

4 ways to help build strong bones



Petrus PHARMACEUTICALS

Available from API, Symbion & Sigma

Use only as directed. Consult your healthcare professional if symptoms persist.

SHPA maps out bold workforce vision

PHARMACY practitioners should be positioned as “essential to Australian healthcare” in all practice settings, according to a new document released by the Society of Hospital Pharmacists of Australia (SHPA) at its annual gathering on the Gold Coast.

Titled *Advancing Australia's Pharmacy Workforce*, the manifesto “ties together years of planning,” according to SHPA President, Peter Fowler, in his opening address to Medicines Management 2019, the 45th SHPA National Conference.

“Pharmacy represents an under-utilised pillar of Australian healthcare at a time of rapidly changing demographic and economic challenges,” he said, with the document showing “how SHPA supports members in their everyday work, while fostering a broader healthcare environment in which every pharmacist can maximise their impact on patient care”.

The vision includes the Society's Practitioner Development Pathway which links the organisation's key initiatives and programs, “showing how SHPA supports growth in a pharmacist's skill, expertise and experience, connecting ambition

and opportunity as they advance their practice,” Fowler said.

Growth in a pharmacist's skill, expertise and experience is underpinned by the continual development of five core competencies: medicines management and patient care; leadership and management; education and research; professionalism and ethics; and communication and collaboration, according to the document.

A second concept showcased comprises SHPA's six “Pharmacy Innovation Principles” which demonstrate “how we intend to foster intra- and inter-hospital environments that fully harness the value and expertise of Australia's hospital pharmacy workforce”.

The principles outlined were:

1. Position all pharmacy practitioners, across all settings and in all roles, as essential to Australian healthcare
2. Support and recognise pharmacists and technicians to operate at their fullest scope of practice
3. Embed an advancing practice approach to reflective life-long learning from earliest stages of career development



4. Establish equitable access to experiential learning for students, hospital pharmacy interns, and foundation and advanced training residents, across Australia
 5. Progress advanced and specialty roles and career opportunities for pharmacists and technicians
 6. Build and strengthen partnerships fostering innovation and research between practitioners, healthcare teams and organisations.
- More from the SHPA conference on pages **two** and **three**.

Today's issue of PD

Pharmacy Daily today has three pages of news plus a full page from **Razor Group**.

Webstercare
Meds Pro
PACKING ROBOT



Your robot looks after the packing.

You look after your customer.

LEARN MORE

To help promote bone health in adults

Biome Osteo™ Probiotic

Guaranteed potency
Clinically tested probiotic strains

Download Product Sheet

ACTIVATED PROBIOTICS™

Biome Osteo™ Probiotic.

Clinically proven to reduce bone loss by 78%*

*Clinical trials available on request

Taste LIFE with

OSMIST DRY MOUTH SPRAY

FIND OUT MORE AT OSMIST.COM.AU

SAY GOODBYE TO A DRY MOUTH

Available in a 50mL bottle, Osmist offers 3 hours of relief* and freshens the breath with a natural peppermint flavour.

Freshens breath

Made from natural ingredients

Soothes and moistens a dry mouth and throat

NOW AVAILABLE TO ORDER FROM YOUR WHOLESALE

EMTRIX® **NEW FORMULA**

TRIPLE ACTION TREATMENT

Antifungal • Hydrating • Smoothing

Improves nail appearance for **92%** of users*

Always read the label. Follow the directions for use. If symptoms persist consult your health professional.

UNMISSABLE PROMOTION

now available via all major wholesalers. *Click here to order.*

www.emtrix.com.au

* 8 weeks clinical study. Dermatology 233(2-3); August 2017

SA vax age lower

THE South Australian Government is considering lowering the age for pharmacist influenza vaccination to patients as young as 10 years old, in the wake of this year's "horror influenza season".

Currently pharmacists in SA can only immunise people aged 16 and up, with the state's Health Minister, Stephen Wade, saying lowering the age would boost the proportion of vaccinated children.

More than 100 South Australians have died from influenza this year.

SA Chief Public Health Officer, Nicola Spurrier, noted that increasing pharmacist vaccination to include younger children would make it easier for families to ensure they were protected.

The South Australian Branch of the Pharmacy Guild of Australia hailed the proposals, saying such a move would "bring Australia a step closer to national harmonisation of flu vaccination delivery through community pharmacies".

Currently children aged 10 and up can be vaccinated by pharmacists in Western Australia, Tasmania and Victoria.

"Lowering the minimum age of pharmacist-administered flu vaccinations will undoubtedly improve access and save more lives," said SA Guild Branch President, Nick Panayiaris.

"Clearly pharmacists are part of the solution and giving pharmacists the ability to practise at their full scope, applying their training and expertise will bring great benefits to our health system."

