

EXCITING NEW CoQ10 Product



Australian first Coenzyme Q10 technology:

- Over 400% better absorption
- Patented delivery system - AquaCelle™
- Liquid filled vege cap
- Million \$\$\$ media spend & attractive launch deal
- 100% Australian owned & made



Like to stock this? 1800 181 323 or info@bloomshealth.com.au

OTC codeine costs

THE role of pharmacists in identifying overdose risks from OTC codeine products was among issues raised yesterday at the APSAD 2016 Scientific Alcohol and Drugs Conference in Sydney.

Research presented at the event showed the misuse of OTC codeine in Australia cost an average \$10,000 per hospital admission.

For conference info [CLICK HERE](#).

Win with SkinB5

This week **Pharmacy Daily** & **SkinB5** are giving away each day a prize pack including Acne Control Extra Strength Tablets, Caplets, Cleansing Mousse, Moisturiser, and 5 Minute Mask.

SkinB5 is an all-natural acne supplement that works from within to eliminate and stop acne on the face and all over the body. The SkinB5 acne treatment system is based on a potent dosage of vitamin B5, which is proven to increase skin health and reduce acne by regulating the skin's production of sebum, or skin oil. See www.skinb5.com for more.



To win, be the first person from WA to send the correct answer to comp@pharmacydaily.com.au

How many products are there in the range?

Congratulations to yesterday's winner, Anita Bruzese from Good Price Pharmacy.

National cannabis plan call

THE release of cannabis cultivation and manufacture licences (**PD** 28 Oct 16) has prompted the Society of Hospital Pharmacists of Australia (SHPA) to call for the development of common legislation across all states.

SHPA ceo Kristin Michaels said in a statement that an agreed Australia-wide approach to the use of cannabis for medicinal purposes was essential for ensuring public understanding of acceptable and unacceptable usage and to protect standards for medicines management.

"While there is substantial evidence for the benefits of medicinal cannabis in specific situations, the wide range of approved usage across different states of Australia sends mixed signals to the broader Australian public regarding both appropriate use and the expertise of medical authorities," Michaels said.

She went on to urge for clear unambiguous messages about acceptable use of medicinal cannabis as distinct from recreational, illegal use.



The Therapeutic Goods Administration has already posted guidance for consumers, health professionals and sponsors that are involved in providing patients

with access to medicinal cannabis products as an unapproved drug through the Special Access Scheme (SAS) or Authorised Prescriber Scheme (**PD** 01 Nov).

"SHPA is well positioned to support different jurisdictions to find common ground for medicinal cannabis prescribing," Michaels said, adding that the SHPA could also support a national collaboration for ongoing monitoring and evaluation of medicinal cannabis in Australia.

SUSMP now in force

THE Standard for the Uniform Scheduling of Medicines and Poisons (SUSMP), the Poisons Standard dated Nov 2106, has now been posted on the website of the Therapeutic Goods Administration.

Updates on final decisions for the scheduling of cannabis and other S8 and S9 products are included. Visit www.tga.gov.au for details.

Today's issue of PD

Pharmacy Daily today has two pages of news plus the **MIMS November Update**.

PHARMAC partners

NEW Zealand's PHARMAC has announced a partnership with BPACnz and the Auckland University to provide health professionals with information to improve medicines use, minimising overuse, underuse or misuse.

[CLICK HERE](#) for more information.

Bonus Oli⁶ Sippy Cup available now*



Valued at
\$22.95

*While stocks last

The *Naturally* SMARTER CHOICE



Please contact Pharmabroker for more details 02 8878 9777

Chemist Outlet[®] Discount Chemist

Contact Us
Today
0425 289 087
To Secure Your
Future



NEW



Baby's Inner Health Starts During Pregnancy



HP0370 - 10/16

Pharmacy DAILY

Wednesday 02 Nov 2016

PHARMACYDAILY.COM.AU

Do you have the Pharmacy Daily app?

ANDROID APP ON Google play

Download on the App Store

Health, Beauty and New Products

Welcome to our weekly promoted feature with all the latest health, beauty and new products for pharmacy.

