

Today's issue of PD

Pharmacy Daily today has two pages of news including our regular Health & Beauty feature.

GP deregistered

THE NSW Health Care Complaints Commission has successfully pursued charges against Cronulla general practitioner Irfan Cakan (previously Irfan Kuroz) before the NSW Civil and Administrative Tribunal, resulting in the cancellation of his registration.

Cakan was found to have contravened conditions of his registration regarding drugs of addiction, by failing to attend urine drugs tests, failing to have blood taken for tests, self-administering Schedule 4 Appendix D or Schedule 8 drugs and more.

He was also found to have "on multiple occasions" given "misleading, inconsistent and/or untruthful information to the Medical Council".

See the full details and judgement at caselaw.nsw.gov.au.

Last ditch OTC codeine cry

AN ELEVENTH-HOUR plea from the Extended Hours Pharmacies Association (EHPA) has urged NSW parliamentarians to support a change to allow low-dosage codeine to continue to be available over-the-counter after 01 Feb 2018.

The Association held a meeting to discuss the issue in Sydney last night, with spokesperson John Maronese saying "extended hours pharmacists are at the coalface of this decision and are already seeing patients anxious about the pending change.

"We are bracing ourselves... we are going to have to take the brunt of people in pain, such as with a migraine, and we will have to tell them that we can no longer supply the products and that they will have to visit a doctor to get a prescription," Maronese said.

He reiterated a proposal, previously heavily promoted by the Pharmacy Guild, which would offer a "common sense alternative to making these products prescription-only," urging

an exception that would mandate real-time monitoring and allow pharmacists to give up to three days' supply of low-dose OTC codeine-containing products to appropriately identified patients.

Coming just three weeks before the up-scheduling of codeine containing medications, Maronese also highlighted the Guild's MedsASSIST software which can be used to track codeine purchases.

"We are concerned that many MPs are not aware of the extent of real-time monitoring already in place in pharmacies," he said.

Pharmacists at last night's meeting were urged to invite local politicians to observe the effectiveness of MedsASSIST real-time script monitoring software.

However the timing of the call is somewhat unfortunate, given that the Pharmacy Guild has already confirmed that MedsASSIST will cease operating effective from 31 Jan (PD yesterday).

Cincotta Discount Chemists director Peter Feros backed the EHPA suggestion, saying pharmacists were already receiving complaints from customers who "resent being treated like drug addicts" and objected to the time and cost of seeing a doctor.

"NSW politicians cannot hide behind the Therapeutic Goods Administration and allow this to happen," he fumed.

Eagle Health soars with diabetes



ASX-LISTED Eagle Health (EHH) has announced it has officially opened four diabetes Education and Experience stores in Xiamen, China, with more stores in additional provinces throughout China expected to begin opening from next month.

All part of a broader plan to engage consumers around the risks, prevention and management of diabetes, the four stores debuted 01 Dec with the opening ceremony (pictured) on 23 Dec.

The International Diabetes Federation (IDF) 2017 Diabetes Atlas highlighted that China has 114.4 million people with diabetes, with this number projected to increase significantly in the future.

Eagle said it aimed to open stores in other Chinese regions, with the first of these new stores to be opened in late Feb.

MD Zhang Mingwang said the company's Australian pre-meal shake product for Type 2 diabetes had increased sales last month and began shipping throughout mainland China via its pharmacies and other retail stores.

NSW poppy crop set to bloom

NSW Minister for Primary Industries Niall Blair has announced the successful harvest of the state's first alkaloid poppy crops, with production expected to more than double this year.



Blair described the moment as a "significant milestone".

"We passed the legislation in 2016, farmers planted the seeds in the ground the following season and now we can all celebrate a successful harvest – this is a huge win for our primary producers and the regional NSW economy.

"Our reforms have given farmers a new option as part of their annual crop rotation and a new potential income stream," Blair said.

The NSW poppy industry is estimated to be worth up to \$100 million over the next 10 years, he added, enhancing the viability of many farming operations throughout the state.

After the poppies are harvested, they are transported to a specialised facility where alkaloids are extracted, isolated and purified.

The alkaloids are then formulated into medication for use in pain relief, palliative care and anti-addiction treatment.

Australia currently supplies more than 50% of the world's opiate market, with three of the eight companies worldwide that process poppies for opiate manufacturing based here.

The NSW Department of Primary Industries is overseeing the licensing, cultivation, and management of poppy crops in NSW.

It remains illegal to take, use, sell or grow poppies without a licence in NSW and illegal possession of opiate plant parts or substances derived from them is a criminal offence, attracting heavy penalties.

