Pharmacy Daily
Wednesday 18th Nov 2026



Today's issue of *PD*

Pharmacy Daily today features three pages of news.

Pride & Progress

THE program has been unveiled for the 2027 Pride and Progress in Pharmacy Conference, which will take place from 04-06 Feb in Melbourne (***PD*** 05 Feb).

Endorsed by the International Pharmaceutical Federation (FIP), the three-day event will feature keynote presentations, panel discussions, research showcases and practical sessions covering LGBTQIA+ cultural safety, inclusive clinical care, gender-affirming care, HIV and STI prevention and treatment, and more.

Earlybird registration for the conference, which is themed 'Celebrating diversity. Advancing inclusive pharmacy practice', closes 30 Nov 2026 - click **HERE** to learn more.

Curiosity is key to leadership

GREAT pharmacy leadership is about more than just experience and expertise - it is also about staying curious, being willing to challenge the status quo and recognising the potential in the people around you.

This was the advice shared by Michael Beaumont (**pictured**), TerryWhite Chemmart GM, who was recently interviewed by ***Pharmacy Daily*** for its new Leadership Report.

"Skills can be developed and experience can be gained, but persistence, adaptability and a genuine commitment to achieving an outcome are often what separate good leaders from great ones," he said.

For pharmacy professionals looking to make a lasting impact, Beaumont believed the key was being willing to think outside the box.

"The people who create meaningful change are usually the ones willing to challenge those assumptions and keep moving



forward when others stop," Beaumont told ***PD***.

He encouraged leaders to stay curious, pointing out the importance of continuing to learn and adapt in a sector that was rapidly evolving.

Spending time on the frontline with pharmacy teams and patients is also crucial to remaining aware of what is actually happening in stores and communities, Beaumont said, in turn enabling leaders to make better decisions, as well as investing in people.

"The strongest organisations are built by leaders who genuinely care about growing the capability of others," he added. *JM*

Read the leadership report **HERE**.

Health warriors

QUEENSLAND pharmacists and twin sisters Miranda Chan and Courtney Oar were named Wellness Warriors at the 2026 Gold Coast Bulletin Women of the Year Awards over the weekend.

Selected from more than 194 nominations, they were recognised for founding Pretty Proven, a free online platform that turns complex science into clear, evidence-based health advice for women.

Chan and Oar are both clinical cancer pharmacists with more than 15 years' experience across both private and public healthcare.

Upon receiving the award, the duo said their mission is to continue the legacy of their late mother, also a pharmacist, who inspired them to give women health information they can trust.

Find out more about Pretty Proven **HERE**.

GO FURTHER. GO PROTECTED.[1]

Don't risk your travel plans.
Vaccines and preventative medicines may be recommended for where you're going.[2]
Talk to your healthcare provider.

If you are exploring the vast lands of Australia or venturing across the seas, you might also come across some diseases that can put a stop to your travel plans. So, to help prevent travel diseases while you are away, speak with your healthcare provider to see if there are any vaccines that you might need before you go.[1,3]



1. Australian Centre for Disease Control. Australian immunisation handbook. Vaccination for international travellers. Available at https://immunisationhandbook.health.gov.au/contents/vaccination-for-special-risk-groups/vaccination-for-international-travellers. Accessed July 2026. **2.** CDC. Travelers' health. Before you travel. Available at https://wwwnc.cdc.gov/travel/page/before-travel. Accessed October 2026. **3.** Australian Centre for Disease Control. Australian immunisation handbook. Available at https://immunisationhandbook.health.gov.au. Accessed July 2026. sanofi-aventis australia pty ltd trading as Sanofi. All rights reserved. ABN 31 008 558 807. Sydney, Australia. www.sanofi.com.au. MAT-AU-2601898. Date of preparation: October 2026.

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Measles increase

THE United States has lost its measles elimination status following more than 5,400 cases this year in the country.

The growing number of cases has led to over 590 hospitalisations and at least six measles-related deaths.

"It is a concern because the US has been such a public health leader that we have all learned from right up until the last few decades," Professor Brendan Crabb, director and CEO at Burnet Institute, said.

Over the past couple of years, the number of measles cases in Australia has risen from just a handful to around 200 annually, he pointed out.

"Still a relatively small number, but an indication that things are going in the wrong direction and that dropping vaccination rates are going to translate to an increase in diseases that we thought were largely gone," Crabb added.

Pharmx rewards pharmacies

PHARMX, Australian and New Zealand pharmacy ordering network, has announced the launch of Pharmx Points, a free rewards program for pharmacies that order through Pharmx marketplace.

Pharmacies will get money back on Marketplace orders, earning points across more than 100 suppliers and 70,000 products.

Points from every supplier will accrue in one redeemable balance per pharmacy site, with no cap on earning, and selected products to earn boosted points each month.

Meanwhile, suppliers can add boosted points on selected lines, helping them to move stock, attract new pharmacy customers or support a campaign.

