## PHARMACY OF THE YEAR:



"We love Posworks and the data and reports that we can generate have certainly helped with our business management and success."

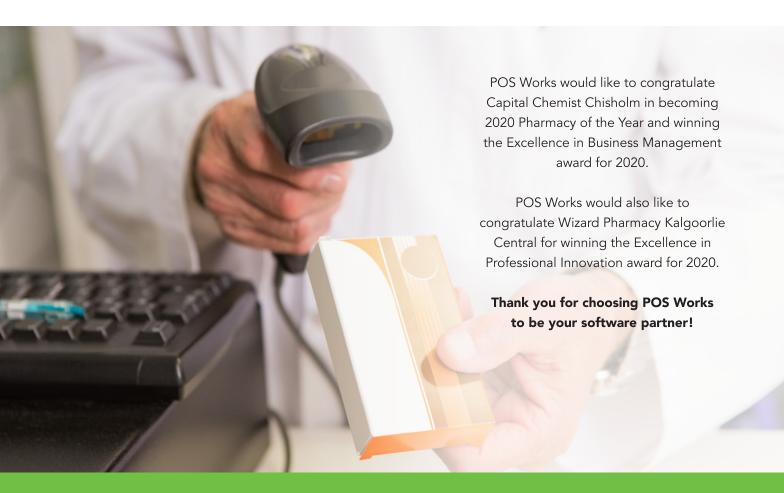
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Thu 14th May 2020



## Today's issue of PD

**Pharmacy Daily** today has three pages of news, plus a front **cover wrap** from **POS Works**.

### Risky flat whites

**COFFEE-LOVERS** are being urged to drink it in moderation as it may increase their risk of osteoarthritis, arthropathy and obesity, a study reveals.

Using data from more than 300,000 participants in the UK Biobank, researchers examined connections between genetically instrumented habitual coffee consumption and a full range of diseases, researchers from the University of South Australia found that while "moderate coffee drinking is mostly safe... habitual coffee consumption increase the risk of all three diseases".

CLICK HERE for more.

# Pharmacists key to COVID information

PHARMACISTS need to ensure they are up to date on changes in COVID-19-related restrictions and requirements within their state/ territory, as moves to ease social distancing are implemented.

Speaking during a webinar last night, Pharmaceutical Society of Australia (PSA) National President, Dr Chris Freeman, said the pharmacy profession will continue to play a crucial role in disseminating information to the public, to support COVIDSafe measures going forward.

"As frontline health providers we have a critical role in making sure that we provide the community with the correct information when it comes to implementing the reduction in distancing measures as they are rolled out across the country," he said.

"As has been the case, there are different conditions in different states and territories, and it's really important that we familiarise ourselves with what our local plan



is going to be in terms of that relaxation - it's not going to be the same across the country at the same point in time."

He stressed that pharmacists needed to be aware of the public health information in their local area, and reinforce the messages to their patients.

While identifying the need for pharmacists to be on top of the latest information regarding plans to ease restrictions, Freeman said

the process was likely to take time, with distancing and other measures designed to mitigate against the spread of the virus likely to remain important going forward.

"This is going to be a slow process and so you're going to need to start to embed the changes that you've made in terms of how you are able to conduct your practice to maintain things like physical distancing in those environments," he said.

#### **PSA Pharmacist Advice Line launched**

#### **MEMBERS** of the

Pharmaceutical Society of Australia (PSA) will be able to access professional support through the organisation's new Pharmacist Advice Line.

PSA National President, Dr Chris Freeman, said the new service would provide "direct pharmacist-to-pharmacist advice" on a range of issues from ethical and practice-related queries to questions around medicines, compounding and registration.

"I'm very please to announce that there is a dedicated phone number for that," he said during a PSA COVID-19 webinar last night.

"If you are interested in taking part in that service then please go to the PSA website for more details."

# Full-Time Pharmacist Busselton, Western Australia

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"Fussel A, et al., Eur J Med Res. 2000:5:385-390. Koetter U, et al., Phytopher Res. 2007:21:847-851. Lataster MJ, et al., Notabene Medici. 1996:4:182-185. Notter D, et al. Eur J Med Res. 2003:39-13





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## Dispensary Corner

**WILD** bears which broke into a holiday cabin in the USA have made off with a host of goodies - including a packet of antihistamines.

The incident took place in Gatlinburg, Tennessee last Fri, where Michelle Eberhart was taking a break with friends.

