

Ramsay Pharmacy

A NEW ERA CONFERENCE

Empower, Educate & Exceed 2023

Ramsay Pharmacy Group was delighted to welcome our key leaders and managers to our 2023 conference themed A New Era: Empower, Educate and Exceed.

We celebrated our achievements from the past year, our Better Award Winners, team members who achieved length of service milestones, and what's to come for Ramsay Pharmacy in 2024.

Congratulations to our award winners for 2023:

Better Care (Community Pharmacy)

Ramsay Pharmacy Parkside Plaza

Better Care (Hospital Pharmacy)

Ramsay Pharmacy John Flynn Private Hospital

Better Together Team

Ramsay Pharmacy Wendouree 101

Above and Beyond

Ian Fredericks

Excellence in Leadership

Kylie Bow

Intern of the Year

Nermin Aiad



Ramsay Pharmacy John Flynn Private Hospital



Ramsay Pharmacy Parkside Plaza



Kylie Bow



Ramsay Pharmacy Wendouree 101



Nermin Aiad

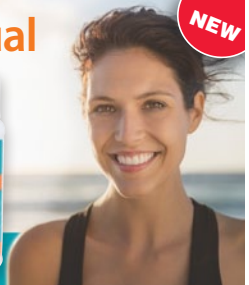


Ian Fredericks

Our team had the opportunity to reconnect with each other while hearing from inspirational leaders both within the Ramsay Pharmacy Group and the wider Ramsay Health Care business. We cannot wait for A New Era in 2024 as we #believeinbetter together.



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In pink for health

FLANNERY'S Pharmacy in Forbes, NSW, is this month shining a spotlight on the estimated 69,000 new cancer cases diagnosed in Australian women each year.

The store has turned pink to raise funds and awareness for women's cancers, with proceeds going towards the National Breast Cancer Foundation and the McGrath Foundation.

Part of the initiative included yesterday's Ladies Night event, which featured a health panel including physiotherapist Matiese Byrnes, women's health nurse Jen Shady, naturopath Alice Flannery and McGrath Breast Care Nurse Dianne Green.

"Ladies Night is all about offering local women a safe and supportive environment, where they can come in, ask questions, and speak with our expert panel," Pharmacist-in-Charge at Flannery's Forbes, Kate French said.

Future proof with top stores

BLOOMS The Chemist Burwood, NSW, has taken home the prestigious Store of the Year Award at the group's recent national conference.

The 2023 Partner's Conference took place in Hobart this year, and saw over 200 delegates in attendance.

Pharmacist-owner Zena Daher (pictured) accepted the Store of the Year award, with the win attributed to displaying strong network values, having a positive net profit improvement from the previous year, a low turnover of team members, and high customer service and community engagement scores.

Coming in second, Runner-Up Store of the Year was won by Blooms The Chemist Rochedale, Qld.

Group CEO Emmanuel Vavoulas remarked that the sessions and awards, "honoured our robust growth strategy that will future proof our network and deliver sustainable financial growth".

The event also saw Blooms



Karabar, NSW take home the Dispensary Award; Port Coogee, WA, win the Community Engagement Award; and the valued Customer Service Award went to Yarrowonga pharmacy, Vic.

Stephanie Trethewey, journalist and rural motherhood advocate, headlined the conference offering the audience her unique perspective on resilience.

Retail experts Profs Lawrence Ring and John Strong delivered expansive sessions covering strategic planning, productivity and excellence in retail. JG

Today's issue of PD

Pharmacy Daily today features two pages of the latest news, plus a front cover wrap from **Ramsay Pharmacy** and full pages from:

- **NSC Group**
- **Discount Drug Stores**

New era leaders

RAMSAY Pharmacy is celebrating its key leaders and managers at the group's 2023 national conference.

Learn more about their outstanding achievements on the **cover page**.

DDS difference

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See more on the **back page**.

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Dispensary Corner

TAYLOR Swift may be good for mental health, with US professional journal *Psychology Today* citing a range of positive societal impacts from the music megastar who will release a new version of her iconic "1989" album later today.

The research article cites the strong multigenerational influence of Swift, saying the popularity of her tunes with people of all ages can foster "familial connections" while also noting that the "music and lyrics serve as a source of comfort for many and can bolster emotional awareness".

Previous studies have found an inability to identify and discuss feelings is linked to poor mental health, with Swift's lyrics by contrast serving to "validate emotional experiences", the article notes.

"Open discussions about mental health issues can reduce stigma, increase awareness and promote wellbeing," the journal added - more at psychologytoday.com.

Ramsay calls in new era

THE Ramsay Pharmacy Group has marked a change in leadership with Michelle Lynch being appointed to the role of CEO of Ramsay Pharmacy and Psychology Group; and Greg Kennedy (**pictured**) taking up the role of COO of Out of Hospitals at Ramsay Healthcare.

Announced at the annual Ramsay Pharmacy Conference in Brisbane on the weekend, delegates heard from industry experts and guest speakers in line with the theme of 'Empower, Educate and Exceed'.

Kennedy commented that the Out of Hospital businesses at Ramsay Healthcare, "play a key and critical role in collaborating with the hospital network to deliver modern, sustainable and integrated healthcare services to our customers".

"The appointment of Michelle to the role, ensures the pharmacy and psychology business will have strong leadership and continue to grow," he commented.

Key leaders and managers across the Ramsay Pharmacy teams gathered over the two days, with key supply partners and heard Lynch saying, "our Ramsay Pharmacy and Psychology teams are outstanding in their



professionalism and care for our patients and I am delighted to continue to be leading this team with the appointment of my role as CEO".

"The 'A New Era' conference was wonderful, as we are able to celebrate our achievement over the past year, recognise our Better Award Winners and team members who have achieved significant milestones in their service as well as what's to come for Ramsay Pharmacy in 2024." JG

Re-sensitise cells

A STUDY has revealed that a decades-old anti-anxiety medication can improve the effectiveness of chemo-radiotherapy towards the most common and lethal brain cancer, glioblastoma (GBM).

Brain cancers are typically resistant to treatments used for cancers elsewhere in the body, with the study team explaining that this may be due to the unique physiological features of the brain.

The study found that tumour cells exposed to human cerebrospinal fluid quickly changed identity and became more resistant to radiation, but that the addition of trifluoperazine to the standard treatment regime could improve patient survival.

Trifluoperazine, an anti-anxiety drug used since the 1950s, could re-sensitise glioblastoma cells to both therapies, and was found not to harm healthy brain cells.

Australian researchers concluded in *Science Advances* that combining trifluoperazine with standard care may improve GBM patient survival.

Stay Hydrated Day shows us thirsty

RESEARCH released this week to mark Australia's first ever National Stay Hydrated Day reveals that almost half of Australians admit to not drinking enough water each day.

Concerningly, the research commissioned by Hydralyte highlights that 40% of Australians notice their own signs of dehydration every day or at least a few times a week.

Despite this, one in three

admit they are not proactive in managing their hydration.

Nearly half of Australians believe that drinking water is the only way to rehydrate and 42% have never tried an oral rehydration solution.

GP Dr Brad McKay explained oral rehydration solutions contain electrolytes and glucose in the right concentrations to optimise fluid absorption in the gut, and are absorbed faster than water.



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