

Monday 18 Sep 2017

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Today's issue of PD

Pharmacy Daily today has two pages of news plus a full page from Wizard Pharmacy.

AHPRA rego' fees up

REGISTRATION fees for the Pharmacy Board have been increased by 2.5% and are now published for 2017/2018.

The Pharmacy Board of Australia general registration fee has been set at \$336, while fees for Chinese Medicine, Chiropractic, Medical Radiation Practice, Occupational Therapy, Optometry, Osteopathy, Physiotherapy and Podiatry Boards have been frozen.

Dental, Medical and Psychology Boards have fee increases limited to indexation of up to 3%.

New fees will apply from 15 Sep. Visit ahpra.gov.au.



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Alibaba opens China's doors

CHINA'S Alibaba Group cross-border business-toconsumer platform **Tmall Global** announced Friday that it will collaborate with four of Australia's

leading health companies to build the profile of their products amongst Chinese consumers.

Individual agreements and memorandums of understanding were signed in Melbourne between Tmall Global and the four companies: Chemist Warehouse, Swisse, Blackmores, and Sanofi Consumer Healthcare.

The Tmall collaborations are expected to build capability in marketing and product traceability, while opening new sales channels for the brands to reach more of China's growing middle class.

In addition to these collaborations, Tmall Global has renewed its strategic cooperation agreement with Chemist Warehouse.

During last year's 11.11 Global Shopping Festival, Chemist Warehouse achieved more than RMB 100 million in gross merchandise volume in a single day.

Phcy courses ranked

GOOD Education Group has announced the release of the '2018 The Good Universities Guide'. comparing university courses.

Details of pharmacy courses are ranked under a number of headings including learning resources giving Newcastle the nod with 100%, while educational experience placed John Curtin University tops at 92.6% while also taking top rank for learner engagement.

However, study at Charles Sturt University if highest quality teaching hits your hot button, or at UniSA if starting salary is your most important thing (\$45,000 pa).

See goodeducation.com.au.

ranked as



Alibaba.com

the fifth highest gross merchandise volume country on Tmall Global in 2016, with Australianmade and manufactured

health and nutrition supplements one of the strongest performing categories.

Speaking at the signing of the ceremony, Maggie Zhou, managing director of Alibaba Group Australia and New Zealand, said: "Australia has an enviable reputation, the products that are made and manufactured in this country are perceived to be clean, safe and healthy.

"By working together to promote our lifestyle and national identity, Australian brands will move a step closer to reaching their export potential in China," Zhou said.

"Australia is the first country to collaborate with like-minded health companies and this model will be closely watched by all of Tmall Global's markets."

Pictured L to R: John Goebel, head of New Channels, Sanofi; Damien Gance, co-founder and partner of Chemist Warehouse; Alibaba Group's md for Australia and New Zealand, Maggie Zhou; Nick Mann, head of sales for Australia and New Zealand, Swisse; Peter Osborne, md (Asia) for Blackmores.

Competency tool

THE Pharmacy Practitioner **Development Committee** (PPDC), on behalf of its member organisations, has released a mapping tool to support the implementation of the national competency standards framework for pharmacists in Australia 2016 called the '2016 Framework'.

Competency standards in the 2010 (previous) version were considered at the element level and recommendations were provided on the most appropriate set of Enabling Competencies in the 2016 Framework.



While individual pharmacists may find the tool useful in transitioning to the 2016 Framework, pharmacy organisations are likely to be the primary users, the PPDC said.

The tool will have application for those who have a document, resource or learning activity with 2010 competencies assigned, and need to update them to the appropriate competencies of the 2016 Framework.

This may be required, for example, to ensure currency of the resource, or to maintain accreditation status of a particular activity for the full accreditation period, the PPDC said.

The mapping tool can be accessed by **CLICKING HERE**.



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Dispensary Corner

THE legendary Ig Nobel Prize awards, spoofing on the Nobel prizes in science, have again introduced their whacky range of science surprises, as people demonstrate creative research.

Marc-Antoine Fardin accepts the Ig Nobel prize for Physics for his study, "Can a Cat Be Both a Solid and a Liquid," during the 27th First Annual Ig Nobel Prize Ceremony at Harvard University in Cambridge, Massachusetts, U.S. Sep 14, 2017.

Other honours were conferred upon research around how holding a crocodile influences gambling (which was really about the link between someone's emotional state and how they gambled) and whether playing the didgeridoo can help cure snoring and be a viable alternative treatment for Obstructive Sleep Apnea Syndrome.

