

Did you know that goat's milk contains prebiotic oligos which are structurally closer to breast milk\*



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Please contact Pharmabroker 02 8878 9777

\* When compared to cow's milk. Source: Urashima and Taufik, 2010.

FIND OUT MORE

## PATY finalists named

THE top 20 pharmacy assistants in each state and territory of Australia have been named, as part of the 2016 Pharmacy Guild of Australia / GuildSuper Pharmacy Assistant of the Year Award (PATY).

PATY national judge, Kathy Knack said the calibre of nominees was particularly high this year.

"Over 580 pharmacy assistants were nominated for the award, and it was extremely hard to choose just 20 finalists for each state and territory.

State finalists are invited to a workshop in their state capital city where a state representative is chosen with the National Finals held at the Pharmacy Assistant National Conference in Oct.

The National Pharmacy Assistant of the Year Winner wins more than \$10,000 in cash and prizes.

**CLICK HERE** for the finalist list.

## Review report out today

THE long-awaited discussion paper from the Review of Pharmacy Remuneration and Regulation is expected to be released today, with the review panel also confirming details of a national round of consultation sessions.

"The Review Panel is committed to consulting broadly to gain

an extensive view of pharmacy in Australia and the factors contributing to patient health outcomes and the quality use of medicines," according to an update on the review website.

The report warns that some stakeholders will see parts of the discussion paper as "contentious and provocative" - a deliberate move because "in order to properly analyse the current system of pharmacy remuneration and regulation, existing approaches must be critically examined.

"While many parts of the system will stand up to such close scrutiny, other parts may be revealed as inadequate and in need of reform."



The paper will pose a total of 140 questions - many of them controversial - seeking comment on such issues as location rules, pharmacy business models, dispensing fees, the current wholesaler CSO model and even whether Community Pharmacy Agreements are necessary at all.

The review

website also now details the public forums to be held in metropolitan and regional centres from 01 Aug to 07 Sep 2016.

The evening events, taking place from 7-9pm in each location, will take place in Perth, Adelaide, Broken Hill, Melbourne, Hobart, Launceston, Canberra, Wagga Wagga, Albury-Wodonga, Cairns, Brisbane, Sydney, Broome, Darwin and Alice Springs.

The public consultations will culminate in a "national interactive live webcast" which will be broadcast from Canberra on the evening of 07 Sep.

Stakeholders wishing to attend any of the events are asked to email the review secretariat on [pharmacy.review@health.gov.au](mailto:pharmacy.review@health.gov.au) with the location of the forum they wish to attend, the number of participants attending and whether they are a pharmacist or consumer.

The panel, which is chaired by Industrial Economist, Professor Stephen King (pictured above) says it will provide its Final Report by Mar 2017.

## New boxed warning

THE US Food and Drug Administration (FDA) has slapped a boxed warning on the labelling requirements for fluoroquinolone antibacterial drugs for systemic use on the basis that the drug is associated with disabling and potentially permanent side effects of the tendons, muscles, joints, nerves, and central nervous system that can occur together in the same patient.

As a result, clinicians will only be able to prescribe fluoroquinolones for use in patients who have no other treatment options for acute bacterial sinusitis, acute bacterial exacerbation of chronic bronchitis and uncomplicated urinary tract infections because the risk of these serious side effects generally outweighs the benefits in these patients.

For details see [www.fda.gov](http://www.fda.gov).

## NZ research project

THE Health Research Council of NZ has allocated funding of more than NZ\$1.2 million for a research project examining the impact of recent government reforms to community pharmacy services.

The project is led by Professor Jackie Cumming, who said "we know very little about the extent to which we're succeeding in extending the role of community pharmacy in NZ, nor about the impact of reform".

## Ill health hotspots

A NEW report from the Grattan Institute has highlighted 63 localities in Vic and Qld which have had "potentially preventable hospitalisation rates" at least 50% higher than the state average.

The report says it's "unacceptable place-based inequality and a warning sign of system failure," noting that the high hospitalisation rates are widely spread, not necessarily linked to lower socio-economic areas and can involve concentrations of quite different diseases - see [grattan.edu.au](http://grattan.edu.au).

## Enbrel biosim by 2017

MSD and Samsung Bioepis have announced the approval of Brenzys (etanercept), a biosimilar of Pfizer's immunology medicine Enbrel, by the Ministry of Food and Drug Safety (MFDS) in Korea.

The biosimilar will be indicated for treatment of rheumatoid arthritis, psoriatic arthritis, axial spondyloarthritis and psoriasis in adult patients (18+ years).

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## SHPA summit wraps up

**THE** two-day Society of Hospital Pharmacists of Australia Future Summit finished yesterday, with delegates formulating several "robust recommendations to support the ongoing development of the profession".

