


## New Meds Reminder Service

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## Fellowships for Aussie pharmacists

**LUCY** Walker, owner of TerryWhite Chemmart Pharmacy in Goondiwindi, Queensland and Tasmania's Deputy Chief Pharmacist, Samuel Halliday, have been named among the 112 recipients of the Churchill Fellowships for 2018.

The Winston Churchill Memorial Trust was established in 1965 to honour the former British Prime Minister, and fulfil his wish for people from all walks of life to travel the world to gain new knowledge and share ideas.

"Fellowships are awarded to everyday Australians who are passionate about challenging the status quo to create or make a positive impact on our society," the Trust said in a statement announcing this year's winners.

The Fellowships, worth around \$30,000 each on average, aim to pay for travel for up to eight weeks for experts to undertake a range of projects across the globe, with the aim of "addressing challenges Australia is facing right now".

Walker is being funded to "bring innovative global pharmacy practices to her rural community," via a trip to Abu Dhabi, the UK, Ireland, Germany, Canada, the USA and New Zealand.

And Halliday will travel to the US, Canada, Germany, the Netherlands, Austria and Israel to "investigate variances of international approaches to the regulation of medical cannabis".

Churchill Fellowship applications for next year open on 01 Feb 2019.

## Specialty Practice thrives

**MORE** than 2,000 Australian pharmacists are now active across the Society of Hospital Pharmacists of Australia (SHPA) Specialty Practice program proving its worth as a professional and career growth vehicle, the SHPA says.

SHPA CEO Kristin Michaels says as enrolment continues to flourish – with more than 2,000 pharmacists active across the program's 24 specialty streams and an additional 140 applications flowing in each month.

"SHPA members have welcomed the centralised support for workforce development and recognition," Michaels said.

"As evident in our member-access one year report, feedback from our members has been strongly positive with broad recognition of the value of peer-to-peer engagement and access to field leaders.

Michaels further quantified the success of the program saying SHPA members have consistently and eagerly engaged with the new model, submitting and responding to over 120 posts per week across three levels of forums via Interest Groups, Practice Groups and Leadership Committees.

"Members have recognised the value of Specialty Practice as a crucial peer-learning conduit to share service expertise and reduce the sense of professional isolation – particularly when working in rural

areas or smaller hospitals with few or no onsite colleagues.

"The volunteer expertise of Specialty Practice members has facilitated the revision and creation of SHPA Standards of Practice

and enabled work on materials supporting codeine up-scheduling, with other specialty projects in development."

Michaels added that next year and beyond, Specialty Practice will

build on its strong foundations and continue to utilise hospital pharmacist expertise to deliver Standards of Practice and guidance publications, curriculum for Advanced Training Residencies and a library of evidence-based policy positions.

See more info at [shpa.org.au](http://shpa.org.au).



## CoaguChek warning

**AUTHORITIES** in the UK have issued an alert to patients on blood thinners who use the Roche CoaguChek device to test their blood clotting function, advising them to check their test strips.

Roche says the CoaguChek XS Pt Test, CoaguChekPT Test and CoaguChek XS PT RST test strips may give inaccurate INR results, meaning patients over or under-dose with anticoagulant drugs.

The UK Medicines and Healthcare products Regulatory Agency has estimated more than 125,000 test strip packs have been affected, and anyone whose test strip reading is above 4.5 INR is being advised to discuss the results with a healthcare professional.

## Section 19A update

**THE** TGA has updated its database of Section 19A approvals to import medicines in short supply.

New additions include moxifloxacin 400mg film-coated tablets, approved to replace Bayer's Avelox until 31 Jan 2019; and AciVision (aciclovir) 30mg/g eye ointment instead of Zovirax ophthalmic aciclovir which is being discontinued from 20 Feb 2019.

See [tga.gov.au](http://tga.gov.au).

### Today's issue of PD

*Pharmacy Daily* today has three pages of news including our weekly **Health & Beauty** feature plus a full page from **PARA'KITO**.

## Bill's back for another PPI script.

### His GORD is well-controlled.

## WHAT'S YOUR ADVICE?



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## UQ students in the know



**PHARMACY** Guild Queensland Branch President, Trent Twomey, was among the presenters at an

event last week at the University of Queensland, with attendees including students, pharmacists and academics.

