



Today's issue of PD

Pharmacy Daily today features four pages of news, plus full pages from:

- Duofilm by Dr. Yglo
- Direct Chemist Outlet

Point and freeze

DUOFILM Wart Freeze treatment is available to stock in pharmacies for the effective removal of warts and plantar.

The treatment from Dr. Yglo features a patented detachable applicator with metal tip, which freezes in seconds with pinpoint accuracy - see **p5**.

Pharmacists first

DIRECT Chemist Outlet (DCO) puts pharmacy owners first and delivers what matters.

If you are ready to escape corporate control, learn more about what DCO can offer on **page six**.

TWC announces Pharmacist of the Year

TERRYWHITE Chemmart (TWC) has announced Molly McGuire of TWC Wilsonton in Queensland as Pharmacist of the Year at its annual Masterclass, held in Adelaide last night (**PD** 24 Jun).

One of the highest honours in the network, the award recognises excellence in leadership, innovation, and impact.

McGuire, pharmacy owner and now pharmacist prescriber, was celebrated for her personal resilience, community leadership, and commitment to professional development and patient care.

Her achievements include launching mental health initiatives such as Friday 'Conversation Starter Shirt Days', mentoring young women and pharmacists in her community, and leading the development of patient-focused initiatives like concierge-style flu vaccination programs.

"Molly leads with integrity, care, and a deep sense of purpose," said TWC Executive GM, Nick Munroe.



"She's not only providing best-in-class pharmacy services, but she's also creating a culture of compassion, inclusivity and innovation that elevates everyone around her."

McGuire said she is "incredibly honoured" to receive the award.

"I see my role as a pharmacist as being about more than just dispensing medicines - it's about being present for people when they need support, guidance, or simply a listening ear," she shared.

Also recognised on the night

was Tim Siv of TWC Clare in SA, who took home the Innovation in Community Care Award.

Siv has transformed pharmacy access in his rural community by introducing groundbreaking services, including one of the country's first BD ROWA outdoor pickup systems, a CareClinic triage kiosk, and a parent-friendly consultation space with an adjoining kids play area.

The TWC Masterclass, which concludes today, also celebrated Jasmine Penny-Dimri of TWC Eudunda, SA, who was named Early Career Pharmacist of the Year for her impact as the solo pharmacist in a rural community of 800 people.

A city-raised graduate, Penny-Dimri relocated to Eudunda where she has upskilled rapidly and built deep connections with patients, including supporting complex chronic health journeys and administering specialist treatments. *JM*

Pictured: McGuire with Munroe and Chief Pharmacist Brenton Hart.

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Pharmacists drive better diabetes care

A NEW study out of the US shows that pharmacist-led diabetes coaching programs can generate improved health outcomes and a reduction in medical expenses.

Published in *Diabetes Care* and presented at the American Diabetes Association's 85th Scientific Sessions in Chicago recently, the study explored how pharmacists can help lower medical costs while also improving patients' glycemic control.

"Individuals with persistently uncontrolled diabetes (Hemoglobin A1C ≥ 9) are often high utilisers of health care services," the authors said.

"We explored whether a pharmacist coach could reduce medical expenditure and A1C levels for at-risk patients in poor glycemic control despite receiving standard care at an endocrinology clinic."

The authors recruited pharmacists who were certified

diabetes care and education specialists, and asked them to deliver individualised coaching.

The coaching included medication management, nutrition & lifestyle counselling, and refill coordination, in collaboration with diabetes educators, endocrinologists, and nurses.

Researchers compared the results of 165 patients who were enrolled in the coaching program with 675 who were not.

Enrolled patients saw annual medical costs US\$4,691 lower than those in the control group, and experienced an average A1C decrease of 1.6% compared to a decrease of 0.5% ($p < 0.05$) in the control group.

The authors concluded that pharmacists have the ability to play a major role in diabetes management, through their understanding of medication management and their ability to build good client relationships. *JM*



Medicine
Saccharomyces boulardii
Reduces antibiotic-associated diarrhoea from 18.7% to 8.5%
WATCH NOW
Speaker: Mick Alexander, B.Pharm, B.HealthSci, Naturopathy

Vic pharmacy's new Advantage



ADVANTAGE Pharmacy Elsternwick in Victoria has launched a free Dose Administration Aid (DAA) packing service for all healthcare concession card holders.

The amenity is designed to help eligible patients manage their medications safely, accurately, and with ease; reducing missed doses; avoiding medication errors; and providing peace of mind to patients and caregivers.

Patients can choose from two formats: individually labelled, easy-tear sachets grouped by time of day for added convenience and portability; or blister packs, ideal

for those who prefer a clear visual layout of their weekly medications.

The DAA service includes weekly packing by trained pharmacy professionals; ongoing review and updates with a customer's current medications; and optional pharmacist consultations and SMS reminders.

"We know how overwhelming medication management can be, especially for those on multiple prescriptions," said Lan Tran, pharmacist and owner.

