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## Regurgitator to headline APP party

**AUSTRALIAN** Pharmacy Professional Conference and Trade Exhibition (APP) organisers have announced that the APP2018 social program will be headlined with Australian rock band Regurgitator at the Street Party social night on Sat 05 May.

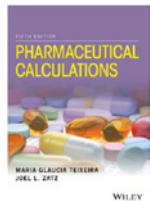
The event will take place at The Star Gold Coast (formerly Jupiters Gold Coast) and the 'Cirque Noir' theme promises guests "a glimpse into the dark side of cirque with entertainment to suit all tastes and ages – from fire dancers to fortune tellers, body contortionists and much much more".

[CLICK HERE](#) for details.

## Pharmaceutical calcs

**THE** fifth edition of *Pharmaceutical Calculations* has been released by John Wiley & Sons and has been reviewed in *Australian Prescriber*, the official organ of NPS Medicinewise. This latest 536-page edition has updated content but "retains a practical approach to pharmaceutical calculations", according to reviewer Greg Kyle.

"This book would be a useful addition for pharmacists working in compounding pharmacies, as well as pharmacy students and interns preparing for their exams," he said.



## GSK joins Click & Collect

**GLAXOSMITHKLINE'S** GSK Consumer Healthcare has confirmed its participation in the Pharmacy Guild's 'Click and Collect' program, as part of an overarching strategy to deliver a digital transformation program for community pharmacy in Australia.

The scheme revolves around the pharmacy.com.au website, and sees online orders for products from supplier partners directed to participating pharmacies for pick-up (**PD** 09 Mar 2017).

Guild member pharmacies can join the Pharmacy Click and Collect network at no charge, giving them access to product information and resources that will now include

GSK Consumer Healthcare brands Panadol and Otrivin.

Pharmacy Click and Collect gm Aaron D'Souza, described the opportunity for pharmacists to participate as "mind-blowing," giving them the opportunity to be supported with cutting-edge digital technology at no cost.

"We'd encourage all members to get behind the platform by signing up and supporting these quality brands that consumers trust."

He said the support program and digital connections would be rolled out in the coming months.

## Nurse issued Stilnox

**DAVID** Cain, a credentialed mental health nurse and psychotherapist, was found by the NSW Civil and Administrative Tribunal to have engaged in professional misconduct by delivering Stilnox tabs to a patient who suffered from borderline personality disorder, post-traumatic stress disorder and major depression.

The NSW Health Care Complaints Commission prosecuted the complaint saying he inappropriately delivered Stilnox tablets to her home or arranged for her to collect the tablets from another place without personally consulting her on approximately 63 occasions.

He also failed to notify the patient's medical practitioner.

The Tribunal ordered that Cain be reprimanded and cannot work in a solo practice for at least 12 months, along with other conditions.

## Nicotine in pregnancy

**NICOTINE** replacement therapies such as nicotine gum and patches are better options for expectant mothers than smoking, according to current international guidelines, reviewed in the *MJA*.

"Smoking during pregnancy is the most important preventable risk factor for poor maternal and infant health outcomes," authors wrote.

Clinicians say they have "safety concerns", but the "mums-to-be are better off with nicotine patches, gum or other cessation devices, as they are safer than smoking".

They add that previous studies on animals have shown nicotine is harmful to animal fetuses, "especially for brain and lung development", but human studies "did not find any harmful effects on fetal and pregnancy outcomes compared with placebo, but the evidence is limited due to the small numbers of participants in the meta-analysis."

[CLICK HERE](#) for the *MJA* review.



## MHR scripts >12 million

**THE** total number of prescription records uploaded to the My Health Record system by healthcare providers has now reached 12,380,209 while dispense records by pharmacists stand at 3,401,667.

The number of pharmacist registered to the MHR system remains steadfastly low at 1,439, barely changed from Dec data (1,427).

Queensland consumers lead the field as early adopters with 29% of the state's population registered while Victoria's consumers are laggards at 17%.

See [myhealthrecord.gov.au](http://myhealthrecord.gov.au).



## LiveLife PHARMACY

### Pharmacist Vacancies (FT)

We have excellent full time opportunities for newly registered Pharmacists or Pharmacists looking for a change.

Noosa Heads – Sunshine Coast, Qld  
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Rockhampton – Central Qld  
Port Douglas – Far North Qld

LiveLife offers support for career progression including management training and opportunities for partnership.

To Apply/For More Information - email resume with location/s of interest to:

[recruit@livelifecentral.com](mailto:recruit@livelifecentral.com)  
[www.livelifepharmacy.com](http://www.livelifepharmacy.com)

Pharmacists know the value of 6CPA medication adherence and medication management services.

Patients do too.

Now it's time to put it on the record.



### DAA and MedsCheck e-learning modules available soon

PSA is supporting pharmacists to implement changes to redesigned 6CPA programs.

Find out more at [www.psa.org.au/6CPA](http://www.psa.org.au/6CPA)



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## Dispensary Corner

**THE** animal cuteness scale has just been demolished with the arrival of a big-eyed baby two-toed sloth (pictured below) at an indoor bird zoo in Pittsburgh.

