

4 ways to help build strong bones



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Today's issue of PD

Pharmacy Daily today features four pages of news, including our **Beauty & Wellness** feature, plus full pages from:

- Nova Pharmaceuticals
- PharmXchange
- TerryWhite Chemmart

Network grows

PHARMXCHANGE has added the Gibson Eyewear range to its network.

PharmXchange also provides pharmacists access to special deals on a range of brands.

See more on **page six**.

Experts in care

TERRYWHITE Chemmart is recognising its top talent from its recent Masterclass 2023 attended by around 550 professionals.

See more on **page seven**.

Coast's first drive-through

AMCAL Gorokan Pharmacy on the Central Coast, NSW, is the first drive-through pharmacy in the region, the *Coast Community News* (CCN) has reported.

The chemist at 70 Wallarah Rd has a long-term presence in the Gorokan shopping centre and recently upgraded to a new look with Amcal branding, together with longer opening hours and an e-commerce platform to make life more convenient for customers.

Owner pharmacist Eric Ngo who has made numerous changes in the 17 years since he took over, said the drive-through is just one of the ways Amcal Gorokan is embracing technology to innovate and expand healthcare services for the community.

"With busy schedules and hectic lifestyles, customers are always looking for ways to save time," he explained.

"A drive-through allows customers to quickly pick up essential needs and medicines without having to



park and get out of the car to go into the pharmacy.

"We're offering customers a simple click and collect program, script collection, e-commerce orders - it's all about convenience - which is great for parents not having to organise their children to come inside, for people with mobility difficulties or even those who are not feeling well or have COVID."

Amcal Gorokan allows customers to phone the pharmacy with their order, use the Amcal Gorokan app, or place the order online.

Staff at the pharmacy will let customers know when the order is ready to pick up and they will then deliver it to the customer's vehicle in the parking area behind the pharmacy, the *CCN* has reported.

Largest pay rise!

PROFESSIONALS Australia says pharmacists and pharmacy technicians under a modern award will soon receive a pay increase as of 01 Jul.

The parent body for Professional Pharmacists Australia said the Fair Work Commission's decision gives more than 2.6 million workers a pay rise.

Employees on the national minimum wage will receive an 8.6% pay increase, while workers covered by modern awards will receive a 5.75% pay increase.

All union members should be "proud" of this pay rise as it's the "largest increase in minimum and Award wages in Australia's history," the organisation shared.

This increase will apply to around one in four employees and more updates can be read on its social media platforms.

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Career podcast

RAVEN'S Recruitment's latest podcast is available from 3pm AEST today **HERE**, and soon on all the usual platforms.

Season seven episode three is a conversation with the duo at the helm of the National Australian Pharmacy Student Association (NAPSA).

President Flynn Swift and Treasurer Georgia Bridges who work to support, guide, and advocate for pharmacy students nationwide will be talking about their journeys in pharmacy school, what motivated them to take on these roles, and how being part of NAPSA has influenced their pharmacy education and future careers.

So whether you're an aspiring pharmacist, an early career pharmacist, or someone interested in student leadership, this episode is packed with insights you don't want to miss.

Top talent awarded at TWC masterclass

TERRYWHITE Chemmart (TWC) Arana Hills' (Qld) Peter Fairgray was named Pharmacist of the Year 2023 at a gala event held as part of Masterclass 2023 in Adelaide.

Over 550 TWC pharmacists and pharmacy professionals from across Australia celebrated Fairgray's accomplishment along with Jen Chao from TWC Findon (SA) announced as Intern of the Year 2023 and Paul Drury from TWC Elizabeth South (SA) receiving the Innovative Community Care 2023 Award.

Fairgray is bringing clinical services, knowledge and awareness about erectile issues and improving health outcomes after surgery for prostate cancer.

One of the nominations shared that "Fairgray makes a delicate issue one that men and their partners can discuss and seek help for without embarrassment or shame".

