



### Today's issue of PD

*Pharmacy Daily* today has two pages of news plus our regular Health & Beauty feature.

## The power of the professional word

**RESEARCHERS** have found that the biggest hindrance to vaccinating against potentially tragic preventable diseases, such as influenza, is the lack of professional enthusiasm and insistence.

Misconceptions about flu vaccine are also a barrier: that it causes flu, that it's not effective or that it's not needed, according to a well-referenced



article by University of Sydney's Associate Professor Julie Leask and Samantha Carlson published online in *The Conversation*.

While for many people the flu can be relatively mild, it has been estimated to kill more than 3,000 Australians over the age of 50 years and has taken more children's lives than any other vaccine-preventable disease in Australia between 2005-2014, the data show.

[CLICK HERE](#) for the studies.

## VPA mandates first-aid couch

**THE** Victorian Pharmacy Authority (VPA) has specified that a "first aid couch or similar" is to be in the room where vaccinations are carried out within a pharmacy.

The VPA has recently revised its guidelines (**PD** yesterday), but said that requirement had been in situ previously.

Although not specifying any particular make, model or design, the VA said the purpose of providing this was "for clients who are uneasy about injections in general and are inclined to feel faint, nervous or unsteady."

"People who have experienced problems of this kind may then recline or lie down during the procedure."

One of the other concerns the VPA expressed around vaccination procedures related to level of privacy, saying that the private consultation area, or room used to administer vaccinations, must be set up so that the procedure cannot be seen or overheard by other persons in the pharmacy.

The VPA reported four Panel Hearings for Aug this year around allegations that licensees had failed to meet their responsibilities to comply with the Pharmacy

Regulation Act 2010 and/or good pharmacy practice at registered premises.

Other requirements summarised in the VPA communiqué relate to the quality of raw materials used in compounding - they need to be sourced through an Australian wholesaler or manufacturer.

The full text of the Victorian Pharmacy Authority's communiqué is available at [pharmacy.vic.gov.au](http://pharmacy.vic.gov.au).

## Pharmacists surprise

**THE** University of Sydney has highlighted the "Surprising things pharmacists do", in **AN ARTICLE** promoting its pharmacy course.

In case of emergency, many pharmacists can administer first-aid, from wound-dressing and Epipen treatments to asthma management, the article reads.

There are a range of treatments pharmacists can offer precluding the necessity of seeing a GP for minor ailments or injuries, and will generally save patients money by providing less expensive generic versions of drugs prescribed.

The article even says pharmacists may be able to supply Fido with a product not in the local vet's store.

## Survey - why CPD?

**WHAT** is it that motivates you as a pharmacist to undertake CPD courses and how do CPD plans assist with your learning?

Pharmacists are invited to share their rationale in a 5-10 minute survey to inform future CPD framework development.

The data will contribute to one of three studies in a PhD thesis titled, 'The role of undergraduate education in developing a commitment to lifelong learning and continuing professional development'.

Queensland University of Technology pharmacy graduate and PhD candidate Wendy Thompson has said she will be publishing the results.

[CLICK HERE](#) for the survey.

## GMP clearance update

**THE** Therapeutic Goods Administration (TGA) has published redesigned e-forms to be used by Australian sponsors when applying for GMP Clearances.

Designed to improve the user experience, allow upfront payment of fees and online extension requests, the new forms are now available on the TGA Business Services portal - see [tga.gov.au](http://tga.gov.au).

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Medscope

**HMRAAlert** - electronic HMR referral system connecting GPs to pharmacists.

- Promote HMRs and simplify the referral process for GPs.
- Facilitates in the development of stronger relationships between accredited pharmacists and GPs.

.... find out more

## Happy Birthday Chemsave



**CHEMSAVE** has announced the addition of its 150th member in the form of a new discount max store in Marsden Park, Qld (**pictured**).

The newest member of the Chemsave group, owned by Kiet Doan, joined on the eve of

the group's 11th birthday celebrations.

Chemsave states it is an "Australian online pharmacy selling Australian approved and trusted pharmacy products at competitive prices".

