

Healing cook book

A NEW cookbook containing recipes suitable for sufferers of a number of chronic conditions is set to be launched tomorrow at the Gluten Free Food and Allergy Show in Sydney.

Healing Foods: Cooking for Celiacs, Colitis, Crohn's and IBS was written by Sandra Ramacher, and contains over 200 recipes for what the author describes as "comfort foods re-invented".

Ramacher said the book "allows sufferers of digestive diseases to eat foods they love like Christmas cakes, hamburgers, or even sticky date puddings while at the same time healing themselves".

PPF gongs

THE Sydney University-based Pharmacy Practice Foundation this week recognised pharmacy specialist accountant Bruce Annabel, former Vic Guild president Bill Scott and Brisbane pharmacist James Delahunty for their contributions to the pharmacy industry.



NATURAL WOUND MANAGEMENT

APINATE: ACTIVE MANUKA HONEY & ALGINATE FIBRE WOUND DRESSING

ATTRIBUTES

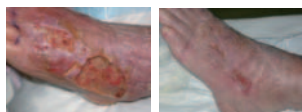
- A moist wound healing environment¹;
- Osmotic action, resulting in:
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 - Wound fluid reduction¹
 - Antibacterial barrier protection¹
- Autolytic Debridement²;
- Wound tissue re-growth²;
- Highly absorbent dressing

Sterilised for your protection. CE marked.

1. "A brief review of the use of honey as a clinical dressing." Mojan, R.C., Primary Intention (The Australian Journal of Wound Management, 6 (6), 146-158 (1998)).

2. White, R., Cooper, R. and Mojan, R. (2005). Honey: A modern wound management product. Wounds UK Limited, Aberdeen, United Kingdom.

Always read the label and use only as directed. If symptoms persist, consult your healthcare practitioner. Monitor blood sugar levels of people with Diabetes.



11-08-05 Patient hospitalized with Tissue Necrosis Secondary to Cellulitis. 31-10-05 After treatment with Comvita Medical Apinate Active Manuka Honey & Alginate Fibre wound dressings.

PRODUCT DESCRIPTION:
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Pregnancy breakthrough

A YOUNG Aussie medical researcher was last night honoured for a discovery which could lead to safer pregnancies.

Neroli Sunderland of the Sydney-based Heart Research Institute was among five awardees at the HRI annual Awards for Excellence, which was sponsored by Blackmores (see p2).

Sunderland's work investigated the increase in blood proteins from the placenta which lead to preeclampsia, confirming that

UK health move

THE British parliament has commenced consideration of a new Health and Social Care Bill, which includes a number of provisions relating to pharmacy including the establishment of a new "integrated regulator" for health care.

The Care Quality Commission will take the place of a number of bodies giving it responsibility for hospitals, social care and mental health in the UK.

The Royal Pharmaceutical Society of Great Britain said: "Any new arrangements for pharmacy regulation need to ensure the best possible outcomes for patients," urging full consultation with the profession and all stakeholders in pharmacy regulation and services.

Recycled condoms

WARNING - don't read this if you're eating.

Doctors in the southern Chinese province of Guangdong have warned that used condoms are being recycled as rubber bands and hair accessories.

A report in Guangzhou's *New Express Daily* newspaper said that "These cheap and colourful rubber bands and hair ties sell well in the city, threatening the health of local people and tourists".

Bags of ten recycled condom hair ties reportedly sell for about 5c at local markets - much less than competing products, according to today's *Australian*.

"People could be infected with AIDS, warts or other diseases if they hold them in their mouths while weaving their hair into plaits or buns," warned a local dermatologist.

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Symbion in court

JUDGEMENT in the latest battle between Symbion and Primary Healthcare over the Healthscope takeover is expected next week after a hearing yesterday.

Symbion ceo Rob Cooke said he was confident that Primary's case was "baseless".

Interaction training

BLACKMORES naturopath and director of education Pam Stone told *PD* last night the firm yesterday launched the latest module in its online training program.

The new material is focused at health professionals incl GPs and pharmacists, and provides training on herb-drug interactions.

Stone said the PSA had confirmed that pharmacists who complete the program also receive CPD points.

Register online at blackmores.com.au/elearning.

Two pages today

PHARMACY Daily today has two pages of news including photos from last night's HRI dinner.

Our regular *Health, Beauty and New Products* feature will return next week.

Wine time with Pharmacy Daily

WELCOME to our regular *Pharmacy Daily* wine feature. We know that many pharmacists enjoy a nice bottle of wine, so have decided to provide a regular column on some of the new wines available.

SANGIOVESE literally translates to "blood of Jove!"

Thought to be of ancient origin, it's definitely now Italy's most common red variety with over 100,000 hectares planted, while in Australia it's becoming one of the more widely planted varieties and is gaining a strong fan base of wine lovers who appreciate it as a brilliant food wine.

Sangiovese's principal characteristic in the vineyard is its slow and late ripening, which gives rich vibrant wine, with a solid structure and a drying finish.

Its heightened acidity allows it to slice through the richest cuisine and enhanced flavours develop in the presence of food.

Being medium in body it does not compete with, but rather complements a meal, making it one of the ultimate food wines.

It's travelled the world with Italian emigrants and has been successfully planted many places across the globe - incl recently in the Hunter Valley and Orange, NSW which are where our two excellent examples come from!

