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Voltaren's C2S ambassador

VOLTAREN has announced Candice Warner, a former Ironwoman champion, as the official Voltaren ambassador for the 2025 Voltaren City2Surf and encourage Aussies of all ages to find the joy in movement."

Warner, who is now a media commentator, said she is excited to inspire thousands to lace up their runners and enjoy themselves at the world's largest fun run.

"I'm thrilled to be teaming up with Voltaren for the first Voltaren City2Surf and encourage Aussies of all ages to find the joy in movement."

Praise for falls reduction

A **DYNAMIC** prediction engine designed to anticipate the increased risk of an aged care resident suffering a fall has been shortlisted as a national finalist in a major technology innovation award.

Known as MQ-Dash, the system has been recognised in the Not-for-Profit and Community category at the 2025 iAwards, which celebrates achievement and excellence in technology and innovation.

MQ-Dash was developed via a research project led by Professor Johanna Westbrook, working in partnership with Anglicare and an extensive research team.

The system works by consolidating health and care data from multiple systems into a single, actionable view, recognising changes in medication and mobility indicators to anticipate if, when or whether a resident is at increased risk of falling in their home or care facility.

Adopting a user-friendly interface,



MQ-Dash has been developed with input from aged care workers, residents and families to ensure easy and adaptable functionality in real-world care environments.

The project has been funded by the National Health and Medical Research Council (NHMRC).

"This recognition highlights the power of co-designed, data-driven tools to transform aged care.

"We're proud to be building technology that puts the safety and dignity of older Australians at the centre," said Professor Westbrook.

According to the research paper, the system has been developed on the back of the The Royal Commission into Aged Care Quality and Safety as a step towards providing better aged care and a more transparent care system.

One key aim from the five-year project is to develop an aged care dashboard which features an embedded decision support structure to guide staff when presented with warning signals.

CLICK HERE for more detail on the research behind MQ-Dash. [ML](#)

Today's issue of PD

Pharmacy Daily today features four pages of news, including a photo page from the Raven's Recruitment **Pharmacy Careers Summit 2025**, and a full page from Duofilm by Dr. Yglo.

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Together we can®

AA reaching out across regional Australia

ALCOHOLICS Anonymous (AA) Australia recently held eight professional awareness luncheons in regional centres across the country, bringing together professionals on the frontline of community health and emergency response.

Organised by AA's Remote Communities Committee, the events connected with 108 local stakeholders, including first responders, healthcare providers, crisis workers, and staff from NGOs and community support organisations.

Designed to foster connection and knowledge-sharing in a practical, locally relevant way, the events included short presentations from sober AA members with lived experience, and group discussions tailored to local services and referral needs.

There was also a screening of the Stanford University video summarising the Cochrane Report, *Does Alcoholics Anonymous Work?*

The report concluded that Alcoholics Anonymous and 12-step facilitation programs are more effective than other



established treatments for achieving sustained abstinence.

Its 24/7 support, online meetings and phone lines - all at no cost - make AA a highly accessible option.

The events were part of a broader initiative tied to the 80th anniversary of Alcoholics Anonymous in Australia.

The Remote Communities Committee plans to continue this outreach series, further strengthening regional partnerships and providing valuable information to those who work with individuals affected by alcoholism.

Health professionals can learn more or connect with a local AA Public Information representative by clicking [HERE](#).

ADHD med benefits down

THE prescription of ADHD medications is connected to a range of safety benefits such as reductions in self harm and unintentional injury, but some of these links appear to have weakened as more people have been prescribed, according to international research.

A study of almost 250,000 people prescribed ADHD medications in Sweden between 2006-2020 found that medication prescriptions were consistently linked to a reduced risk of self-harm, unintentional injury, road accidents and crime.

However, the researchers found that as the prevalence of prescriptions rose from 0.6% to 2.8% of children and 0.1% to 1.3% of adults over the study period, the link between medication and reduced injury, crashes and crime has decreased.

The weakening trends for unintentional injury and traffic crashes were not fully explained by changes in age and sex distribution of the medication users, and the trend for crime was no longer statistically significant, they said. This is likely a result of people with less severe ADHD now being diagnosed and treated with medication, they added.

"The magnitude of associations between ADHD medication use and lower risk of unintentional injury, traffic crashes, and crime appear to have attenuated over time, coinciding with an increase in prescription prevalence during the same period," the authors wrote.