"His reputation and dedication have reached further than his immediate community where he had a patient fly in from Mackay for

an appointment.

"He has also presented to three Men's Sheds and a Prostate Support Group in Moreton Bay with 60 men in attendance who have had complications or are recovering from prostate cancer."

Other highlights of the gala evening included the announcement of Drury as the winner of the Innovative Community Care 2023 Award.

Drury has led his pharmacy team to embed care in their local community, shifting the pharmacy's focus to better meet the needs of those with culturally and linguistically diverse backgrounds and First Nations patients.

The Intern of the Year Chao continues to improve her learning in Therapeutic Skin Care and Integrative therapies, and is a



leader within her team sharing her knowledge to elevate the care her colleagues can provide, TWC said.

Pictured (L-R): TWC Chief Pharmacist Brenton Hart, 2022 Pharmacist of the Year Sarah Ding from TWC Coffs Harbour (NSW), 2023 Pharmacist of the Year Peter Fairgray TWC Arana Hills (Qld), and TWC Executive General Manager Nick Munroe.

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References: **1.** Spikevax Bivalent Original/Omicron BA.4-5 Product Information, February 2023. **2.** Chalkias S *et al.* A bivalent Omicron-containing booster vaccine against COVID-19. Available at: <https://www.medrxiv.org/content/10.1101/2022.06.24.22276703v1>. Accessed April 2023. **3.** Andersson NW, *et al.* Comparative effectiveness of the bivalent BA.4-5 and BA.1 mRNA-booster vaccines in the Nordic countries. *medRxiv*. Published online 2023:2023-01. **4.** Link-Gelles R *et al.* *MMWR Morb Mortal Wkly Rep* 2022;71:1526-30.

moderna

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Editor's Choice: 'cult classic' delivers hydration the skin craves

INTRODUCING a new hero beauty product into your customers' skincare routine, which hails from Tokyo.

Hada Labo is on shelves around the country with its Super Hyaluronic Acid skincare range, which also claims to be the number-one-selling skincare line in Japan.

Globally known as a "true cult status" product, the Lotion No.1 Super Hydrator is "sold once every two seconds in Japan", says its manufacturer.

The Hada Labo skincare range contains Super Hyaluronic Acid, which sinks in quickly, and aims to deliver three molecular weights of hyaluronic acid to hydrate deeply

the driest of skins, all without leaving any sticky residue, added its manufacturer.

Lotion No.1 Super Hydrator has an essence-like texture, is artificial fragrance free, sulphate free, mineral oil free, paraben free and reduces signs of fatigue.

Available at Priceline stores around the country, the Hada Labo Lotion No.1 Super Hydrator retails for \$35.95.



Sofia's sun care venture



ACTRESS, model and TV personality, Sofia Vergara, is launching her own beauty line, toty, a range of SPF 50+ essentials, including sun care, skincare, supplements and makeup.

Toty provides sun care-driven products to preserve *belleza* (beauty) and skin health, focusing on fighting photo-ageing.

The cruelty-free, vegan line is scientifically developed and produced in partnership with European manufacturer, Cantabria Labs, known for 30+ years of dermatological research and technology.

"Growing up in Colombia, my life revolved around being outside in the sun.

"I loved the sun, but little did I know, the sun wasn't loving me back!

"Once I learned the true benefits of sun care and protecting my skin from sun damage and photo-ageing, I was hooked.

"I created toty with the idea that sun care should be an effortless part of your daily beauty routine, it's my biggest beauty secret," Vergara said.

Revamp those curls!

MALIBU C Curl Partner Hair Treatment is a 100% vegan, crystallised vitamin complex for revamping existing curls or prep for in-salon perm service.

It refreshes natural curls, body waves and perms and is great for at-home treatment to renew curls with no parabens, gluten, or sulphates.