Tintilla Estates was the first winery to plant Sangiovese in the

Hunter Valley in 1995 and the 2005 Tintilla Saphira Sangiovese (rrp \$25.50 www.tintilla.com.au) is a wonderful example of this grape variety, showing a characteristic medium ruby red color with a typical aroma of black cherry, ripe plums, cranberries and dried herbs.

A basket press has been used to apply moderate pressure to the grapes which helps to avoid over extraction of tannins, allowing the flavours of black cherries and liquorice to really show through on the palate.

Angullong Wines, based in Orange, NSW, is another passionate family owned winery.

Their premium range, called Fossil Hill, includes the 2006 Angullong Fossil Hill Sangiovese (rrp \$20 www.angullong.com.au) which has slightly more savoury notes, with nice floral elements on the aroma and a long dry finish to the palate, complementing the characteristic cherry and raspberry flavours.

Both of these wines are created with the structure to age nicely over the next five years - or to be enjoyed now!



WILLACH

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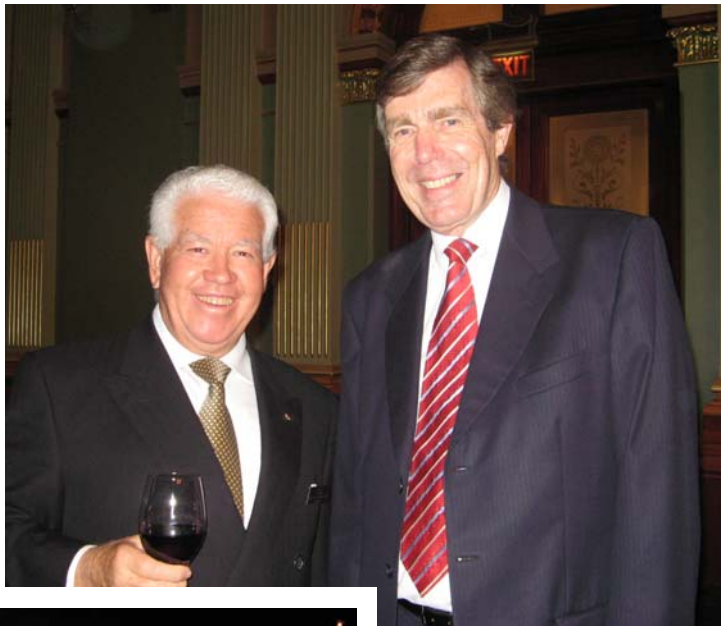
The long and the short of it!

NOT that Blackmores chairman Sir Marcus Blackmore is short, but most people look diminutive when they're standing next to the statuesque Ross Symonds.

The pair are pictured last night at the Heart Research Institute annual awards dinner.

It's also good to see that Sir Marcus is following the latest recommendations on anti-oxidants by sampling a glass of red wine as he chats to the host.

Blackmore is also chairman of the institute and his company, Blackmores, was the major sponsor of the event - for the 14th year running!



LEFT: Also spotted at the HRI dinner were Blackmores naturopath and director of education Pam Stone.

She's pictured with Guild spokesman Dr John Darcy, who's looking particularly relaxed after his return from the recent Sigma Pharmaceuticals *Seven Seas Navigator* Mediterranean cruise.

Darcy presented sessions about shared care during the cruise.



AND the HRI dinner in Sydney was also graced with the presence of Federal Minister for Health and Ageing, Tony Abbott.

He capped off a busy day of campaigning in Far North Queensland, arriving later than expected from Cairns, which prompted him to comment on the warm welcome at the HRI event, compared to the decidedly unfavourable response earlier in the campaign when he was delayed for a Press Club debate.



DISPENSARY CORNER

SOME of the speakers at last night's Heart Research Institute dinner in Sydney (see main story) were in fine form.

Former Iron Man and HRI "ambassador" Guy Leech was sitting at the main table, with health minister Tony Abbott and fellow Blackmores rep, former Wallaby Phil Kearns.

Leech gave an impassioned speech about the work carried out by the institute, and told attendees that Tony and Phil kept asking the meaning of technical terms used in HRI papers, such as 'progenitor cells' and 'angiogenesis'.

"I just roll my eyes and tell them if they don't know then they shouldn't be here," he quipped.

AND HRI chairman, the iconic Sir Marcus Blackmore, gave a brief biography of Health Minister Tony Abbott as he introduced him.

He reminded guests that Abbott, as a Rhodes Scholar at Oxford, had received two sporting blues for boxing.

"That didn't do him any harm in his chosen career of politics," said Sir Marcus.

BETTER to try a puffer.

Hong Kong authorities are warning that consumers who try to cure asthma using the traditional method of a meal of crocodile meat are more likely to be affected by constipation, nosebleeds and insomnia.

A survey of butchers there found that about two-thirds of supposed crocodile meat on sale actually came from snakes.

Consumers were warned that the consumption of snake meat could cause a 'range of effects'.

RGH Pharmacy

Due to popular demand the
RGH Pharmacy
Anticoagulation Handbook
is now available to the
pharmacy industry across Australia.

The handbook gives patients important information about warfarin treatment and has a chart to record INR results.

Repatriation General Hospital is making it available for purchase for \$2.80 per booklet, reduced to \$2.40 for PSA and SHPA members.

More information
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