Seems obvious really??

HOW much can a Koala bear? A furry stowaway who made a 16-kilometre journey squeezed in



the wheel arch of a four-wheel vehicle, was lucky

to escape with just scratches, Yahoo! News reports.

The uniquely Australian marsupial, technically not a bear by the way, but a koala, suffered superficial injuries and was covered in grease from the car.

Normally hypersensitive to danger, the little cuddle-piece was very scared, but after being cleaned up and monitored for a week, she was released back into the bush on Saturday.

Folate depression link

LOW folate levels have been associated with major depressive disorder, according to data to be presented at the 2017 Australasian Society for Bipolar and Depressive Disorders (ASBDD) Conference.

A new bioactive dietary form of L-methylfolate called Neurofolin was used in the study.

being urged to have their lungs

Can you breathe easy?

NEW South Wales residents are checked by a pharmacist to screen for Chronic Obstructive Pulmonary Disease (COPD) as part of World Pharmacists Day.

To mark the occasion, on Sep 25, the Pharmaceutical Society of Australia has partnered with the Lung Foundation Australia and several community pharmacists in Sydney and Newcastle to provide free health checks to screen people for COPD - screening will be available from 9.30am until 4.00pm at: ChemistWorks at Broadway Thur 21 Sep and Westfield Kotara in Newcastle on Fri 22 Sep.

More info at psa.org.au.

Pharmacies change the beat

THIS week, more than 70 pharmacies across the nation will be holding free, mobile heart testing stations as part of Atrial **Fibrillation Awareness** Week 18-24 Sep.

Australians are being urged to check whether they have an irregular heartbeat,

known as atrial fibrillation, which dramatically increases the risk of stroke, and hearts4heart believes they could detect thousands of cases of AF across the country during Awareness Week, especially with pharmacy support.

While AF can be detected by a simple pulse test to check

heart rate, as many as 30% of the 460,000 Australians with the condition remain undiagnosed and at heightened risk of stroke.

heart and form a clot that can travel to the brain,

causing a devastating stroke.

A recent White Paper released by hearts4heart identifies atrial fibrillation (AF) as the cause for 6,000 strokes every year, with onein-four of these occurring in people who are undiagnosed and therefore unable to take preventative

Left untreated, an irregular heartbeat can cause blood to pool in a chamber of the heart

measures.

Win with Aromababy

This week Pharmacy Daily and Aromababy are giving away five Eczema Care Kits including unscented duo Pure Baby Moisture Cream 125mL, Pure Baby Wash 150mL and best selling Barrier Balm.

Aromababy was launched in 1994 as the first. natural baby brand of its kind. Aromababy offers a comprehensive selection of natural and organic products for mother and child including unscented/ essential oil free, for sensitive skin and for older

children, all of which are free from dairy/goatsmilk, sulphates and parabens. Gift-with-purchase, free samples, testers, training and product for Maternal and Child Health Nurse available to pharmacy. Email info@aromababy.com or call 03 9464 0888 for more information.

To win, be the first from TAS or VIC to send the correct answer the question to comp@pharmacydaily.com.au

> Are all Aromababy products free from dairy/goatsmilk, sulphate, parabens, propylene glycol and petro chemicals?

Check here tomorrow for today's winner.



This week's contributor is Michelle



Weekly

Vogrinec, mum of three, creator of GAIA Natural Baby, MD of GAIA Skin Natural

Gently does it when managing eczema

BECAUSE eczema skin is dry skin, it has lost some of its barrier function. It is therefore unable to retain moisture and block irritants resulting in 'flareups' which can be red, crusty, scaly, flaky, weepy and itchy.

ECZEMA SKINCARE ROUTINE

1, 2, 3:

Step 1: Cleanse

Choosing a suitable cleanser to use and one that won't further dry or irritate the skin is extremely important. Therefore, it is recommended not to use soap or harsh cleansing bars, artificial fragrances or cleansers with harsh detergents when washing skin, but to choose a pH balanced, soap and sulphate free product, preferably with added moisturising ingredients.

Step 2: Moisturise

Moisturiser should be used liberally and frequently (several times a day) or at least morning and night. Apply moisturiser gently, within three minutes of bathing (while the skin is still slightly damp) to 'lock in' the moisture. Continue to use moisturiser daily, even when the eczema patches have improved to prevent flare-ups

Step3: Protect

Choose a thick cream, lotion or balm to provide optimal skin protection, particularly on the eczema prone areas and opt for skin soothing, natural ingredients.



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