

A Marysville first

THE first-ever Marysville pharmacy has opened its doors this week to service upwards of 500 residents who live within the town's heavily forested mountains (located in Victoria's Great Dividing Range).

"I'm very excited about opening Marysville's first pharmacy and am very much looking forward to providing a caring and professional service for Marysville and surrounding communities," said pharmacist Andrew Clayton.

"I'll be working as closely as possible with other local health providers to provide the best quality care I can," he added.

Pictured right, is local councillor Kevin Bellingham & Andrew Clayton at the official opening yesterday.



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Talking about men's health

79% of Australian men admit to having a medical condition, according to the latest Pfizer Health Report.

The survey looked at responses from 1,256 men aged over 18 and found that the most common conditions occurring within the Aussie male population include: weight problems (36%), stress (33%), hypertension (23%) high cholesterol (23%), erectile dysfunction (21%), depression (20%), excessive consumption of alcohol (15%), heart problems (11%), diabetes (11%) and prostate conditions (8%).

Health concerns that Aussie men feel most comfortable discussing with their GPs, according to researchers, include hypertension, high cholesterol and diabetes.

Despite this trend towards relatively open discussions with doctors, researchers did discover that there are still some potentially life threatening subjects that Aussie men are uncomfortable talking about with GPs.

These taboo subjects include

depression, with 13% of respondents saying they were "not comfortable" discussing mental health issues.

"Stress and depression in particular, are issues many men still feel especially uncomfortable discussing or seeking help for," said Barbara Hocking, Executive Director of SANE Australia.

"Men unfortunately still feel there is a stigma attached to these conditions and this can prevent them from talking to their GP," she added.

15% of respondents also told researchers that they were "not comfortable" discussing prostate and alcohol problems with doctors and healthcare professionals.

In addition, whilst 85% of men said that they would be prepared to take medicine for erectile dysfunction, only 44% said that they would "definitely speak to their doctor if they were experiencing problems with sexual performance", with 63% citing embarrassment as the key reason behind their reluctance.

Win a Self Tanning Body Crème



Every day this week, **PD** has been giving readers the chance to win a Self Tanning Body Crème from the Eternal Summer range courtesy of **Total Beauty Network**.

Designer Brands has the secret to natural, gorgeous, and glowing tanned skin, minus the exposure to harmful rays and typical self-tan smell.

With luxurious vitamin-enhanced ingredients, this self-tanner works to nourish and hydrate whilst working on your tan. Long-lasting, deliciously scented with frangipani, and quick-drying, it is your promise of eternal summer skin!

For your last chance to win, simply send through the correct answer to the daily question below:

What is the scent of the bronzing crème?

Email your answer to: comp@pharmacydaily.com.au

The first correct entry received will win!

Hint: Visit www.dbcosmetics.com.au

Congratulations to yesterday's lucky winner - **Michael Venn** at **Murray T Martin Pharmacy**.

Aspen's ACCC okay

THE Australian Competition and Consumer Commission has given its approval for Aspen Pharmaceuticals to takeover Sigma's pharmaceutical division.

The approval did however come with the stipulation that Aspen sell its LPV brand, as well as Sigma's Sone and Solone brands containing prednisone and prednisolone respectively, in order to address competition concerns.

Sigma also agreed to keep its iron supplement Ferrosig, to avoid an Aspen monopoly.

"Without the proposed divestitures, Aspen would become the sole supplier in these pharmaceutical markets," the ACCC said in a statement.

Cancer rates in Aus

ACCORDING to the Australian Institute of Health and Welfare report mentioned in yesterday's **PD**, the overall cancer death rate in Australia fell by 16% between 1982 and 2007, from 209 to 176 deaths per 100,000 people.

This drop in mortality rates was observed for all of the most common types of cancer, except lung cancer in women, for which the death rate rose by 56% between 1982 and 2007.



DISPENSARY CORNER

A MOVEMENT and a view.

One intrepid author, Luke Barclay, has trekked far and wide to find the perfect spot for a squat with a view.

His book, *Good Loo Hunting*, saw him travel to some of the world's most remote locations.

"The toilet can't just be in a great location, you actually have to have a window so that you can see the view while doing your business, as it were," said Barclay.

Top loo spots include Mount Sinai and Lake Titicaca.

MIRACLE birth.

Despite doctors concerns, a Danish woman, Melek, born with no legs and only one arm, has given birth to a healthy boy, Semih.

After delivering via caesarean, Melek happily told reporters that she is enjoying the process of learning how to handle her bundle of joy.