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

Derma Pharmacy Brand: Dr V - Goats Milk & Manuka Honey

Dr V is the premium Derma Pharmacy range, specifically formulated for problem skin to provide a natural, nourishing and delicate solution for bathing and moisturising. Dr V **Goats Milk & Manuka Honey Body Wash** is a sulphate-free richly foaming cleanser combined with other superior moisturisers, Moroccan argan oil and avocado oil, rich in vitamins and anti-oxidants, to invigorate sensitive, dry, and combination skin. Dr V **Goats Milk & Manuka Honey Body Lotion** with no added perfumes, helps soften and rejuvenate tired damaged skin, leaving it refreshed and offers optimum moisture balance for a naturally healthy complexion.

Stockist: 02 9540 3395

RRP: \$19.95 ea (NB: mention **PD** for 20% discount for new pharmacy customers in Nov)

Website: www.gandmcosmetics.com.au



G and M Cosmetics Australian Creams MK II

MKII Australian **Sorbolene Moisturising Cream** with 10% glycerine is formulated to reduce moisture loss from the skin helping minimise damage and irritation. With no added colouring or perfumes, this gentle non-greasy moisturiser is recommended for dry, damaged and sensitive skin, including babies. MKII Australian **Vitamin E Skin Repair Cream** is a luxurious, rich moisturising cream designed to provide soothing relief to the driest skin. With natural antioxidant vit E, this cream can help support the skin's natural healing and reduce the appearance of wrinkles, stretch marks, age spots and skin blemishes.

Stockist: 02 9540 3395

RRP: \$7.99 ea (mention **PD** for 20% disc for new phcy customers in Nov)

Website: www.gandmcosmetics.com.au



IsoWhey Sports UM Magnesium

IsoWhey **Sports UM Magnesium** provides nutrients that are lost during times of physical exertion. Magnesium has a fundamental role in muscle relaxation and contraction and supports peak performance by reducing muscle weakness and spasm. UM Magnesium can be used during periods of increased physical demand. Glutamine facilitates muscle repair after exercise and B vitamins (including B9 and B6) help with symptoms of fatigue and tiredness.

Stockist: 1300 476 943

RRP: \$45.95

Website: www.isowheysports.com.au



Inika Organic Limited Edition Discovery Kit - Christmas ready



Inika is Certified Organic, 100% natural, mineral, botanical, vegan, cruelty-free, non-toxic makeup. Beautiful should be healthy, because healthy is beautiful. This special Christmas Inika Organic **Limited Edition Discovery Kit** contains organic pure primer 4mL, organic liquid foundation 4mL, organic BB cream 4mL, loose mineral foundation SPF25 (3g) and an exclusive vegan Kabuki Brush. This set is now available in four shades: Unity, Nurture, Patience and Trust.

Stockist: 03 8544 8000

RRP: \$49.00 (\$83.00 value)

Website: www.inikaorganic.com/au

Dispensary Corner

A PATIENT'S fart during a surgical procedure at Tokyo Medical University Hospital in Japan, allegedly sparked a fire in the operating theatre.

According to reports in the Japanese newspaper *Asahi Shimbun* the woman was undergoing on operation which involved applying laser to her cervix, with the laser ignited by her gas.

"When the patient's intestinal gas leaked into the space of the operation, it ignited with the irradiation of the laser, and the burning spread, eventually reaching the surgical drape and causing the fire," an external report which examined the case concluded.



CHUBBY baby daddies of the world, rejoice!

Not only will you live longer but you're more attractive to the opposite sex and better at passing on your genes, according to Yale University professor Richard Bribiescas, in his new book: *How Men Age*.

In his hypothesis he says that while most men become slightly fatter after becoming fathers, it has the unexpected effect of lengthening their lives and strengthening their immune systems.

Professor Bribiescas also claims that becoming more podgy makes dads more likely to invest their time in their children rather than looking for other women.

Pharmacy Daily is Australia's favourite pharmacy industry publication.

