



Today's issue of PD
Pharmacy Daily today has three pages of news including our weekly **Health & Beauty** feature.

MATES update

THE Veterans' Medicines Advice and Therapeutics Education Services project (Veterans' MATES) has released a new educational topic for patients and health professionals.

The new "Staying healthy at home" module features educational material on helping patients with cognitive impairments to function successfully at home.

Of the estimated 436,400 Australians living with dementia in 2018, 94% were aged over 65 years.

One in three of them live alone at home, while 40% live in regional, rural or remote communities where access to services is often limited.

The therapeutic brief provides information about Department of Veterans' Affairs-funded cognitive, dementia and memory assistive aids - see veteransmates.net.au.

NPS urges CM disclosure

PATIENTS taking complementary medicines have been formally advised to "reveal all to your pharmacist" in order to stay safe, according to a new update from NPS MedicineWise.

NPS noted that almost seven million Australians were taking

some form of complementary medicine every day, reminding consumers that "complementary medicines should be treated like other medicines."

"Complementary medicines may interact with your prescription and over-the-counter medicines which may cause you harm, so reveal all your medicines to your pharmacist before you buy a complementary medicines," NPS MedicineWise said.

A survey commissioned by the organisation found that just 20% of Australians "never" take a complementary medicine, while about eight million people take two or more CMs in any given week.

The same Galaxy poll found that of Australians taking complementary medicines every day, 59% also take daily doses of prescription medications.

NPS MedicineWise medical adviser Jill Thistlethwaite said for people taking complementary medicines, "your pharmacist can give you advice on which are safe for you to take".

PBS additions

HEALTH Minister Greg Hunt yesterday announced the Pharmaceutical Benefits Scheme listing of "crucial medicines" to treat cancer, motor neurone disease and Parkinson's disease.

The PBS additions, all effective from 01 Apr 2019, include \$19m to broaden the listing of Adcetris (brentuximab vedotin) to include treatment of cutaneous T-cell lymphomas; the first time PBS listing of Xadago (safinamide) for the treatment of Parkinson's disease; and Teglutik (riluzole) for the treatment of amyotrophic lateral sclerosis.

More at health.gov.au.

RAC-Wizard deal



THE Royal Automobile Club of Western Australia (RAC) and Wizard Pharmacy have announced a partnership to provide RAC members access to special deals from the pharmacy group.

Wizard Pharmacy becomes part of the RAC Members Benefits Program meaning initially from the start of Apr, all RAC members will receive 5% off at Wizard when they purchase in-store or online.

Lyndon Dyson, CEO of Wizard Pharmacy, said the group was proud to partner with RAC to add more value for its members.

"RAC is one of Western Australia's most trusted brands, and we share a common purpose which is to enhance the quality of life for all West Australians," he said.

Dyson said he was excited about the opportunity the partnership represented to deliver "future growth for our pharmacies".

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PBS Information: Restricted benefit.
 Refer to the PBS Schedule for full restricted benefit information.

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CA++ in pregnancy

POSTPARTUM bone recovery may prove to be as simple as taking calcium (Ca++) supplements during pregnancy, according to a study published in the *American Journal of Clinical Nutrition*.

Calcium supplementation increased cortical bone mass density - see academic.oup.com.

Win with BetterYou

This week Pharmacy Daily & BetterYou are giving away each day a prize pack including the BetterYou™

B12 Boost Oral Vitamin Spray and the BetterYou™ Magnesium Flakes 250g valued at over \$40.

Support your energy levels and maintain brain health with the BetterYou™ Vitamin B12 Oral Spray. Specially formulated to be ingested via the inside of your cheek, by bypassing your digestive system. BetterYou™ Magnesium Flakes offer pure relaxation and rejuvenation with a highly concentrated form of 100% natural magnesium chloride (47%). Soaking in a hot bath helps to relax and ease sore muscles and stiffness whilst give your skin a hydrating and soothing treat. For more info see www.betteryou.com.au.

To win, be the first person from WA to send the correct answer to comp@pharmacydaily.com.au

What are the four products available in the Oral Spray Vitamin range?

Congratulations to yesterday's winner, Jignasha Dayah.

Sacked for 'sculling' leftovers

CCTV footage of a pharmacist preparing a prescription and dispensing it, before "sculling" the leftover medication from a mixing bowl, cost him his job.

The Fair Work Commission rejected an application by the pharmacist, alleging that his employment was improperly terminated by Chemist Warehouse Hervey Bay, because he failed to lodge the application with the required 21-day period.

The pharmacist was dismissed on 07 Sep 2018, less than five months into his six month probation period, but failed to lodge his application until 09 Jan 2019, claiming he was unaware of the requirement to make the application within 21-days of his dismissal.

The 21-day period was noted on Fair Work Act documents provided by Chemist Warehouse when the pharmacist's employment started.

The Commission's ruling noted that Chemist Warehouse asserted its decision to dismiss the pharmacist was "for reasons of

serious misconduct".