The Good Dye Young giving a pop of hair colour

FOR the times when a pop of hair colour or dipped dye ends are wanted, Good Dye Young is a conditioning semi-permanent vivid hair colour with a new Streaks & Strands range out now.

Infused with bergamot essential oil to help lift mood, & sunflower extract to add UV protection from the sun and hot tools that cause colour fade, the products are non-toxic, last 16-24 washes and are vegan and cruelty-free.

The Streaks & Strands products come in handy 59ml sizes and retail for \$16.95.



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Beauty & Wellness
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Dispensary Corner

ARTIFICIAL intelligence has had another major breakthrough this month, with US researchers saying they have been able to utilise machine learning to predict whether a song will become a hit.

The research published in *Frontiers in Artificial Intelligence* detailed experiments in which their AI platform observed and learned from brain scans of people listening to music, and could predict which songs would be a banger with 97% accuracy.

Applying the system to "high frequency neurophysiologic data" significantly improved song prediction accuracy, with the scientists from Claremont Graduate University saying "this can open doors to providing consumers with the entertainment they are looking for, rather than flooding them with options".

With tens of thousands of songs released every day, radio stations and streaming services find it difficult to select which ones to add to playlists.

Analysing the brain responses to the music is a new approach, and involved capturing the neural activity of just 33 test subjects to undertake the accurate "neuroforecasting".

Despite some limitations in the study, including a lack of diversity among the demographics of participants, the researchers believe their approach is likely to be applicable to providing accurate popularity predictions for other forms of entertainment including movies and TV shows.

PATY 2023 NT state finalists chosen

PHARMACY assistant Bridget Honner (**pictured** left) from Blooms the Chemist Bakewell in Darwin has been chosen to represent the Northern Territory at the National Finals of the 2023 Pharmacy Guild of Australia/Maxigesic Pharmacy Assistant of the Year Award (PATY).

Honner was selected at the Northern Territory workshop, held last week, where participants demonstrated their pharmacy knowledge and showcased their skills in customer service and leadership.

In addition to the main award, PATY features the Glucojel Super Star Award, which recognises outstanding customer service among the PATY state and territory finalists, and Shay Freeman-Kelly (**pictured** right) from Berry Springs Pharmacy took it out this year for the Northern Territory.

The Pharmacy Guild of Australia's

Northern Territory President, Peter Hatswell congratulated Honner for her valuable contribution to community pharmacy in Australia.

"This esteemed award was created to recognise pharmacy assistants who go the extra mile to help patients and who are proactive in developing their own careers.

"Bridget has demonstrated a strong commitment to her work, to her patients in her community and to the industry, and that is what this award is all about.

"I congratulate Bridget for standing out as Northern Territory's top pharmacy assistant," said Hatswell.

By participating in the national finals, Honner will be in the running to take home more than \$10,000 in prizes including a \$5,000 cash prize, a training package, educational



opportunities and other rewards. Award judge Artie Kalogeropoulos from AFT Pharmaceuticals, the award's major sponsor, said, "over the years AFT Pharmaceuticals has demonstrated a strong commitment to the support and recognition of excellence among our pharmacy assistants, so we are delighted and privileged to support the industry's premier PATY award again in 2023".

Depth of sector

THE latest data shows Australia's charity sector generated \$190 billion in revenue and employed 10.5% of the workforce, highlighting its significance to the Australian economy and community.

The Australian Charities and Not-for-profits Commission today released the ninth edition of the *Australian Charities Report* for the 2021 reporting period, which also revealed that donations increased by \$676 million to \$13.4 billion, and charities reported more than \$422 billion in assets, an increase of nearly \$31 billion.

However, expenses were up by \$7.1 billion to almost \$175 billion, and liabilities rose by \$4.1 billion to \$141.7 billion, a 40% increase over three years.

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Intern of the Year

Jen Chao

TWC Findon, SA



2023 TerryWhite Chemmart
Innovative Community Care

Paul Drury

TWC Elizabeth South, SA