

## Today's issue of PD

**Pharmacy Daily** today features two pages of news, plus full pages from:

- Chemist Discount Centre
- Glucojel
- WholeLife Pharmacy & Healthfoods

## High performance

**CHEMIST** Discount Centre (CDC) has proven that delivering expert advice and low prices is possible.

Learn more about the benefits of joining the CDC franchise on [page three](#).

## Glucojel profits you

**ALL** the money raised by Glucojel assists the Pharmacy Guild of Australia in its advocacy work for community pharmacy - learn more on [page four](#).

## WholeLife awards

**WHOLELIFE** Pharmacy and Healthfoods recognised excellence across its supplier partners and retail stores at its 2025 awards dinner on Mon.

WholeLife congratulates the winners featured on [page five](#).

## No antibiotics-autoimmune link

**SOUTH** Korean researchers investigating a potential link between antibiotics given in infancy and the later development of autoimmune disease have found no association - read more [HERE](#).

## Ozempic reduces cancer risk



**PEOPLE** with obesity who take glucagon-like peptide-1 receptor agonists (GLP-1RAs) have a reduced risk of cancer compared to those not using those medications, according to US research published today in *JAMA Oncology*.

GLP-1RAs are the class of diabetes and weight loss drugs including semaglutide (Ozempic) and tirzepatide (Mounjaro).

The team looked at cancer diagnoses over a 10-year period in around 40,000 adults with obesity or who were overweight using the drugs, and compared the findings with 40,000 non-users.

The team focused on 14 cancers, most of which were associated with obesity, and found that those taking GLP-1RAs had a 17% reduction in risk for any type of cancer.

Reduction in risk was even greater for endometrial (25%), ovarian (47%) and meningioma (31%) cancers, while non-significant reductions were noted for pancreatic, bladder and breast cancers.

However, there was a slightly increased - but non-significant - risk of kidney cancer among the GLP-1RA cohort, which is consistent with another recent study that

**PBS LISTED**

## Fast relief from dry eyes

Available from Symbion, Sigma and API

Always read the label. Follow the directions for use.

**Revive Tears**  
LUBRICATING EYE DROPS

DRY EYE RELIEF  
MOISTURISING & REFRESHING

Hydrates  
Protects  
Restores

**Petrus**  
Pharmaceuticals

## Quit Centre highlights pharmacist resources

**QUIT** Centre provides health professionals with the latest information on smoking and vaping cessation, and has partnered with the Pharmaceutical Society of Australia (PSA) to provide free CPD-accredited training.

Pharmacists and pharmacy assistants can undertake online modules designed to support the development of knowledge and skills to confidently help patients stop either of the habits in a community pharmacy setting.

The two pharmacist modules cover management options for quitting smoking or vaping, and delivering nicotine dependence treatment under the new regulatory framework introduced by the *Therapeutic Goods and Other Legislation Amendment (Vaping Reforms) Act 2024*.

Other resources include a downloadable infographic on how Quitline can help patients stop smoking or vaping and how to refer patients, and a quarterly e-newsletter.

Learn more [HERE](#).

reported an increased risk of kidney cancer among people with type 2 diabetes taking GLP-1RAs compared to those taking metformin.

The researchers said the link needs further investigation.

The team suggested that the overall findings raise the hypothesis that GLP-1RAs may be associated with a lower risk of hormone-sensitive cancers.

"Given that more than 137 million individuals in the US are currently eligible for GLP-1RA therapies, even modest changes in cancer risk could have substantial public health implications," wrote the authors.

Read the paper [HERE](#). KB

## CAN'T SLEEP?

- Fall asleep more easily
- Improve sleep quality
- Wake feeling alert

**80% off**

**Melotin**  
melatonin 2 mg  
30 Modified Release tablets

**CLICK HERE TO VIEW OFFER**

ASK YOUR PHARMACIST ABOUT THIS PRODUCT.  
For the short term treatment of primary insomnia (without an underlying medical or any other clear cause) characterised by poor quality sleep in patients who are aged 55 or over. Not to be used concurrently with other treatments for insomnia.

**minfos**

Everything you need to manage a successful pharmacy

Visit us at [Pharmacy Connect](#)



Together we can®



## Dispensary Corner

**THE** oldest living person in the world has just added another candle to her cake, with Ethel Caterham celebrating her 116th birthday yesterday.

The British woman, who was born 21 Aug 1909, is the last living subject of Edward VII, and was born eight years before the Russian Revolution.

