

## Today's issue of PD

*Pharmacy Daily* today features three pages of news, plus full pages from:

- WholeLife Pharmacy & Healthfoods
- Direct Chemist Outlet
- Willach

## Future of pharmacy

**ARE** you ready to provide for consumers who want more than just prescriptions?

To learn how WholeLife Pharmacy & Healthfoods can build and future-proof your business, see **page four**.

## Pharmacists first

**DIRECT** Chemist Outlet puts pharmacy owners first and delivers what matters.

If you are ready to escape corporate control, learn more about what DCO can offer on **page five**.

## PRIME Awards deadline extended

**THE** final deadline for entering the PRIME Awards 2025 (**PD** 11 Jun) has been extended to 27 Jun 2025.

In providing the extra week, the organisers have acknowledged the time it takes to put together an award-winning entry, and have also provided some pointers on how to craft it - learn more **HERE**.

## Vaccine champ wanted

**A NATIONAL** campaign to find "the face" of its first Vaccine Ambassador program has been launched by the Pharmaceutical Society of Australia (PSA).

The successful applicant will become the public advocate for pharmacist immunisations, pushing the advantages and benefits through media and other public-facing engagements and forums.

The role is being supported by vaccine makers GSK and Pfizer.

Media training, ongoing support and speaker opportunities will be provided by the PSA as the ambassador champions pharmacist immunisations and general vaccine uptake among the community.

"More Australians are accessing vaccinations through their local community pharmacist than ever before, but there is always more we can do to drive the national conversation on immunisation," said PSA National President Associate Professor Fei Sim.

A/Prof Sim urged pharmacists



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passionate about advancing the cause to step forward and apply.

"We can't wait to help someone share their passion and drive for immunisation, to inspire and be an ambassador for our profession."

The ambassador will also receive support to represent their role as an attendee at industry conferences and events including PSA25.

"If you're an advocate for the profession and committed to improving public health outcomes through accessible, evidence-based care, I encourage you to put yourself forward to be our inaugural PSA Vaccination Ambassador," A/Prof Sim concluded.

Video applications are open on the PSA website - **CLICK HERE**. **ML**

## CSIRO program for healthcare R&D

**BUDDING** pharmacist innovators may be interested in the CSIRO's eight-week Innovate to Grow program, helping small-to-medium enterprises (SMEs) transform health care innovation ideas into research and development (R&D) projects.

The free eight-week online course provides practical guidance and tools to help SMEs identify and refine R&D opportunities, build compelling

R&D business cases, and navigate funding pathways, with more than 700 Australian SMEs having benefitted from the program since its launch in 2020.

It is open to SMEs working in various sub-sectors, including biomedical devices; drug discovery, vaccines and therapeutics; digital health; and public health and wellbeing.

Applications close 13 Jul - learn more and apply **HERE**.

## Rethink dispensary

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See **page six** for more.

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Always read the label and follow the directions for use. 1. Peter RU, Richarz-Barthauer U. Br J Dermatol. 1995; 132(3):441-5. 2. Okokon EO, et al. Cochrane Database Syst Rev 2015(5):CD008138





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## Vic, Tas GPs urge greater ADHD role

**THE** Royal Australian College of GPs (RACGP) has called on governments in Victoria and Tasmania to allow GPs to diagnose and prescribe for ADHD after announcements in Western Australia, the ACT and NSW.

The RACGP pointed out that ADHD is within the scope of general practice, with education available for GPs through the current curriculum for RACGP GP training.

Additionally, specialist GPs are often patients' first point of contact for an ADHD assessment and often manage their patients' ADHD in shared care arrangements with treating psychiatrists and paediatricians.

However, in Victoria, GPs are not authorised to diagnose ADHD or start patients on stimulant medication, and must obtain a permit to prescribe stimulant medication for each patient under Victorian regulations.

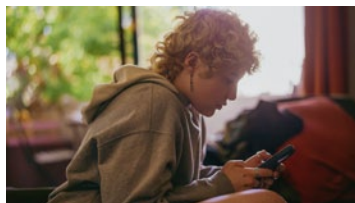
As in other jurisdictions, GPs must also receive authorisation for each prescription under Pharmaceutical Benefits Scheme rules.

Similarly, GPs in Tasmania have marked limitations on the care they can provide to patients with ADHD.

RACGP Victoria Chair Dr Anita Munoz and RACGP Tasmania Chair Dr Toby Gardner said it is time for their respective state governments to allow specialist GPs with expertise in ADHD to work to their full scope.

"Up to 163,000 Victorian children and 320,000 adults may be living with ADHD in Victoria," Dr Munoz said.

"But many of these patients can't



access an assessment, which may currently only be provided by a psychiatrist or, for younger patients, a paediatrician," she continued.

"They face long wait times and high out-of-pocket costs, with a comprehensive ADHD assessment in Victoria costing up to \$2,000."

Both highlighted equity issues, with patients living in areas of socioeconomic disadvantage and rural and remote areas - where cost and limited access to non-GP specialists create further barriers to care - being particularly vulnerable.

This inequitable access was a key issue highlighted through the ongoing submissions to the Tasmanian Government's inquiry into the assessment and treatment of ADHD and support services.

