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Wednesday 14th May 2025

#### Today's issue of PD

## PSA launches pall care skills training

Pharmacy Daily today features three pages of news, plus a front cover wrap from the Pharmacy Careers Summit 2025, and a full page from Direct Chemist Outlet.

#### **Careers Summit**

PHARMACY Careers Summit 2025 on 04 Jul promises to be bigger and better than ever, providing invaluable insights, networking opportunities and career-defining discussions. Registration is free - see the cover page for more.

#### A different script

THE Direct Chemist Outlet brand offers clout, support and buying power, with 127 pharmacies and growing. Talk to DCO to discover more - see details on **page four**. A NEW national training program has been developed by the Pharmaceutical Society of Australia (PSA) to provide pharmacists with the knowledge, skills and compassion they need to support people receiving palliative and endof-life care.

The ASPIRE Palliative Care Foundation Training Program for Pharmacists is a free, CPDaccredited course for pharmacists working in all areas of practice, and was launched yesterday to mark National Palliative Care Week (11-17 May 2025).

Pharmacists are often the first point of contact for those managing end-of-life care at home, and the program provides pharmacists with foundational training to help them better support patients, families and carers through the safe and quality use of medicines in palliative care.

PSA National President Associate Professor Fei Sim said the program recognises the growing and evolving role of pharmacists in caring for people at the end of life.

"Every day, pharmacists support patients living with life-limiting illness but our impact can be even broader, with opportunities for us to have a significant positive impact on quality of life, not only for people with palliative care needs, but also for the people who care for them," A/Prof Sim said.

The course is not designed to prepare pharmacists to specialise in palliative care, she explained, but rather to strengthen the capacity of pharmacists across the country to help make a real difference in the quality of care people receive at the end of their life.

"From knowledge about palliative care medicines and symptom management to developing grief and bereavement support skills, this training gives us the confidence to provide safe, compassionate,



and practical support when it's needed most," she concluded.

Camilla Rowland, CEO of Palliative Care Australia, said a foundational understanding of palliative and end-of-life care across the health workforce is essential to meeting community needs, and encouraged pharmacists to take up the opportunity to learn more about palliative care and the role pharmacists can play.

The training is available now to all registered pharmacists, intern pharmacists, and pharmacy students across Australia. *KB* For more info click **HERE**.

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## Be up to date with the AMH Children's Dosing Companion

Wednesday 14th May 2025

## Impacts of dispensing with distraction

## Pharmacy Connect program released

PHARMACY Connect Convenor, Kos Sclavos, has announced the launch of the Pharmacy Connect 2025 program, featuring almost three days of educational sessions, pre-conference workshops, a trade exhibition, and networking events.

Sclavos explained that this year's theme, 'From Inspiration to Action', has guided all aspects of the program planning, and said he is "incredibly excited" about this year's event.

"This event caters to everyone in the pharmacy industry and includes a variety of sessions, from clinical updates to business strategies, ensuring there is something for everyone," he said.

Register before 30 Jun for an earlybird discount.

The program is available HERE.

A NEW study has found that distractions due to phone calls, face-to-face consumer inquiries and out-of-scope questions from staff impacted the dispensing process, pharmacists' workload, performance, wellbeing and patient wait times.

Led by Monash University's Faculty of Pharmacy and Pharmaceutical Sciences (FPPS), the comprehensive review of 51 studies investigated existing knowledge on the impact of interruptions and distractions in pharmacy practice.

While pharmacists play a crucial role in reducing medicationordering errors, they can also contribute to dispensing errors, with research showing that interruptions and distractions during dispensing account for almost one in 10 of these errors.

The study team found that pharmacists experience interruptions and distractions at varying rates, ranging from five to 20 times per hour. Intervention initiatives to address the issue fell into three main categories: adjusting the physical environment; altering workflow processes; and limiting direct access to pharmacists during dispensing.

The team suggested potential solutions could include having more than one pharmacist on duty, allowing one to focus on dispensing; or in sole-pharmacist practices, moving the pharmacist to a checking-only role and leaving the dispensing to technicians.

FPPS Undergraduate Pharmacy Course Director, A/Prof Dan Malone, said that although the inclusion of intervention tactics in some studies is encouraging, there remains a strong need for education programs to better prepare pharmacy students for the types of interruptions they will experience when they enter the workforce.

"Dispensing medicines is an integral service provided by pharmacists and is a professional competency that combines specialised knowledge, functional and behavioural skills, and clinical judgment," A/Prof Malone said.

"As the custodians of medicine safety, educating future pharmacists on how to manage interruptions and distractions during the dispensing process can play a critical role in mitigating risk of errors."

Lead author and pharmacist Meaza Ayanaw is undertaking a PhD focusing on using a dispensing simulation to generate data on the impact of interruptions and distractions on task prioritisation and clinical decision-making ability of pharmacy students.

"Our hope is that one of the main outcomes from our combined research initiatives in this space will be to better understand how key elements of pharmacy practice are influenced by interruptions and distractions and, as such, what we can do to help prepare students for the real world," Ayanaw said. Read the paper **HERE**. *KB* 

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Dive into our latest podcast episode featuring **Kenneth Cheng**, Product Manager at MedAdvisor Solutions - "Script to Screen; on Innovating Pharmacy Tech".

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Dispensary Corner

**CELEBRITY** chef Jamie Oliver is probably feeling a little salty over recent claims made about his ready meal range.

According to Action on Salt, a group of leading academics, some of the British restaurateur's pre-made meals contain three times as much salt as a portion of McDonald's fries.

All of the six ready meals produced by the chef that were analysed by the campaign group were found to contain more than 1.5g of salt per 100g, which they described as a "dangerously high" level of salt.

If that isn't bad enough, 83% of Oliver's ready meals were also found to be high in both fat and saturated fat, and all were found to be low in fibre.

The findings went against what Olivier generally stands for, as he is known for his healthy eating campaigning, including running advocacy groups aiming to slash childhood obesity.

In response to the alarming findings, a spokesperson for the Jamie Oliver Group released the following statement: "We've always believed in balance, in our cookbooks, in our restaurants and that remains consistent across our food products which range from healthy options - frozen veg and grain pouches - to the more indulgent ready meals.

"Everything is sourced to Jamie's high food standards, there are no hidden artificial nasties or sugars and we are always transparent with clear front-of-pack labelling."

# PRODUCT SPOTLIGHT

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#### The easiest 3-step acne solution from Dermal Therapy

Step 1: Dermal Therapy Acne Control Wash is an ultra-gentle foaming cleanser that is soap and SLSfree. It thoroughly cleanses the skin and effectively unclogs pores without stripping the skin, and is free from peroxide and salicylic acid, allowing the skin to maintain a balanced microbiome.

Step 2: Dermal Therapy Acne Spot Cream is a targeted spot treatment formulated with a unique blend of triple AHAs, niacinamide and bakuchiol to effectively reduce breakouts and prevent scarring.

Step 3: Dermal Therapy Acne Control Lotion is an oil-free moisturiser formulated with patented Polylysine to effectively reduce breakouts. It also reduces redness and decreases oil production.

Acne Control Wash: RRP \$18.99 Acne Spot Cream: RRP \$19.99 Acne Control Lotion: RRP \$19.99 **Stockist**: contact 1300 555 597.

Website: CLICK HERE for more information.



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