Caterham currently resides in a care home in Surrey, which renamed an area of their garden as a tribute to her, and is regularly visited by her three granddaughters.

She survives her husband and their two daughters.

A statement released by the home said: "Ethel and her family are so grateful for all of the kind messages and interest shown to her as she celebrates her 116th birthday this year.

"Ethel will spend the day quietly with her family so that she can enjoy it at her own pace," it concluded.

Caterham is believed to be the fourth Brit to hold the world's oldest title, and is six years younger than the oldest person who ever lived, which is believed to be Frenchwoman Jean Louise Calment, who died in 1997 at the age of 122.

While we are not sure what her secret is, Caterham said during an interview with BBC Radio Surrey in 2020 that she has "taken everything in my stride, the highs and lows".

"I've been all over the world, and I've ended up in this lovely home, where everyone is falling over themselves for me, giving me everything I want."

## No business like Snow Business...

**PHARMACISTS** from across Australia recently came together for the Pharmacy Snow Business Conference at Mt Buller, sharing a passion for skiing alongside their commitment to professional development.

Hosted by Attain and Medici Capital, this year's event offered delegates the opportunity to explore a range of topics around financial management, business structures, valuation, AI, business sales, and strategies for growth.

Participants highlighted the value of connecting with like-minded professionals in the "inspiring location".

"Pharmacy Snow Business is about more than just learning - it's about creating a supportive community of professionals who can share ideas, experiences, and inspiration," said Natalie Sirianni, Director at Attain.

"This year at Mt Buller, we



achieved just that with an incredible group of people, plus with outstanding weather and awesome snow, it made it a memorable week for all pharmacist attendees," Sirianni added.

Sponsored by Fred IT Group, Thatcher Finance, VH Lawyers and ParagonCare, the Pharmacy Snow Business Conference is now in its 33rd year.

**Pictured:** Frank Sirianni, Simon Greville, Luke Peacock, Paul Naismith, Natalie Sirianni, Jane Mitchell, Mark Henry and Andrew Rewell.

## AI could soon predict worsening arthritis

**ARTIFICIAL** intelligence could soon help diagnose worsening knee arthritis, thanks to a new model based on data from the MRIs and biochemical tests of almost 600 patients.

The model improved the accuracy of doctors' predictions of worsening osteoarthritis from 46.9 to 65.4%.

The Australian and international researchers published the model in *PLOS Medicine*.

"Our study shows that combining deep learning with longitudinal MRI radiomics

and biochemical biomarkers significantly improves the prediction of knee osteoarthritis progression - potentially enabling earlier, more personalised intervention," lead author Ting Wang of Chongqing Medical University said.

"This work is the result of years of collaboration across multiple disciplines, and we were especially excited to see how non-invasive imaging biomarkers could be leveraged to support individualised patient care."

Read the paper [HERE](#).

## Free pharmacist ASL training

**OEXA** and Meitheal Services have partnered to launch a free online training course, Empowering Patients with Active Script List (ASL), now available on the Inrx learning platform.

As gatekeepers to consumers' Active Script List (ASL), understanding how ASL works - and how to explain it - is essential for every pharmacy professional, according to Krysti-Lee Patterson, founder of Meitheal Services and Inrx.

The course, which is aimed at pharmacists, pharmacy assistants, interns and students, goes beyond technical instruction to provide advice on engaging and supporting patients.

"Pharmacists play a crucial part in digital health, but bridging the tech gap takes more than know-how - it takes a patient-first mindset," said Mina Giang, digital health advocate and co-founder at Oexa, the company behind the Scripty app.

"Inrx delivers skills you can put into practice straight away," added Patterson.

"It empowers pharmacy teams to confidently engage with patients, deepen relationships, and drive better health outcomes with technology that truly serves people," she explained.

Participants will learn the difference between ASL and the types of patient management apps and how to activate an ASL in a compatible app like Scripty, and discover practical strategies to support patients with accessing their ASL.

Access the free course [HERE](#).





