

## Today's issue of PD

*Pharmacy Daily* today has two pages of news, plus a full page from **Para'Kito**.

## APC free seminar

**THE** Australian Pharmacy Council has announced an "Open Seminar for Pharmacists" set for 29 Sep 9am-11am.

Kirstie Galbraith AdvPracPharm, Advanced Practice Credentialing Committee member, will present the free seminar with a focus on identifying and developing a pharmacist's professional practice area of expertise and building a portfolio.

The session takes place at Canberra's Hotel Kurrajong prior to the Evaluator training workshops.

Places are limited and registration is open until 26 Sep.

Registration is by email: [advanced.practice@pharmacycouncil.org.au](mailto:advanced.practice@pharmacycouncil.org.au).

## Vic guideline delay

**THE** Victorian Pharmacy Authority says it now expects revised guidelines to be finalised by 01 Oct, a month later than originally planned after consideration of feedback on draft guidelines which were released on 01 Jun 2016.

Amendments have been made as a result of the consultation, with the VPA confirming the existing guidelines, dated 01 Sep 2015, will remain current until publication of the revised document.

## Life span at all-time high

**LIFE** expectancy in Australia is at an all-time high of 80.3 years for males, while females can expect to live for 84.4 years, according to Health Minister Sussan Ley, referencing the latest two-yearly national health report card from the Australian Institute of Health and Welfare (AIHW).

"Australia's health 2016 shows us that about 85% of Australians rate their health as good, very good or excellent," she said.

However the rise of chronic diseases "still presents challenges in achieving equal health outcomes for Indigenous Australians and people living outside metropolitan areas," she added.

AIHW ceo Barry Sandison said, "We are living longer than ever before, death rates continue to fall, and most of us consider ourselves to be in good health".

However the influence of lifestyle factors on a person's health was a recurring theme of the report.

"13 out of 100 of us smoke daily, 18 drink alcohol at risky levels, and 95 do not eat the recommended servings of fruit and vegetables.

"And while 55% do enough physical activity, 63% of us are overweight or obese," Sandison said.

Socioeconomic factors also impacted quite directly on health: "every step up the socioeconomic ladder is accompanied by an increase in health," Sandison said.

Indigenous Australians also continue to have higher rates of many diseases, such as diabetes, end-stage kidney disease and coronary heart disease, the report said, also identifying rural and remote area dwellers who find accessing medical support difficult, having lower life expectancy and higher rates of disease and injury.

Ley said managing chronic conditions and their impact on Australia's health system remained one of our greatest challenges.

"The report shows that half of Australians have a chronic disease – such as cardiovascular disease, arthritis, diabetes or a mental health disorder," Ley said, adding that the Health Care Homes initiative (PD 01 Apr 16) is designed to help those with chronic conditions remain healthier and out of hospital.

**CLICK HERE** for the AIHW report.

## Know your rights

**PHARMACISTS'** union group Professional Pharmacists of Australia urges employee pharmacists to familiarise themselves with the working conditions and wages set out in the Pharmacy Industry Award and the National Employment Standards especially for internships.

Reports of interns being told to work in an unpaid capacity just to "get a foothold" have prompted the union to highlight that the award covers minimum pay and employment conditions for all pharmacists, including interns.

## Gollmann relaunched

**PHARMACY** automation provider Gollmann International has relaunched its business in Australia, this time as a wholly owned subsidiary of the German parent company Gollmann Kommissionersysteme GmbH.

Gollmann pharmacy robots were previously available in Australia under the then Gold Cross-endorsed Gollmann-Bouw joint venture which had administrators appointed 18 months after it was established (PD 21 Jul 2010).

The company's sixth generation of state-of-the-art dispensary robots is now available in Australia - for details see [www.gollmann.com.au](http://www.gollmann.com.au).

## Pharmacist sentence

**A NEW** York pharmacist has been sentenced to almost four years in prison in relation to a US\$5 million health system fraud.

Andrew Barrett was convicted of billing the government for prescriptions he didn't dispense and using the money for business and personal expenses.

"Instead of using his pharmacist license to provide valid relief to those in need, Andrew Barrett used it as a license to steal from publicly funded health care programs and then lied about it on his tax returns," said US Attorney Loretta Lynch at the indictment.

## Para'Kito specials

**PARA'KITO** is offering discounts of up to 8% on counter units for its mosquito repellent bands - for details see **page three**.

## WIN WITH BETAHEART

This week *Pharmacy Daily* and BetaHeart are giving away each day a BetaHeart pack.