According to SHPA ceo Kristin Michaels, the outcomes will provide guidance to the organisation on significant emerging developments such as electronic medical records and medications management.

"Participants began work on a road map for the role SHPA should play in shaping the digital and technological landscape... plans were also developed to build capabilities and talent within the profession and to assist

communication of workforce issues to all stakeholders," she said.

SHPA federal president, Professor Michael Dooley, said the event had been an outstanding success.

"It has also been great to have people from outside pharmacy add a diversity of ideas, thoughts and opinions to our process...this type of collaboration will underpin ongoing enhancements in the quality of medicines management and health care within Australia's hospitals," he said.

### New Pharmacy House

**THE** Pharmaceutical Society has broken ground on its new Pharmacy House development project in Canberra (*PD* 08 Dec 2015).



It's literally just a hole in the ground at this stage (**above**) according to a tweet from the PSA yesterday which also solicited donations to the Pharmacy House Building Fund - [psa.org.au](http://psa.org.au).

### Haemochromatosis

**PHARMACISTS** are being invited to be part of the upcoming Haemochromatosis Awareness Week, taking place 08-14 Aug.

Haemochromatosis is the most common genetic disorder in Australia, with about 2.5% of people of northern European origin having the genetic risk of the condition which sees them absorb too much iron from their diet.

The ailment tends to be under-diagnosed - for more details see [haemochromatosis.org.au](http://haemochromatosis.org.au).

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### Aspirin a panacea?

**NOT** really of course, but the amazing derivative of the willow tree bark, acetylsalicylic acid, first sold in 1899, is now being tested for a range of medical conditions associated with inflammation.

Already recognised for mild pain and inflammation relief as well as post stroke antiplatelet activity, a new large-scale Australian primary prevention study is examining the potential for the product to prevent multiple inflammatory-related end-points from heart disease, to diabetes, to bowel cancer, to osteoporosis, reports the *SMH*.

ASPREE, the acronym for the Australian study that involves 16,500 over 70s plus a few thousand in the USA is the largest study ever conducted in this country and one of the largest in the world.

Results are expected in 2018. Professor Michael Berk, of Deakin University said: "Until recently the inflammation was thought to be a result of the illnesses ... Research now focuses on the theory that, at least in part, the inflammation actually causes the problems in the first place."

Other conditions being investigated include depression, macular degeneration, hearing loss, Alzheimer's, osteoarthritic knees, infections, and even snoring, but the researchers have warned that some negative effects on the gut need to be monitored.

### Pharmacy HIV tests

**PHARMACIES** could be selling home HIV test kits without a prescription as soon as next year if trials which will start within a few months earn Therapeutic Goods Administration approval, *Fairfax Media* has reported.

Estimated to retail at between \$15 to \$20, the finger-prick test has been demonstrated in European studies to be 99.8% accurate, Australian company Atomo Diagnostics ceo John Kelly said.

HIV advocates and researchers are keen to promote self-testing because "there are thousands of people with HIV in Australia who do not know they have the virus" but early detection would lead to early treatment almost completely removing further infection from the agenda.

Associate Professor Rebecca Guy from the Kirby Institute at the University of New South Wales said a recent study of 362 men at higher risk of getting HIV, showed self tests doubled the frequency of testing in a year.

"Self-testing has particular value for people who are at risk of HIV who may not attend clinics as much as they need to or who may not attend clinics at all," Guy said at the AIDS 2016 conference in Durban.

HIV self-tests are already available direct to consumers in the UK, US and France and are supported by both the NSW and Victorian AIDS Councils.

### Win with Dreambaby®

This week *Pharmacy Daily* and Dreambaby® are giving away each day 2 packs of four Strollerbuddy Stroller Clips and a Stroller Hook.



Dreambaby® Strollerbuddy Stroller Clips, available in new season colours including, purple, pale blue, green, orange, grey and pink are fun, attractive and have so many functions to help you and your little one enjoy a day out and about! The

Dreambaby® Stroller Hooks (RRP\$8.95) are stylish and built to last, lightweight and versatile. The soft yet heavy-duty handle clips easily onto just about every stroller handle and won't slide around.

To win, be the first from WA to send the correct answer to the question to [comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)

What would you use Dreambaby Strollerbuddy Stroller Clips for?

Congratulations to yesterday's winner, Yen Hua from Healthyworld Pharmacy Riverlink.

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## Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email [newproducts@pharmacydaily.com.au](mailto:newproducts@pharmacydaily.com.au)



## Dispensary Corner

**WE WERE** under the impression that the tooth fairy left presents, not threats.

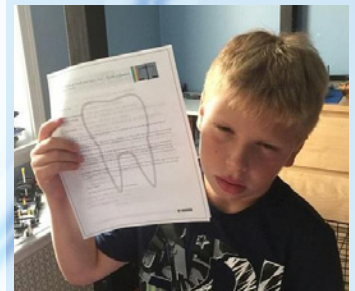
Not all tooth fairies are the friendly kind though, as one Philadelphia boy (pictured below) has learned.

