



Today's issue of PD

Pharmacy Daily today has two pages of news including our regular Health & Beauty feature.

Guild real-time call

THE Pharmacy Guild of Australia has called for mandatory adoption of a real-time recording system for many medicines, following the Australian Institute of Health and Welfare report (PD yesterday) showing a "disturbing" 24% spike in prescriptions for opioids between 2010-11 and 2014-15.

This rise was driven by a 60% increase in prescriptions for oxycodone, the Guild said.

According to Guild national president George Tambassis, "These figures and the findings of the report are a wake-up call that governments and health professionals need to work together to implement real-time monitoring as a matter of urgency".

"Demonstrably there is a need for mandatory national real-time recording of medicines which are subject to abuse and dependence or cause harm.

"Such a real time recording system must operate across pharmacies and doctors' surgeries to be effective...greater vigilance and better exchanges of information among health professionals is also clearly needed," the Guild president added.

Tambassis noted that the data in the report was based on a time frame pre-dating the Guild's rollout of the MedsASSIST real-time recording system for medicines containing codeine.

Trading templates

THE Pharmacy Guild of Australia has developed templates for Trading Hours Signs and Public Holiday Notices which are now available for pharmacies to download and customise to suit their needs during the upcoming public holiday periods.

The documents are available after logging into guild.org.au.

The Vic Guild has also advised it will be closed for business from 25 Dec through to 01 Jan 2018.

MedAdvisor 6CPA capability

LISTED medications adherence specialist MedAdvisor has enhanced its PlusOne platform to enable data collection requirements for professional services under the Sixth Community Pharmacy Agreement.

The new functionality, which has been introduced ahead of the 01 Feb 2018 deadline for the introduction of pharmacy data collection, allows pharmacies to record all required information for Dose Administration Aids, MedsChecks and Diabetes MedsChecks at both the point of initiation and follow-up.

PlusOne, which was launched earlier this year as a rebranded pharmacy software solution

SHPA, PSS alliance

THE Society of Hospital Pharmacists of Australia (SHPA) has announced a renewed alliance with the Pharmacists' Support Service.

The new Memorandum of Understanding will see SHPA boost its funding to the service by more than 50% over three years, as well as collaboration between the organisations to deliver the inaugural SHPA "Wellness at Work" webinar series from Feb 2018 - six online sessions taking place throughout the year.

There will also be a special one-off webinar on World Mental Health Day, Wed 10 Oct 2018.

Siri or pharmacists?

SIRI, the in-built "digital assistant" on the IOS (Apple) system has given very poor direction when it comes to health advice, according to BMJ's Christmas special, highlighting the need to consult a qualified health professional for evidence based answers, especially for sexual health matters.

While the research out of the University of Otago, New Zealand, said digital systems including Siri and Google Assistant gave relatively poor advice, an ordinary Google search often gave useful information.

CLICK HERE for the research.

combining the features of MedAdvisor and Healthnotes, already supports data collection for Staged Supply.

"The all-in-one Medication Management, Patient Communications and Professional Services platform allows pharmacies to record 6CPA programs and other services such as flu vaccinations, leave certificates and more," said MedAdvisor ceo Robert Read.

He said the 6CPA funded programs play a critical role in community pharmacy.

"The new data collection requirements will further demonstrate the value that pharmacy services provide for both patients and the health care system," Read added.

He said the speed and simplicity of the software's professional services feature had been positively received, while ongoing development of the system will "bring new services and revenue opportunities to pharmacy, as well as automation capabilities to drive consumer demand".

All pharmacies currently subscribed to Plus One will have access to the new data collection capabilities from 01 Feb 2018, with pharmacist training commencing next month.

Epic Pharmacy win

EPIC Pharmacy has been appointed as Healthscope's pharmacy service partner for the listed company's Northern Beaches hospital development in Frenchs Forest, New South Wales.



This new hospital will be operated by Healthscope under a Public Private Partnership arrangement with the NSW Government, commencing operations on 30 Oct 2018 with 488 beds.

The facility will deliver care to both public and private patients, significantly expanding the services currently available in the region.

The relationship between Epic and Healthscope includes a full pharmacy service from dispensing to clinical services, imprest, retail and chemotherapy compounding, delivering across the entire hospital for both public and private patients.

Epic Pharmacy ceo Andrew Reid said the facility will include a state-of-the-art pharmacy service including robotic dispensing.

The hospital is currently under construction and when operational next year, the existing state-run Manly and Mona Vale public hospitals will transfer acute services to the new facility.

