

## Incontinence in young

A NEW report from Monash University has revealed the rising tide of urinary incontinence, with as many as one in eight healthy young women suffering from the condition.

Honours student Tessa O'Halloran worked with Professors Susan Davis and Robin Bell to survey 1000 healthy young women in Melbourne, finding that incontinence affected 12.6% of women under 30, with no relation to pregnancy.

"The findings are important as previous studies have shown that UI is closely related to pregnancy and being overweight.

"However the extent to which UI affects younger women who have never been pregnant has not been understood until now," said Ms O'Halloran.

The research will be presented at the upcoming 15th Australasian Menopause Society Congress in Brisbane later this week.

## Eczema awareness

AS MANY as one in four children in developed countries will develop eczema before the age of two, according to Dr Li-chuen Wong of Sydney Skin Dermatology, speaking in support of eczema awareness week which started yesterday.

He said the latest research showed the condition was still on the rise in Australia, with indications that what is done to a baby's skin in the first six weeks of life is vital, particularly if parents have a history of eczema.

For more information see [www.eczema.org.au](http://www.eczema.org.au).

## Board finalises references

THE Pharmacy Board of Australia has approved changes to the official List of References for pharmacists, after a wide-ranging consultation period.

At its most recent meeting on 26 Aug the Board confirmed the removal of Martindale from the list, and also now requires pharmacists to have access to Therapeutic Guidelines Series (complete set in hardcopy), eTG or equivalent.

The other major change is that all references must be accessible to all pharmacists undertaking clinical assessment, reviewing, dispensing and counselling processes - removing the former asterisk against some references which indicated they were "for pharmacists undertaking medication reviews".

During the meeting the Board has also clarified the registration type required by pharmacy proprietors, because under the current arrangements state and territory legislation governs pharmacy ownership requirements.

"It is the Board's view that it is in the public interest for proprietor pharmacists to hold general registration...however the Board acknowledges that it must take into consideration whether under state and territory law governing pharmacy ownership, pharmacists are entitled to maintain non-practising registration.

Currently proprietors must hold general registration in the ACT, NSW and Tasmania, while general or non-practising registration is valid in SA and Vic, with the status of NT, Qld and WA to be advised.

The board also reminded pharmacists to ensure they have records of CPD undertaken during 01 Oct 2010-30 Sep 2011, with 20 credits required and a suitable declaration of compliance to accompany registration renewals.

## Walgreens gets bigger

US pharmacy giant Walgreens has announced the acquisition of the 79-year-old Morton Pharmacy chain in Wisconsin.

Effective 31 Aug, 12 of the 13 retail pharmacies operated by Morton's have closed, with client scripts transferred to Walgreens branches.

## Terry and Rhonda White honoured

PIONEERING Australian pharmacists Terry and Rhonda White were formally inducted into the Queensland Business Leaders Hall of Fame in a glittering ceremony last Friday night.

The couple were recognised for their "exceptional entrepreneurship and innovation in national retailing," having built the Terry White Chemists network to its current size comprising some 160 pharmacies with an annual turnover of more than \$1 billion and over 4000 staff.

The Hall of Fame recognises those who have been part of Qld's business achievements, with the Whites also honoured for making a "significant contribution to the community".

Guild President Kos Sclavos, who also attended the event, said Terry and Rhonda's "longevity and resilience in a changing profession is an amazing achievement".

The business is now managed by their son, Anthony White, who said they had recognised from the



outset the importance of pharmacies diversifying.

"They copped a lot of criticism in the early days from people who thought they were making a mistake with the introduction of prestige beauty houses and large pharmacy footprints," he said.

"But when you look around now, it's a model that is being emulated in almost every pharmacy across Australia," he added.

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### Guild Update

#### This week's update from the Pharmacy Guild

#### Pharmacy tax forum

The Pharmacy Guild has often advocated – on behalf of pharmacy owners – for ways to improve the tax system and reduce compliance costs.

The Australian Tax Office (ATO) has approached the Pharmacy Guild to recruit participants for their new online small business tax forum, which will initially be run as a pilot.

This is a unique opportunity for pharmacy owners to participate and share their experiences, learn from other small business owners' experiences and provide direct feedback to the ATO about managing tax and superannuation obligations. This feedback will help the ATO better understand the challenges small businesses face and will be used to improve their services.