"These findings suggest that the declining strength of the associations of ADHD medication and real-world outcomes could be attributed to the expansion of prescriptions to a broader group of individuals having fewer symptoms

or impairments.

"These results remind us that in clinical practice, the treatment decisions should be made by a careful balancing of the benefits and risks for each individual," they concluded.

It was suggested further research is needed to identify whether there are subgroups of patients who may benefit more from alternative or supplemental treatment strategies.

Read the paper [HERE](#). KB

Check out the latest in Beauty & Wellness

Every Thursday in *Pharmacy Daily*



Do you have a beauty or wellness product? Send it [HERE](#) for consideration.

Beauty & Wellness
by Pharmacy Daily

Ventilation device product correction update

THE Therapeutic Goods Administration (TGA) has advised that due to ongoing problems with its A30 and A40 series bi-level positive airway pressure (BiPAP) devices, Philips is now contacting affected customers and patients to organise replacement devices or discuss alternative options.

The affected BiPAP devices may stop providing therapy on an intermittent or permanent basis

and the 'ventilator inoperative' alarm will sound.

For users who cannot tolerate interruption to, or loss of therapy, the TGA said an alternative ventilator should be obtained, while those who can tolerate interruption should contact Philips regarding replacement options.

For more info, including how to perform a 'hard reboot' as a temporary fix, see [HERE](#).

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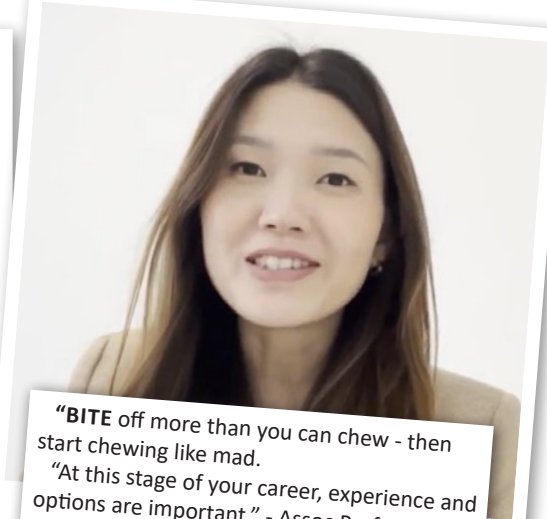
SCAN TO LEARN MORE

Careers Summit pearls of wisdom

WHETHER you are a student, an intern, an early career pharmacist, or an established professional looking for new opportunities, here are some valuable career tips from some of the speakers at Pharmacy Careers Summit last week.



"BEING a part of your university's NAPSA committee will give you countless benefits, such as learning how to attract sponsors, organising social and education events for your peers, and forming great friendships and professional networks that will stay with you in your future career." - Shylee-Jade Hadar-Pagliari, NAPSA Director.



"BITE off more than you can chew - then start chewing like mad.
"At this stage of your career, experience and options are important." - Assoc Prof Fei Sim, PSA President, to students, interns and early career pharmacists.



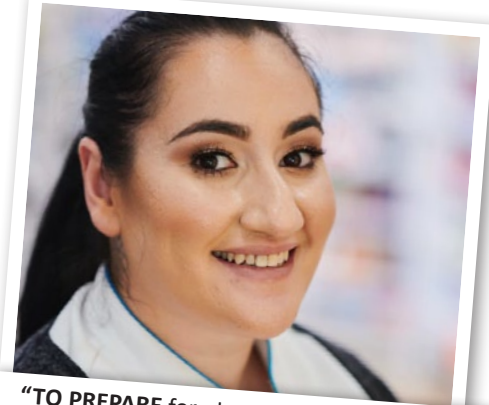
"OPPORTUNITIES are not going to come to you - you have to go and find your opportunities.
"If you think you can stay in your postcode and have a world full of experiences, then you're in for a rude shock." - Prof Trent Twomey, Guild President.



"TAKE the opportunities that come your way, but don't be in too much of a hurry - make sure you enjoy the ride." - Tom Simpson, AdPha President.