The company is fully Australian-owned, operated and registered.

While much of Chemsave's business is online, there are three options for pharmacy owners considering joining the group: pharmacies can remain unbranded, branded Chemsave or fully branded Chemsave Discount Max.

## PBS cost flat this year

**PHARMACEUTICAL** industry peak body Medicines Australia (MA) has analysed the Final Budget Outcome papers released yesterday, finding that efforts of MA members have kept expenditure low on the Pharmaceutical Benefits Scheme (PBS).

The Final Budget Outcome for 2016-17 shows that the Federal Government spent \$13.379b on the PBS, MA said.

"However, the final outcome is a gross figure that does not subtract the significant rebates provided by our members through pricing and supply agreements with government," MA's chief executive Milton Catelin said.

Catelin added that these rebates were in addition to the recent MA-government agreement to reduce pricing for on-patent medicines by a total of \$1.8b over five years.

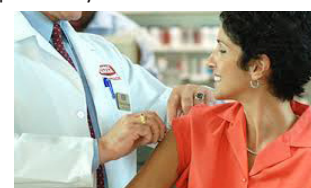
## Vax accessibility key

**ALMOST** every patient vaccinated against flu at a UK community pharmacy last winter would have their vaccination there again, a patient satisfaction survey carried out by NHS England has found.

With around 100,000 participants in the survey on the 2016-2017 flu vaccination program in the UK, 99% of them said they would have the vaccination at a community pharmacy again, and recommend the service to their family and friends, according to the *Pharmaceutical Journal*.

Alastair Buxton, director of NHS services at the Pharmaceutical Services Negotiating Committee (PSNC) described the results as "very encouraging".

"The results of the patient questionnaire from last year show just how much patients value the accessibility of the community pharmacy flu vaccination service."



"Of course, it comes as no surprise given that pharmacies allow patients to have their flu vaccination without needing to make an appointment and at a time and place that is convenient to them."

Data published by *NHS Digital* this month showed that 41.5% of three-year-olds and 33.9% of four-year-olds in England were immunised against influenza as part of last year's programme.

## WIN WITH INNOXA

This week Pharmacy Daily and INNOXA are giving away each day the new INNOXA Eye Lift Palette.



INNOXA introduces an all-in-one kit that is designed to prime, contour, define and brighten the eye area, creating a more youthful and lifted appearance. Containing a cream to powder base primer that optimizes soft focus and is long lasting, and a silky touch matte powder that is pigment rich and provides moisture, with the INNOXA Eye Lift Palette you can achieve this bright and awakened look in five simple steps. **CHECK OUT THE WEBSITE** for more info.

To win, be the first person from WA to send the correct answer to [comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)

What are the benefits?

*Congratulations to yesterday's winner, Sara Shams from the Pharmacy Guild of Australia.*

## White retires from Board

**QUEENSLAND'S** Metro South Health Board chair Terry White (**pictured**) has announced his retirement from the position, drawing warm tributes from the Minister for Health and Ambulance Services Cameron Dick.

"I want to thank Terry for his leadership, insight and commitment to the health service over the past five years," Dick said.

"I commend Terry on his calm and steady stewardship of the organisation, and acknowledge his personal commitment to the work of delivering quality health services to the residents of the Metro South region.

"I wish Terry and his family well and thank him for his service."

White, Terry White Chemists co-founder with his wife Rhonda, said the most inspiring part of his time as board chair had been working with health services staff.

"This has been one of my greatest career highlights and an honour to work alongside so many passionate, caring, hard-working individuals who come here every day to deliver extraordinary care for our patients



and community," he said.

"It has also been both a pleasure and a privilege to work with such an outstanding board and executive leadership team."

White said the health service's achievements were a credit to its 15,000 staff.

"Metro South Health staff are a truly remarkable, inspiring and caring group of professionals who embrace innovation and clinical excellence, and who do so with a positive and person-centred approach," he said.

White finishes his role on 05 Oct.

