

Tue 14th February 2023



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For use when iron deficiency or iron deficiency anaemia has been diagnosed by your doctor and a therapeutic iron supplement is recommended. Always read the label and follow the directions for use. If symptoms persist, worsen or change unexpectedly, talk to your health professional. *Vitamin C has been

shown to enhance the absorption of iron when taken together.

() Petrus

Today's issue of *PD*

Pharmacy Daily today features three pages of news.

Culturally safe

THE Australian Pharmacy Council (APC) has announced five additional Indigenous members across APC's Board of Directors and Committees to help influence their work in developing and supporting a culturally safe pharmacy workforce.

The APC members are Aleena Williams to the Board of Directors, Chastina Heck to the Accreditation Committee, Lloyd Dolan, Alex Burke, and Anna Tiatia Fa'atoese Latu to the Indigenous Health Strategy Group.

These appointments will guide the work of APC's Strategic Directions for 2022-2027, which includes a pillar on First Nations Health.

Tas and Qld intern finalists leading

TASMANIA and Queensland are leading the way with four finalists announced to take out The Pharmacy Guild of Australia/MIMS Intern of the Year 2022.

Ben Lumsden from Pharmacy First, Mount Isa, and Georgina Morris from LiveLife Pharmacv Bowen Healthcare are the finalists representing Queensland.

The Tasmanian finalists for the prestigious award include Melanie Cheong from Longford Discount Pharmacy, Tasmania, and Joelynn Lim from Priceline Pharmacv Kingston Channel Court, Tasmania.

The winner receives a cash prize of \$4,500 to support their education, courtesy of MIMS Australia, plus flights, accommodation, and full registration to attend APP2023 on the Gold Coast in Mar.

The National Pharmacy **Guild President Trent Twomey** thanked the four finalists saying "congratulations to our interns for being nominated as finalists in the 2022 Intern of the Year Award.

"Being a finalist shows your commitment to your patients and the community, and I hope that the accolades that come with the Award provide a wonderful platform for you to help launch your pharmacy career.

"You all have very bright futures ahead of you as early career community pharmacists," Twomey concluded.

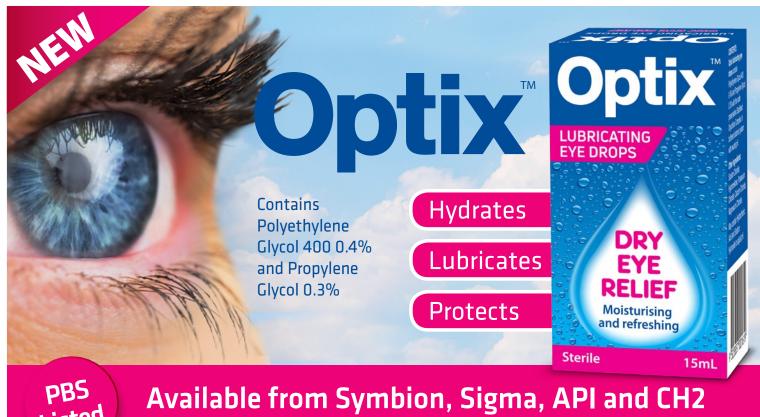


Pictured: Ben Lumsden (above), Melanie Cheong (top right), Georgia Morris (right middle), and Joelynn Lim (right bottom) are all the top intern finalists.









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Lismore re-Blooms after the floods

AFTER experiencing the devastating impact of the 2022 NSW floods, Blooms The Chemist, Lismore, has reopened its doors in a new location.

After nearly 11 months of disruption, it is now located at Shops 22 and 23, Wyrallah Road Shopping Centre, 62 Wyrallah Road, Lismore.

Head of Retail Operations at Blooms The Chemist, Zane Matthews. acknowledges the overwhelming support received from the Lismore team and wider community.

"The floods had a truly devastating impact on the people of Lismore and surrounding communities.

"Many people lost their homes, their businesses and for many, the future was uncertain for a long period of time," Matthews said.

"Blooms The Chemist, Lismore, is honoured to be part of a community that supports each other.

"Strangers helped strangers, and it is because of the community



spirit of Lismore that the store is bouncing back, and businesses can rebuild to where they were before the floods hit." he added.

In attendance to mark the reopening was the Mayor of the City of Lismore, Steve Krieg.

Blooms The Chemist, Lismore, has been a trusted and wellrespected local pharmacy for more than 20 years, offering a range of important healthcare services to its community.

During the 2022 floods, roads in and out of the area were cut off and many people, particularly those with chronic health conditions, were unable to access medications.

During the state of emergency, the Pharmaceutical Society of Australia allowed people to access routinely prescribed medication without a scrint

While this provided some relief, the lack of resources and closures of two GP clinics and pharmacies made it very challenging for many people to access basic medications and vaccinations in town.

"The Lismore community is still struggling with the ongoing consequences of the floods, and with people under greater financial pressure and the stress that it can create, can lead to a number of other health issues.

"As such, it's important that the pharmacy can reopen, and they are all looking forward to connecting with the community and supporting them in these tough times," said Matthews.

Pictured: Mayor of Lismore Steve Krieg, next to him in a white coat is Elaine Unsworth, the pharmacy owner, and some of the pharmacy retail team.