Sign up free at www.pharmacydaily.com.au.

Postal address: PO Box 1010, Epping, NSW 1710 Australia

Street address: Level 2, Suite 1 64 Talavera Rd, Macquarie Park NSW 2113 Australia
P: 1300 799 220 (+61 2 8007 6760) F: 1300 799 221 (+61 2 8007 6769)

Part of the Business Publishing Group.

Publisher/Editor in chief: Bruce Piper

Managing Editor: Jon Murrie

Reporter: Mal Smith

Contributors: Nathalie Craig, Jasmine O'Donoghue, Bonnie Tai

Advertising and Marketing: Sean Harrigan and Melanie Tchakmadjian advertising@pharmacydaily.com.au

Business Manager: Jenny Piper accounts@pharmacydaily.com.au

Editorial: info@pharmacydaily.com.au

Travel Daily CRUISE WEEKLY

travelBulletin

business events news

Pharmacy DAILY

Travel Daily TV

Pharmacy Daily is a publication of Pharmacy Daily Pty Ltd ABN 97 124 094 604. All content fully protected by copyright. Please obtain written permission to reproduce any material. While every care has been taken in the preparation of the newsletter no liability can be accepted for errors or omissions. Information is published in good faith to stimulate independent investigation of the matters canvassed. Responsibility for editorial comment is taken by Bruce Piper.

New Products

Adempas (riociguat) is a stimulator of soluble guanylate cyclase (sGC), an enzyme found in most tissues and the receptor for nitric oxide (NO). When NO binds to sGC, the enzyme catalyses synthesis of the signalling molecule cyclic guanosine monophosphate (cGMP). Intracellular cGMP plays an important role in regulating processes that influence vascular tone, proliferation, fibrosis and inflammation. Riociguat has a dual mode of action. It sensitises sGC to endogenous NO by stabilising the NO-sGC binding. Riociguat also directly stimulates sGC via a different binding site, independently of NO. Riociguat restores the NO-sGC-cGMP pathway and leads to increased generation of cGMP. Adempas is indicated for the following:

- 1) Pulmonary arterial hypertension: as monotherapy or in combination with approved PAH treatments (endothelin receptor antagonists or inhaled or subcutaneous prostanoids), is indicated for the treatment of: idiopathic pulmonary arterial hypertension; heritable pulmonary arterial hypertension; pulmonary arterial hypertension associated with connective tissue diseases or; pulmonary arterial hypertension associated with congenital heart disease in adult patients with WHO functional Class II, III or IV symptoms.
- 2) Chronic thromboembolic pulmonary hypertension: indicated for the treatment of: persistent or recurrent chronic thromboembolic pulmonary hypertension (CTEPH) after surgical treatment or; inoperable CTEPH, in adult patients with WHO functional Class II, III or IV symptoms. Adempas is contraindicated during pregnancy and lactation; in women of childbearing potential who may become pregnant and not using reliable contraception. Women must not become pregnant for at least 1 month after stopping treatment with Adempas. Also coadministration of Adempas with nitrates or nitric oxide donors (such as amyl nitrite) in any form is contraindicated. Coadministration of Adempas with specific PDE-5-inhibitors (such as sildenafil, tadalafil, or vardenafil) or nonspecific PDE inhibitors (such as dipyridamole or theophylline) is contraindicated. Adempas is contraindicated in patients with pulmonary hypertension associated with idiopathic interstitial pneumonias (PH-IIP). Adempas is available as 0.5 mg, 1 mg, 1.5 mg, 2 mg and 2.5 mg tablets in packs of 42's and 84's.

