

GROUP 3 ACTIVITIES OFFER PHARMACISTS MORE REWARDING CPD



It's worth remembering that certain types of continuing professional development (CPD) activities can earn 3 CPD credits per hour.

Not all education is created equal. Research shows that undertaking activities that involve quality improvement, self-reflection and self-assessment are of higher value. This type of learning experience is recognised as a Group 3 activity and accredited with the highest rate of CPD credits per hour.

When you enrol in a Group 3 activity you'll not only be participating in an enriching and high quality learning experience, you'll also be earning more CPD credits for each hour you invest.

April marks the half-way point of the CPD year, which makes it a good time to review your plan, reflect on what you've already achieved and seek further relevant learning opportunities. If you're not on track to reaching your required 40 credits for this year, a Group 3 activity may be just what you're looking for.

For example, by completing just one NPS MedicineWise Pharmacy Practice Review, where you reflect on 10 encounters with patients, you can earn 24 CPD credits. That's 60% of your annual requirement in just one activity!

Pharmacy Practice Reviews from NPS MedicineWise are free and suitable for inclusion in an individual pharmacist's CPD plan. They focus on common conditions, ensuring they are relevant to most pharmacists. More recent topics include:

- ▶ **COPD:** demonstrating devices, evaluating medicines
- ▶ **Depression:** Supporting quality use of antidepressants
- ▶ **Type 2 diabetes:** a patient-centred approach
- ▶ **Chronic pain:** opioids and beyond, supporting a multimodal approach

You can find out more at
nps.org.au/cpd/professions/pharmacists