Dating in the dark

WITH online scams and catfishing increasing, it may feel safer to avoid online dating apps, but recent research shows that people with darker personality traits prefer meeting their romantic partners in person rather than

Researchers from Deakin University's School of Psychology found that people with elevated dark tetrad (D4) personality traits, such as psychopathy, narcissism, Machiavellianism, and sadism, show a preference for meeting partners face-to-face.

The team surveyed nearly 500 men and women aged between 18 and 70 years, measuring their D4 personality traits, their dating preferences (what they're looking for in a partner and preferred dating method), and any past dating experiences, positive or negative.

Lead author Dr Richelle Mayshak said initial research suggested that people who preferred using face-to-face dating methods over online dating apps, and those who scored higher in grandiose narcissism, were more likely to engage in anti-social dating behaviours like harassment, unwanted sexual attention. and physical or verbal aggression.

Explore the links between darker personality traits and dating practices to understand antisocial behaviours HERE.

AIHW records an increase in ill health

FOR the first time in two decades there has been an increase in ill health experienced by Australians, as measured by the Australian Institute of Health and Welfare's (AIHW) Australian Burden of Disease Study 2022.

Australians lost an estimated

5.5m years of healthy life in 2022, the study noted.

Each new study since 2003 shows a decrease in the average amount of time spent in ill health, but in 2022 we saw this average increase by 2% compared with the 2018 study.

Needle-free vax

A PHASE one clinical trial is underway for a needle-free high density microarray patch by biotech firm Vaxxas.

The trial is a first with the patch for the seasonal influenza vaccine quadrivalent. Learn more HERE.

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Dispensary Corner

MEDICAL tests are not usually considered to be dangerous, but a Brazilian man has sadly died during an MRI procedure.

In fact he wasn't even the patient - Leandro Mathias de Novaes was accompanying his mother for the procedure, and apparently disregarded an instruction to empty his pockets before entering the facility.

The unfortunate victim was carrying a handgun in his waistband, and when the MRI machine turned on its powerful magnetic force caused the weapon to discharge, with de Novaes receiving a fatal gunshot to the abdomen.

Officials at the clinic said they had clearly warned him to remove any metal objects before entering the room, and weren't aware that he was still carrying the weapon.

Ironically the 40-year-old attorney was a prominent advocate for gun ownership, with a strong social media following for his TikTok channel (pictured) where he urged the people of Brazil to collect weapons and answered questions about the legality of gun ownership.



Inspiring women's event

THIS year's guest speaker for the Queensland Guild's Women in Pharmacy Breakfast is the prominent Queensland cabinet Minister Hon Shannon Fentiman (pictured), Attorney-General and Minister for Justice, Minister for Women, and Minister for the Prevention of Domestic and Family Violence

Fentiman will join more than 180 community pharmacists and pharmacy industry representatives at Victoria Park Ballroom to address this year's campaign theme #EmbraceEquity for International Women's Day on Wed 08 Mar.

Queensland branch Vice President and MC for the event, Amanda Seeto is proud to host this important event for the pharmacy profession, saying each year's theme brings inspiring conversations to the forefront.

"This will be the third year



the Guild has supported this memorable international event and we are thrilled to host and hear from our guest speaker, Minister Fentiman.

"International Women's Day is an important day to me and many of my community pharmacy colleagues as it provides an opportunity to share meaningful conversations," Seeto said.

Guests will enjoy a morning of reconnecting with familiar faces as well as networking with new connections over a hot breakfast, with lucky door prizes and gift bags.

Book your ticket **HERE**.



"Best of the best" at APP opening plenary

THE countdown is well and truly on for this year's APP at the Gold Coast in Mar and a lot of the talk is just who will be crowned 2023 'Guild Pharmacy of the Year'.

It's one of the biggest highlights of the conference, where you can see the 'best of the best' in community pharmacy.

There are six finalists for this year's sought-after award including: Thursday Island Pharmacy, Queensland; Pharmacy 777 Shoalwater, Western Australia; Ouyen Pharmacy, Victoria; Capital Chemist Calwell, ACT; Wholelife Pharmacy & Health Foods Pease Street, Queensland; and Livelife Pharmacy Cooroy, Queensland.

Jonathan Biddle, General Manager, Care Pharmaceuticals, and proud sponsor of the award program from 2016-2023 said: "We are proud at Care Pharmaceuticals to sponsor this important recognition of outstanding pharmacies and our sponsorship reflects our ongoing commitment to patients and pharmacies in the sector."

To find out who will be the 'Guild Pharmacy of the Year' you'll need to be at the opening plenary session and ceremony on Thu 23 Mar from 8.30am.

For more details on the APP Conference, click here.

Sydney streets to bring people closer



PHARMACISTS can get more traffic in-store as residents and visitors in the City of Sydney area look forward to a series of events that will create a festival atmosphere and bring communities together for fun and to support their local businesses.

As part of Sydney Streets, local neighbourhoods will transform into traffic-free zones for one-day festivals across various weekends from Feb to Apr.

The following streets have been chosen - Darlinghurst Road and Macleay Street, Potts Point, Sun 19 Feb, 11am to 9pm; Glebe Point Road, Glebe, Sun 05 Mar, 11am to 9pm; Redfern Street, Redfern, Sat 11 Mar, 11am to 10pm; Stanley Street, Darlinghurst, Sat 18 Mar, 11am to 10pm, Harris Street, Pyrmont, Sat 25 Mar, 11am to 10pm; and Crown Street, Surry Hills, Sat 01 Apr, 11am to 10pm.

Get involved HERE.



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