Pharmacy

Wednesday 29 Jun 2016

PHARMACYDAILY.COM.AU

Fred NXT Head Office Centralised data management to efficiently run your business FREDIN

Very rare genetic disease Rx funded

INFANTS and children with a rare inherited genetic disease known as hereditary tyrosinaemia type 1 (HT-1) can now receive Orfadin (nitisinone from Menarini) under the Life Saving Drugs Program.

With an incidence of only one or two babies each year diagnosed with the multiple organ failure disease, the drug offers new hope of infants living well past the normal five year standard.

The special funding has been in effect since 01 Jun.

Folic acid and iodine in bread effective

MANDATORY fortification of bread with folic acid (in Australia) and iodine (in Australia and NZ) has led to improved health outcomes, particularly for teenagers and Aboriginal and Torres Strait Islander women, according to a new report from the Australian Institute of Health and Welfare (AIHW).

The report Monitoring the health impacts of mandatory folic acid and iodine fortification shows that the increase in folic acid and iodine in the food supply since the introduction of mandatory fortification has resulted in "notable health improvements".

CLICK HERE to access the report.

Codeine debate reignited

WITH the government shortly set to issue its decision on OTC products containing codeine (PD 29 Mar), a WA pain specialist has issued a statement outlining why he believes the items should not be available over the counter.

Professor Stephan Schug, Director of Pain Medicine at Royal Perth Hospital and Chair of Anaesthesiology at the University of WA, claims there is no evidence of benefit from current products only harms such as addiction and overdose - and there are safer, more effective alternatives.

Schug argues there is almost no evidence of effectiveness of low dose codeine in combination with either ibuprofen or paracetamol.

He also says under the current arrangements the easy availability of codeine containing medicines is not limited or monitored well at all.

Two new orphans

THE TGA has added two items to its list of designated orphan drugs.

The additions include stiripentol (Diacomit) from Emerge Health for the treatment of severe myoclonic epilepsy in infancy, and midostaurin (Rydapt) by Novartis for the treatment of a specific type of acute myeloid leukaemia.

Visit www.tga.org.au for details.

Chinese meds guide

THE Chinese Medicine Board of Australia has posted new 'Guidelines for safe Chinese herbal medicine practice' on its website.

The new guidelines will take effect from 12 Nov 2017, giving a two year transition period since a 2015 consultation report was released.

The Board said the guidelines address a policy gap by providing clear guidance for practitioners, to make sure there is clarity and transparency about the expectations of those providing Chinese herbal medicine services.

A user guide and nomenclature compendium are also available.

CLICK HERE for more information.

"Surveys of pharmacists and codeine dependent people seeking OTC codeine illustrate a number of difficulties managing the safe

supply of OTC codeine analgesics. "It is unreasonable to expect a pharmacist will be able to detect codeine dependence based solely on a customer's appearance," Professor Schug added.

The Pharmacy Guild is currently rolling out its MedsASSIST system which aims to help pharmacists monitor consumer use of codeine products to ensure effective use, with the government decision on codeine promised after Jun 2016.

Immunisation Advantage

ADVANTAGE

Group pharmacists including ceo Steven Kastrinakis (pictured) are now fully accredited to provide immunisation services to prevent influenza and whooping cough.

Kastrinakis said this enables all Advantage pharmacists to offer a convenient

and accessible service to keep families and individuals protected. "We saw it as critical for our

pharmacists to be some of the first trained to deliver immunisations in the state of Victoria," he said.

Each pharmacist in the group has now undergone a full training program with Advantage Pharmacy professional services manager and

PSA approved immunisation trainer, Amal Kehila.

Kehila says the pharmacists have found the training both engaging and rewarding, "knowing they are leading the expanding role of pharmacists."

The Advantage move follows Victorian approval for accredited pharmacists to administer adult influenza and whooping cough vaccinations (PD 21 Jun).



Win with Nexcare™ Brand

Every day this week Pharmacy Daily and Nexcare Brand are giving away a prize pack valued at over \$40.00 that includes Nexcare™ Waterproof Assorted and Medium sized Bandages, Nexcare™ Blister Waterproof Bandages and Nexcare™Absolute Waterproof Tape.

