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1. ACA Research, Australia, Jan 2017 n=141 GPs



#### Topical anaesthesia of skin prior to

- ° Insertion of IV catheters
- Blood sampling
- ° Vaccination
- Superficial surgical procedures, including split skin grafting



#### Topical anaesthesia of

- The skin prior to insertion of IV catheters, blood sampling, vaccination, superficial surgical procedures, including split skin grafting.
- <sup>2</sup> Leg ulcers to facilitate mechanical cleansing and debridement.
- <sup>°</sup> Genital skin prior to superficial surgical procedures or infiltration anaesthesia.
- ° Skin prior to minor superficial cosmetic procedures

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Tuesday 06 Jun 2017

Sunday penalty transition

#### Today's issue of PD

*Pharmacy Daily* today has two pages of news plus a front cover page from **emla**.

#### Sugary drinks all fail

**SUPPORTING** yet another medical call for a tax on sugary drinks, a new study has shown that the same branded drink, such a Coca-Cola for example, sourced from different countries can contain different types of sugar, but are still all "horrible and we should be avoiding them".

The Baker Heart and Diabetes Institute compared the sugar content of sugary drinks in Australia, Europe and the US finding sugar cane in Australian drinks, corn syrup in the US and sugar beet in European drinks.

University of Melbourne Head of the Islet Biology and Metabolism Research Group Associate Professor Sof Andrikopoulos said, "It's really interesting research.

"What I'd like to know now is whether the US is seeing a higher incidence of liver disease or dyslipidaemia than we do in Australia, due to higher concentrations of fructose in these drinks," he said.

But overall, he doubts one type of sugar – fructose or glucose – is any better than the other, saying "Whichever way you look at it, these types of sugar-sweetened beverages cannot be good for you."

Diabetes Australia ceo Professor Greg Johnson said the study was particularly important for those at risk of type 2 diabetes - **CLICK HERE** for the *MJA InSight* article. **THE** new arrangements for the Pharmacy Industry Award for employees' Sunday remuneration involve a multi-year transition phase during which the penalty rates will progress from 200% on Sundays down to 150%.

The Fair Work Commission (FWC), in announcing the transitional arrangements yesterday, said that the transition for the pharmacy sector would be implemented in four stages over 48 months.

A spokesperson for the Guild said the proposed transitional arrangements "reflect a balanced approach and are a reasonable outcome...the Guild accepts the umpire's decision.

"As advocates for pharmacy small businesses, the Guild had sought a shorter transition period with two stages, Jul 2017 and Jul 2018."

The Guild went on to say it believed the FWC had weighed the evidence and submissions and taken a conservative, balanced approach to the transition to cushion the impact of the penalty rate reductions by spreading them over a prolonged period.

"This is a reasonable approach to what is an important long-term structural reform to our labour market," the Guild said.

"This transition will enable community pharmacies to consider opening longer hours on Sundays, providing enhanced access to medicines and pharmacy services for patients, and more job opportunities for their staff." The FWC will commence the transition from 01 Jul moving full-

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time and part-time employees from 200% to 195%, then annually 195% to 180%, 180% to 165% and finally in 2020, 165% to 150%.

Casual employees have a similar 15% per year reduction over the four year period from 225% down to 175%.

Union group Professional Pharmacists Australia said it "does not agree with this decision and will continue to campaign to attempt to get politicians to legislate to restore the current existing penalties."

"We will continue to campaign with pharmacy owners to remind them that they don't have to apply this decision and that they should continue to pay existing penalties to their employee pharmacists."

#### EMA SME R&D push

YOU'VE heard of Big Pharma - now the European Medicines Agency (EMA) is promoting the concept of what could be called Small-to-Medium Pharma, launching an action plan to support Small and Medium Enterprises (SMEs) in developing novel drugs.

"In the pharmaceutical sector SMEs are a motor of innovation and play a major role in the development of new medicines," the EMA said.

The new action plan covers four key areas including engagement with universities and investors; training and education; supporting new drug development through maximising SME use of regulatory tools; and participating in EU initiatives to support SMEs.