Twomey and colleagues Tim Roberts and Andrew Harman - proudly sporting their Pharmacy Guild ties - gave an overview of the community pharmacy landscape in 2018 along with a summary of key issues facing the sector.

The trio are pictured with Pharmaceutical Society of Australia National Vice President Chris Freeman, Pharmacy Head of School Peter Little and Stephanie Samios from the National Australian Pharmacy Students' Association.

## Echinacea assessed

**THE** European Medicines Agency (EMA) has published the results of its assessment of traditional medicine *echinaceae pallidae radix* conducted by the Committee on Herbal Medicinal Products (HMPC).

Also known as pale coneflower root, products containing this substance have been deemed safe by the HMPC and can be used without risk for relief of symptoms of the common cold.

Although there is insufficient evidence from clinical trials, the effectiveness of these herbal medicines is plausible and there is evidence that they have been used safely in this way for at least 30 years.

In addition, used in this way, medical supervision is not needed, the HPMC said.

See more at [ema.europa.eu](http://ema.europa.eu).

## Aged care meds in focus

**THE** Federal Government's newly convened Royal Commission into Aged Care Quality and Safety will consider medication management as part of its now-confirmed Terms of Reference.

Prime Minister Scott Morrison unveiled the parameters of the probe yesterday, with the Royal Commission to be based in Adelaide under the leadership of Justice Joseph McGrath, former Western Australian Supreme Court Judge, and Lynelle Briggs who previously was CEO of Medicare.

The Commissioners have been directed to inquire into "all aspects of the quality and safety of aged care services, including but not limited to dignity, choice & control, clinical care, medication management, mental health, personal care, nutrition, positive behaviour supports, end of life care, and systems to ensure that

high quality care is delivered.

The Pharmaceutical Society of Australia has welcomed the inclusion of medication management in the scope, with National President Shane Jackson saying "medicines are complex, and medication errors cost Australia more than \$1.2 billion annually.

"PSA believes clearly defining the roles and utilising the expertise of pharmacists in aged care facilities would ensure appropriate prescribing, a reduction in medication errors, and clinical, operational and economic benefits through the safe and optimal use of medicines," he said.

An interim report is due by the end of Oct 2019, with the final conclusions to be presented by the end of Apr 2020.

## Aspirin & clopidogrel risk of bleeding

**PEOPLE** experiencing a minor stroke or a transient ischaemic attack have a lower risk of further stroke within 90 days if given clopidogrel and aspirin, rather than aspirin alone, according to a University of Nottingham study.

However, taking both drugs doubles the risk of bleeding over the same period, scientists found.

The study, involving nearly 5,000 people showed that major bleeding risk was "fairly constant on combined treatment" occurring in 0.9% compared with 0.4% on aspirin alone.

Access at [discover.dc.nihr.ac.uk](http://discover.dc.nihr.ac.uk).

## Grafton robbery

**POLICE** on the NSW North Coast are warning the public not to buy illicit prescription medication, after the armed robbery of a pharmacy in South Grafton on Mon afternoon.

According to a police incident report a man entered the business on Armidale Road shortly before 5pm and allegedly threatened two staff members with a knife.

The man made off with a quantity of cash along with methadone and fentanyl patches, with police currently reviewing CCTV images from the pharmacy and other nearby businesses.

## Win with Plunkett's

Everyday this week Pharmacy Daily and Plunkett's are giving away an Aloe Vera prize pack consisting of 2 Plunkett's Hi-Potency Aloe Vera Facial Masks, 1 hair turban and 1 gym towel valued at over \$30.



Aloe Barbadensis 'Natures medicine plant' is renowned for its soothing, cooling and moisturising properties to restore dry and damaged skin. This single use 100% natural Bamboo fibre sheet mask, infused with 90% certified organic Aloe Vera and other nutrients including Jojoba and Allantoin, leaves the skin comfortably hydrated and feeling nourished and soothed. Visit: [www.Plunketts.com.au](http://www.Plunketts.com.au).

To win, be the first from WA to send the correct answer to the question to [comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)

**Does the Plunkett's Aloe Vera Mask contain artificial colours?**

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## Dispensary Corner

**TOO** much of a good thing caused this man to see red, literally.

In efforts to leave a lasting impression, a 32 year-old New York man used much higher doses of a liquid form of sildenafil than recommended, causing irreversible damage to colour-sensitive cones in his retina.

The result was as if he was seeing everything through rose-coloured glasses - but seriously, it wasn't a good thing.