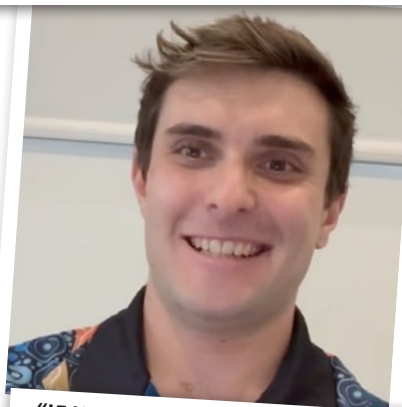
"AS A rural pharmacist, you get to experience so many things you wouldn't experience in a metro pharmacy.
"It's professionally rewarding, the quality of life is amazing, and to put it bluntly, you earn more money." - Jason Harvey, pharmacist, Broken Hill, NSW.



"TO PREPARE for pharmacy ownership, seek professional financial advice, not just for yourself, but also for your family, and understand the commitment and what that really means." - Marjan Seyedi, pharmacy owner, Capital Chemist Southlands, ACT.



"I'VE never met anyone who's had rural experience and regretted it, so I would say if you're even only thinking about it, just do it - you won't regret it." - Shaylee Mills, pharmacist, Karratha, WA.



"IF YOU'RE wondering if becoming a pharmacist prescriber is a good idea for you or not, you should do it.
"Consider: is this something that we can implement in our pharmacy? Is there a need? And if you can tick those boxes, then 100% you should do it." - James Buckley, pharmacist prescriber, Far North Queensland.



"MY ADVICE to interns is to become familiar with whichever award or agreement you will be covered under in your new workplace, as this document will outline the minimum pay and conditions you will be entitled to." - Leon Yap, President of Professional Pharmacists Australia (PPA).



Dispensary Corner

WOULD you like some fries with your migraine?

The latest TikTok health trend to go viral involves wolfing down fast food in order to banish your throbbing headache.

Dubbed the 'McMigraine Meal', TikTokers (who definitely know what they're talking about) have prescribed a large Coke and a large fries as the ultimate migraine cure.

The outlandish claim has raised eyebrows among medical experts, who warned that the hack only offers short-term relief at best, and at worse, can actually trigger a migraine.

"A reason why the McDonald's trick seems to work is that a large Coke contains... caffeine, which has long been used to lessen migraine symptoms," Dr Rupa Parmar, GP and Medical Director at Midland Health, told *Huffpost UK*.

"The stimulant helps to reduce inflammation, decreases the pressure on the brain, increases the benefits of pain relief like ibuprofen, and can provide a brief respite from migraines for those who don't consume it regularly," she explained.

On the other hand, Parmar pointed out that caffeine is a very common headache trigger, and those who consume large amounts regularly are at risk of suffering worse headaches.

"Opting for fast food as a quick fix to solve your migraine problems is also unlikely to produce any long-lasting benefits," she concluded.

We knew it was too good to be true...

NAPSA: "Never a better time to get involved"

AS THE National Australian Pharmacy Students Association (NAPSA) plays an increasing role in advocacy that will shape the future of pharmacy, directors speaking at Pharmacy Careers Summit 2025 urged students to get involved in the organisation and make the most of their experience.

"With more initiatives, events, scholarships and advocacy efforts than ever before, students are well placed to get ahead in their career through NAPSA," said President Sebastian Harper (**pictured**).

Earlier this year, NAPSA 2030, the organisation's five-year vision, was launched.

Harper explained it informs the association's activities and direction, outlining a future "where students are at the heart of a changing profession".

"There's never been a better time to involved as we begin implementing this vision," he said.

Harper spoke of the importance of NAPSA's collaboration with decision makers, pointing out that health and politics are intertwined.

While he conceded this may be uncomfortable for some, he also pointed out that many of the new developments in pharmacy, such as full scope, come down to "politics, parliament and legislation", and it is important that student voices are amplified to government.

"In the last year, NAPSA has grown in leaps and bounds around how we advocate, not just for the profession, but to the people who really determine how we can practice as a future pharmacists."

Another core aspect of NAPSA 2030 is equity and inclusion in the profession, Harper continued, with NAPSA's inaugural Indigenous Chair, Shi-Anne Wallace, helping to set up an indigenous network

to encourage more First Nations students into pharmacy, and ultimately serve their communities.

Comprising 19 branches through 19 universities, NAPSA gives students the opportunity to get involved at a local level.

Internal and External Affairs Director Shylee-Jade Hadar-Pagliari encouraged viewers to join up and "give it a go", where apart from learning valuable skills, it is a great opportunity to develop friendships and professional networks that will stay with them throughout their career.

In addition to local events and other opportunities, NAPSA also convenes and/or takes part in national and international congresses, as well as an exciting student exchange program that gives students around the world the opportunity to experience pharmacy in different countries.

