

Today's issue of PD

Pharmacy Daily today features four pages of news, including our Beauty & Wellness feature.

Counterfeit sex 'honey' warning

THE TGA has advised that sexual enhancement products labelled as 'honey' may pose a serious risk to health and should not be taken, after testing revealed they contained undeclared tadalafil.

The warning applies to the following imported unapproved products: Black Horse Honey sachets, Royal Honey VIP sachets, Vital Honey sachets, Helmi's Honey sachets, and Etumax Royal Honey sachets.

Consumers are urged to take unused products to a pharmacy for safe disposal. Learn more [HERE](#).

Default sharing shows benefits

THE Australian Digital Health Agency (ADHA) has reported that just one week since the Share by Default reforms took effect on 01 Jul, Australians are already seeing the benefits, with more health information being added to My Health Record and more people using it to stay informed about their care.

Pathology and diagnostic imaging reports are now required to be uploaded to My Health Record by default, unless an exception applies or an extension has been granted.

Weekly views by consumers have increased to over 3 million per week, while reports uploaded by healthcare professionals have doubled to over 5 million per week.

ADHA CEO Amanda Cattermole said the reforms are an important step towards making key health information easier to access and use across the health system.

"Share by Default is about making sure that more Australians have timely access to important health



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information, helping them have better-informed conversations with their healthcare providers and reducing the need to repeat their health story, or the need to keep repeating the same test, across different care settings," Cattermole explained.

The projected increase in sharing pathology and diagnostic imaging reports is expected to reduce duplicate testing and associated Medicare Benefits Schedule claims, resulting in indicative savings of \$146.3 million over two years.

Meanwhile, consultation on the mandatory sharing of medicines-related information from online prescribers and the creation of a new National Medicines Record (PD 29 Jan) is well underway. KB

RSV risk may be underestimated

NEW national research commissioned by GSK has suggested there is a disconnect between older Australians' awareness of respiratory syncytial virus (RSV) and their perception of personal risk.

While most of the over-65s surveyed (90%) recognised RSV is a serious illness, fewer than half (38%) were very or extremely worried about contracting it themselves.

GSK said the findings pointed to potential opportunities for earlier patient education and clinical conversations with pharmacists and GPs.

"By encouraging Australians to become more RSV-wise and have conversations with their healthcare professional, we hope to support informed decision-making," Sebastian DiNatale, country medical director at GSK Australia, said.

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VIEW OFFER 

Four years of blister pack recycling

PHARMACYCLE is marking its fourth anniversary with the return of its Blister Pack Recycling Day on 25 Jul 2026.

The annual awareness day encourages Australians to recycle their empty blister packs through participating drop-off locations while highlighting the importance of keeping them out of household recycling bins.

Last year's inaugural effort yielded more than 5,000 blister packs from a single collection site, and this year, Pharmacycycle hopes to boost that figure with more locations.

Pharmacycycle is Australia's only end-to-end blister pack recycling program and has recycled more than 150 million blister packs since its launch in Jul 2022.

There are more than 1,000 drop-off locations nationwide.

"Could do better" says AIHW health report card

CHRONIC conditions continue to have a major impact on the health of Australians, with over three in five (61%) people having at least one chronic condition and almost two in five (38%) living with two or more, according to a new report released today by the Australian Institute of Health and Welfare (AIHW).

It also revealed that the number of deaths caused by dementia has risen by 39% over the last decade to become the leading cause of death, which is partly linked with people living longer.

Life expectancy at birth was 81.1 years for males and 85.1 years for females in 2022-2024, having risen steadily over time until a recent decrease related to COVID.

Meanwhile, the number of deaths caused by heart disease, the previous leading cause of death, has decreased by 18% - though it remained the leading cause of death for people living outside of major cities and inner regional areas.

"This marks the first change in

Australia's leading cause of death since the early 20th century, reflecting a change in patterns of illness and death as Australians live longer," AIHW spokesperson Louise Gates said.

The five disease groups causing the most years of healthy life lost due to illness and premature death in 2024 were cancer, mental health conditions and substance use disorders, musculoskeletal conditions, cardiovascular disease, and neurological conditions.