CW pads up for juniors



CHEMIST

Warehouse (CW) has announced it is again sponsoring the Michael Clarke Coaching Clinics to be held in Sydney next month, designed to "prepare and inspire the next generation of Australian cricketers".

The clinics are priced at \$90 per person and will run on Mon 22 Jan from 9am tp 3pm at Bankstown Memorial Oval and on Wed 24 Jan at Glenn McGrath Oval, Caringbah.

Boys and girls aged 6-16 will be trained by Clarke and his fellow coaches at their respective levels.

Former international representative cricketer and Australian

Captain Clarke says, "My goal is to help eager boys and girls learn and develop all the skills they need to be successful junior cricketers in a fun and entertaining environment.

"I'm really excited to again partner with Chemist Warehouse and am looking forward to seeing the whole community get involved."

A BBQ lunch will be provided by CW as well as a bag of goodies for every participant to take home.

Aspirants can register by visiting chemistwarehouse.com.au/mcclinic.



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Pharmacy Daily

Dispensary Corner

POOR sleep causes memory to fail in older people, and improving the quality of sleep could restore recall as well, a new study suggests.

The research from the University of California, Berkeley, demonstrated a link between the ability to recall information, and the quality of nightly sleep, suggesting that if sleep could be improved, the effects of dementia might be reduced too.

While its exact purpose is unclear, sleep helps us consolidate memories, and it signals the brain's 'sewage system' to kick in and remove toxins in the body.

The research team are currently working on using electrical brain stimulation to give people a healthy sleep by restoring deep brain waves.

If successful, the team believe they might be able to restore the memory-forming abilities of older adults as well.

WITH five sleeps to Christmas, research suggests that having a real Christmas tree increases your risk of getting sick.

Several papers have found similar results, including a key 1970 publication by Dr Derek M. Wyse in the *Canadian Medical Journal* which reported that 6% of allergic people saw a spike in symptoms when they had a Christmas tree in their home.

The cause is linked to mould spores from Christmas trees, with an analysis of 28 tree clippings finding 70% of 53 mould species were harmful to humans.

Luckily for us, Christmas is in summer and not winter.

Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

New adjustable Hobart Gro-Gate

Suitable for openings 76-122cm / 30-48in with a gate height of 81cm/32in, the adjustable **Hobart Gro-Gate** from Dreambaby is erected with a simple one-hand operation and works at the bottom or the top of stairs. This product has an adjustable length without extensions, and has no base bar so as to create a clear pathway with no tripping. It comes with an optional one-way stopper included, secure hardware mounting and can be extended up to 220 cm/ 86.15in with 2 gates joined together. This product arrives in the new year.



Stockist: 02 9386 4000

RRP: \$59.95

Website: www.dreambaby.com.au

Scunci 30pc On The Go Hair Kit



For that last minute Christmas option, this is the perfect stocking stuffer. Scunci 30pc **On The Go Hair Kit** is a complete hair accessory kit that contains a range of essentials to ensure hair looks straight out of the salon, stays in place, unruffled by wind, rain or hats. Scunci 30pc On The Go Hair Kit contains a full range of handy hair bands, brilliant bobby pins, helpful hair

elastics, trendy head wraps and a jaunty jaw clip. This gift is perfect for someone on-the-go or travelling this holiday season.

Stockist: 1800 650 263

RRP: \$12.95

Website: www.scunci.com.au

Party Feet Invisible Gel Heel Cushions

Ready to support the Christmas end-on-end party hopping scene, Scholl **Party Feet Invisible Gel Heel Cushions** are inner sole cushions that provide invisible gel cushioning relief for under the most severely punished heels. The clear gel cushions are slim and discreet, and are designed with adhesive technology to help stay firmly in place even in the highest of high heels. As a cost-saving bonus, Scholl Party Feet Invisible Gel Heel Cushions are re-usable.



Stockist: 1800 226 766

RRP: \$9.95

Website: www.scholl.com.au

Max Factor Masterpiece Nude Palette



Max Factor **Masterpiece Nude Palette** is created to contour and define eyes for a nude eye look.

The silky smooth, baked formula has a high concentration of pearls and pigments, for superior colour payoff and shine. It is enriched with skin conditioners and emollients for smooth colour and texture. Available in two variations: Glow contains highlighting shades to accentuate features, highlight the eyes and create an ethereal glow while Tonal can be used to create smoky eyes with subdued tones, shape and structure.

Stockist: 1800 812 663

RRP: \$34.95

Website: www.maxfactor.com.au