

Today's issue of PD

Pharmacy Daily today has two pages of news, our Spring Spotlight feature plus full pages from:

- HMR Healthcare
- MIMS monthly update

Spring Spotlight

TODAY'S issue has the first of this year's *Pharmacy Daily's* Spring Spotlight features on **page three**, highlighting a range of products to help pharmacy customers through the season.

Juno joins GBMA

THE Generic and Biosimilar Medicines Association has added Juno Pharmaceuticals as its newest member, with GBMA chair Allan Tillack saying the expansion is recognition of the "strength and leadership" of the organisation.

Juno ceo Mark Crotty, who is a former chair of GBMA when he was local vice president of Hospira, said joining the association was part of Juno's plan for growth.

Industry Award changes

CHANGES to the Pharmacy Industry Award approved by the Fair Work Commission will become effective next Mon 11 Sep, including more flexibility for pharmacies to employ school students in part-time roles.

New regulations allow for engagement of school students for a minimum of two hours (rather

than three hours) between 3.00pm and 6.30pm on school days.

The student and their parent/guardian must consent, and the student must be supervised.

Other changes highlighted by workplace relations specialists Employsure include the removal of junior rates of pay for Pharmacy Assistants Levels 3 and 4, meaning that any junior employees classified as a Level 3 or 4 Pharmacy Assistant will be entitled to receive the adult rate of pay.

Minor amendments have been made to clarify some ambiguity around payment of overtime and to confirm that casuals may be required to work reasonable overtime at overtime rates.

Staff classified as Pharmacy Assistant Level 4 may now be given annual salaries, but must not be paid less than they would otherwise have received (such as overtime and penalty rates) and a record of hours worked must be kept & countersigned by the employee.

Elections close Fri

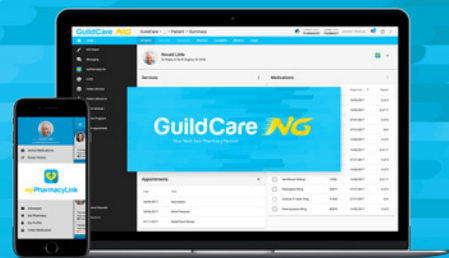
BALLOT papers in the hotly contested NSW Guild Branch Committee officebearers election must arrive at the Australian Electoral Commission by this Fri 08 Sep to be counted as valid votes.

Yesterday's issue of *Pharmacy Daily* showcased one of the groups contesting the poll, with the other ticket including current Branch President Rick Samimi who is supporting Catherine Bronger as National Councillor and Paul Jones for Branch Vice President and National Councillor.

Portable Platform

Access GuildCare NG anywhere, anytime from your browser

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Gary Dunne to leave

SIGMA Healthcare Limited has announced the departure of chief operating officer Gary Dunne, as part of a "re-shaping" of the company's organisational structure.

Changes will see Sigma's business reconfigured around three key platforms - Customers, Operations and Group Services - to "deliver greater clarity and purpose, and to simplify the way we support and service our customers and other business partners," said Sigma ceo and md, Mark Hooper.

Dunne has been a key contributor to developing the new strategy, Hooper said, and had "decided that now is the right time for him to pursue opportunities elsewhere".

Hooper said Dunne had been Sigma's chief operating officer for more than six years and had contributed significantly to the company's turnaround and growth.

"The changes we are making now are about driving that performance and customer centric culture in a way that will support the next wave of success for Sigma," Hooper said.

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Dispensary Corner

DON'T start already!

Why is yawning so contagious? University of Nottingham scientists say there are mixed results from research but agree that it is a common form of echophenomena - the automatic imitation of someone else's words or actions, a trait found in Tourette's and some other conditions such as epilepsy and the autism spectrum.

The 'excitability' of the primary motor cortex has been implicated as a factor and understanding this may help manage unwanted effects in patients with some of these 'excitability' disorders.

Even seeing the **picture below** will trigger some people.



ARE you a hedonist?

A lot of us are, not surprisingly, but it's not all about sex, drugs and rock'n'roll apparently - and it may be good for your health.

According to one definition, a hedonist is someone who tries to maximise pleasure and minimise pain.

This can be as simple as savouring a good cup of coffee, playing in fallen leaves, enjoying moments of connection with friends or just cuddling the dog, according to Southern Cross University psychologist and academic Desirée Kozlowski writing in *The Conversation*.

Simple pleasures can boost our health and well-being, she says. **CLICK HERE** for more.

Pharmacy games grow

VICTORIA'S Pharmacy Social Society has announced a significant expansion of the "summer games" competition to include all major Melbourne public hospital groups.

The expansion will see hospital pharmacy staff compete in a friendly rivalry across three

disciplines: indoor soccer, beach volleyball and lawn bowls

Started in 2016/17 as a friendly competition between the pharmacy departments of Eastern Health, Western Health, Melbourne and Alfred, this year other institutions expected to participate include Royal Children's, Royal Women's, Austin, St Vincent's, Peter Mac, Northern Health and Monash.

Convenor Chirag Lodhia told PD participants must be a current staff member of their respective hospital so pharmacists, directors, technicians, secretaries, interns and students are all eligible.