"Around 36% of Australia's total disease burden in 2024 could have been prevented or reduced by addressing risk and environmental factors," Gates pointed out.

Overweight and obesity is increasingly impacting Australian health and has overtaken smoking as the leading risk factor contributing to ill health and death.

The report highlighted falling childhood immunisation rates, with drops over the five years from 2020 to 2025 of 95% to 92% for one-year

olds, 93% to 90% for two-year-olds and 95% to 93% for five-year-olds.

"While Australia has long maintained high childhood immunisation rates, these recent declines are concerning, particularly given rising notification rates for measles, diphtheria and whooping cough," Gates said.

The report confirmed findings from other surveys showing that many people were unable to see a GP when needed, with one in four (27%) delaying or not obtaining an appointment, a figure unchanged from a decade ago, reflecting long-term structural challenges.

"While many health outcomes for Australians are improving, the growing impact of chronic conditions, poor mental health and an ageing population mean prevention and effective, equitable and coordinated care from health, disability, aged care and other welfare systems are more important than ever," Gates concluded - read the report [HERE](#).



Pharmacy Careers Summit 2026



The Pharmacy Careers Summit is the virtual event for pharmacists, interns, and students looking to explore career opportunities. Join Australia's top pharmacy employers, peak industry bodies and leaders for one powerful day of career inspiration, connections and practical insights. With auditorium presentations, expo halls, a live leaderboard with prizes up for grabs - PCS26 is the must-attend event of the year. It's all happening Friday, 10 July!

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Editor's Choice: Glasshouse launches new desert-inspired collection

GLASSHOUSE Fragrances has released the limited edition Tales of the Desert collection, featuring three fragrances.

According to the brand, the range is inspired by "sun-baked architecture, crushed spices in open-air markets, glowing lanterns at dusk and the quiet luxury of hidden citadels".

Citadel Secrets is a rich, sophisticated scent with top notes of bergamot and citrus that evolve into spiced honey and dried fruits, before settling into a base of sandalwood, vanilla and the heliotrope flower.

An eau de parfum (RRP \$59.95) and body lotion are both available in the fragrance.

Oasis Mirage features smoky



fragrant spices and crushed cardamom, and comes in a scented candle (RRP \$64.95).

Meanwhile, Dusk at the Kasbah

is an indulgent blend of saffron and honey, available as a candle (\$64.95) and liquid fragrance diffuser (\$64.95).

Designing the future



THE Total Beauty Network (TBN) is planning to focus on its pharmacy partners in the year ahead by helping to drive sales through consumer campaigns, product launches and in-store support.

TBN is the parent company behind cosmetic brands including Designer Brands, colour-by-DB, Raww, and Inika Organics.

At TBN's national sales conference last month, managers from each state met with a wide range of teams to brainstorm how the company will help its pharmacy partners grow through smarter ranging, better replenishment and bold in-store execution.

It comes just in time for Designer Brands' 20th anniversary in Sep, which the company believes will be a sales opportunity for its retail partners.

A limited-edition anniversary range and a major consumer campaign will be released to celebrate the major milestone.

"This is all about helping our pharmacy partners sell more," said Liz Webster, chief executive officer of Total Beauty Network.

"Everything we do is designed to drive consumers into pharmacy, and our reps are trained to support pharmacy like no one else."

OPI's super new collab

OPI has released a new collaboration with DC Studios' latest film, *Supergirl*.

The lineup features a range of six bold colours, including Red-y, Blush of Power, Neon Nova, Solar Crush, Cosmic Chic, Skalarian Sapphire.



Spanish skincare brand relaunches in Australia



SPANISH skincare brand ISDIN is continuing its expansion into Australia through more TerryWhite Chemmart stores off the back of its relaunch earlier this year.

The Barcelona-based brand is releasing its cosmeceutical ISDINCEUTICS skincare range into select stores.

Hero products include Retinal Smooth, Retinal Intense, Melaclear Advanced serum, and K-Ox Eyes to visibly reduce under-eye puffiness and dark circles.