## Join Australia's proven high-performance pharmacy franchise

Delivering **Expert Advice** and **Low Prices** every day is possible

- ✓ **Easy-To-Run Health Programs**  
With toolkits, training and pharmacist-designed solutions that put professional services into practice.
- ✓ **Proven Discount Model. Powerful Profits**  
Drive high volumes, achieve healthy margins, and stay competitive without compromising on care.
- ✓ **Marketing That Moves the Needle**  
13 professionally executed catalogue campaigns a year, tailored local area marketing, and full digital support to keep your store top of mind.
- ✓ **More Than Just Discounts - Real Customer Loyalty**  
Our loyalty program delivers value that keeps customers returning again and again.
- ✓ **Smarter Buying. Less Admin**  
Our Buy IT Right system saves up to 20 hours a week – so you can spend more time leading your team and serving your community.
- ✓ **Fast, Flexible Store Conversion**  
From urban centres to regional hubs – our tailored formats and expert support make it easy to switch and scale.
- ✓ **Franchise Support That Sets You Free**  
From set-up to team development, our Pharmacy Business Managers walk the journey with you – every step of the way.

### What our members say:



"As a franchisee of Chemist Discount Centre, we can confidently say that partnering with them has been a game-changer for our business at Wallan and Kilmore. The support and resources provided by the franchise team have been exceptional, allowing us to thrive in a competitive market."

**Bi Jing You, Kim Ling Ching, Hooi-yin Tan & Kee Tat**  
*Proprietors, Chemist Discount Centre Wallan & Kilmore*



"Working with Chemist Discount Centre has been an exceptional experience over the last 4 years. Their dedication to quality and customer satisfaction is truly commendable. Having support from my Pharmacy Business Manager has helped with strategic planning, financial management, operational efficiency, compliance expertise and staff development. I'd recommend the brand to anyone looking for a true 'discount model' solution."

**Tracy Minett**  
*Proprietor, Chemist Discount Centre Bass Hill & Chester Hill*

**Find out more today.** Call **Theo Gakelos** on **0418 993 556** for a confidential chat.  
Or visit [joinchemistdiscountcentre.com.au](https://joinchemistdiscountcentre.com.au).



# OUR PROFIT IS YOUR PROFIT.

Not only is Australia's favourite jelly bean the biggest selling confectionery in pharmacies, but all the profits we make go straight back into the Guild, to support community pharmacies like yours.

**Support the beans that support Australian pharmacies.**



**GLUCOJEL™**

The Original Pharmacy Jelly Bean





**WHOLELIFE**  
PHARMACY & HEALTHFOODS

## 2025 WHOLELIFE AWARDS

*Awards*



### CONGRATULATIONS TO OUR SUPPLIER PARTNER WINNERS



**SUPPLIER  
OF THE  
YEAR**

NUTRA  
ORGANICS



**ETHICALS &  
HEALTH SERVICES  
SUPPLIER OF THE  
YEAR**

ARROTEX  
PHARMACEUTICALS



**MEDICINES  
SUPPLIER OF THE  
YEAR AWARD**

HALEON



**NATURAL HEALTH  
SUPPLIER OF THE  
YEAR AWARD**

NUTRA  
ORGANICS



**BEAUTY &  
PERSONAL CARE  
SUPPLIER OF THE  
YEAR AWARD**

DERMAL  
THERAPY



**HEALTH FOOD  
SUPPLIER OF THE  
YEAR AWARD**

LITTLE VALLEY  
DISTRIBUTION

*Congratulations*  
**TO OUR RETAIL  
STORE WINNERS**



**STORE OF THE  
YEAR AWARD**

CURRIMUNDI  
WholeLife Pharmacy  
& Healthfoods



**PHARMACIST OF THE  
YEAR AWARD**

BRENDEN SERI  
Ingham  
WholeLife Pharmacy  
& Healthfoods



**RETAIL MANAGER  
OF THE YEAR AWARD**

REBEKAH BURT  
Maroochydore  
WholeLife Pharmacy  
& Healthfoods



**SPOTLIGHT  
AWARD**

TIANA GIARDINA  
Mirboo North  
WholeLife Pharmacy  
& Healthfoods



**EXCELLENCE IN  
BUSINESS GROWTH  
AWARDS**

STRATHPINE  
WholeLife Pharmacy  
& Healthfoods



**EXCELLENCE IN  
BUSINESS GROWTH  
AWARDS**

LAWLERS DEE WHY  
WholeLife Pharmacy  
& Healthfoods



**EXCELLENCE IN  
BUSINESS GROWTH  
AWARDS**

MAROOCHYDORE  
WholeLife Pharmacy  
& Healthfoods



**COMMUNITY  
CHAMPION AWARD**

MENAI  
WholeLife Pharmacy  
& Healthfoods



**BEST  
MERCHANDISING  
AWARD**

MANDURAH  
WholeLife Pharmacy  
& Healthfoods