Sigma+Cronos

SIGMA Healthcare and listed medicinal cannabis supplier Cronos Australia Limited have signed a new national distribution deal (**PD** breaking news Fri).

Cronos is aiming to import the Peace Naturals range of CBD and THC-based products from its sister operation in Canada, and also develop its own range for sale in Australia, which will be distributed via Sigma's pharmacy brands.

Biome Osteo out

ACTIVATED Probiotics has this month launched a new Biome Osteo Probiotic into the Australian pharmacy sector.

The company's CEO, Michael Oredsson, said the clinically trialled product reflected a "mounting body of research" which had uncovered an important role of the gut microbiota in the maintenance of bone health.

The study, published in *The Lancet Rheumatology*, found a significant reduction in bone loss (assessed at the lumbard spine) in women who received the probiotic product daily for 12 months, compared to those who received a placebo.

SHPA technician standard release

THE Society of Hospital Pharmacists of Australia (SHPA) has launched a new Standard of Practice for clinical pharmacy technicians.

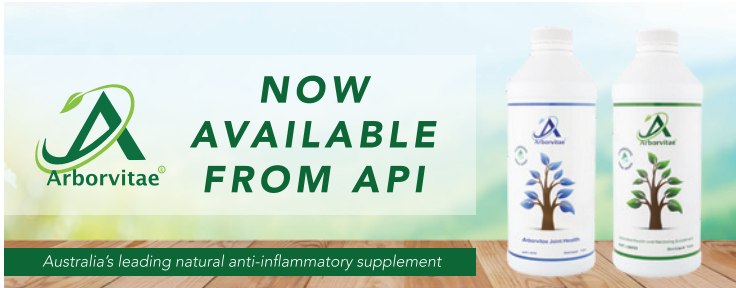
SHPA CEO, Kristin Michaels, showcased the new *Standard of Practice for Pharmacy Technicians to Support Clinical Pharmacy Services*, which outlines how pharmacy technicians can undertake a range of ward-based administrative, supply, technical and cognitive activities.

Chair of SHPA's Pharmacy Technician Role Redesign Steering Committee, Trudy Teasdale, said the new document incorporated best practice from across Australia.

"We've gathered the views and expertise of a broad range of members over many months of consultation," she said.

"This major revision modernises this important document to better reflect the value that technicians provide to our patients when working in a clinical pharmacy setting."

The document is available online at shpa.org.au.



NOW AVAILABLE FROM API

Australia's leading natural anti-inflammatory supplement

CHF demands 7CPA seat

THE Consumers Health Forum (CHF) has issued a formal position statement on the Seventh Community Pharmacy Agreement (7CPA), saying it should be a signatory to the pact.

"The agreement should involve all key stakeholders, including consumers, as recognised parties to the National Medicines Policy on behalf of the Australian people.

"Consumers typically have more contact with pharmacists than with any other health professional, and should have more say in the funding and design of pharmacy services," according to CHF CEO, Leanne Wells.

Releasing the statement, the Forum has also made a number of recommendations about the 7CPA, including urging the Government to ease dispensing restrictions and permit consumers to get two months' supply for each dispensing of a range of commonly prescribed medicines.

"Removing this often unnecessary restriction - unless prescribed otherwise by the doctor - would improve accessibility, convenience and affordability for consumers on routine medication who currently have to go back to the pharmacy

every month for no good reason."

Wells said the issue of two month dispensing was an example of the need for reform in pharmacy regulation and financing.

"Community pharmacy is largely funded and governed through an agreement worth billions of dollars covering consumer-related services, yet consumers have little say in it."

Other recommendations made by the CHF include splitting the agreement into two parts - one covering pharmacy remuneration, and the other relating to professional services, to strengthen the consumer focus on services and invest in innovation in pharmacy service delivery.

The Forum is also urging "innovation to remove regulatory barriers such as anti-competitive location and ownership rules which stifle competition," as well as regulatory change which would help deal with innovations such as e-prescriptions and pharmacy vending machines.

CHF's manifesto also urges increased transparency, to give consumers more timely information on prices and medicine information at the point of dispensing.

Advertising Coordinator

Macquarie Park, Sydney

The Business Publishing Group is looking for the services of a proactive Advertising Coordinator to work across our industry leading titles.

This is a full-time role working within our sales and marketing team. Key responsibilities will be the development and production of our publications, liaising with clients on quotes and advertising coordination as well as assisting with promotional activities.

We are looking for someone who has strong attention to detail, is organised, a team player and excels at customer service. Experience with Adobe InDesign and Microsoft Office suite is highly desirable.

If this sounds like you apply to jobs@traveldaily.com.au today. Applications close 29/11/19.



Dispensary Corner

THEY'RE generally good at sniffing out truffles, but some wild boars in Italy got a little more than they bargained for after coming across a stash of cocaine hidden in a forest.