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## Dispensary Corner

**EATING** purple potatoes could reduce the risk of developing colon cancer, according to a new study by Pennsylvania State Uni.

Pigs fed the vegetable found levels of a damaging protein that fuels tumours and other inflammatory bowel diseases were reduced by six times.

Both uncooked and baked potatoes had similar 'purple patch' effects.

Researchers say other colourful fruits and vegetables, such as broccoli and red grapes, could bring the same beneficial effects.



**SO IT** turns out peeing in the pool can be very harmful according to the US Centers for Disease Control and Prevention (CDC).

Urine, dead skin cells and other traces left behind by swimmers react poorly with chlorine to produce chemicals that irritate the eyes and respiratory system.

Attempts to clean the pee-filled pool with chlorine just made matters worse for 48 pool employees that reported burning eyes and trouble breathing.

The findings were found after several years of research by the CDC including three-days of on-site investigation at an Ohio indoor water park.

Urine is high in nitrogen, so the more pee, sweat, dead skins cells or lotions in a pool, the more concentrated and irritating the chloramines become.

## Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy. Suppliers wanting to promote products in this feature should email [newproducts@pharmacydaily.com.au](mailto:newproducts@pharmacydaily.com.au)

### GAIA Bamboo Baby Wipes

GAIA Natural Baby **Bamboo Baby Wipes** have a sensitive skin formula, a light natural scent to cover any smells and are free from alcohol, chlorine, petrochemicals, soaps, sulphates and paraben preservatives.

GAIA Natural Baby's ultra-soft cloth wipes are gentle on baby's skin, yet strong enough to withstand a 'robust' nappy change with ease. They are independently tested to biodegrade in just 14 days and contain no animal ingredients nor are they involved any animal testing.

**Stockist:** 03 9703 1707

**RRP:** from 20pkt/\$2.99 to 480pkt/\$22.95

**Website:** [www.gaiaaskinnaturals.com](http://www.gaiaaskinnaturals.com)



### Lanolips 101 Ointment Multi-Balm



A multi-purpose ointment enriched with 100% medical grade lanolin ointment that melts into a clear emulsion on contact with the skin, Lanolips **101 Ointment Multi-Balm** can hold up to 200% of its own moisture. It imitates the function of human skin lipids to relieve symptoms of dryness, scaling and cracks. The cream can be used on dry skin, lips, minor burns and sunburn, skin abrasions, dry cuticles, cracked heels, dry elbows, and dry noses as it is hypoallergenic, causes no skin irritations and it will accelerate repair of damaged skin. This product can also be a balm for nursing

nipples, keep the eyebrows in place or be mixed with lipstick to create a moisturising lip gloss.

**Stockist:** 02 8709 8800

**RRP:** \$14.95 for 9g, \$18.95 for 15g

**Website:** [www.lanolips.com/au](http://www.lanolips.com/au)

### Light Switch Luminizer Palette

Napoleon Perdis **Light Switch Luminizer Palette** is a beautifully presented moisturising palette with five cream highlighters and illuminators. The shades available are bold gold, shimmering silver, blazing bronze, pink ice and romantic rose. Each of these tones can be worn on their own or mixed together to create a bespoke hue. Each shade contains candelilla wax, aloe vera as well as vitamins A and E to pep up tired skin.

**Stockist:** 1800 814 572

**RRP:** \$70.00

**Website:** [www.napoleonperdis.com](http://www.napoleonperdis.com)



### Milky Foot Active from Biorevive



**Milky Foot Active** is an at-home pedicure treatment which combats foot odour and removes hardened dead skin through its intense peeling action after just one application. Milky Foot Active has all the benefits of the Milky Foot Intense Exfoliation Pads but with a special foot-odour-fighting formula. The addition of tannic acid helps to minimise foot odour, while

exmilac (milk ferment filtrate) and almond-based mandelic acid work to exfoliate hardened, dead skin from feet. Milky Foot Active is available in one size.

**Stockist:** 1300 790 978

**RRP:** \$32.95

**Website:** [www.milkyfoot.com.au](http://www.milkyfoot.com.au)