The Guild believes this forum provides an ideal opportunity for pharmacies to interact directly with senior ATO executives and decision-makers, who manage the ATO products and services they use.

The ATO expects that forum members may spend around five to 10 minutes per week on the forum, and this could result in some positive changes in terms of how the ATO administers the system.

Pharmacy owners who are interested in participating in this innovative pilot community should visit [smallbusinessstaxforum.com.au/recruit/26/](http://smallbusinessstaxforum.com.au/recruit/26/) and complete the short survey to see if they qualify.



The Pharmacy Guild of Australia

## Mental health goes online

MINISTER for Mental Health and Ageing, Mark Butler, today announced the establishment of a new "e-mental health expert committee" which will advise on the rollout of Australia's first mental health online portal and 'virtual clinic'.

He said the move was part of the development of the country's first national e-mental health strategy.

"Continuing advances in technology are revolutionising the way we provide health care, in particular for patients with chronic illnesses and conditions, such as mental illness," he said.

Butler said that online mental health services provide an alternative form of care for people who don't feel comfortable accessing traditional face-to-face services.

"Online services have the potential to overcome geographical, attitudinal and financial barriers which we know that young Australians or people living in remote or regional areas often

face," he added.

The new virtual clinic is claimed to have the potential to treat thousands of Australians living with mild to moderately severe depression and anxiety disorders, with \$48 million in funding provided over the next five years for telephone counselling, self-help and web-based support services.

Members of the expert committee will include Lifeline ceo Dr Maggie Jamieson, Ryan McLaughlan from Suicide Prevention Australia, Associate Prof James Bennett-Levy from Sydney Uni, ANU's Prof Helen Christensen, as well as consumer and carer representatives from the Mental Health Council of Australia and social media expert Rachel de Sain.

### Too many in India

THE Pharmacy Council of India has urged the govt to implement a five year ban on new pharmacy colleges in most of the country, with India currently having over 700 pharmacy degree institutions.



## DISPENSARY CORNER

**SOLDIERS** in the Czech Republic have been ordered to shape up or ship out after a report found that more than half of the country's 22,000-strong army is overweight.

The *Lidove Noviny* newspaper says servicemen will now undergo a strict program of diet and exercise, with suggestions that "fat-fighting pills" may be used as a last resort.

The report said that since the demise of communism 20 years ago the army had shrunk to a quarter of its size, but now it's set to undergo "a different type of downsizing".

### HOW about this for stress relief?

The latest tourist attraction in the US gambling capital, Las Vegas, is an adult-sized sandpit.

Called "Dig This," visitors pay up to US\$750 to drive a range of earthmoving equipment, using excavators and bulldozers to dig trenches and shift giant tyres around a derelict building site.

The cost includes a 10 minute training session, and once guests are in the driver's seat instructors stay connected via headsets to give direction about what earth needs to be moved where.

**SPACE** looks set to be conquered as the final frontier for fast food.

Pizza chain Domino's has released details of its first restaurant on the moon, which is estimated to cost about \$22 billion to build.

It's the latest escalation in a Japanese pizza publicity war, in which rival chain Pizza Hut's most recent salvo was to arrange an in-orbit delivery to the International Space Station.

Domino's says it will use 15 rockets to transport construction equipment and pizza ovens for the new outlet, where staff will be required to live on-site.

"We started thinking about this project last year, although we have not yet determined when the restaurant might open," said a Domino's spokesman.

## WIN A FABULOUS MIRROR SHINE



**Pharmacy Daily** has teamed up with **Keysun** and is giving away Fabulous Mirror Shine to three lucky readers every day this week.

Introducing Fabulous Mirror Shine! It's a top coat, dryer and sealer all in one!

It gives nails a mirror shine and longer lasting nail polish by forming a super-hard, protective shield that surrounds and seals nail colour, allowing the nail polish to last longer and remain chip free.

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[comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)

**Fabulous Mirror Shine is a top coat, dryer and what?**

Hint! Visit [www.keysun.com.au](http://www.keysun.com.au)

**Congratulations** to yesterday's lucky winners, **Lyn Geale** from **Glossodia Pharmacy**, **Marta Stybowski** of **Willach** and **April Pearce** of **Ayr District Hospital**.