Families and supporters are also encouraged to attend, with the indoor soccer event taking place at Albert Park from 6pm on Fri 17 Nov.

Beach volleyball is at South Melbourne on Sat 20 Jan at 11.30am, while the tournament is rounded out with lawn bowls at City

Gardens from 10am on 18 Mar.

SHPA is sponsoring the event which will raise funds for the Cancer Council - more details on chirag.lodhia@easternhealth.org.au.

Female domination

THE latest quarterly registration data released last week by the Pharmacy Board of Australia (Apr-Jun 2017) shows women comprise 61.9% of the pharmacist population.

There are 30,630 registered pharmacists in total, with higher proportions aged 25-29 and 30-39 - more at pharmacyboard.gov.au

WIN WITH DESIGNER BRANDS

This week *Pharmacy Daily* and Designer Brands are giving away each day their DB Sheer Radiance Tinted Gel Moisturiser in Light/Medium and Medium/Dark.

The perfect oil-free alternative to cakey foundations and CC Creams, for light to medium coverage that doesn't feel heavy on the skin. This tinted formula works to create the perfect 'no-makeup-makeup' look and glowing skin. Vitamins A, C & E keep skin hydrated and looking fresh. Aloe Vera and Green Tea soothe skin and reduce redness. **CLICK HERE** to find out more.

To win, be the first person from QLD to send the correct answer to the question to comp@pharmacydaily.com.au

How many shades does the Sheer Radiance Tinted Gel Moisturiser come in?

Congratulations to yesterday's winner, Zoe Diplos from Webstercare.



Guild Update

Codeine communications and training

THE Pharmacy Guild of Australia welcomes the opportunity to work with the Pharmaceutical Society of Australia on training and communications to support pharmacists on the upscheduling of pain relief medicines containing codeine leading up to 1 February 2018 and beyond.

Federal Government support, signed off by Federal Health Minister Greg Hunt last week, will allow the Guild and PSA to develop and deliver education, training, information and communications for community pharmacies, staff and patients nationally to enable a smooth transition to the upscheduling of codeine.

Both the Guild and PSA are committed to ensuring that community pharmacies and the pharmacist profession have rigorous, clinically-safe and patient-focused solutions in place to enable this change, which will have an impact on an estimated one million patients in 2018.

PSA and the Guild will collaborate to develop a comprehensive training package which includes five online modules encompassing protocols and procedures for pharmacists and pharmacy staff. Communication activities are also proposed to support community pharmacies to transition from codeine towards a broader 'pain management' approach, and to enable them to inform and support their patients.

Spring spotlight



Pharmacy Daily's Spring spotlight is your guide to all the essential products for the change of seasons.

To feature here email advertising@pharmacydaily.com.au.

Rose-Hip Vital® with GOPO Joint Health \$59.95 RRP

Get more active over springtime and keep your joints moving without aches and pains by taking a daily dose of Rose-Hip Vital® with GOPO Joint Health capsules. Made from 100% pure and natural rosehip fruit, it's a scientifically and clinically tested anti-inflammatory, powerful antioxidant and natural source of vitamin C. Taken daily it may relieve symptoms of mild arthritis and osteoarthritis by helping joint mobility, aches and pains. Rose-Hip Vital with GOPO is free from wheat, dairy, gluten, sugar, shellfish, lactose, GM ingredients and preservatives.

For more info visit: www.rosehipvital.com.au or contact Andrew Balbissi (andrew.balbissi@therosehipspecialists.com.au)



Australia's No.1 in Sinus Irrigation From \$12.95 RRP

Flo Sinus Care is Australia's no. 1 sinus irrigation designed to relieve nasal and sinus congestion from hay fever, allergies and colds. It's gentle, preservative-free, isotonic formulation helps wash away excess mucus and airborne irritants, especially useful prior to medicated nasal sprays. Flo Sinus Care is available in four pack sizes: Flo Sinus Care Starter Kit (bottle & 12 sachets) RRP \$12.95, Flo Sinus Care Refill 20 (sachets) \$12.95, Flo Sinus Care Refill 50 (sachets) \$19.95 and Flo Sinus Care Refill 100 (sachets) \$29.95.

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Always read the label. Use as directed. Consult your healthcare practitioner if symptoms persist.



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Tel: 1800 777 648

Email: orders@healthworld.com.au



RosehipPLUS® Organic Daily Cream Cleanser \$16.95 RRP

Kiss cold weather goodbye and reverse winter damaged skin with the award-winning RosehipPLUS® Organic Daily Cream Cleanser. Blended with pure and natural RosehipPLUS® Rosehip Oil, and a combination of Jojoba and Sea Buckthorn oils, this cream cleanser works to deeply nourish, moisturise and rejuvenate dry and dehydrated skin. It gently removes make-up and impurities from the day, leaving skin feeling hydrated and refreshed, ready for the warmer weather ahead! The RosehipPLUS® Organic Daily Cream Cleanser is Australian Certified Organic and PETA Cruelty Free and Vegan approved.