The permanent damage was consistent with manufacturer side-effect warnings: impaired vision, headaches and low blood pressure.



THE opening of a new "cat cafe" in New Zealand proved things can pretty easily go to the dogs - after some emergency puppies had to be brought in instead.

The facility at the New Plymouth Society for Prevention of Cruelty to Animals has a visiting room where guests can play with pussies after making a donation.

"Not only is it nice to pet cats, it's actually proven that stroking a cat is stress-reducing and lowers your blood pressure and lowers your heart rate and physically calms you down," said manager Jackie Poles-Smith.

However on opening day there were no suitable felines available, so instead some adorable eight-day puppies were brought in - hopefully with the same effect.

## Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy. Suppliers wanting to promote products in this feature should email [newproducts@pharmacydaily.com.au](mailto:newproducts@pharmacydaily.com.au)

### New Moisture Shine Lipstick

Nude by Nature **Moisture Shine Lipstick** is a colour-rich lipstick that delivers an effortless sweep of colour with a silky feel and luminous shine. The smooth, creamy texture combines active ingredients including vitamin E and the native Australian kakadu plum to help provide antioxidant defence. It is enriched with nourishing shea butter, jojoba oil and unique moisturising microspheres to provide a lightweight and comfortable wear. This lipstick comes in six shades and is free from carmine, petroleum waxes, parabens, silicones, coal tar dyes and synthetics.



**Stockist:** 1300 366 147  
**RRP:** \$22.95  
**Website:** [www.nudebynature.com.au](http://www.nudebynature.com.au)

### Oral Rehydration - Chemists' Own



This month Arrow Pharmaceuticals announced the launch of **Chemists' Own Oral Rehydration**. This product acts to treat and prevent dehydration due to diarrhoea and traveller's gastroenteritis in children and adults. Symptoms of

dehydration include: dry mouth, headache, tiredness, dry skin, constipation and light-headedness. Chemists' Own Oral Rehydration can also be taken proactively to prevent dehydration.

**Stockist:** 1300 9ARROW (27769)  
**RRP:** \$9.99  
**Website:** [www.chemistsown.com.au](http://www.chemistsown.com.au)

### Flo Baby Saline Nasal Drops

Flo **Baby Saline Nasal Drops** offer advanced technology to deliver a sterile, preservative-free, isotonic and gentle nasal saline for babies and toddlers. It helps to clear a baby's congested nose quickly and gently. Flo Baby Saline Drops are easy to use in newborns and older babies because it can be used to help clear baby's nose quickly and easily at any angle in any position that is comfortable. It is gentle on baby's nose because it's free from preservatives, medication, alcohol and buffering chemicals.



**Stockist:** Major wholesalers  
**RRP:** \$8.95  
**Website:** [www.enttech.com.au](http://www.enttech.com.au)

### Sensitive Skin Nail Polish - CLINIQUE



CLINIQUE A Different Nail Enamel for Sensitive Skins is a nail polish that is formulated to minimise the risk of skin sensitivity. The nail polish has been dermatologist tested, ophthalmologist tested and has been deemed appropriate for sensitive skin and sensitive eyes. It has been formulated to maintain high-shine and streak-free application, featuring a high-gloss finish that is chip resistant. CLINIQUE A Different Nail Enamel for Sensitive Skins is available in 12 stunning shades to compliment any occasion, day or night.

**Stockist:** 1800 556 948  
**RRP:** \$21.00  
**Website:** [www.clinique.com.au](http://www.clinique.com.au)



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EAN: 4897042370217



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**KIDS BANDS**  
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EAN: 9419844111031



**SPORTS BANDS**  
Product Code: PAKSPB  
EAN: 9419844115848



**REFILLS**  
Product Code: PARDSP  
EAN: 4897042370194

SKU	Product Description	API	SIGMA	SYMBION
PARWCL	12pc Colour Wristband Counter Stand	10886	165704	128589
PARWGF	12pc Graffic Wristband Counter Stand	10887	-	128538
PARWCP	12pc Best Sellers Counter	10885	-	232270
PAKDSP	12pc Kids Wristband Counter Stand	7699	200154	232262
PACDSP	12pc Clip Counter Stand	10888	165639	128422
PAKSPB	12pc Sports Band Counter Stand	39376	-	569461
PARDSP	12pc Refill Counter Stand	445487	165589	128406

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