Along with \$5 for his fourth molar, he was left a sinister note, threatening to take his remaining teeth if he doesn't do his chores.

The letter which claimed to have been sent from 'The Offices of Tooth and Fairy, LLC -- Tooth Adjusters' noted that his "obligations have frequently gone uncompleted, and often have to be requested multiple times".

"If these obligations are not fully completed we will have no recourse but to repossess all of your remaining teeth, by force if necessary, with no repayment to you," it continued.

Way to scare the little bloke. Apparently he was not amused, but his parents certainly were.



**OUCH!** A new report from the UK claims high heels are costing British businesses £260 million a year as women take sick leave for problems caused by the spikes in the first place.

Reasons listed against wearing high heels included them being detrimental to a woman's feet and spine and even having a serious impact on a woman's "ability to think properly, ability to breathe properly and ability to carry out an executive presence".

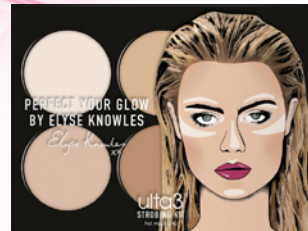
### New Ulta3 Perfect Your Glow Strobing Kit

Ulta3's new **Perfect Your Glow Strobing Kit** is a six-shade palette that delivers into your hands the hottest beauty trend going around - strobing. Favoured by celebrities like Kendall Jenner and the ultimate glowing goddess JLo, strobing is all about creating an illuminated complexion that is radiant, dramatic and brings a lit-from-within look. The kit contains two cream highlighter shades, two powder highlighters and two blush powders - the palette can be cross-coordinated to soften or intensify your look.

Stockist: 1800 181 040

RRP: \$14.95

Website: [www.ulta3.com.au](http://www.ulta3.com.au)



### Gaia Natural Baby Powder

GAIA **Natural Baby Powder** is talc-free and helps absorb excess moisture in baby's skin folds and nappy area. The powder contains organic lavender to soothe and calm skin, and can be used to comfort nappy rash, chafing, dribble rash, and other irritations. This offering is available in both 100g and 200g presentations in a soft and gentle plastic packaging. New on shelf from 01 Jul 2016.

Stockist: 03 9703 1707

RRP: \$8.95 100g, \$13.95 200g

Website: [www.gaiaskinnaturals.com](http://www.gaiaskinnaturals.com)

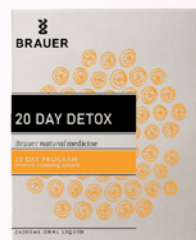
### Brauer 20 Day Detox

Brauer **20 Day Detox** is a 20-day detoxification program that can help to reduce bloating and aid digestion, particularly during times of overindulgence. It includes homeopathic ingredients, including mountain grape, charcoal and silica, which can help assist detoxification and relieve wind, constipation and symptoms of overindulgence. Always read the label and use only as directed. If symptoms persist, see your healthcare professional. This is a homeopathic product based on traditional evidence for the temporary relief of symptoms.

Stockist: 1300 308 108

RRP: \$34.99

Website: [www.brauer.com.au](http://www.brauer.com.au)



### Baby's Soothing Bubble Bath by Jurlique

Jurlique **Baby's Soothing Bubble Bath** is a light, gentle, transparent gel that cleanses baby's skin, leaving it soft, calm and comfortable. The bath contains lavender essential oil that helps to calm the baby. It contains cleansing, purifying, balancing, hydrating and soothing soap bark extract, rosemary, horsetail, chamomile and birch. Complementary active ingredients in the bubble bath include soy protein, glycerine, honey and macadamia and jojoba oils. Shake before use. Use sparingly to create gentle bubbles.

Stockist: 1800 805 286

RRP: \$22.00

Website: [www.jurlique.com.au](http://www.jurlique.com.au)

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Street address: Suite 1, Level 2, 64 Talavera Rd, Macquarie Park NSW 2113 Australia

P: 1300 799 220 (+61 2 8007 6760) F: 1300 799 221 (+61 2 8007 6769)

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**Publisher:** Bruce Piper [info@pharmacydaily.com.au](mailto:info@pharmacydaily.com.au)

**Reporter:** Mal Smith

**Contributors:** Nathalie Craig, Jasmine O'Donoghue, Bonnie Tai

**Advertising and Marketing:** Magda Herdzyk, Sean Harrigan, Melanie Tchakmadjian

[advertising@pharmacydaily.com.au](mailto:advertising@pharmacydaily.com.au)

**Business Manager:** Jenny Piper [accounts@pharmacydaily.com.au](mailto:accounts@pharmacydaily.com.au)