For more info visit: www.rosehipplus.com.au or contact Andrew Balbissi (andrew.balbissi@therosehipspecialists.com.au)

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770-537	025801	Charge-Thru	AquaSense Bath/Shower Bench/Seat With Back, Height Adjustable	
770-626	025852	Charge-Thru	AquaSense Raised Toilet Seat with lid, 10.2 cm	
785-500	024996	Charge-Thru	AquaSense Bath Mat With Massage Zones	
BC600	025755	Charge-Thru	Bridge Medical 4" Tile Grip Telescoping Portable Grab Bar 38-46cm	

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New Products

- **Kanuma (sebelipase alfa rce)** is a recombinant human lysosomal acid lipase (rhLAL). Lysosomal acid lipase deficiency (LAL-D) is a rare disease associated with significant morbidity and mortality affecting individuals from infancy through to adulthood. Treatment with sebelipase alfa rce restores LAL enzyme activity in LAL-D cells, enabling hydrolysis of cholesteryl esters and triglycerides in the lysosome. Kanuma (sebelipase alfa rce) is indicated for long-term enzyme replacement therapy in patients of all ages with LAL-D. Kanuma is contraindicated in patients with a life-threatening hypersensitivity (anaphylactic reaction) to egg. Kanuma solution for infusion 20 mg in 10 mL is supplied as a single use vial, pack of 1.
- **Lonsurf (trifluridine/ tipiracil (hydrochloride))** is comprised of an antineoplastic thymidine based nucleoside analogue, trifluridine, and the thymidine phosphorylase (TPase) inhibitor, tipiracil hydrochloride, at a molar ratio 1:0.5. Trifluridine/ tipiracil hydrochloride demonstrated antitumor activity against both 5-fluorouracil (5-FU) sensitive and resistant colorectal cancer cell lines in nonclinical studies. Lonsurf is indicated for the treatment of adults with metastatic colorectal cancer (mCRC) who have been previously treated with, or are not considered candidates for fluoropyrimidine, oxaliplatin and irinotecan based chemotherapies, anti-VEGF agents, and anti-EGFR agents. Lonsurf 15/6.14 (trifluridine 15 mg and tipiracil (hydrochloride) 6.14 mg) and Lonsurf 20/8.19 (trifluridine 20 mg and tipiracil (hydrochloride) 8.19 mg) tablets are available in a pack of 20.
- **Ocrevus (ocrelizumab)** is a recombinant humanised anti-CD20 monoclonal antibody that selectively targets CD20-expressing B-cells. The precise mechanisms through which ocrelizumab exerts its therapeutic clinical effects in multiple sclerosis (MS) are not fully elucidated but is presumed to involve immunomodulation through the reduction in the number and function of CD20-expressing B-cells. Ocrevus is indicated for the treatment of relapsing forms of multiple sclerosis (RMS) to delay the progression of physical disability and to reduce the frequency of relapse; treatment of primary progressive multiple sclerosis (PPMS) to delay the progression of physical disability. Ocrevus concentrate for solution for infusion 300 mg in 10 mL is supplied in a 15 mL vial, pack of 1.
- **Pheburane (sodium phenylbutyrate)** is an ammonia scavenger. Pheburane is indicated for the management of hyperammonaemia associated with urea cycle disorders. Pheburane should be used with dietary protein restriction and, in some cases, dietary supplements. Pheburane is contraindicated with pregnancy and breastfeeding. Pheburane is available in a bottle containing sodium phenylbutyrate 84 g in 174 g of granules (sodium phenylbutyrate 483 mg/gram of granules).
- **Urorec (silodosin)** is a selective antagonist of α_{1A} -adrenoreceptors primarily located in the human prostate, bladder base, bladder neck, prostatic capsule and prostatic urethra. Smooth muscle relaxation causes an improvement of both storage (irritative) and voiding (obstructive) symptoms (lower urinary tract symptoms (LUTS)) associated with benign prostatic hyperplasia. Urorec is indicated for the relief of LUTS associated with benign prostatic hyperplasia in adult men. Urorec 8 mg capsules are available in a pack of 30.

New Indications

- **Opdivo (nivolumab)** is now indicated as monotherapy for the treatment of recurrent or metastatic squamous cell cancer of the head and neck in adults progressing on or after platinum based therapy.
- **Ozurdex (dexamethasone)** intravitreal implant is now indicated for the treatment of macular oedema due to branch retinal vein occlusion (BRVO) or central retinal vein occlusion (CRVO); noninfectious uveitis affecting the posterior segment of the eye.

New Contraindications

- **Daktarin Oral Gel (miconazole)** is now contraindicated in combination with CYP2C9 substrate coumarin anticoagulants such as warfarin.
- **Eltroxin (levothyroxine sodium)** is now contraindicated with acute myocarditis and acute pancarditis.
- **Neotigason (acitretin)** is highly teratogenic and must not be used by patients who intend to become pregnant within 3 years after cessation of therapy.
- **Trileptal (oxcarbazepine)** is now contraindicated with known hypersensitivity to eslicarbazepine.
- **Victrelis (boceprevir)** is now contraindicated in combination with lurasidone.

This list is a summary of only some of the changes that have occurred over the last month. Before prescribing, always refer to the full product information.