

Today's issue of PD

Pharmacy Daily today features two pages of news, plus a full page from JA Davey.

Passport photos

ALL-IN-ONE photo kiosk, DNP DST10, is trusted by pharmacists around Australia. With a simple self-serve interface and compact, wireless design, it provides a high return on investment. Learn more on **page three**.

First Nations cancer resources

BRISTOL Myers Squibb (BMS) Australia has launched new, culturally appropriate educational resources aimed to support First Nations Australians diagnosed with cancer and their carers.

The handouts have been developed and designed in collaboration with Aboriginal creative agency Mumbulla Creative and endorsed by the National Aboriginal Community Controlled Health Organisation (NACCHO) for distribution through Aboriginal Community Controlled Health Organisations (ACCHOs).

Co-designed with cancer patients, community and clinicians, the resources aim to help First Nations Australian patients through their cancer diagnosis and treatment journey, with one handout dedicated to lung cancer treatment and another focused on preparing for cancer surgery.

Learn more **HERE**.

Qld Guild urges scope training

THE Pharmacy Guild of Australia, Queensland branch, is encouraging community pharmacists to enrol in the scope of practice training at James Cook University (JCU), with limited places available for the Sep intake.

Pharmacists who enrol now in the Graduate Certificate of Advanced Practice and Prescribing for Pharmacists could also be eligible for funding of up to \$7,000 through the Australasian College of Pharmacy towards the cost of their studies, subject to meeting eligibility criteria.

However, funding is limited, so pharmacists are encouraged to get in quickly - get more info **HERE**.

With 17 acute, every day conditions now recognised as manageable by community pharmacists, the Guild's Qld Branch President, Chris Owen, said there has never been a better time to undertake the JCU training.

"The continuation of these services marks an important shift in how primary health care is delivered in Queensland, making better use of pharmacists' clinical skills and improving patient access



to frontline care," Owen said.

"Recent figures highlight just how many Queenslanders are already choosing community pharmacies for their healthcare needs," he pointed out.

"Between 01 Sep 2023 and today, more than 30,600 urinary tract infection services have been delivered across more than 930 pharmacies," Owen noted.

He added that over the past 12 months, Queensland pharmacies have delivered over three-quarters of a million vaccinations at more than 900 pharmacies, including almost half a million influenza vaccinations, nearly 190,000 COVID vaccinations and over 20,000 shingles vaccinations

JCU course info is **HERE**. KB

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Sandoz workplace recognition

BIOSIMILAR and generic medicines company, Sandoz, has ranked tenth in the medium category for Best Workplaces in Australia in 2025, and is the only pharmaceutical company to make the top 100 list.

This follows three consecutive years of Great Place to Work certification, as 97% of Sandoz ANZ employees affirm it is a great place to work with high tenure, low turnover, and gender-balanced leadership.

"This isn't just a proud internal moment - it's meaningful external validation that our dedicated team is trusted, values-led, and ready to help deliver real change," said Clint Holland, GM Sandoz ANZ.

"The recognition also supports our ongoing efforts to partner with government, pharmacists and healthcare providers to improve access, affordability and outcomes for Australian patients through greater use of biosimilar medicines," he added.

In the Spotlight

OUR Wednesday Product Spotlight page has become so popular that we have added another opportunity to feature your products on Fridays.

Today we look at Hey Sister! dual-action period pain and PMS relief - see **page two**.

Suppliers wanting to promote products should email newproducts@pharmacydaily.com.au.

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Dispensary Corner

THE midlife crisis is a thing of a past, new research has uncovered, and while that is worth celebrating, the reasons behind its extinction are not exactly good.

We all know the trope of a middle-aged individual - typically a man - experiencing a sudden desire to relive their youth through wild behaviours, be it buying a Ferrari or pursuing a much younger lover.

Far from just a stereotype though, previous studies had indeed found an 'unhappiness hump' - a rise in worry, stress, and depression - that peaks at around the age of 47 before easing off.

According to researchers from Dartmouth College, the declining mental health of younger people has flattened out this midlife misery peak.

"Ours is the first paper to show that the decline in young people's mental health in recent years means that today, both in the United States and the United Kingdom, mental ill-being is highest among the young and declines with age," the researchers explained.

"The reasons for the change are disputed but our concern is that today there is a serious mental health crisis among the young that needs addressing."



DTC menopause tests raise concerns

INTERNATIONAL experts have warned of a sharp increase in direct-to-consumer (DTC) menopause services offered by wellness practitioners and online suppliers, many of which are unnecessary and do not improve care.

In an article published in *The BMJ*, Canadian women's health experts raised questions around the reliability of these services and the potential commercial bias of the information on offer.

Symptoms are best assessed by a thorough clinical history with treatment decisions guided by clinical response and patient preferences, they said.

The promotion of routine hormone panel testing by wellness providers for the evaluation of menopausal symptoms is one of

the most concerning trends.

The tests can cost hundreds of dollars and are marketed to patients and clinicians as necessary for "individualising" hormone therapy.

But in reality, they are of limited clinical use as there is no clearly defined therapeutic window for menopausal hormone therapy, and they often do not offer accurate assessment of hormone levels.

Hormone testing offers no reliable way to determine who will benefit from treatment, when the final menstrual period will occur, or whether it is safe to discontinue contraception, they explained.

In women over age 45 presenting with validated symptoms of menopause, including menstrual irregularity, menopause is a clinical diagnosis, and hormone testing is

unnecessary, they said.

"For midlife women, effective treatment begins not with numbers, but with listening," the experts concluded.

The DTC testing trends have also been observed in Australia, with pharmacist Bo Youn Kim, who works with women to manage menopause (*PD* 28 Jul), pointing to panel tests costing around \$600.

She told *Pharmacy Daily* there is no point because everyone has a different response to oestrogen and progesterone levels, "so there is no reason to chase the numbers".

"The hormone level that makes one person better might not work for another person, so why would we put women through unnecessary - and invasive and expensive - testing?"

Read the paper [HERE](#). KB

PRODUCT SPOTLIGHT

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