ISDIN has also launched its Lambdapil range of anti-hair loss shampoos into TerryWhite stores.

Well-known for its science-backed products and specialisation in dermatology, the brand currently operates in 65 countries.

It was created as a joint venture between global beauty and fashion giant Puig and pharmaceutical company Esteve.

ISDIN first entered Australia and New Zealand in 2023.

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Beauty & Wellness
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Dispensary Corner

PLANNING a holiday to the US?

You might soon need more than a passport - you may also need a negative pregnancy test.

Trump administration officials are reportedly mulling a new rule that would prevent pregnant women from entering the country, in a bid to deter 'birth tourism'.

America is one of dozens of countries that have birthright citizenship, meaning anybody born on US soil is automatically a citizen - a law that Republicans have been eager to change.

After their latest failed attempt to overturn birthright citizenship, the Trump administration is now looking to bar entry to foreign visitors unless they can prove that they are not expecting.

"People come here just to have babies on American soil, and that baby gets to be a citizen for life," White House staffer Stephen Miller said.

Not all births involving tourists are so strategic - US soccer star Folarin Balogun was born to UK residents who were visiting the US and unable to leave in time.

The PSA is here for you

COMMENT

PROFESSOR Mark Naunton (pictured) is national president of the Pharmaceutical Society of Australia (PSA), and will present at the Pharmacy Careers Summit tomorrow, 10 Jul.

As we experience a historic and significant shift in pharmacy practice, the need for high-quality education, training, and career support has never been greater.

Investing in professional development is one of the most powerful ways pharmacists can future proof their careers, which is why the PSA is proud to be the professional home for pharmacists.

No matter where you are on your pharmacy journey, your practice area, or your career stage, the PSA has something to offer you as you navigate the profession.

A key priority at PSA has been enabling pharmacists to practice to their full and top of scope.

We recognise pharmacy practice is constantly evolving.

From immunisation training to medication reviews and prescribing, our extensive range of tailored programs has been designed to prepare pharmacists for the future of healthcare, because we believe



pharmacists should be wherever medicines are.

Whether you are looking to broaden your clinical expertise, gain a new credential, or prepare for emerging scope-of-practice opportunities, the PSA is here and committed to helping you grow, develop, and thrive as the profession evolves.

Ahead of the Pharmacy Careers Summit tomorrow, the message is clear: the opportunities available to pharmacists have never been wider.

Whatever your career stage or aspirations, it is never too late to pursue further education.

*The Pharmacy Careers Summit is free and fully virtual - learn more and register **HERE**.*

One test not enough for OSA

NEW research suggests that a single night of sleep testing may not be enough to diagnose obstructive sleep apnoea (OSA), with night-to-night variation potentially leading to missed or incorrect diagnoses.

The study, conducted at Flinders University and published in *npj Digital Medicine*, found that analysing sleep over multiple nights may provide a more accurate picture of OSA, challenging the long-standing reliance on one-night sleep studies.

The study involved around 100 adults undergoing clinical assessment for suspected OSA.

Participants completed a standard overnight lab-based test as well as testing in the home over several nights using AI-enabled technologies.

The researchers found that single-night testing could misclassify a meaningful proportion of patients, particularly those whose sleep apnoea fluctuates or who sleep differently during laboratory testing.

Read the study **HERE**.

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EDITORIAL

Editor - Karina Bray
Journalists - Adam Bishop, Myles Stedman, Janie Medbury, James Bale
Editor-at-large - Bruce Piper
Associate Publisher - Jo-Anne Hui-Miller
Editorial Director - Damian Francis

ADVERTISING AND MARKETING

Head of Sales & Marketing - Sean Harrigan
Business Development Manager - Kara Stanley
advertising@pharmacydaily.com.au

GENERAL MANAGER & PUBLISHER

Matthew Vince

ACCOUNTS

accounts@traveldaily.com.au

Suite 1, Level 2, 64 Talavera Rd
 Macquarie Park NSW 2113 Australia
 Tel: 1300 799 220 (+61 2 8007 6760)

info@pharmacydaily.com.au



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