The National Aviary introduced five-month-old Vivien Leigh, named after the *Gone with the Wind* actress, on Tuesday.

Visitors can book an encounter with Vivien beginning in Feb when they can touch Vivienne, take photos and interact with her in a comfortable, private setting.

And she won't be lonely - she joins two other sloths, Rudolph Valentino and Wookiee.



**SOME** of us break into hot sweats when we are forced to pour potentially curdled milk into our tea and risk some major digestion issues.

Well a startup based in Israel says it has developed a more accurate expiry date system, claiming most food companies label their products with inaccurate use-by dates.

Freshpoint believes that many companies are using "out-of-date information" to determine the freshness of food, leading to trillions of dollars in food wastage.

New indicators on packaging takes into account temperature, tracking the product from the warehouse to your kitchen.

Finally, no more sour cream on your Weet-Bix!

## Brenzys guide

**BIOSIMILAR** Brenzys (etanercept) from MSD Australia is the subject of a new online course provided by the Pharmacy Guild of Australia to equip community pharmacists to manage issues around dispensing and consulting on biosimilar products.

Guild Learning and Development partnered with MSD Australia to develop the course titled 'Brenzys (etanercept): A guide for community pharmacists', the second to be launched on this topic, following the launch of a CPD accredited biosimilars course in Sep.

Brenzys is biosimilar to originator Pfizer brand Enbrel which was made available on the Pharmaceutical Benefits Scheme from 01 Apr 2017.

The Guild says this CPD activity has not been accredited by an authorised provider which means that pharmacists will need to assess it for suitability and relevance to determine if their individual learning needs will be addressed.

Visit [myCPD.org.au](http://myCPD.org.au) or contact the Guild on 03 9810 9930.

## Dr shopper home-cooker arraigned

A **PERTH** woman, who's identity changed frequently over the years, managed to access "tens of thousands" of MS Contin tablets, containing various amounts of morphine by doctor-shopping throughout the city, according to a report in *The West Australian*, and lending support to the argument that doctor-shopping is the main issue around supply of controlled drugs.

Brenda Lee-anne Dawson was known to doctors and pharmacists all over Perth as Marika Johnson, Tara Brooks, Leanne Atkins, Deirdre Wiston and Christina Passmore, using stolen identities.

WA's District Court heard last week about the exploits of the 43-year-old who was convicted of offering to sell drugs and attempting to make them.

It was revealed that she had sold the drugs to other users and dealers or had them cooked into "homebaked heroin" by her partner Martin Trubka to feed both their habits.

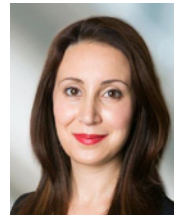
Judge Ronald Birmingham was also told that as one of Perth's most prolific doctor shoppers, from 2005 to 2011, Dawson attended 741 medical appointments under six different identities, which resulted in 710 prescriptions and 35,754 of the pills being prescribed, at a cost to authorities of nearly \$100,000.

Dawson and her partner will be sentenced next month.



Welcome to **PD's** weekly comment feature.

This week's contributor is **Eleni**



**Yiasedides, Consultant dermatologist specialist and Mohs micrographic surgeon.**

## Cleansing

**FOR** teens suffering from oily or acne prone skin, it's important that they take the necessary steps towards managing and treating their skin to keep future breakouts at bay.

One step that teens can take is actively engaging in the 3-step process-cleansing, treating and moisturising each day.

Each step is a simple regime to help teenagers manage oily or acne prone skin.

The first step, cleansing, is highly important. Cleansing gently removes surface dirt, oil, bacteria, skin cells and other debris from the surface of the skin without stripping the skin and helps to unblock pores.

Cleansing also controls oiliness without drying and prepares the skin for treatment. In general, most people only need to cleanse their face once a day.

I also highly discourage people from the 'double cleansing' as there are no known health benefits to this. For oily or acne-prone skin, look for active cleansers that contain ingredients such as - AHAs (alpha hydroxy acids) such as glycolic acid or lactic acid; BHAs (beta hydroxy acids) such as salicylic acid; polyhydroxy acids (PHAs); witch hazel; benzoyl peroxide; azelaic acid. These tend to be gel or water-based cleansers.

## Win with Milkman

Each day this week Pharmacy Daily and Milkman are giving readers the chance to win a Milkman Grooming Co King Of Wood™ Beard Oil valued at \$32.00.

Softer | Smoother | Healthier

What's the point of having a beard if it is dry, itchy, brittle or irritating? Get your hands on this revitalising professional-grade beard oil made in Australia by Milkman Grooming Co for your best-looking beard every single day. Complex formulation of botanical oils blend to hydrate + soften your beard for a luscious feel that's so easy to style. [www.milkmanaustralia.com](http://www.milkmanaustralia.com).

To win, be the first person from NSW or ACT to send the correct answer to the question below to [comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)



Who makes this King Of Wood™ Beard Oil?

Check here tomorrow for today's winner.