She was inside when the bear broke in, taking refuge in a bedroom while the creature ransacked the place.

Eventually police arrived and were able to chase the ursine intruder away.

"They got five pounds of Reese's Peanut Butter Cups and a pound of M&Ms and two pounds of Sour Patch Kids and two bags of potato chips," Eberhart told a local TV station.

"They also got two beers and two Diet Cokes and about 20 Zyrtecs," she added.

Sounds like that was one long weekend of bingeing ruined!

**AUTHORITIES** in the UK have once again reminded the public that the 999 emergency number is really only for emergencies.

The official update followed a recent call to the West Yorkshire Police Contact Management Centre with a complaint that the caller's hot water wasn't hot.

"If you haven't got any hot water and your heating isn't working then you'll need an engineer. Ringing 999 asking for the police won't help you," the Centre tweeted.

A similar reminder was issued by Essex Police last month, after a caller reported that they could hear a neighbour snoring loudly.

## Sigma pharmacy brands surge 12%

PHARMACEUTICAL wholesaler, Sigma Healthcare, is reporting a strong start to 2020, with the company's retail pharmacy brands delivering like-for-like growth of 11.7% over the last financial year.

Speaking at the Sigma Annual General Meeting yesterday, outgoing Chairman, Brian Jamieson, reflected on the events of the last 12 months, which have seen a major transformation program, the launch of three new distribution centres, the end of the Chemist Warehouse supply agreement, before winning back part of the business, the bushfires earlier this year, as well as the successful defence against a takeover offer from Australian Pharmaceutical Industries (API).

"I am incredibly proud of the way that the Sigma management team and all team members have embraced everything that has been thrown at them this year," he said.

Jamieson, who also stepped down and handed the reins to

Ray Gunston yesterday, noted that the retail brands including Amcal, Guardian, Discount Drug Stores, Pharmasave, Chemist King and Whole Life Pharmacy were growing significantly faster than the market

"Around 20% of consumer spend in pharmacy is in one of those brands," he said, adding that sales to hospital pharmacy also soared 26% "as we continue to extend our reach in this market".

CEO, Mark Hooper, gave an update on the Seventh Community Pharmacy Agreement (7CPA) and the Community Service Obligation which helps fund wholesale distribution of Pharmaceutical Benefits Scheme (PBS) medicines.

"Engagement with the Health Minister and the Department of Health has been positive," he said.

"Whilst I cannot comment specifically due to confidentiality constraints, I am encouraged that there is a broad understanding that after years of declining returns, investment in this critical sector is needed to ensure it can continue to serve the community needs for equitable access."

Hooper added that Sigma's wholesale business had experienced an "extraordinary start to the year," accelerated by demand growth driven by the COVID-19 pandemic.

Volume, excluding Chemist Warehouse FMCG items, was up an average of 70% in Mar, with Sigma's revamped distribution facilities providing sufficient capacity to handle the surge.

Sigma has suspended its dividend payment and due to the current uncertainty is not providing earnings guidance, but Hooper said "the combination of the actions we have taken, such as the efficiencies from Project Pivot, our distribution centre investments, our various sales programs, and our expanding third party logistics and medical consumables businesses has already produced a strong platform for earnings growth".

# WIN WITH PLUNKETT'S



Everyday this week Pharmacy Daily and Plunkett's are giving away a SuperLift Collagen Eye Lift worth RRP\$39.95

John Plunkett's SuperLift Collagen Eye Lift is a day and night eye cream packed with peptides including Matrixyl 3000 and Eyeseryl to boost collagen by 100%, and Hyaluronic Acid to provide cushioning hydration, while Rosehip Oil softens and smoothes delicate skin around the eyes. Effectively targets three causes of ageing – fine line and wrinkles, eyebags and puffiness and dark circles. For more information, click here.

Q: Can you use Collagen Eye Lift in the morning or at night? To win send the correct answer to comp@pharmacydaily.com.au

#### **PSS** the winner

COVID-19 may have caused the cancellation of the 2020 Australian Chemist Golf Club Carnival, but major sponsor, and pharmacy wholesaler, Symbion has ensured the Pharmacists' Support Service (PSS) has come out a winner. Symbion and this year's would-have-been hosts the Tasmanian Chemist Golf Club agreed to redirect the wholesaler's \$13,750 sponsorship to the PSS to support pharmacists in need during the COVID crisis.

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