"The respondent says that it has CCTV footage of the applicant (on 31 Aug 2018) mixing prescription medication for a customer, dispensing that medication from the mixing bottle/vessel," the Commission said.

The Commission noted the pharmacist admitted consuming the leftover medication, but claimed he was "tasting it for consistency and quality reasons" - something he said he was permitted to do as a qualified pharmacist.

Chemist Warehouse disagreed with this assertion, and also confirmed it had lodged a complaint about the pharmacist's behaviour with AHPRA.

Prior to his dismissal, the pharmacist made various complaints to Chemist Warehouse including some in relation to allegations of bullying, however, the Commission reported that it did not receive evidence to suggest the employer had contravened the relevant provisions of the Fair Work Act.

Blackmores director

BLACKMORES has announced the appointment of Christine Holman as a non-executive director.

Holman has over two decades of commercial and Board experience, with Blackmores Chairman Brent Wallace saying she would be a strong contributor to the firm's business transformation program.



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**NRL
R1 WINNER**

Congratulations

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HARMAN**

from PGO

Andrew is the top point scorer for Round 1 of Pharmacy Daily's NRL footy tipping competition.



GuildDigital

Pharmacy Daily NRL tipping competition is sponsored by GuildDigital, with the top tipper for the season winning a \$1,000 gift card.

NRL game 07/01/2019/1/ACT game 17/1/2019

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Dispensary Corner

WHO knew smoking was a sport? Hold onto your humidors - the "highly anticipated" Cigar Smoking World Championship is set to be held in Bangkok next week for the third year running.

It's not as simple as just lighting up and puffing away - contestants must choose from a box of identical cigars and conform to a plethora of point scoring rules around lighting time, keeping the ash, not letting it go out & more.

Prizes include a limited edition Cuervo y Sobrinos luxury pen for the champion, a Manucado Colibri limited edition cigar cutter for the runner up, a Manucado Cigar & Whiskey set for the third prize and more.

There is a maximum of 20 contestants, male and female, who each contribute \$1,000 to compete for the questionably coveted prizes.

BIG Brother eat your heart out - in future your toilet may know more about you than anyone else.

The rise of artificial intelligence is likely to lead to new "smart toilets" which will scan bodily excretions to check your health.

That's the vision of Sanjay Mehrotra, CEO of computer chip maker Micron Technology, who told attendees at a San Francisco technology conference this week to "imagine smart toilets that will be analysing human waste in real time every day."

"You don't need to be going to visit a physician every six months...if any sign of disease starts showing up you'll be able to catch it much faster because of urine and stool analysis," he enthused.

Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy. Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

SkinB5 Australian Botanical Cleanser

SkinB5's **Australian Botanicals Cleansing Mousse** uses botanical extracts sourced from the Australian landscape to provide a soothing, non-drying cleanse that is rich in potent active nutrients specially selected for acne prone skin. Using the power of cellular extraction, the integrity of the ingredients' natural molecules are suspended in a liquid matrix, allowing their benefits to be harnessed in a breakthrough product designed for everyday use.



Stockist: 0488 841 701
RRP: \$42.90
Website: www.skinB5.com.au

Chemists' Own Saline Nasal Spray



Chemists' Own has launched the latest addition to its range, **Saline Nasal Spray**. Designed to clear dust and pollen from dry nasal passages to help make breathing easier, naturally, Chemists' Own Saline Nasal Spray contains sodium chloride 7.04mg/mL which is released as a one-touch buffered saline mist. This product may be used in newborns through to adults, during pregnancy and breastfeeding. This product may not be right for you. Read the label before purchase. Follow all

directions for use. If symptoms persist, consult your health professional.

Stockist: 1300 9 ARROW (27769)
RRP: \$7.99
Website: www.chemistsown.com.au

Always Red Eau de Toilette

Elizabeth Arden brings the most alluring fragrance to lift your profile above the rest. **Always Red Eau de Toilette** is a fragrance inspired by New York - confident, bold and independent. It features top notes of blood orange, red plum and passionfruit, heart notes of jasmine sambac, pink freesia and rose petals, and base notes of praline, mahogany woods and red amber. Keep them guessing through the dinner, through the after dinner drinks and into the long night with this unique lingering Arden experience.



Stockist: 02 9409 7703
RRP: \$50.00 50mL, \$69.00 100mL
Website: www.elizabetharden.com.au

Melodrama 10-Piece Brush Set by DB



New from Designer Brands (DB) is the exciting **Melodrama 10-Piece Brush Set**. This ultimate kit is a complete set of makeup brushes with a

soft dual-tone gradient. With soft premium synthetic bristles that are perfect for both powder and liquid formulas, these unique looking brushes are an essential addition to any makeup kit. Each brush is individually labelled for easy identification and use. Store and carry using the included matching lavender brush roll with a magnetic closure.

Stockist: 03 8544 8000
RRP: \$29.99
Website: www.dbcosmetics.com.au