The Nexcare Brand Waterproof range includes:

Nexcare Waterproof Bandages: watch Nexcare Nana tackle water, dirt and germs whilst wearing Nexcare Waterproof Bandages



Nexcare Blister Waterproof

Bandages: winner of the Wound Care category in the 2016 Product of the Year Award by Nielsen; as voted by 14,422 household consumers

For more information CLICK HERE.

To win, be the first person from WA to send the correct answer to the question to: comp@pharmacydaily.com.au

In which year has Nexcare™ Blister Waterproof Bandages won Product of the Year in the Wound Care Category?

Congratulations to yesterday's winner, Katy Duldig from the Pharmacy Guild of Australia.





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Dispensary

Corner

RESEARCHERS in Canada have

found playing simple card games such as Snap, Rummy or Go Fish can help stroke patients' recovery.

The scientists wrote up their

findings in a paper published in

Lancet Neurology, with the study

aiming to work out whether new technologies such as virtual reality

or game consoles were more

useful for stroke rehabilitation.

141 patients who had recently

suffered a stroke were split into

simple games while others used Nintendo Wii consoles.

After ten one-hour sessions of

activity over a two week period

improvements were seen in both

groups equally, the study found.

Hospital in Toronto, Canada, said

while there is a tendency to think

that technological solutions are

activities were just as effective. Interestingly playing bingo was also found to be helpful for many

of the stroke victims' treatment.

FORGET those in-store birthday

celebrations - a leading British

dentist has slammed so-called

"cake culture" at work, saying it is

fuelling obesity and dental issues.

Professor Nigel Hunt spoke at

annual dinner, saying that for

many people the workplace is now the "primary source of their

it difficult for those trying to

urging smaller quantities and

consider other alternatives

sugar intake".

along with lunch.

the UK's Royal College of Surgeons

He said cakes at work also make

lose weight or become healthier,

suggesting they only be consumed

"Ideally office workers should

altogether like fruit platters, nuts

or cheese," the fun-sucker added.

better, in this case the simple

Lead researcher, Dr Gustavo

Saposnik from St Michael's

two groups - some playing the

Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

Trilogy Hydrating Mist Toner

A refreshing burst of moisture, **Hydrating Mist Toner** from Trilogy is useful for more than just completing a cleansing routine. This uniquely hydrating product creates a flawless coverage by spritzing on the foundation brush before application of the base and also over make-up to create a dewy look. The gentle, alcohol-free aromatic mist helps to tighten pores and refresh and stimulate the skin, while balancing and supporting the skin's natural pH level, leaving a soft silky feel wherever applied.

Stockist: 03 9533 1336

RRP: \$26.95

Website: www.trilogyproducts.com



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1000 Hour Eyelash & Brow Dye Kit - Natural Black

1000 Hour **Eyelash & Brow Dye Kit** gives no smudge permanent colour for eyelashes and brows that lasts for four to six weeks. Quick and easy to use, it produces beautiful, professional results in three easy steps. It is waterproof, economical, safe and effective and gives a more natural look than mascara. This product is also available in Blue-Black, Brown-Black and Dark Brown, bringing a semi-permanent solution to those unsightly grey hair giveaways of ageing.

Stockist: 02 9526 0777

RRP: \$18.95

Website: www.1000hour.com.au

Colour by TBN Gotham Greys

Colour by TBN **Gotham Greys** is a nail kit that contains five moody nail polish shades inspired by the hard streets of Gotham. The nail polish features scratch-proof, quick to dry, salon quality formulas. Shades include Here Comes the Bridge, Gaga for Glitter, Black Beauty, Polar Bear and Jail Bird. Whether the scene is loud or gentle, the range of gross to subtle shades across Gotham Greys will match the

mood, complementing any choice of clothing and makeup, from outrageous

to simmering.

Stockist: 1300 765 332

RRP: \$9.99

Website: www.colourbytbn.com.au

GOTHAM GREYS

Allergy Oral Spray from Brauer Natural Medicines

Brauer Natural Medicine Allergy Oral Spray helps to relieve the symptoms of allergies and chemical



sensitivities. The formula includes homeopathic pasque flower, nettle, silver nitrate and sodium chloride to relieve allergy symptoms such as itching, bloating, sneezing, nasal and sinus congestion, and indigestion. It comes in a convenient oral spray bottle. This is a homeopathic product based on traditional evidence for the temporary relief of symptoms, says Brauer.

Stockist: 1300 308 108

RRP: \$18.99

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