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## Today's issue of PD

*Pharmacy Daily* today features four pages of news including our **Beauty & Wellness** feature, plus full pages from:

- **Wealth 100 Club**
- **Wizard Pharmacy**

## Resupply of Ordine

**ARROTEX** Pharmaceuticals announced last week that it is taking over the sponsorship of the Ordine (morphine) oral liquid products after Mundipharma stated it discontinued supply last year.

The TGA said the shortage of these products will continue in the short term, and Arrotex is anticipating a return to normal supply later this year.

Meanwhile, the TGA added that overseas-registered products are available and can be used until the supply of Ordine recommences.

## Fentiman to attend APP

**WITH** just under a week to go until APP2024, it's confirmed that the Queensland Minister for Health, Mental Health and Ambulance Services and Minister for Women, Shannon Fentiman (**pictured**), will attend the conference's Women's Networking Lunch.

"It's very exciting to announce this a day out from International Women's Day; this is one APP function not to miss," said Qld Guild Vice President and the lunch's MC, Amanda Seeto.

"All of our Queensland members are familiar with Minister Fentiman, as she has been integral in working with us on the Queensland Community Pharmacy Scope of Practice Pilot."

The Pilot will see community pharmacists being able to work to a full scope of practice to give more choice to patients and remove critical pressure from hospital emergency departments.

"Community pharmacists have enjoyed a very constructive working



relationship, and we are very much looking forward to hearing more from Minister Fentiman when she addresses attendees at the lunch," added Seeto.

She also mentioned that the Minister's responsibilities are broad enough that all attendees will take something out of her content.

"The Minister's responsibilities include the full gamut of public health such as disease surveillance, alcohol and drug prevention as well as the registration of overseas healthcare professionals, ambulance service and women's policy," commented Seeto. JG

## QV scholarships

**THE** Ego Pharmaceutical's QV Healthcare Practitioner Student Scholarships are back for this year.

Launched this week, the scholarship will award a total of \$30,000 in prize money to undergraduate and postgraduate students in pharmacy, medicine or nursing courses to further the education of the next generation of Australian healthcare practitioners.

This year's scholarships are running until 27 Jun.

Entrants are asked to complete a short essay related to sensitive skin, an area the QV brand specialises in.

Submissions will be judged by industry experts including Ego's Scientific Affairs Dr Fabrizio Spada, Eczema Association of Australasia President Michelle Privitera, and Dermatology Nurses' Association President Vivienne Speirs.

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## Blackmore's \$10m gift

A DONATION of \$10 million was made on Tue from the Blackmore Family Foundation, which is Marcus and Caroline Blackmore's philanthropic trust, to Western Sydney University's NICM Health Research Institute (NICM).

Founder of the Australian vitamins brand Blackmores, and the Foundation's Chair, Dr Marcus Blackmore, said, "the NICM Health Research Institute has grown into a world-leading institute and is a game changer not just for the industry, but also for the 70% of Australians who take complementary medicines each year".

"The Blackmore Family Foundation is truly proud of our long-standing involvement with Western Sydney University and the NICM," he added.

This transformational gift aims to strengthen NICM's research capabilities and support several studies targeting high-priority chronic disease areas where

complementary medicine (CM) promises the most impact on patients in Australia.

The donation was announced at a special event attended by Western Sydney University's Chancellor, Prof Jennifer Westacott and together with Blackmore, and the Minister for Medical Research, David Harris.

Vice-Chancellor and President, Prof Barney Glover who also attended the event, acknowledged Blackmore and the Foundation for their ongoing commitment to research in integrative and complementary medicine, as part of an evening that brought together research, philanthropy, industry and government.

"This significant gift from Dr Blackmore and the Blackmore Family Foundation, longstanding supporters of the NICM research institute since 2007, is an example of collaboration between universities and philanthropists to drive research and innovation," commented Glover. JG

## PDL brings on experienced pharmacists

INDUSTRY insurer, the Pharmaceutical Defence Limited (PDL), yesterday appointed pharmacists Kylie Neville (pictured L) and Dr Simone Henriksen (pictured R) as its Professional Officers.