BetaHeart is a healthy oats and barley drink that tastes great and is high in betaglucan, which is scientifically proven to reduce cholesterol. Simply add one sachet a day to low fat milk, your favourite smoothie or water and enjoy! Our tasty 8-week Swiss chocolate and French Vanilla BetaHeart kit, will get you started for a healthier heart. For more information see [www.betaheart.com.au](http://www.betaheart.com.au)

To win, be the first person from WA to send the correct answer to the following question to [comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)

**What flavours does BetaHeart come in?**

Congratulations to yesterday's winner, Danika Caldwell from FRED.



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\*In combination with a balanced diet with healthy fats.

**NEW**





The July 2016 release of the Children's Dosing Companion has expanded its coverage on doses for drugs used in hospital and in neonates. This update includes a number of new monographs and other changes.

For more information go to [www.amh.net.au](http://www.amh.net.au).



## Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email [newproducts@pharmacydaily.com.au](mailto:newproducts@pharmacydaily.com.au)

### New pharmacy product for tension headache and migraine - Cefaly from SciGen

As part of 2016 Headache and Migraine week, and the media and medical promotion around this week, you may get enquiries about **Cefaly**, a new non-drug device (described as a TENS device) for treating and preventing migraine and tension headache, and now available for pharmacy to sell or rent. The Cefaly headband positions an adhesive electrode to the forehead generating precise micro-impulses to the trigeminal nerve: it is well tolerated, easy to use, has a rapid effect and has been shown in clinical trials to provide definitive improvement in 87% of users and reduce acute anti-migraine drug intake by 75%, SciGen says. Some health funds offer significant rebates.

Stockist: 1800 676 833

RRP: \$440.00

Website: [www.cefaly.com.au](http://www.cefaly.com.au)



### Mater Nappy Balm - wins Silver in the International Business Awards

This unique product has been recognised in the category of Best New Product or Service of the Year: Health & Pharmaceuticals Product, in the recent 2016 International Business Awards (Stevie® Awards), for providing innovation in the baby skin care market. **Mater Nappy Balm** formulation closely replicates the vernix, the naturally occurring substance produced in the womb to form a protective barrier repelling wetness while maintaining breathability and moisturising baby's skin, making for a drier, smoother bottom and a comfortable, happy baby.

Stockist: 1300 162 837

RRP: \$7.99 for 100g

Website: [www.matermothers.org.au](http://www.matermothers.org.au)

### New Pressed Mineral Eyeshadow Duos from Inika

After two years in development, Inika proudly introduces **Pressed Mineral Eye shadow Duos**, delivering the healthiness of mineral eye shadow with the performance of a pressed powder, without the harmful chemicals. These pressed eye shadows feature high performance dual colours that are rich in pigment, crease-proof and long lasting. The duo shades, available in seven combinations, complement each other giving eyes an instant "wow".

Stockist: 03 8544 8000

RRP: \$39.00 ea

Website: [www.inika.com.au](http://www.inika.com.au)



### New Rapid Wrinkle Repair Anti-ageing Day SPF-15 Moisturiser

Neutrogena says it has been revolutionising the use of retinol in daily skincare products for over 20 years and was the first to transform this highly potent ingredient into a pure, stabilized form that was gentle enough for everyday use. Rapid Wrinkle Repair Anti-ageing Day SPF-15 Moisturiser prevents and repairs skin from visible signs of ageing during the day with this SPF-15 broad spectrum moisturiser.

Stockist: 1800 678 380,

RRP: \$39.99

Website: [www.neutrogena.com.au](http://www.neutrogena.com.au)



## Dispensary Corner

**BURGERS**, chips, pickles and even Mars Bars have been deep fried in the never-ending human quest for disgusting cuisine - but this one really tops the lot.

An American (where else) chef has come up with a way to deep fry water, suspending it in a "gelatinous membrane" coated in flour, egg and breadcrumbs.

Jonathan Marcus then suspended the mixture in hot peanut oil at around 200°C before it was ready to eat.

However there wasn't a lot of point, with Marcus describing the outcome as "the blandest" thing he had ever fried.

A demonstration video ([CLICK HERE](#)) also warns viewers not to try this at home, because "if water leaks out while the sphere is frying in hot oil, it may explode sending scalding oil everywhere".



**FIRST** aid of a different kind was needed in Brisbane this week when a woman noticed her goldfish was choking on a pebble.

The fish, which Emma Marsh purchased for \$12 about a year ago, was struggling after swallowing the rock and she left no stone unturned in a quest to save the creature's life.

Emma rushed it to her local vet where the experts dripped anaesthetic into the water until it fell asleep - then using forceps to extract the lodged stone.

The *Courier Mail* reported the operation was a complete success but cost \$500 - almost exactly the same as the value of the weight of the 13g fish in gold.



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12pc PARA'KITO™ Kids bands display stand	\$29.95	7699	232262	200154
12pc PARA'KITO™ Refill display stand	\$19.95	445487	128406	165589

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