WIN WITH BENZAC

This week Pharmacy Daily and Benzac are giving away a prize pack each day including Benzac Daily Facial Foam Cleanser, Manicare Compact Mirror and Benzac Excess Oil Control Moisturiser.

Benzac Daily Facial Foam Cleanser is specially designed for acne prone skin, removes impurities and helps unblock pores without drying the skin. The newest addition to the Benzac range, Benzac Excess Oil Control Moisturiser is a clinically proven moisturiser with active ingredients specially designed for acne prone skin. Excess Oil Control is non-comedogenic and also acts as a primer with a mattifying effect, prepping the skin for makeup.

To win, be the first from WA to send the correct answer to the question below to comp@pharmacydaily.com.au

Name two other products in the Benzac Range.

Congratulations to yesterday's winner, Michael Watson from Jandowae Pharmacy.

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Pharmacy Daily



Dispensary Corner

FOREVER in green jeans?

It doesn't quite have the same ring as the familiar song, but Indigo dye, which is used to make blue jeans blue, involves some "pretty nasty chemicals" according to researchers at the University of California, USA.

They have consequently created another "greener" method of producing an indigo dye using engineered bacteria that produce a compound called indoxyl.

Although not yet practical on an industrial scale, it offers promise for a cleaner greener fashion-forward future, authors claim.

See the research at nature.com.



A SWEDISH man escaped death after suffering 'concussion of the heart' when he was struck in the chest with a tennis ball.

Doctors believe his life was saved because three quick-thinking doctors happened to be at the same tennis courts and recognised his symptoms.

Skane University Hospital doctors said sports players rarely survive cardiac arrests, due to lack of accessible defib equipment.

The doctors published the case in the *Journal of Medical Cases* because survivors are rare, due to a lack of defibs in close proximity.

Thanks to CPR and defibrillator they were able to get the heart pumping again.

Thank you ball boys, linesmen and doctors.

Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy. Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

Blood Orange Brightening Serum

Swisse **Blood Orange Brightening Facial Serum** is a facial balm that combines potent antioxidants to brighten the skin's appearance and help protect against the signs of ageing. This facial serum will even skin tone while all the while balancing the appearance of hyperpigmentation. Key active ingredients include Sicilian blood orange extract, olive leaf extract, licorice root extract, vitamin B3 and jojoba oil. Swisse Blood Orange Brightening Facial Serum will moisturise, refresh and enliven tired dehydrated skin and is suitable for all skin types, ages and tones.

Stockist: 1800 794 773
RRP: \$29.95
Website: www.swisse.com/en-au



Vivid Chrome Eyeshadow Pots by DB



Designer Brands (DB) new **Limited Edition Vivid Chrome Eyeshadow Pots** provide a highly pigmented eyeshadow that will make your eyes pop. Its unique cream-powder formula applies easily and blends out seamlessly to ensure there is no fall out or panda-eyes effect.

This product is not only presented in a longwear formula which melts into the lid and delivers intense colour pay-off without fading or flaking, but also glides on easily for a crease-free finish. The five stunning shades can suit any eye colour and can be used alone or paired with other shadows.

Stockist: 03 8544 8000
RRP: \$8.99
Website: www.dbcosmetics.com.au

Moonlight by Ariana Grande

Ariana Grande **Moonlight** is a fragrance for women, bringing sparkling fruits to the nose. The scent has notes of rich black currant and juicy plum, fading into an ultra-feminine heart of fluffy marshmallow and fresh peony for a captivating wink of intrigue and mystery. A final seductive touch of creamy sandalwood, black amber and sensual vanilla creates an indulgent, lasting trail of addiction. The signature faceted bottle design is illuminated in an alluring holographic treatment accented with a lavender cap.

Stockist: 1800 354 663
RRP: \$49.00 (30mL), \$79.00 (100mL)
Website: www.arianagrandefragrances.com



Premium Deluxe Bath Seat - F660



Dreambaby brings its **Premium Deluxe Bath Seat** at a very special reduced price for a limited time. While this product should never substitute for adult supervision, it does make bathing baby so much easier

and more enjoyable. It is a back-saving device for parents and carers while the little ones just love the added support and security in the bath. Sturdily constructed, with extra-strong suction cups, the front T-bar opens and closes making it simple to position baby in and out of the seat. This product is suited to ages six to 24 months.

Stockist: 02 9386 4000
RRP: \$20.00 for a limited time
Website: www.dreambaby.com.au