Based in Queensland, Neville has been a practising pharmacist for more than 18 years, with experience in public, private hospital and community pharmacy management, compounding and medicinal cannabis supply.

In recent years, an interest in broadening her knowledge across a range of pharmacy environments led her to widen her experience with online pharmacy and IVF clinic practice.

Since 2008, Neville has mentored pharmacy students and has been an intern pharmacist preceptor, with other areas of interest including diabetes education, compounding, vaccination and



expansion of scope of practice.

Henriksen has been a pharmacist for over 30 years and is also based in Queensland.

In her early career, she worked in community pharmacies in New South Wales and Queensland as a pharmacist-in-charge, and is now a pharmacy owner having previously operated several pharmacies in regional Queensland and Brisbane.

Henriksen completed a Bachelor of Laws (First Class Honours) at the University of the Sunshine Coast, and was awarded a PhD in Law in 2023 for her thesis, examining the governance structure and regulation of the alcohol and

## Time to rethink your dispensary set-up?

### The latest in pharmacy robotic automation

The CONSIS C uses state-of-the-art technology in all areas of operations, from the user and control software to the mechanical and electronic components. The sophisticated design maximises storage capacity, the dual lane feeder system speeds up loading, whilst inbuilt sensors and cameras offer peace of mind with advanced diagnostic support.

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## Editor's Choice: knock back beauty shot to hydrate thirsty skin

**NATURE'S** Way Beauty Skin Hydration Shot is full of ingredients including hyaluronic acid, nicotinamide, biotin and zinc to support skin hydration and nourish it from the inside out.

The ultimate in the brand's skin hydration range, the formulation supports healthy skin function, and aims to assist customers' complexions to look dewy and youthful.

Hyaluronic acid, with its purported ability to hold up to 1,000 times its weight in water within the skin structure, locks in moisture, while zinc and biotin work together to lift skin's health and integrity.

According to the manufacturer,



taking one shot daily is a convenient addition to the routine of those pharmacy customers looking for more glowing and firmer skin.

The Beauty Skin Hydration Shot retails for \$37 and comes in 10 vials of 50ml each.

The product is sold in Priceline and Chemist Warehouse stores.

## EZZ line grows further



**THREE** new Australian-made and TGA-approved EZZ products were launched last month continuing the brand's trend where it introduced 18 new products last year.

EZZ Hair Protector, EZZ Sugar Metabolism and EZZ Mount Peak III supplements join a line of 51 other products under the EZZ Life Science brand, with formulations that support and cater to the needs of its consumers in Australia and globally.

Amid a growing focus on outer beauty, EZZ's Hair Protector is designed to nourish and strengthen hair from within.

Formulated with biotin and pyridoxine hydrochloride, this product is aimed to promote hair health, reduce breakage, and enhance overall hair health.

Meanwhile, EZZ Sugar Metabolism supports a healthy metabolism and maintains balanced blood sugar levels.

As pharmacy customers turn to supplements to enhance their performance levels, the EZZ Mount Peak III helps support endurance and recovery.

Fitness enthusiasts can benefit from ingredients like zinc oxide, which may enhance physical stamina, reduce fatigue, and promote faster recovery after

## Shiny colour glides on

**MAVALA** Switzerland Lip-Shine Lipstick (RRP:\$29.95) comes in a new silver modern case and offers an improved creamy formula, gliding on comfortably for an intense, shiny colour.

Available in 24 shades, hydration, volume and smoothing effects are the keys of this new lipstick, thanks to an exclusive combination of active ingredients.



## Get the skinny drink for a healthier lifestyle

**EMBARK** on a journey towards a healthier lifestyle with the launch of Skinny Mocktail, an Australian gut-loving, weight-loss drink that is gluten-free.