Narcotics dealers allegedly buried the drugs, worth about \$60,000, in Tuscany's Valdichiana valley, but were dismayed to find the packages scattered throughout the woods when they went to retrieve them.

A phone tap tipped off the police to the incident, leading to the arrest of the gang which is claimed to have traded about 2kg of cocaine each month in nightclubs in the city of Arezzo.

It's unclear what the effect of the drugs were on the animals, but locals were on the lookout for a pack of plastered porkers.

WANT to work on your mental health at work? Have a meeting.

That's the suggestion of a researcher from the University of Malmo in Sweden, who have published a study saying meetings can be seen as a type of "therapy" rather than actually a forum for decision-making.

Professor Patrick Hall particularly highlighted long meetings, which are theoretically a place to work on company strategy, but actually serve as an "opportunity to complain and be acknowledged by colleagues".

He also noted that while some meetings seem pointless to those taking part, they can sometimes be used to assert the authority of an organisation.

SHPA awards winners



TASMANIAN hospital pharmacy and health informatics pharmacist, Tom Simpson, has been awarded the 2019 SHPA Medal of Merit at Medicines Management 2019 (MM2019), the 45th SHPA National Conference.

SHPA President and fellow Tasmanian, Peter Fowler (**pictured** above with Simpson), acknowledged Simpson's energetic leadership and extensive impact on statewide pharmacy practice.

"Under Tom's leadership, hospital pharmacy practice in Tasmania has strengthened to a point that was unimaginable only a handful of years ago," Fowler said.

"He has made lasting impact across many sectors, including policy, acute, rural and education."

Other pharmacists honoured during the SHPA National Conference included NPS MedicineWise CEO and former Chief Pharmacist of South Australian Health, Steve Morris, who received the prestigious Fred J. Boyd Award.

Fowler, **pictured** above right with Morris, said the award celebrated the NPS chief's strategic vision, inspirational leadership and his ability to effect service improvement

Vit D oral spray

USING an oral spray to deliver vitamin D is just as effective as a capsule, research published in the latest *European Journal of Clinical Nutrition* suggests.

Visit nature.com for the study.



Weekly Comment

Welcome to Pharmacy Daily's weekly comment feature. This week's contributor is **Rachelle Frain, GM, myPak Solutions.**



How to transform your DAA workflow

RECENTLY a customer told us why he invested in software and automation 3 years ago. With more elderly in the community needing multiple medications, his DAA workflow had become unmanageable and 'frankly one of the most stressful parts of the business'. Staff morale fell. Medication 'near misses' and error rates rose. 'Technology was the way forward and I've never looked back'.

The Royal Commission's interim findings into Aged Care this month found a system 'designed around transactions, not relationships or care... fail(ing) to meet the needs of its older, vulnerable, citizens'.

Pharmacists are perfectly placed to meet these needs, especially those reliant on multiple medications, more of whom are keen to stay in their communities for longer.

Pharmacists can support these patients by providing the best DAA pack solutions to meet their needs. myPak Solutions MedicoPak perforated pack is ideal for polypharmacy patients. It helps maintain their active lifestyles more easily and discreetly for longer. Our cutting-edge DAA software and Alpaca automation transforms DAA workflow efficiency.

Next week, I'll explain how myPak Solutions can help grow overall professional services without increasing staff.

Meanwhile, learn more about our complete DAA solution. Call 1800 812 649. Visit www.mypaksolutions.com.au.

The health of your ^{business}~~body~~ is defined by what you put in (and what you leave out)



RAZOR
G R O U P

OUTSOURCE
PAYROLL AND
BOOKKEEPING
TO PHARMACY
EXPERTS

Just like the human body, the health of your business comes down to choices.

What you put in, and what you leave out, ultimately defines how well it runs. Get the balance right, and you'll experience astonishing results.

Outsourcing your core administrative tasks to Razor, such as payroll & bookkeeping, will enable you to focus on your area of expertise, and the important job of growing your business.

There are immediate and ongoing benefits, including:

COST EFFECTIVE

NO ONGOING OVERHEADS.
YOU ONLY PAY FOR THE WORK
YOU NEED, WHEN YOU NEED IT.

CONTINUITY

NO DISRUPTIONS TO YOUR
ADMIN, DUE TO HOLIDAYS,
SICK LEAVE OR RESIGNATIONS.

COMPETITIVE

KEEPS YOUR BUSINESS UP-TO-DATE.
ENSURES YOU'RE ENGAGING AND
UTILISING THE LATEST TECHNOLOGIES.

Contact us today to discuss what Razor can do for you, and your business.

For a **FREE** no obligation consultation call **1300 0 RAZOR** or go to **razor-group.com.au/pharmacy**