

Today's issue of PD

Pharmacy Daily today features two pages of news, plus full pages from:

- Dermal Therapy
- Willach
- Glucojel

Better skin

DERMAL Therapy has a range of skin care products for skin that looks and feels better.

Learn more about its tinted lip balm, overnight face cream and treatment for rough hands on **page three**.

Rethink dispensary

WILLACH Consis.C provides the latest in robotic automation for a more efficient dispensary set-up, freeing up space and time within your pharmacy. See details on **page four**.

Next-gen talent takes the spotlight

CURTIN University student Maxime Watts was announced as Pharmacy Student of the Year at PSA25, which wrapped yesterday (**PD** breaking news).

Watts also took home the People's Choice award, as voted by PSA25 delegates.

PSA National President Associate Professor Fei Sim FPS (**pictured**) congratulated Watts on her achievement, and said: "It's always a highlight of the PSA conference to see the next generation of pharmacists showcasing their skills."

"These are our future pharmacists, our future leaders, and I must say, I'm very confident our profession is in good hands."

The national conference, which welcomed more than 1,200 attendees, also saw Peter Tran win Locum Pharmacist of the Year - an award sponsored by Locumate.ai.

Tran has locummed across most states and territories, including in rural and remote areas, and also played a key role in uncovering a



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"Anyone who has practised in a pharmacy, especially in a rural or regional area, knows just how important locum pharmacists are in keeping healthcare accessible to our communities," Prof Sim said.

"There are unique challenges for locum pharmacists, but those like Peter take it all in their stride."

Additionally, Perth-based pharmacist Rachel Lawson was announced as the Intern Pharmacist of the Year.

Lawson began her journey in pharmacy while studying for a Bachelor of Health Promotion and working part-time at Pharmacy 777

Applecross in Perth.

While completing her intern at the same pharmacy, Lawson conducted wound care consultations and sleep apnoea trials, initiated HIV self-test consultations, and collaborated with a local researcher to deliver a presentation on sleep health to over 150 attendees.

"It's inspiring to see pharmacists like Rachel embracing the challenges and opportunities of community pharmacy, particularly through her work in health promotion, harm reduction, and adapting to new models of service delivery," Prof Sim stated.

PSA25 coincided with PSA reaching its 20,000-member milestone. *JM*

Attract customers

GLUCOJEL jellybeans can help reel more customers into your pharmacy - see **page five** for a discount offer.

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Dispensary Corner

JUST to add to your already-long to-do list, now a UK microbiologist has revealed you are probably washing your socks wrong.

According to Dr Primrose Freestone, sock-covered feet create the perfect environment for bacteria to thrive because they are warm, dark and humid.

"Feet can be a host for up to 1,000 different bacterial and fungal species, some of which can eat the sweat your feet produce, and their malodorous waste metabolites are what cause smelly feet, socks and shoes," Dr Freestone said.

Some of the bacteria is harmless, while others can be potentially dangerous pathogens such as staphylococcus, which can lead to staph skin infections, causing blisters and abscesses.

The secret to washing your socks is washing them inside out at 60°C, and using an enzyme-based detergent to break down the sweat and skin residue.

Then, it might seem OCD, but ironing them afterwards will kill any remaining microbes.

"The enzymes detach the bacteria from the weave of the sock fibres, and the high temperature kills the bacteria and fungi which are adapted to living at human foot temperature," said Dr Primrose.

"If your washing machine cannot manage a 60°C sock-microbe-killing temperature wash, then a hot iron will do the job - especially if the steam function is used."

NSW addresses loneliness

COMMUNITY-DRIVEN non-profit organisation, Australians for Mental Health, has welcomed a NSW parliamentary report into loneliness, following an enquiry into the prevalence, causes and impacts of loneliness across the state.

The final report from the Legislative Council's Standing Committee on Social Issues acknowledged the growing issue of loneliness, and its significant contribution to mental ill-health, disadvantage and marginalisation.

It backs two of the recommendations submitted by Australians for Mental Health, including establishing a whole-of-government strategy to tackle the issue over a five-year period, and amending the Local Government Act to require LGAs to plan for and report on actions to address loneliness and encourage meaningful connections.

"Loneliness is a very serious and growing social and health challenge," said Australians for Mental Health Executive Director, Chris Gambian.

"We know from our own polling last year that one in three Australians don't feel like they are getting enough social connection.



"Connection is good for us, and too many Australians aren't getting enough of it."

Gambian said the report acts as a "path to addressing this very harmful issue", adding that he is pleased that his organisation's proposals are reflected in the report's recommendations.

"To be included in the final report for our proposal to amend the Local Government Act to include a clear focus on social connection and loneliness, and requiring councils to report on their performance, is encouraging," he stated.

"We know local councils are in a unique position to be able to identify and respond to the needs of their communities.

"[They] should be properly resourced to support community interventions targeting loneliness," Gambian said. *JM*

Butler to speak at Connect

THE Federal Minister of Health, Disability and Ageing, Mark Butler (**pictured**), is set to attend Pharmacy Connect 2025 next month, the Pharmacy Guild of Australia has announced.

Minister Butler will join the Premier of NSW, Chris Minns (**PD** 03 Jun), to address delegates during the Opening Plenary on Thu 04 Sep.

"It is a great honour to welcome Minister Butler and Premier Minns to Pharmacy Connect 2025," said Conference Convenor and Branch Committee member for the Guild, Kos Sclavos.

"Their joint presence signals a shared recognition across federal and state governments of the integral role community pharmacy plays in Australia's primary healthcare system.

"We look forward to hearing their perspectives on the sector's future direction."

Pharmacy Connect 2025 will take place at the Hyatt Regency Sydney from 03-05 Sep, centred on the theme 'From Inspiration to Action'.

"Pharmacy Connect is an essential opportunity for pharmacy professionals to connect, learn, and engage with key decision-makers in health," Sclavos added.

Registrations are filling fast - **CLICK HERE** to see the program and secure a spot.



IPA announces cash giveaway winners

INDEPENDENT Pharmacies Australia (IPA) has announced the eight local winners of Chemist Discount Centre's (CDC) biggest-ever \$50,000 cash prize giveaway.

The competition, which ran from 28 May-01 Jul, saw CDC loyalty customers across 52 stores nationally entered into a prize draw when they purchased participating product and scanned their Club Card.

CDC Thornton customer Jia Ying K won the major prize of \$20,000, while two others received \$10,000 runner-up prizes, and five others scored the \$2,000 minor prize.

"We're delighted to be able to reward everyday Australians within the CDC franchise network for their ongoing commitment to their health," said IPA Managing Director, Steven Kastrinakis.

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