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Just over an hour from Melbourne, Ballarat offers great schools, quality health care, affordable housing and an excellent work life balance! All this with the kind of career opportunities you'd expect in a big city!

Just 75 minutes from Melbourne's international airport, Ballarat is a thriving regional city with arts, culture, sport and recreation activities coupled with stunning heritage streetscapes and outstanding natural beauty.

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We offer paid health insurance, professional development opportunities and an attractive salary package. As we've been around since 1880, you can also be assured of stable employment.

We currently have great career opportunities for pharmacists, including management roles, in and around Ballarat.

To find out more about these great opportunities, visit our website www.ufs.com.au or contact Peter Fell (Operations Manager - Pharmacy) on 03 5327 7763.

Today's issue of PD

Pharmacy Daily today has three pages of news plus a special cover page from UFS Dispensaries Ltd.

WA pharmacist disqualified

THE Western Australia State Administrative Tribunal has formally reprimanded Emson Nyoni, cancelled his registration as a pharmacist and disqualified him from reapplying for two years.

The tribunal made a formal finding of professional misconduct, saying Nyoni had intentionally possessed, supplied and sold Schedule 8 drugs on 131 occasions between 24 May 2013 and 17 Apr 2014, despite his authority to do so being revoked under WA poisons regulations.

He also breached conditions imposed on his registration by the Pharmacy Board of Australia, which brought proceedings against Nyoni in Jan 2015 after he was convicted of several offences including failing to maintain a register of drugs of addiction.

The tribunal said it took into account that the former pharmacist's misconduct took place over an extended time period, involved dishonesty, and that he showed "a complete lack of remorse or insight".

Rural pharmacists highlight crisis

AUSTRALIA'S current "one-size-fits-all" approach to delivering pharmacy care discriminates against rural and remote communities, according to a newly formed national rural pharmacy organisation.

Rural Pharmacy Network Australia (RPNA) has written to rural MPs, describing the "deteriorating state of health care in the bush, and outlining what is required to empower community pharmacy to help tackle the crisis".

Fred Hellqvist, pharmacy proprietor from Dover in Tasmania, Co-chair of the group, said "community pharmacists are chronically under-utilised in rural healthcare, despite having the highest patient contact rate of all rural Primary Health Care Providers.

"There is so much more that rural community pharmacists could be doing," he added, with the organisation identifying key priorities such as a "comprehensive suite" of rural and remote workforce incentives, reform of the Rural Pharmacy Maintenance

Allowance, loadings on government funded pharmacy services such as HMRs, MedsChecks and Clinical Interventions, financial support for Medication Reconciliation for patients transitioning into new care settings, and a potential Rural Ailments Scheme.

"We want to support our rural GP colleagues and friends through better opportunities to contribute to the care of more complex patients," Hellqvist said.

"By working with GPs in a more formal and ultimately much more productive basis than now, we can not only improve patients' pharmaceutical care but we can also help ensure massively overworked rural GPs are relieved from some of the workload that currently interferes with their ability to lead and coordinate primary care," he added.

Peter Crothers from The Towers Drug Co Pharmacy in Bourke, NSW is also a member of the RPNA, and highlighted the difficulty of attracting and retaining staff.

"Rural communities need



pharmacists who are actually members of the community, not endless locum rosters and fly-in-fly-out contractors who never fit in."

He said rural owners were increasingly required to offer better pay, extended paid leave, free housing and transport and other incentives out of their own pockets.

The RPNA argues that current pharmacy remuneration structures assume an "average" patient and does not allow for the more complex patient situations that are routinely encountered in the bush.

The group is also calling for a seat at this month's "without prejudice" roundtable meeting of 7CPA stakeholders in Canberra.

UFS opportunities in regional Victoria

UFS Dispensaries is highlighting the ability for pharmacists to enjoy a "big city career" alongside a country lifestyle, with a range of pharmacy roles available in Victoria's Ballarat region.

Positions are on offer for experienced pharmacists, pharmacy managers and

pharmacy assistants, while UFS Dispensaries is also currently recruiting for its 2019/20 internship program, seeking "pharmacy students that are committed to a successful pharmacy career in a beautiful regional city".

See the **cover page** of today's *Pharmacy Daily* for details.

New DoH site

THE Department of Health has rolled out a new website, with improved navigation and search facilities as well as reorganised content.

The Department has also begun consolidating its other health websites into the main portal so more information is in one place - health.gov.au.



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Pharmacists reduce GPs' burnout

GENERAL practitioners who partner with pharmacists as part of primary care teams are less likely to suffer depression or burnout, a US study reveals.

Published in the *Journal of the American Board of Family Medicine*, the study's authors reported that more than 50% of primary care providers experience burnout, which can lead to increased depression and higher rates of suicide, poor patient outcomes and increases in medical errors.

"In primary care, clinical pharmacists often deliver a service called comprehensive medication management (CMM)," the researchers wrote but found that primary care providers believe comprehensive medication management, provided by a pharmacist, "in general, positively affects their work-life".

GPs spoke of the pharmacist bringing "an added skillset and

resource and a collaborative partner in caring for patients. They also described seven outcomes of having CMM available that contribute to their work-life.

