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First Nations leadership change

THE Pharmaceutical Society of Australia (PSA) has announced the appointment of a new leadership group for the Aboriginal and Torres Strait Islander Pharmacy Practice (ATSIPP) Community of Specialty Interest (CSI), which will be chaired by respected pharmacist and proud Nywaigi Mamu woman, Chastina Heck (**pictured**).

The ATSIPP CSI plays an important role in championing culturally safe pharmacy practices, supporting Aboriginal and Torres Strait Islander pharmacists, and improving health outcomes across communities.

"I am excited to bring together this leadership group who bring with them a vast knowledge of real-world experience to guide the path ahead," Heck said.

"As pharmacists, we continue to create real change in the way healthcare is delivered for our First Nations people and communities," she added.

PSA is committed to equity, representation and empowering Indigenous voices within the pharmacy profession, and also recognises that culturally safe care and equity of health care access are critical drivers to improving health outcomes.

A collaborative PSA-NACCHO

Today's issue of PD

Pharmacy Daily today features three pages of news, including our **Beauty & Wellness** feature, plus full pages from:

- Chemsave
- MediChoice

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relationship has delivered key initiatives, including the 'Integrating pharmacists into Aboriginal Community Controlled Health Services' (IPAC) trial, and the development of the Deadly Pharmacists Foundation Training Course, which equips pharmacists with the skills needed to work within Aboriginal Community Controlled Health Services.

The group brings together expertise from across practice settings and communities, including the inaugural NAPSA Indigenous Chair, Shi-Anne Wallace.

The team is united by a shared vision to elevate Aboriginal and Torres Strait Islander health outcomes through inclusive, pharmacist-led care.

The ATSIPP CSI continues to collaborate with PSA's broader network, including advocating for expanded roles for pharmacists within Aboriginal Community Controlled Health Organisations (ACCHOs) and beyond.

For more information about the CSI or to get involved, click **HERE**. *KB*



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germs, it is Aussie peace of mind in a bottle.

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To learn more, click [HERE](#).

Premium skincare for all



NEW Zealand brand Daily Skincare has hit Priceline stores nationally, aiming to offer premium skincare efficacy without the expensive price tag.

According to the brand, within a few weeks of landing in Australia, 700 units of its hero product, the Double Ceramide Miracle Night Cream, sold within just one day.

Other products include the Supercalm Cleanser (\$25.99); Brighten & Boost Day Cream (\$27.99); and Cellular Resurfacing Exfoliator (\$27.99).

Launched by former beauty marketing professional Sophia Mantell, Daily Skincare uses clinically proven ingredients to deliver results, such as melanostatine, niacinamide willow bark, micro-collagen and ceramides.

"I watched brands mark up formulations by 1000 percent or more, knowing the ingredients cost a fraction of the retail price," Mantell said of the launch.

"I realised most women couldn't afford the quality skincare they deserved - so I decided to create it myself."

Up next from Daily Skincare is the launch of an SPF product in Q3 this year, as well as body care products.

Supporting the skin

SYNERGIE Skin's Glowden Years kit (\$279) is now available, offering a selection of anti-ageing products.

These include the Dermiotic pre-serum, PressPause collagen serum, and the ReClaim moisturiser, each featuring active ingredients to hydrate and boost collagen.

The range is also designed to support the skin while also withstanding hormonal changes.



Restore skin firmness from within



PREMIUM Australian supplements brand SynTernals has recently launched Pro-Collagen-C (RRP \$75), a dietary supplement that aims to restore skin firmness and elasticity, promote long-lasting hydration and increase collagen production.

A blend of bioactive collagen peptides, vitamin C and hyaluronic acid, ProCollagen-C is an unflavoured, dissolvable powder that can be added to smoothies,

yogurt, water or any drink.

The powerful supplement is suitable for all skin types and can benefit anyone experiencing dryness or skin fatigue.

"I developed ProCollagen-C to offer a solution that not only supports skin health but does so using the best ingredients science has to offer," explained Terri Vinson Jones, founder and formulator of SynTernals.

"I believe that radiant skin starts from within, and ProCollagen-C helps restore and maintain that natural radiance through enhanced collagen production."

Other supplements available from Synternals include the high-strength algal oil AlgOmega-3 (RRP \$69) and the NAD+ supercharger NRgize+ (RRP \$89).

