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## Renewal reminder

THE Pharmacy Board of Australia is reminding Australia's 25,000 pharmacists that they have until 30 Nov to renew their registration. "The quickest and easiest way to renew registration is online, with 89% of pharmacists using this secure service last year," said Board Chair Stephen Marty. See [www.ahpra.gov.au](http://www.ahpra.gov.au) for details.

## City dwellers worse health

**CHRONIC** diseases are more prevalent in city dwellers than in their rural counterparts, according to a new study by researchers at the University of Sydney.

Published in the *Australasian Journal of Ageing*, the study, undertaken by academics from the University's Faculty of Health Sciences, looked at seven years of longitudinal data for 1,256 over-45s who had lived in the same area for at least 20 years.

According to the study's findings, people living in urban areas had greater odds of suffering from a non-infectious chronic disease than people in rural and remote areas.

In addition, researchers found that every year of age increased the odds of having a long-term health condition by 1.05, or five percent compared with the previous year, while living in the lowest socioeconomic area increased the odds of having a long-term health condition by 90% compared with the previous year.

"In the city you're exposed to a range of environmental stressors, such as poor air quality, aircraft and road noise, high density housing, lack of adequate transport, poor

urban design, a lack of green spaces and shade trees, and so on," said lead author Professor Deborah Black, from the University's Ageing, Work and Health Research Unit. "As people get older, their bodies are less able to cope physiologically with environmental stressors, and exposure can accelerate the ageing process and trigger or exacerbate disease," she added.

## Aussies skip vaccines

**OVER** half of all Aussie travellers do not seek pre-travel health advice, despite travelling to at-risk countries, according to a new study led by the University of Sydney's Family Medicine Research Centre.

The research was a sub-study of the national BEACH study, and was conducted in collaboration with CSL between May and June 2012, involving 102 GPs nationwide who completed a survey with 2,995 patient respondents.

The study looked at international travel patterns, travel health behaviours and pre-travel vaccination rates among Australian travellers in a GP setting.

According to the study results vaccination coverage hepatitis B (40%, typhoid (45%), and hepatitis A (51%) infections were fairly low.

The major reasons that vaccinations didn't occur included patient refusal (32%), patient not seeking medical advice before travel (14%) and patients visiting GPs too late to get the full vaccine course.

## Stivarga approval

**BAYER** has received the approval of the FDA for its Stivarga (regorafenib) tablets for the treatment of patients with metastatic colorectal cancer who have been previously treated with currently available therapies.

5<sup>th</sup> Community Pharmacy Agreement

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The Electronic Transfer of Prescription Education Program is funded by the Australian Government Department of Health and Ageing as part of the Fifth Community Pharmacy Agreement between the Commonwealth and The Pharmacy Guild of Australia.

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### Jobs of the Week

- **Pharmacist in Charge F/time** - Macleay region, NSW (Job#2009336)  
Sole pharmacist role, October / November start. Excellent salary package.
- **Pharmacist** - Coastal West, VIC (Job # 2009339)  
Full-time role suitable for someone looking for a sea change.
- **Pharmacist Manager F/time** - Capricorn Coast, QLD (#2009140)  
True customer focus and staff management role - excellent salary.

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## Events Calendar

**WELCOME** to *Pharmacy Daily's* Continuing Professional Development Calendar, featuring upcoming events and opportunities to earn CPE and CPD points.

If you have an upcoming event you'd like us to feature, email [info@pharmacydaily.com.au](mailto:info@pharmacydaily.com.au).

**02 Oct:** Evening Lecture Brisbane: Erectile dysfunction- Current Management Techniques; PACE Auditorium, Woollongabba Qld; 7.30pm- 8.30pm- [educationqld@psa.org.au](mailto:educationqld@psa.org.au).

**02-06 Oct:** Pharmacy Guild of Australia Offshore Conference 2012, Waikiki, Hawaii - [pgahawaii2012@arinex.com.au](mailto:pgahawaii2012@arinex.com.au).

**07 Oct:** Regional Seminar Series Tamworth: Sad blokes- Understanding men and depression; 7.30am - 3.30pm [beryl.park@psa.org.au](mailto:beryl.park@psa.org.au).

**09 Oct:** Medication Management Review Stage 1 workshop, Sydney; AMA Conference Centre, St Leonards; 9am - 5pm; [beryl.park@psa.org.au](mailto:beryl.park@psa.org.au).

**19-21 Oct:** PSA Pharmacy Australia Congress, Melbourne Convention Exhibition Centre - [www.psa.org.au/pac](http://www.psa.org.au/pac).

**01-04 Nov:** SHPA 38th annual conference - Medicines Management 2012, Canberra - [mm2012shpa.com](http://mm2012shpa.com).

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## Jevtana on PBS

**SANOFI** Australia's Jevtana (cabazitaxel) injection concentrate 60mg/1.5mL has received Federal Govt approval for listing on the PBS. As such, the drug will be reimbursed, in combination with prednisone or prednisolone, for the treatment of castration resistant metastatic carcinoma of the prostate in a patient who has failed treatment with docetaxel due to resistance or intolerance and has a WHO performance status of 2 or less.

## Terry helps Aussies breathe

**THIS** month Terry White Chemists launched a new Asthma Friendly Pharmacy Program, with the goal of having Asthma Pharmacists in each one of its 160+ pharmacies nationwide.

The program involves Terry White pharmacists undertaking intensive training with Asthma Australia in order to assist people with their

asthma medications, questions, concerns, and with tapping into community health support services.

At present more than 50 Terry White pharmacists and pharmacy assistants have completed the training.

"That training is the first step in establishing Asthma Friendly Pharmacies," said Asthma Australia spokesperson Simon Bowler.

"Staff will be working to set up systems to make sure people with asthma get timely medication advice and referral to their doctor, and to their local Asthma Foundation, for information and support," he added.

## Workforce review

**THE** former Director-General of the NSW Departments of Human Services and Community Services, Jenny Mason, has been appointed to lead a review of the Australian Government's health workforce programs.

The review will analyse existing programs to ensure these are aligned with workforce priorities; look at rural health programs to ensure optimal service delivery; and investigate information and key stakeholder experiences to evaluate whether the objectives of current measures are being met and whether these programs could be improved.

The review will also identify opportunities to better align measures with workforce priorities, including through modifications and amendments to existing measures, or development of new measures; and provide advice to government about how to support the delivery of a high quality, well distributed optimally utilised and responsive health workforce.



## DISPENSARY CORNER

### TREND alert!

Watch out Botox, there's a new trend in town, the 'bagel head'.

Yes you read that right, bagel head.

The procedure is currently garnering a huge following in Japan, where people are queuing to have a "bagel" inserted in their forehead.

The bagel is created by inserting chunky needle into the forehead then pumping the area with saline until it swells up like a round jam donut, before pressing a thumb into the centre of the swelling to create a bagel.

The "beautifying" process takes two hours, with the bagel lasting 16-24 hours before the saline is absorbed into the body.



## WANT TO LOOK GOOD NAKED?



Everyday this week **PD** is giving one lucky reader the chance to win a TanTowel pack, courtesy of **Lightning Brokers**. Look good naked with TanTowel's full sunless tan range to give you the skin you deserve!

For your chance to win, be the first person to send through the correct answer to the question below to

[comp@pharmacydaily.com.au](mailto:comp@pharmacydaily.com.au)

### Which TanTowel product is a 3-in-1 towlette?

Congratulations to yesterday's winner **Adam Luczak**, from **Sanofi Consumer Healthcare**.

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