"This service makes it simple and safe - and best of all, it's free for concession card holders." *JM*

Nizoral®

Recommend Nizoral's Effective Anti-Dandruff Treatments



Targets dandruff root cause²



Gentle yet effective²



Clinically effective in close to 9 out of 10 users¹



Protects against persistent, recurring flakes¹

Always read the label and follow the directions for use. 1. Peter RU, Richarz-Barthauer U. Br J Dermatol. 1995, 132(3):441-5. 2. Okokon EO, et al. Cochrane Database Syst Rev 2015(5):CD008138



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AMH Aged Care Companion

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Meds not in stock

SHORTAGES of multiple brands of methylphenidate hydrochloride products, used for treatment of ADHD, are expected to be low in stock for the remainder of 2025, according to the Therapeutic Goods Administration (TGA).

The government body has convened a Methylphenidate Medicine Shortage Action Group (MSAG) which will consult with health professional groups for input into helping to manage the shortage.

One such body, The Australasian ADHD Professionals Association, has developed guidelines to help clinicians manage the shortage.

These feature information, also available on the Medicine Shortage Reports Database, to guide staff through switching from methylphenidate to either lisdexamfetamine or dexamfetamine IR - [CLICK HERE](#) for more information.

Blackmores out to help habits



WELLNESS brand Blackmores has launched a campaign to help Australians commit to new fitness and health routines.

The campaign comes ahead of Self-Care Month, which began yesterday and runs to 24 Jul, with Blackmores partnering with Laura Henshaw (pictured), CEO and co-founder of Australian health app, Kic.

New research commissioned by Blackmores found Australians want to "do wellness right" but only 30% prove they can sustain their new habit beyond six months.

The age group most incapable of staying the course is Gen Z, with

84% setting new health goals each year but ending them early or falling back into old habits.

Results also show almost 50% of Australians try one or two new wellness 'trends' each month but less than one in 10 stick with it for more than six months.

"The research commissioned clearly shows that when it comes to looking after our wellbeing, we're a nation of intenders," said Blackmores Head of Marketing ANZ, Juliet Glynn.

"The intention of taking care of our health is there, but life just gets in the way," Glynn added. *ML*

Happiest jobs are in healthcare

HEALTHCARE workers are among the happiest shift workers in Australia, second only to hospitality, according to Deputy's new annual *Shift Pulse Report*.

Based on nearly three million surveys collected between Apr 2024 and Apr 2025, the data shows a positive shift in job satisfaction in the healthcare sector, with the combined percentage of 'good' and 'amazing' sentiments increasing from 82% in 2023 to 83% in 2024.

Shift workers in the outpatient care sector are now the most content in the country, with 91.95% reporting happiness at the end of their shift.

In-home care (87.80%) and NDIS providers (85.34%) also continued to show strong positive sentiment, fuelled by purpose-driven work and long-term relationships with clients.

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Dive into our latest podcast episode featuring **Alex Shepherd**, consultant pharmacist, HMR consultant, WA sales representative for Bold Health - "From Wildlife to Wellness; My Pharmacy Career Journey".

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Dispensary Corner

WHILE it may *seem* like common sense that using your phone while on the toilet is not a particularly hygienic habit, a UK scientist has pointed out exactly how gross it really is.

Dr Primrose Freestone, Professor of Clinical Microbiology at the University of Leicester, has warned that faecal bacteria can easily contaminate your phone if you bring it into the bathroom.

The icky germ cocktail can consist of *E. coli*, staphylococcus, streptococcus, pseudomonas, some yeast and fungi, and the list goes on.

Even after you have washed your hands with soap, these bugs can travel back to your hands once you touch your phone again.

As such, Freestone recommends forgoing entertainment while doing your business and leaving your phone out of the bathroom altogether, as well as regularly sanitising your device with alcohol wipes.

There is plenty of research that backs Freestone's advice, including a study from the University of Colorado Boulder, which found that anything within 1.5 metres of the toilet bowl can become contaminated after flushing.

This is due to the dreaded 'toilet plume' - invisible tiny liquid droplets containing bacteria and fecal matter - that is ejected upon flushing, even when the lid is closed.

In short: your phone deserves better, and so do your hands!

PRODUCT SPOTLIGHT

Suppliers wanting to promote products in this feature should email newproducts@pharmacydaily.com.au

Revive Tears - PBS-listed

Revive Tears lubricating eye drops provide long lasting and soothing relief against burning, irritation and discomfort due to dry eye.

The product moisturises, comforts and refreshes dry, tired and strained eyes.

Revive Tears helps lubricate, hydrate and protect dry eyes.

Suitable for use with contact lenses.

Contains hypromellose 3mg/g.

Suppliers: Available from Symbion, Sigma, and API.

RRP: \$4.32 (available in 10ml packs).

Website: [CLICK HERE](#) for more information.



Panadol Optizorb provides advanced absorption for everyday pain¹

Panadol Optizorb's **patented formulation** is absorbed **25% faster than regular Panadol tablets**.¹

Paracetamol, the main ingredient of Panadol Optizorb, is **suitable for 98% of Australian adults**.^{2#} Panadol Optizorb provides effective relief of pain and discomfort associated with a wide range of pain states, and also reduces fever.³

RRP: \$4.00

Suppliers: Contact your Haleon representative.