Decapeptyl (triptorelin acetate) a gonadotropin releasing hormone (GnRH) agonist, inhibits gonadotropin secretion when given continuously and in therapeutic doses. After the administration of triptorelin there is an initial and transient increase in circulating follicle-stimulating hormone (FSH) and luteinising hormone (LH) levels (flare-up). Continued administration of triptorelin then results in decreased FSH and LH secretion with a consequent marked reduction in gonadal hormone production. Decapeptyl is indicated for down regulation and prevention of premature luteinising hormone (LH) surges in women undergoing controlled ovarian hyperstimulation for assisted reproductive technologies (ART). In clinical trials Decapeptyl 100 micrograms/1 mL has been used in cycles where urinary and recombinant human follicle stimulating hormone (FSH) as well as human menopausal gonadotrophin (H mg) were used for stimulation. Decapeptyl is contraindicated in cases of: hypersensitivity to gonadotropin releasing hormone (GnRH) or any other GnRH analogue; pregnancy and lactation. Women of childbearing potential should be examined carefully before treatment to exclude pregnancy. Decapeptyl is available as a 100 micrograms/1 mL prefilled syringe for subcutaneous injection in vials of 7's.

Odefsey (emtricitabine (FTC), rilpivirine (RPV), tenofovir alafenamide (TAF)) is a fixed dose combination of antiretroviral drugs. Odefsey is indicated as a complete regimen for the treatment of HIV-1 infection in adults and adolescents (12 years and older with body weight at least 35 kg) with plasma HIV-1 RNA \leq 100,000 copies/mL at the start of therapy. The patients must not have a history of treatment failure or known mutations associated with resistance to the individual components of Odefsey. Coadministration of Odefsey with the following drugs is contraindicated due to the potential for serious and/or life threatening events or loss of virologic response and possible resistance to Odefsey: Anticonvulsants: carbamazepine, oxcarbazepine, phenobarbital, phenytoin; Antimycobacterials: rifampin, rifapentine; Proton pump inhibitors, such as omeprazole, esomeprazole, lansoprazole, dexlansoprazole, pantoprazole, rabeprazole; Glucocorticoid systemic

dexamethasone, except as a single dose treatment and Herbal products: St. John's wort (*Hypericum perforatum*). Odefsey is available as tablets containing 200 mg FTC, 25 mg RPV, and 25 mg TAF in packs of 30's.

Prezcobix (darunavir/cobicistat) is a fixed dose antiviral for systemic use. Darunavir is an inhibitor of Human immunodeficiency virus type 1 (HIV-1) protease and Cobicistat is a mechanism based inhibitor of cytochrome P450 (CYP) enzymes of the CYP3A family. Prescobix, is indicated in combination with other antiretroviral agents for the treatment of adult patients with human immunodeficiency virus-1 (HIV-1) infection in: antiretroviral treatment naive patients; antiretroviral treatment experienced patients with no darunavir resistance associated mutations and who have plasma HIV-1 RNA $<$ 100,000 copies/mL and in antiretroviral treatment experienced but HIV protease inhibitor naive patients for whom HIV-1 genotype testing is unavailable. Contraindications: Prescobix should not be coadministered with medicinal products that are highly dependent on CYP3A for clearance and for which increased plasma concentrations are associated with serious and/or life threatening events (narrow therapeutic index). These medicinal products include alfuzosin, astemizole, apixaban, cisapride, colchicine (in patients with renal and/or hepatic impairment), dronedarone, lovastatin, oral midazolam, pimozide, ranolazine, ergot alkaloids (e.g., dihydroergotamine, ergotamine, ergonovine and methylexgonovine), sildenafil (when used for treatment of pulmonary arterial hypertension), simvastatin, terfenadine, and triazolam and antiarrhythmic drugs (e.g. amiodarone, bepridil, flecainide, systemic lidocaine, quinidine). Coadministration of Prescobix with CYP3A inducers may lead to lower exposures of darunavir and cobicistat and potential loss of efficacy of darunavir and possible resistance. Patients taking Prescobix should not use products containing carbamazepine, phenobarbital, phenytoin, rifampin or St. John's wort. Prescobix tablets containing 800 mg darunavir and 150 mg cobicistat is available in bottles of 30's.