Additionally, suppliers can become redemption partners, ensuring the value pharmacies earn through points flows back to them as future orders.

The launch of the rewards platform comes as new research commissioned by Pharmx



revealed that more than a third of pharmacies (36%) identified pricing as their biggest ordering frustration, with most regarding volume discounts from their primary wholesaler as crucial to their ordering strategy.

"By adding a rewards layer, we are giving pharmacies another clear reason to bring more of their ordering into one cart, and suppliers a new way to take part on the platform and drive the outcomes they want," Pharmx chief executive officer Tom Culver said.

Click **HERE** for more information on Pharmx Points. *JM*

Fox talks candidly

WHAT would community pharmacy look like if it were built around the patient instead of the dispensary?

This is the topic of the latest episode of Raven Recruitment's *Your Pharmacy Career Podcast*, featuring Kristina Fox, pharmacist and co-owner of Complete Care Pharmacy Rosny Park, the 2025 Guild Pharmacy of the Year.

Fox talked about becoming a pharmacy owner while her son was 10 months old, and offered practical advice for students and early-career pharmacists.

"There is absolutely no right time to become an owner," Fox said.

"And there's actually a lot of benefit to becoming an owner with a young family."

Click **HERE** to listen to the new episode, which is available now on Spotify, Apple Podcasts and other major streaming platforms. *JM*

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Raven's recruitment

YOUR PHARMACY CAREER PODCAST

Dive into our latest podcast episode featuring **Kristina Fox**, owner of Complete Care Pharmacy Rosny Park and winner of the 2025 Guild Pharmacy of the Year - "On Building a Patient-Centred Community Pharmacy Career in Australia".

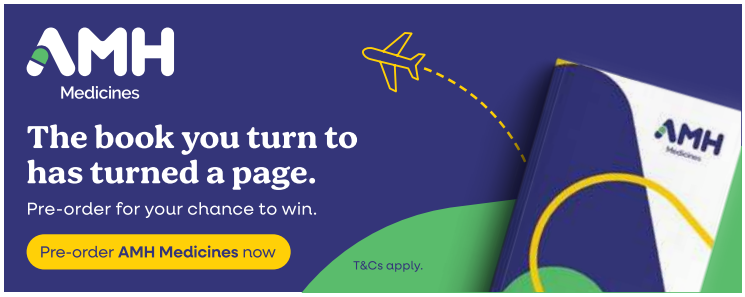


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Dispensary Corner

SWEET potato fries are often touted as a healthy alternative to their fluffy white counterparts, but are they actually good for you?

The answer, it turns out, is "sort of, but not really".

Sadly, deep frying sweet potatoes into delicious crispy morsels basically robs them of the nutritional high-ground they had over regular potatoes in the first place.

Rob Hobson, a registered nutritionist and the author of *Unprocess Your Life*, is encouraging people to remove their rose-tinted glasses when it comes to the orange vegetable.

"Both sweet potato and regular fries are sources of carbohydrate, and once they're deep-fried, they can contain similar amounts of calories and fat," he explained.

"As a result, a lot depends on how they're prepared, how much oil they absorb and the size of the portion."

Hobson also dispelled the belief that sweet potatoes are healthier than regular potatoes due to being higher in fibre and having a lower glycaemic index - both claims, he pointed out, only contain a grain of truth.

So there is no need to feel guilty for opting for regular fries over their orange cousin - what matters is how you prepare the chips, and the food you pair them with.



PRODUCT SPOTLIGHT

Suppliers wanting to promote products in this feature should email advertising@pharmacydaily.com.au

Revive Tears - PBS-listed

Revive Tears lubricating eye drops provide long-lasting and soothing relief against burning, irritation and discomfort due to dry eye.

The product moisturises, comforts and refreshes dry, tired and strained eyes.

Revive Tears helps lubricate, hydrate and protect dry eyes.

Suitable for use with contact lenses.

Contains hypromellose 3mg/g.

RRP: $4.32 (available in 10ml packs)

Suppliers: Available from Symbion, Sigma, API and CH2.

Website: CLICK HERE for more information.



MagZorb Migraine Aid

(Magnesium glycinate with riboflavin, CoQ10, Feverfew and activated B vitamins)

Mild migraine is a common reason patients seek advice at the counter, and many want something to take daily.

Developed alongside a neurologist, Migraine Aid combines six targeted actives in one tablet that helps reduce the occurrence and duration of mild migraines, while supporting nervous system function and energy production.

Containing magnesium glycinate for gentle absorption, activated B vitamins and no B6, Migraine Aid is made in Australia for adults who would rather stay one step ahead.

Stockist enquiries: Speak to your Alita representative.

RRP: $46.95 (60 tablets)

Website: CLICK HERE for more information.

Adults only. Not to be taken while on warfarin therapy without medical advice. If symptoms persist, talk to a health professional



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