"These outcomes were: decreased workload, satisfaction patients are receiving better care, reassurance, decreased mental exhaustion, enhanced professional learning, increased provider access, and achievement of quality measures."

CMM used to be known as medication management services that comprise a spectrum of patient-centered, pharmacist-provided, collaborative services that focus on improving patients' medication and health outcomes.

A common medication management service provided by many pharmacists is medication therapy management but the CMM terminology better reflects the more comprehensive nature of the process.



"CMM is a defined process of care most often provided by a pharmacist and can take place in many settings, including primary care practices."

Lead author and Assistant Professor at the College of Pharmacy, Twin Cities, Kylee Funk, said, "As a medical community, we are very concerned about burnout.

"Our findings are promising for healthcare leaders who are seeking solutions to decrease burnout and improve joy in work," she said.

"It is exciting to identify that working with a pharmacist may offer very important benefits for clinicians."

Access the study at jabfm.org.

Fathers' Spotlight



FATHERS' Day is coming right up, so advertisers looking to highlight the perfect gift for Dad can book a space in our Fathers' Day Spotlight feature.

For more information contact Hoda or Mel on 1300 799 220.

MHR & diabetes

THE Australian Digital Agency and Diabetes Australia have used National Diabetes Week to highlight the value of My Health Record (MHR).

Diabetes Australia CEO, Greg Johnson, said the MHR platform was particularly important for the management of complex health conditions such as diabetes.



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Dispensary Corner

NO, IT wasn't an overdose of minoxidil.

Authorities in Spain have arrested a man arriving on a flight from Colombia after taking exception to his exceptionally fluffy bouffant.

He was in fact wearing a hairpiece, underneath which he had craftily concealed 500g of cocaine with an estimated street value of €30,000 (**below**).

We're not sure whether he was some sort of drug bigwig or just on the fringes of the cartel, but officers said they were combing Barcelona Airport for more evidence.



IT SOUNDS more like an action movie than political posturing, but a US congressman has asked Pentagon officials to confirm "whether or not the US Department of Defence experimented with ticks...for use as biological weapons".

New Jersey representative Chris Smith has asked the tough question as part of an amendment to a bill authorising ongoing defence spending.

He has asked the Inspector General to conduct a review in response to ongoing rumours that pathogen-packed insects could be deployed to cause disease among enemy forces.

Walmart axes pharmacists

AMERICAN supermarket giant Walmart is estimated to have retrenched about 3% of its "health and wellness" workforce across the USA, including pharmacists, as part of a restructure of the business.

The company operates around 4,700 stores, almost all of which have a pharmacy, with health and wellness comprising about 11% (or US\$332 billion) of its revenue.

"We are on a transformational journey on how we operate our pharmacies and serve our customers, investing in key growth areas to develop our business and associates," a spokesperson said.

"We are aligning our staffing with the demands of the business to

consistently serve our customers now and in the future."

A number of reports estimate the layoffs could hit as many as 40% of the company's senior pharmacists, with social media updates indicating pharmacy managers and technicians are also in the firing line.

Walmart is estimated to have about a 5% share of the US pharmacy market, and employs over 10,500 pharmacists.

Currently the company is piloting a "pickup kiosk" which will allow customers to pick up prescriptions after hours.

Walmart said it was working with impacted staff to find open positions within the company.

Blackmores leases Surry Hills office

COMPLEMENTARY medicines manufacturer Blackmores Limited has taken out a lease of three floors of a new office building in the Sydney CBD fringe suburb of Surry Hills.

The new "city campus" at 64

Kippax Street aims to meet the needs of the group's workforce, with a central Sydney location and the best amenities on offer, according to Blackmores Director of Commercial Operations, Shane Fennell.

Win with John Plunkett

Everyday this week Pharmacy Daily and Plunkett's are giving away the Superfade Accelerator plus a John Plunkett cosmetic bag.

Superfade Accelerator can be used for quicker results with Superfade Creams or alone to help remove superficial pigmentation. Contains a blend of AHAs including Ferulic acid cytoectors to gently exfoliate. RRP \$19.95.

Visit: www.Superfade.com.au for more.

To win, be the first from SA or NT to send the correct answer to the question to comp@pharmacydaily.com.au

What product is recommended to be used with Superfade Accelerator?

Congratulations to yesterday's winner, Donna Delgado.



Travel Specials

WELCOME to *Pharmacy Daily's* travel feature. Each week we highlight a couple of great travel deals for the pharmacy industry, brought to you by *Flo Travel Nasal Spray*.



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NCL's Mid-Winter Hawaii Sale

NORWEGIAN Cruise Line (NCL) is extending its offer for its exciting Mid-Winter Hawaii Sale to 31 Jul with Five-Free-At-Sea deals and up to US\$200 free onboard credit per oceanview and above stateroom.

Pay only US\$50 deposit for a limited time and outlay as little as AU\$1,800 for the seven-day Hawaii round trip from Honolulu onboard the newly refurbished *Pride of America*.

See ncl.com.

Seabourn Oz Gems

SAIL the 33-day Gems of the Southern Seas (Australia, New Zealand and Denpasar) in unparalleled luxury with Seabourn onboard the crown of the fleet, *Seabourn Encore*.

Prices start at \$18,999 for a Veranda Suite and range to \$78,999 for Owner's Suite and above.

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