Zepatier (elbasvir/ grazoprevir) is a fixed-dose combination of direct-acting antiviral agents against the hepatitis C virus. Elbasvir is an HCV NS5A inhibitor and grazoprevir

is a hepatitis C virus (HCV) NS3/4A protease inhibitor. Zepatier is indicated for the treatment of chronic hepatitis C genotype 1 or 4 infection in adults. Zepatier is contraindicated in patients with moderate hepatic impairment (Child-Pugh B) due to a lack of clinical safety and efficacy experience in this patient population and the expected increase in grazoprevir plasma concentration. Zepatier is contraindicated in patients with severe hepatic impairment (Child-Pugh C) due to the expected significantly increased grazoprevir plasma concentration and the increased risk of alanine aminotransferase (ALT) elevations. Zepatier is contraindicated with inhibitors of organic anion transporting polypeptides 1B1/3 (OATP1B1/3) that are known or expected to significantly increase grazoprevir plasma concentrations, strong inducers of cytochrome P450 3A (CYP3A), and efavirenz. Medicines that are contraindicated with Zepatier include: Anticonvulsants (phenytoin, carbamazepine); Antimycobacterials (rifampicin); Herbal products (St. John's Wort (*Hypericum perforatum*)); HIV medications (efavirenz, atazanavir, darunavir, lopinavir, saquinavir, and tipranavir); Immunosuppressants (cyclosporine). If Zepatier is administered with ribavirin, the contraindications to ribavirin also apply to this combination regimen. Zepatier tablets containing 50 mg elbasvir and 100 mg grazoprevir is available in packs of 28's.

New Contraindications

Alacare (5-aminolevulinic acid (as hydrochloride)) is now also contraindicated with known photodermatoses of varying pathology and frequency, e.g. metabolic disorders such as aminoaciduria, idiopathic or immunological disorders such as polymorphic light reaction, genetic disorders such as xeroderma pigmentosum and diseases precipitated or aggravated by exposure to sunlight such as lupus erythematosus or pemphigus erythematosus.

Apresoline (hydralazine hydrochloride) is now also contraindicated in porphyria.

Eviplera (tenofovir disoproxil fumarate, emtricitabine, rilpivirine) should not be administered concurrently with other medicinal products containing any of the same active components: tenofovir DF, emtricitabine, or with medicinal products containing lamivudine,

tenofovir alafenamide or adefovir dipivoxil. Eviplera should not be coadministered with rilpivirine unless required for dose adjustment.

Evotaz (atazanavir sulfate/ cobicistat) coadministration with the following is now also contraindicated due to the potential for serious and/or life threatening events or loss of virologic response and possible resistance: Anticonvulsants: carbamazepine, phenobarbital, phenytoin.

Nardil (phenelzine sulfate) should not be used in patients with cerebrovascular disease.

Targin (oxycodone hydrochloride and naloxone hydrochloride anhydrous) is now also contraindicated with a history of opioid abuse for restless legs syndrome.

Viekira Pak-RBV Combination Therapy Pack (paritaprevir/ritonavir/ ombitasvir tablets + dasabuvir + ribavirin) use is now contraindicated with the following drugs: ranolazine, dronedarone and lurasidone. It is also contraindicated with breastfeeding.

New Indications

Gazyva (obinutuzumab) in combination with bendamustine, followed by Gazyva maintenance, is indicated for the treatment of patients with follicular lymphoma (FL) who did not respond to, or who progressed during or up to 6 months after treatment with rituximab or a rituximab containing regimen.

Humira (adalimumab (rch)) is now indicated for the treatment of enthesitis related arthritis in children, who have had an inadequate response to, or who are intolerant to, conventional therapy. Humira is now also indicated for the treatment of severe chronic plaque psoriasis in children and adolescent patients from 4 years of age who have had an inadequate response to or are inappropriate candidates for topical therapy and phototherapy.

Targin (oxycodone hydrochloride; naloxone hydrochloride) is now also indicated as second line symptomatic treatment of patients with severe to very severe idiopathic restless legs syndrome after failure of dopaminergic therapy.

This list is a summary of only some of the changes that have occurred over the last month. Before prescribing, always refer to the full product information.