Website: [CLICK HERE](#) for more information.



Always read the label and follow the directions for use. Incorrect use could be harmful.

Panadol Optizorb contains paracetamol. Use: For the temporary relief of pain. Reduces fever.

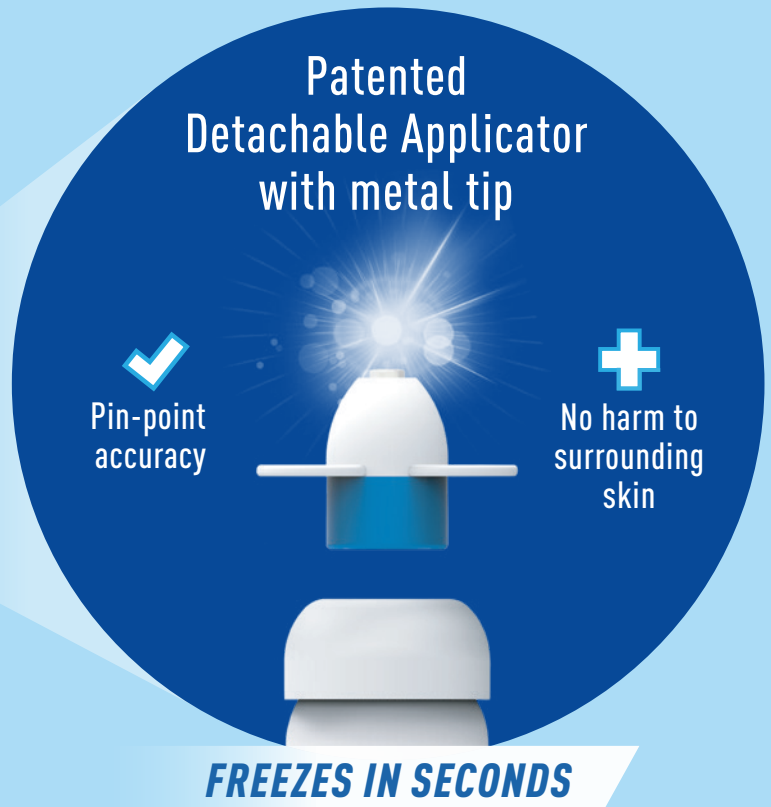
¹Based on criteria derived from contraindications, warnings and precautions from prescribing information for OTC paracetamol, ibuprofen and aspirin; and Australian population demographics, 2006.

References: 1. Wilson CG, et al. *Drug Dev Ind Pharm* 2011;37:747-53 (GSK sponsored). 2. Clarke GD, et al. *Int J Pharm Pract* 2008;16:1-4 (GSK-sponsored study). 3. Healthdirect. Paracetamol. Available at www.healthdirect.gov.au/paracetamol, accessed May 2025.

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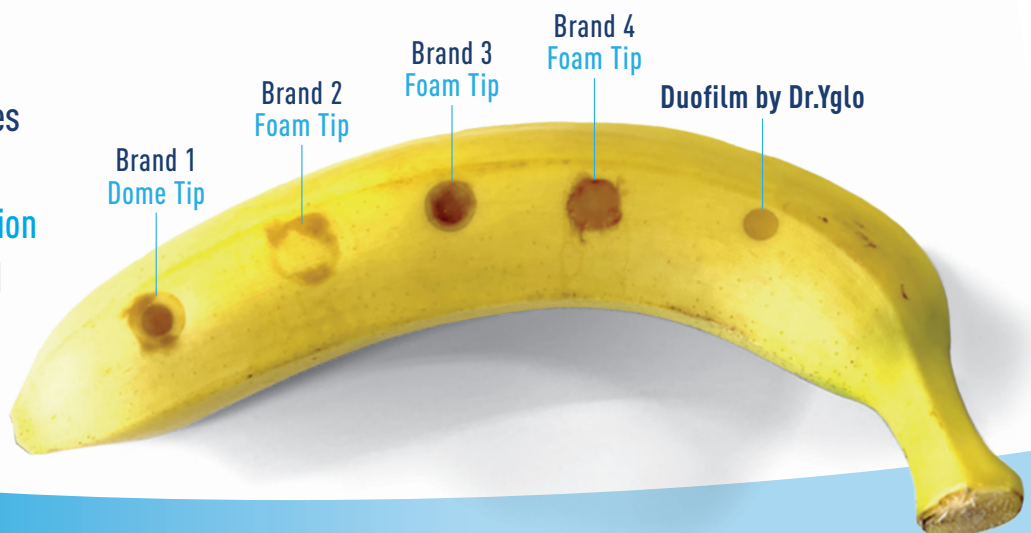
PM-AU-PAN-25-00215. HALEOY0166k. June 2025.

Recommend Duofilm Wart Freeze treatment for effective common & plantar warts removal



- Starts working to remove Common & Plantar warts from 1st application
- Based on highly effective cryotherapy

Duofilm by Dr. Yglo provides pin-point accuracy. The precision metal tip application freezes only the wart and does not damage surrounding skin.



Find out more: Call (02) 8878 9777 to talk to your Pharmabroker representative

Always read the label and follow the directions for use

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