Meanwhile, Dr Munoz and other GPs from around Victoria will descend on Parliament House on Wed 18 Jun to advocate for reforms including for GPs to be able to provide ADHD diagnosis and assessment.

She said Victorian GPs "are ready".

"This change is past due," Dr Munoz said.

"Early intervention for children with ADHD is vital - it sets them up to thrive at school and at home.

"For adult patients, a diagnosis and access to treatment can be life-changing." KB

## TerryWhite talks opportunities at PCS25

**AT PHARMACY** Careers Summit 2025, TerryWhite Chemmart will be discussing all the career and learning opportunities it has available, where passion meets purpose, as explained by Dan Hillier, Head of Network Capability and Communications.

"At TWC, we're more than just a network of over 620 pharmacies across metro, regional and rural Australia - we are a connected, forward-thinking community committed to delivering world-class care," Hillier said.

"We're proud to lead the profession in clinical services and professional innovation through our CareClinic programs - a trusted platform that empowers pharmacists to practise at full scope and deliver personalised health solutions that go far beyond dispensing," he continued.

"From vaccinations and health checks to wound care, and now prescribing, our pharmacists are transforming

the way communities experience pharmacy, and we want the next generation of pharmacy leaders to be part of that journey."

Hillier explained that TWC offers placement students opportunities to get hands-on experience in patient care, clinical services and business operations, while its intern program combines expert coaching, real-world development, and access to the TWC Masterclass (PD 10 Jan).

Further down the track, TWC supports pharmacists to undertake their prescriber studies.

"If you're looking for a placement that will inspire you, or an internship that will truly set you up for success, we'd love to meet you at PCS25," Hillier said.

"Our 2026 Intern Program applications will open soon, and we're always happy to welcome passionate students for an amazing placement experience."

Click [HERE](#) for more on PCS25.



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Reference: 1. <https://compliance.health.gov.au/artg/search=melatonin> cited 09/05/2025.





### Dispensary Corner

**LONG** hailed as a great source of healthy fats, it turns out that olive oil could actually be making you fat.

US scientists have found that oleic acid - a common fat contained in olive oil - helps fat cells grow and multiply, potentially driving weight gain quicker than other oils.

The authors of the new study have advised home cooks to keep an eye on their olive oil consumption, especially if they are at high risk of heart disease.

The study involved feeding mice specialised diets enriched in specific individual fatty acids, including those found in olive oil, coconut oil, peanut oil, milk, lard and soybean oil.

The results showed that oleic acid boosted a protein called AKT2 and reduced the activity of another protein, LXR, leading to an increase in cells that grow and form new fat cells.

"I think the take-home message is moderation and to consume fats from a variety of different source," the study's authors concluded.

## Lifestyle as a medicine

**ADELAIDE** will play host to the Nutrition and Lifestyle Medicine Symposium (NLMS) 2025, which will bring together leading global authorities in lifestyle and nutritional medicine to explore the latest trends and research.

Open to health professionals and the general public, the event will feature presentations and panel discussions on various elements of maintaining a healthy lifestyle and how it can play a transformative impact on population health and wellbeing.

Headlining the event will be a focus on whole food plant-based nutrition featuring latest research into how healthy eating can prevent and manage chronic diseases.

Healthcare professionals attending the event can earn Continuing Professional Development (CPD) hours to put towards their ongoing education and certification efforts.

"The symposium promises a dynamic program featuring internationally renowned speakers, interactive workshops, and the latest evidence-based research on plant-based nutrition and lifestyle interventions," organisers said.

Insights available to health professionals will include the latest



clinical research and guidelines in medical nutrition, while connecting with a network of multidisciplinary clinicians and thought leaders.

A range of resources and case studies will also be on hand, along with practical ways to integrate lifestyle medicine into patient care.

Pharmacists will also be able to become certified lifestyle medicine practitioners by sitting an exam following the symposium.

The Nutrition and Lifestyle Medicine Symposium (NLMS) 2025 will be hosted by Doctors for Nutrition on 08 Nov at the University of Adelaide Health & Medical Sciences building, with selected sessions also taking place at off-site locations and others on subsequent days.

"Attendees will gain practical insights into preventing, managing, and even reversing chronic diseases through accessible, science-backed strategies," organisers added.

For more details, [CLICK HERE](#). *ML*

### SW Qld wellness program extended

A **FREE** health program for residents of Queensland's South West will be extended through to 30 Jun 2026.

Since the pilot program for Wellness My Way launched in Aug 2024, community feedback has been positive, with the program's ease of use and personal support from their health coach welcomed.

Designed to stop health problems before they start, the government program streamlines access to a range of free or low-cost prevention programs.

It starts with a free online or phone health check that looks at risk factors like diet, activity, alcohol, smoking and mental health, with participants receiving a follow-up call from a health coach to create a personalised plan and connect with local support services.

The program is open to residents of SW Qld, including Charleville, Roma, Cunnamulla, and St George.

Pharmacists can direct people who may be interested in the program to call 13 43 25 84, or visit its website [HERE](#).

Check out the latest in

## Beauty & Wellness

Every Thursday in *Pharmacy Daily*



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