

## 4 ways to help build strong bones



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## Today's issue of PD

Pharmacy Daily today features two pages of news, plus full pages from:

- Pharmacy Connect
- TerryWhite Chemmart

## Earlybird closing

PHARMACY Connect earlybird rates close tomorrow, so register now to save up to \$100 on full price.

The conference designed for pharmacists who lead with care takes place from 09-11 Sep - see [page three](#) for more.

## Join the future

TERRYWHITE Chemmart is leading the way in pharmacist prescribing, with its Pathway to Prescribing program providing structure and mentorship to qualify and practise at full scope - learn more on [p4](#).

## "Bumper month" for PBS listings

HEALTH Minister Mark Butler has declared July a "bumper month for cheaper medicines", with 10 new listings to go live on 01 Jul.

Among the new listings are tezepelumab (Tezpire, AstraZeneca) for patients aged 12 years and older to help reduce inflammation in the airways, lowering the risk of asthma attacks and helping those with severe asthma to better manage their condition.

Neffy (adrenaline, Seqirus) nasal spray will be listed to treat children over four and adults at significant risk of anaphylaxis.

Meanwhile children with growth hormone deficiency will benefit from the listing of somapacitan (Sogroya, Novo Nordisk), a long-acting growth hormone treatment taken weekly, thus removing the need for daily injections for more than 650 children expected to benefit from the listing.

Long-acting insulin Tresiba (Novo Nordisk) provides stable blood glucose control over 24 hours,

helping people with type 1 diabetes to manage their condition.

Rozanolixizumab (Rystiggo, UCB) will be listed for the first time to treat adults with generalised myasthenia gravis (gMG), a chronic disease that affects communication between the nerves and muscles, which can worsen over time and affect everyday functions such as speaking, swallowing and breathing.

Finally, there are five cancer drug listings, including two new listings - futibatinib (Lytgobi) for cholangiocarcinoma and romidepsin (Romidepsin-Reach) for peripheral T-cell lymphoma.

And there are three expanded listings for cancer drugs: alectinib (Alecensa) for anaplastic lymphoma kinase-positive non-small cell lung cancer (NSCLC), osimertinib (Tagrisso) for epidermal growth factor receptor mutation-positive NSCLC, and pertuzumab (Perjeta) for human epidermal growth factor receptor 2-positive early breast cancer. *KB*

## Better care when things go wrong

THE Australian Commission on Safety and Quality in Health Care has revised the Australian Open Disclosure Framework, supporting healthcare professionals to communicate openly with patients when things go wrong.

Originally released in 2014, the updated framework reflects contemporary clinical practice and strengthens its focus on person-centred care.

It also now applies across all healthcare settings.

"By applying the principles of the framework, we strengthen trust, enhance care, and put patients at the centre of everything we do," the Commission stated

Supporting resources include a fact sheet and videos on the importance of open and honest conversations, and the principles of person-centred open disclosure - more [HERE](#).

## Pharmacy Careers Summit 2026



The Pharmacy Careers Summit is the virtual event for pharmacists, interns, and students looking to explore career opportunities. Join Australia's top pharmacy employers, peak industry bodies and leaders for one powerful day of career inspiration, connections and practical insights. With auditorium presentations, expo halls, a live leaderboard with prizes up for grabs - PCS26 is the must-attend event of the year. It's all happening Friday, 10 July!

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### Dispensary Corner

**MILLENNIAL** smugness about how well they are ageing may not be quite as warranted as they'd like to think, according to a new study from scientific journal *Nature Medicine*.

Research has found 1990s babies are actually ageing faster than the generation before them from a biological standpoint, including having a higher cancer risk.

Although the consensus is that Millennials look younger and fresher in their thirties and forties than previous generations did at the same age, findings from *Nature Medicine* show that this is not the case with biological age.

Research showed Millennials were 92% older than Generation X, when comparing the gap between actual age and biological age.

Surging cancer rates are at least partly to blame for this phenomenon, with the number of people under 50 diagnosed with cancer having increased by 24% between 1990-2019.

Certain cancers are becoming more prevalent in younger generations, including colorectal and uterine cancer.

People born in the nineties are more than four times more likely to get early-onset colorectal cancer compared to those born in the sixties, while those born around 1985 face twice the risk of uterine cancer compared to those born before 1950.

Researchers highlighted a potential link with other trends, such as earlier onset of puberty and increased rates of obesity.

## Sunscreen sales up despite doubts

**AUSTRALIA'S** sunscreen market has grown by almost 60% over the past four summers, rising from \$64.4 million in summer 2022 to \$102.7 million in summer 2026, according to market research company Circana.

Average prices climbed sharply over that time period, with the price per unit increasing 35% from around \$11 to more than \$15, although the increase in number of units sold rose just 18%.

The company observed that consumers are trading up to higher-priced and premium SPF products rather than simply buying more sunscreen overall, a trend reflected globally.

"Consumers are no longer just buying sunscreen based on price or convenience alone," said Alistair Leathwood, head of media analytics and insights at Circana.

"Increasingly, consumers are looking for trusted, high-quality SPF products that deliver strong protection, particularly following the heightened public discussion around sunscreen standards and product performance.

"What we're seeing is a shift

towards value-driven and premium-focused purchasing behaviour, where brands are generating more growth from existing shoppers trading up into higher-value products rather than relying solely on attracting large numbers of new consumers into the category."

Another trend was the year-round use of sunscreen for preventative skincare, as opposed to use based on season or sunshine, a shift linked with wellness culture and growing awareness of the cumulative effects of daily UV exposure.

"The sunscreen compliance issue has also increased consumer awareness around what makes a legitimate and trustworthy SPF product," Leathwood said, referring to the numerous sunscreen recalls by the Therapeutic Goods Administration and ongoing questions around reliability of SPF labelling since the Choice testing last year (*PD* 12 Jun 2025).

"That means education, transparency, and confidence in product credentials are likely to become increasingly important alongside innovation and premiumisation," he concluded. *KB*

## Access key to vaccinating First Nations kids

**A REVIEW** of research looking at barriers and enablers for vaccinating First Nations children from birth to five years has found that practical roadblocks to accessing healthcare were a common problem, including transport from remote areas, opening hours of healthcare facilities and cultural safety.

The researchers noted that rates of vaccination among Aboriginal and Torres Strait Island children under five years were below the

national target rate of 95%, with improvements in vaccination rates for the community listed as a national health priority.

To improve vaccination rates for First Nations children, the researchers said the focus should be on improving the practical support for families to physically access vaccines, as well as ensuring First Nations staff and local community members are involved in providing care.

Access the paper [HERE](#).



### Weekly Comment

Welcome to *Pharmacy Daily's* weekly comment feature. This week's contributor is **Amit Saha**, head of technical & innovation at **LaCorium Health**.



### Rethinking acne treatment: a more holistic approach

**FOR** decades, over-the-counter acne treatments have centred on salicylic acid and benzoyl peroxide.

While effective, they can cause dryness, irritation and barrier disruption.

As our understanding evolves, acne care must go beyond bacteria alone.

Effective management should target multiple drivers.

Excess sebum is a key contributor, making oil control essential for long-term skin health.

Supporting a balanced microbiome also helps reduce inflammation and limits breakout triggers without disrupting the skin's natural ecosystem.

Post-acne concerns are equally important.

Lingering marks and textural changes can impact confidence, so treatments should support skin repair alongside active care.

The future of acne care lies in a comprehensive, skin-friendly approach, combining sebum regulation, microbiome support, and skin recovery with effective blemish control to deliver healthier skin with fewer compromises.

Learn more [HERE](#).

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