#### emla from Aspen

**ASPEN** Pharmacare is showcasing the new pricing for its emla topical anaesthetic which is ideal for a range of applications including catheter insertion, blood sampling, superficial surgical procedures and vaccinations - see the **cover page**.



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**AROUND** 60 Dutch children may one day sue their mother's IVF doctor, possibly on the grounds that they should not exist, according to the BBC.

Fertility clinic physician Jan Karbaat is suspected of using his own sperm to father scores of children at the IVF centre he ran.

His clinic was closed in 2009 in the face of reports of exceeding the maximum permitted number of six children per donor, with allegations of falsification of data, analyses and donor descriptions.

Parents are seeking clarification, with DNA from Karbaat's son so far revealing 19 possible matches.



VANDERBILT University researchers in the US have found that those who participate in a religious activity have better heart health and lower stress levels. A key indicator studied was

'allostatic load' which looks at heart health (blood pressure and cholesterol levels), nutrition and metabolic measures such as BMI and waist-hip ratios.

Marino Bruce, the Baptist minister and behavioural scientist who conducted the study, said whether it was worshipping at a church, a temple, mosque or synagogue, the sense of community and participation in a being higher than ourselves was a key factor, along with "the idea of compassionate living whereby we try to improve the lives of others as well as be connected to a body larger than ourselves".

Tuesday 06 Jun 2017

#### QCPP changes coming

THE Pharmacy Guild this morning confirmed previously announced changes to the Quality Care Pharmacy Program (QCPP) which become effective from 01 Jul.

The current 18 elements of the program have been reduced into "five intuitive domains" (PD 03 Feb 2017) which aim to support business growth and encourage continuous quality improvement and innovation.

The five key domains include business management and governance, human resources, premises, infrastructure and stock, customer experience, and pharmacy services.

QCPP endorsed assessors will spend time understanding how each pharmacy business operates, and then their feedback will focus on the strengths and positive observations in each pharmacy.

The revised QCPP requirements follow feedback from participating pharmacies as well as input from business, management and pharmacy experts, the Guild said.

The QCPP Knowledge Hub is currently undergoing revisions to allow comparison between the current program and the revised QCPP - see www.qcpp.com.

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#### **Conditions confirmed**

THE Queensland Civil and Administrative Tribunal has refused an application by an unnamed pharmacist, who requested a stay of conditions imposed by the Pharmacy Board of Australia.

The case was heard on 08 May, following a Board decision late last year which ruled the pharmacist posed a serious risk to the public due to Alcohol Use Disorder.

The pharmacist, who is also a pharmacy proprietor, suffers from multiple sclerosis, and conditions were imposed restricting the practitioner to managerial and administrative duties.

Last month the pharmacist filed an application seeking a stay of a condition requiring regular blood testing for substance abuse and treatment from a GP, psychiatrist and neurologist; a condition restricting the taking of other than prescribed substances; and requiring any pharmacist working with the practitioner to have sighted the conditions.

However after considering submissions the tribunal ruled the conditions imposed by the Board were still relevant, and would at worst cause embarrassment to the pharmacist.

## Guild Update

#### Spreading the flu jab word

**COMMUNITY** pharmacies increasingly are becoming well-recognised providers of vaccination services, particularly the influenza vaccine. Guild Learning and Development is partnering with Segirus in an online course, titled 'Encouraging the uptake of influenza vaccination in your pharmacy', which will help pharmacists refresh their knowledge of key immunisation concepts.

This course reviews the pathophysiology, incidence, and associated morbidity and mortality of influenza infection in Australia, lists the patient groups who are at risk of influenza infection and those who are eligible to receive the influenza vaccine under the National Immunisation Program.

This activity has been accredited for 1 hour of Group 1 CPD (or 1 CPD credits), suitable for inclusion in an individual pharmacist's CPD plan, which can be converted to 1 hour of Group 2 CPD (or 2 CPD credits) upon successful completion of relevant assessment activities. To enrol in this course please

visit www.myCPD.org.au

Please contact Guild Learning and Development on 03 9810 9930 or email learninganddevelopment@ quild.org.au for more information.

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What products are included in the DB Pro Brow Kit?

Congratulations to yesterday's winner, Gayleene Chapman from Health Focus Pharmacy.

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