Meanwhile, for those looking to kickstart their research career, NAPSA is responsible for the only



peer-reviewed pharmacy student journal in the world, the *Australian Pharmacy Students' Journal*, which publishes high-quality research and reviews from students and interns, explained NAPSA Research Director Megan Potter.

Apart from students submitting their own work, they can also become a student reviewer for the journal to help build up their research skills.

Click [HERE](#) for more on NAPSA. KB

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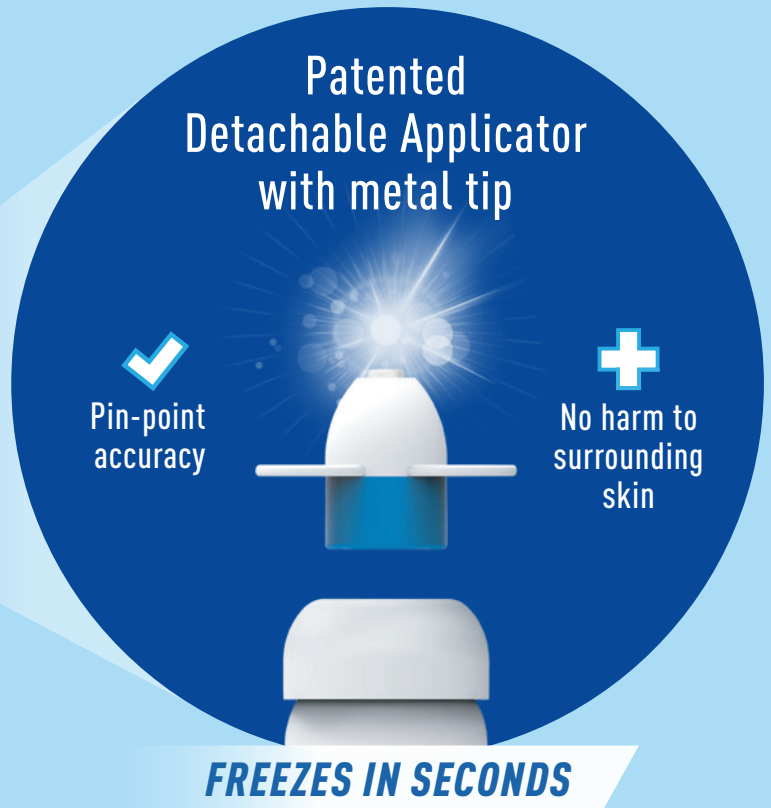
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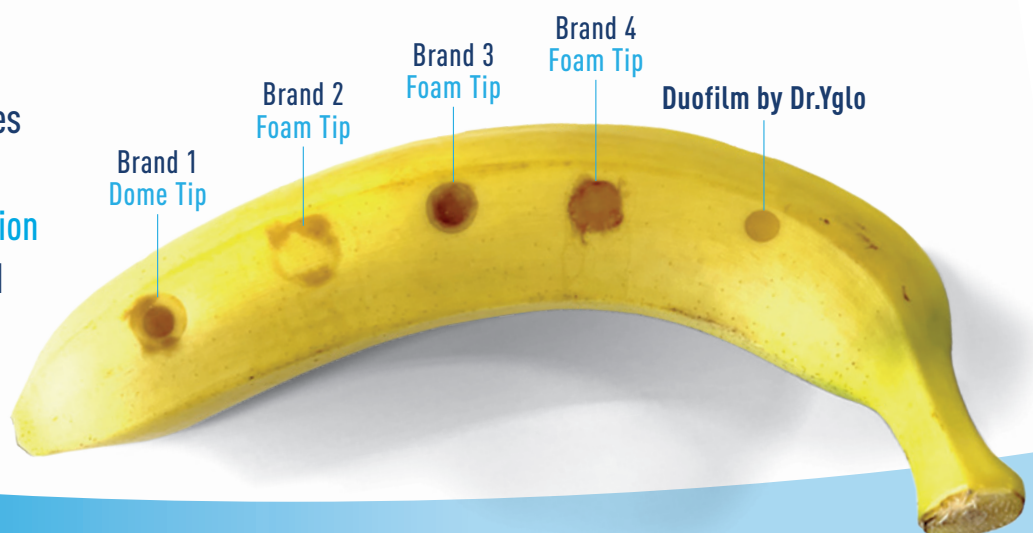


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