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Beauty & Wellness
by Pharmacy Daily



Dispensary Corner

URINATING in the shower is more than just a dirty little secret - it could cause kidney damage, say some experts.

American urogynaecologist Dr Teresa Irwin told her TikTok followers that urinating while showering trains the brain to link the sound of running water with needing to urinate - a Pavlovian response - potentially resulting in incontinence.

"Every time you're washing your hands, taking a shower, washing the dishes, if there is running water, your bladder is going to be 'salivating' because it wants to go and pee," Dr Irwin explained.

"In the long term, this can mess with the body's internal bladder control, leading to frequent rushes to the toilet."

Another TikTokking urology expert, Dr Alicia Jeffrey-Thomas, pointed out that women who pee in the shower can risk urinary tract infections and even kidney failure.

This is because urinating while standing puts pelvic floor muscles - which can't relax - under extra strain.

This can lead to the bladder failing to empty, called urinary retention, which potentially causes a health problems.

However, Welsh urological surgeon Dr Jay Khastgir dismissed these concerns, pointing out that link between the urge to pee and the sound of running water is anecdotal, and there's no evidence that standing to pee has a detrimental effect on bladder emptying.

Pill testing call after nitazenes found in meds

IN THE wake of fresh warnings regarding the presence of the dangerous synthetic opioid nitazene in pharmaceuticals, the Royal Australian College of GPs (RACGP) is calling on state and territory governments to embrace drug testing services to save lives.

Nitazene was recently detected in fake pharmaceuticals, including counterfeit pain medications, by the Australian Federal Police (AFP).

It was also identified last month by Queensland's drug testing service CheQpoint, which no longer operates after the government shut down testing services (**PD** 09 Apr).

RACGP alcohol and other drug spokesperson, Dr Marguerite Tracy, said that the AFP warning highlights the urgent need for drug testing services.

"Drug testing services, otherwise known as 'pill testing' services, save lives," she said.

"Nitazene is an immensely powerful and dangerous drug that is often sold to people as a legitimate pharmaceutical.

"This latest advice from the AFP is very concerning, because people taking counterfeit pharmaceuticals just don't know what they're consuming, including deadly substances such as synthetic opioids," Dr Tracy said.

She pointed out that fixed-site drug testing services allow people to visit at any time, and are "a sensible harm reduction measure, because it at least gives them some idea of what they're taking".

The RACGP would also like to see awareness of naloxone enhanced,



and put in the hands of people likely to experience, or witness, an overdose, including young people at schools and in youth services, and to be made available in first-aid kits.

Dr Tracy said that Australia is making progress, with a fixed-site service in the ACT and music festival testing in NSW and Vic, but a greater expansion of services is desperately needed. **KB**

Primary care focus for Voices in Agreement

AT THE second Voices in Agreement session held yesterday, Advanced Pharmacy Australia (AdPha) discussed preliminary recommendation themes around primary care with stakeholders as part of its co-governance role toward a new pharmacy programs agreement.

The session heard from medical, nursing, indigenous, rural and consumer stakeholder groups, including representatives from the Australian Medical Association (AMA); the Royal Australian College of General Practitioners (RACGP); National Aboriginal Community Controlled Health Organisation (NACCHO); the National Rural Health Alliance; and the Consumers Health Forum of Australia.

AdPha President Tom Simpson said the consultation series reinforces the notion that while

the programs are highly valued, they can be improved.

"To ensure greater accessibility, safety and efficacy of our pharmacy programs, we need greater integration of specialty pharmacists and broader GP-pharmacist collaboration, continuity of care embedded in program design and expanded referral and escalation pathways," Simpson said.

"In addition, we are seeing alignment on defining the health outcomes of programs, more innovative place-based funding solutions, cross-checking medication-related hospitalisation data and the application of Indigenous data governance principles."

Simpson added that the diverse expertise on board will ensure stronger pharmacy programs that wrap around the patient.

Immunisation handbook updates

THE Department of Health and Aged Care has advised of updates to the chapters on COVID and vaccination procedures in the Australian Immunisation Handbook.

The COVID updates include increased clarity of recommendations, a revised immunocompromising and medical conditions list to align with other chapters, and outdated products removed.

Guidance for preparing for vaccination, administration of vaccines and post-vaccination advice has also been updated.

This includes the screening checklist, dealing with vaccine administration errors and potential side effects and complications of vaccines.

Access the handbook **HERE**.

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