Skinny Mocktail offers a daily guilt-free alternative to sugary beverages, infused with a blend of weight management support, digestive balance, and focus-enhancing ingredients.

The product which retails from \$29.90 to \$64.90 incorporates L-carnitine tartrate, bitter orange, grains of paradise, black pepper extract, and chromium picolinate to potentially aid in weight management and fat burning.

It contains chicory root inulin, L-glutamine, aloe vera Extract, chamomile flower powder, and more to help digestive health.



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### Dispensary Corner

**A 62-YEAR-OLD** man from Germany has gone against medical advice and been vaccinated 217 times to prevent COVID-19, reported *BBC News*.

The bizarre case's details revealed that the shots were bought and administered within the space of 29 months.

Evidence for 130 of the jabs was collected by the public prosecutor of the city of Magdeburg, which opened an investigation with the allegation of fraud, but no criminal charges were brought.

The University of Erlangen-Nuremberg Microbiology Department's Dr Kilian Schober said the man was "very interested in providing us fresh blood and saliva samples".

Dr Schober was originally worried hyper-stimulating the immune system with repeated doses might have fatigued certain cells, but found no evidence of this.

He also said that there was no sign that the man had ever been infected with COVID.

## Menopause care needs a societal shift

**AHEAD** of International Women's Day tomorrow, new research is calling for a different approach to menopause that better prepares and supports women during midlife.

In a new series published in medical journal *The Lancet*, a group of professors are advising that female patients are offered detailed information on symptoms and treatments and given empathetic clinical care and workplace support.

Series co-author, Prof Martha Hickey from the University of Melbourne and Royal Women's Hospital, said "the misconception of menopause as always being a medical issue which consistently heralds a decline in physical and mental health, should be challenged across the whole of society".

"Many women live rewarding lives during and after menopause, contributing to work, family life and the wider society."

Hickey added that changing the narrative to view menopause as "part of healthy ageing may better empower women to navigate this life stage and reduce fear and trepidation among those who have yet to experience it".

She continues, "the menopause experience differs for every person.



"Our series calls for an individualised approach where women are empowered with accurate, consistent and impartial information to make informed decisions which are right for them over the menopause transition.

"This may include taking menopause hormone therapy (aka HRT) for symptoms such as hot flushes and night sweats, which can range from mild to extremely debilitating, after a discussion with their doctor about the risks and benefits," explained Hickey.

"While some women may also choose psychological therapies such as cognitive behavioural therapy to reduce the psychological impact of hot flushes and night sweats and improve sleep."

The series calls for healthcare professionals to support their patients by validating their experiences and providing balanced and consistent information about

symptoms and treatment options if required, encouraging women to discuss their individual preferences to reach shared decisions.

In addition to clinicians, researchers and workplaces, the authors highlight the need for a substantial societal shift in the views of midlife and older women, with a greater appreciation of their considerable contribution to society, their skills in the paid and unpaid workforce and how they often care for families across several generations.

The authors also call for more research into aspects of menopause that are actually a priority for women.

For example, a global Menopause Priority Setting Partnership is underway across more than 40 countries to develop a new, patient-focused research agenda.

According to the authors this would address the urgent need for greater awareness of mechanisms, new treatments and additional support for people who experience early menopause, develop the condition after cancer treatment and/or those at a higher risk of depression over the menopause transition. *JG*

## Low activity still reduces risk of a stroke

**EVEN** people whose physical activity levels fall well short of recommended guidelines, but still do some exercise during their leisure time, have a lower risk of stroke than sedentary people, according to international scientists.

They brought together and reanalysed the data from 15 previous studies, including a total of 752,050 adults followed up for an average of 10.5 years.

Five studies that measured activity at three different levels found the highest level of physical activity cut the risk of stroke by 29%, but even some 'below target' activity still reduced the risk by 18%.

The authors said their findings were limited by the need to use people's responses, however, they concluded that it's likely any activity is better than none when it comes to avoiding a stroke.

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