancer Council Australia said today.

The call follows new data in an Australian Institute of Health and Welfare report 'Skin cancer in Australia' showing an increase in the number of Australians diagnosed with skin cancer.

Cancer Council Australia ceo, Professor Sanchia Aranda, said while she welcomed the findings showing a drop in melanoma rates in Australians aged under 40, a longstanding underinvestment by the government in prevention campaigns was a concern.

"The good news is that melanoma rates in younger Australians are dropping," Aranda said.

"The bad news is that the overall number of skin cancer cases and the health system costs continue to rise – despite skin cancer being our most preventable common cancer." The Cancer Council argues that

Australia spends more than \$1b per year treating skin cancer, and costs are "increasing substantially over the past few years ... yet there has been no significant investment at the federal level since 2007."

Aranda said a 63% increase in melanoma hospitalisations over the past 11 years and 39% for non-melanoma hospital visits further reflected the increase in the cost.

"Whichever way you look at it, prevention is better than cure," Professor Aranda emphasised.

CLICK HERE to access the report.

Statins & cancer risk

DAILY ingestion of statin medication can halve the risk of dying from cancers, according to new British research presented to the European Society of Cardiology conference in Florence this week.

Almost 23,000 cancer patients were studied and results mirrored the body of previous work that had found statins reduce the risk of breast cancer returning by up to 50%, prostate cancer by 47%, bowel cancer by 30% and a 22% lower risk for lung cancer patients.

Win with Bosisto's

This week Pharmacy Daily and Bosisto's are giving away each day a Bosisto's EucoSteam Inhaler combo and EucoSteam Inhalant 200mL.

Bosisto's EucoSteam Inhaler is a portable and easy way to use warm steam inhalation for colds & flu. Just fill the lightweight inhaler with hot water (adding Bosisto's Inhalant for soothing eucalyptus vapours) and inhale the steam to help clear nose and chest congestion. Naturally soothing relief, anytime, anywhere.



More info at www.bosistos.com.au
To win, be the first from WA to send the correct answer to the question to comp@pharmacydaily.com.au

Name one benefit of this product over old-fashioned ('bowl & towel') steam inhalation.

Congratulations to yesterday's winner, Wei Jiang from Sunnybank Hills Medical Centre Pharmacy.

1st pharmacist CDE

AUSTRALIA'S first pharmacist to qualify as a Credentialed Diabetes Educator (CDE) in Adelaide, Kirrily Chambers (pictured), has won the top award in South Australia, the title CDE of the Year in SA.

Chambers, herself a type 1 diabetes patient since the age of 10 years, was initially credentialed in Jan 2009, and now works as a CDE in a community NDSS pharmacy supporting people living with diabetes.



HPS director appt

PHARMACY services provider HPS has announced the appointment of Alan Tuxford to the new role of Director of Pharmacy Practice.

HPS chief operating officer Jeremy Stones has said he is confident HPS clients and its network of pharmacies will benefit by Tuxford's appointment.

Sweeteners fail

CONSUMING artificial sweeteners can make you feel hungry and cause you to actually eat more, a new comprehensive study co-led by the University of Sydney and published in *Cell Metabolism* has revealed.

"After chronic exposure to a diet that contained the artificial sweetener sucralose, we saw that animals began eating a lot more," said lead researcher Associate Professor Greg Neely from the University of Sydney's Faculty of Science.

"When sweetness versus energy is out of balance for a period of time, the brain recalibrates and increases total calories consumed," he explained.

Did you know that goat's milk contains prebiotic oligos which are structurally closer to breast milk*

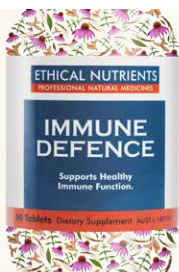


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* When compared to standard cow's milk. Source: Urashima and Taufik, 2010.



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Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au



Dispensary Corner

I'M SO hipster that I only take my lattes blue.

Yes, a vegan cafe in Melbourne's St Kilda went there.

The 'smurf' latte (pictured below) contains a mix of lemon, ginger agave, coconut milk and wait for it... live blue algae.

The blue algae is purportedly a superfood which is a relief because we thought it was something toxic found in stagnant lakes.

This live algae is promoted as containing over 65 vitamins, minerals, amino acids and essential fatty acids.

Drink up!



AUSTRALIAN celebrity chef and paleo crusader Pete Evans has decided sunscreen is "a recipe for disaster".

Wait, we thought that was sunburn.

Nope, he has gone on the public record saying sunscreen is a "silly" thing for people to put on their skin with every smothering doing you damage.

"People put on normal chemical sunscreen then lay out in the sun for hours on end and think that they are safe because they have covered themselves in poisonous chemicals which is a recipe for disaster," he said.

The Cancer Council isn't too impressed with his remarks, nor are melanoma survivors, including ABC radio host Mark Colvin who tweeted him a frank message - you can see and read it [HERE](#).

Oli6 Dairy Goat Formula Range

Breast milk is the most beneficial nutrition for baby, however when mum chooses to move on to formula or supplement breastfeeding, **OLI6 Dairy Goat Formulas** are now available from selected pharmacies nationally. These nutritionally balanced, minimally processed, gentle formulas are produced by Australian-owned Goat Nutrition Australia. Oli6 retains naturally-occurring vitamins and minerals found in goat's milk - magnesium, calcium, vitamin A and vitamin C - as well as prebiotic oligosaccharides which may be beneficial to digestive health.

Stockist: 02 8878 9777

RRP: \$37.95 ea

Website: www.oli6.com.au



Trilogy Rosapene Night Cream

Designed to work with the skin's own natural process of regeneration, which occurs while we sleep, Trilogy **Rosapene Night Cream** delivers intensive nourishment to leave skin radiant, smooth and healthy. Suitable for all skin types, the blend combines fragrant notes of frankincense, calming rose petal and energizing geranium. The composition is also lightweight yet lavishly thick in moisture and quickly sinks into the skin without leaving an oily residue.

Stockist: 03 9533 1336

RRP: \$46.95

Website: www.trilogyproducts.com

Sukin Super Greens Nutrient Rich Facial Moisturiser

This outstanding Sukin original is a light weight daily moisturiser enriched with actives of kale, spirulina, chlorella and parsley to promote a healthy looking complexion. Sukin **Super Greens Nutrient Rich Facial Moisturiser** contains acai and goji berry extracts which impart antioxidants to the skin while rose hip, avocado and jojoba lock in moisture, and a burst of cranberry provides an invigorating scent to refresh the senses.

Stockist: 1300 858 898

RRP: \$12.99 for 125mL

Website: www.sukinorganics.com



ArmaForce by Bioceuticals

ArmaForce is a comprehensive formula combining the herbal and nutritional ingredients andrographis, echinacea, olive leaf, vitamin C and zinc. Complementary medicines company Bioceuticals states that this product has been scientifically formulated to provide relief of symptoms and decrease the duration of upper respiratory tract infections and colds while at the same time supplying nutritional support for healthy immune function.

Stockist: 02 9080 0900

RRP: \$33.95

Website: www.bioceuticals.com.au

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